



On 31st Street between Minnehaha and 28th Avenues Minneapolis, MN 55406 • 612-729-8358 • office@htlcmpls.org • www.htlcmpls.org  
WORSHIP SERVICES: 8:45 and 11:00 a.m. • EDUCATION: 10:00 a.m. • Ingrid Rasmussen and Angela Khabeb, Pastors

HOW GOOD TO CENTER DOWN!

How good it is to center down!  
To sit quietly and see one's self pass by!  
The streets of our minds seethe with endless traffic;  
Our spirits resound with clashings, with noisy silences,  
While something deep within hungers and thirsts for the still  
moment and the resting lull.  
With full intensity we seek, ere the quiet passes, a fresh sense of  
order in our living;  
A direction, a strong sure purpose that will structure our  
confusion and bring meaning in our chaos.  
We look at ourselves in this waiting moment—the kinds of  
people we are.  
The questions persist: what are we doing with our lives?—what  
are the motives that order our days?  
What is the end of our doings? Where are we trying to go?  
Where do we put the emphasis and where are our values  
focused?  
For what end do we make sacrifices? Where is my treasure and  
what do I love most in life?  
What do I hate most in life and to what am I true?  
Over and over the questions beat in upon the waiting moment.  
As we listen, floating up through all the jangling echoes of our  
turbulence, there is a sound of another kind—  
A deeper note which only the stillness of the heart makes clear.  
It moves directly to the core of our being. Our questions are  
answered.  
Our spirits refreshed, and we move back into the traffic of our  
daily round  
With the peace of the Eternal in our step.  
How good it is to center down!

—Howard Thurman

SIXTH SUNDAY AFTER PENTECOST



READINGS  
Genesis 18:1-10a  
Psalm 15  
Colossians 1:15-28  
Luke 10:38-42

ADULT FORUM  
10:00 am—in the Library

JULY 21 "Perspectives on Jesus"  
Joyce Besser

Our three-part series on the person of Jesus continues today. The writings of Richard Rohr will provide a lens through which we can explore who this Jesus was and is. Drawing on scripture, history, and spiritual practice, Rohr articulates a transformative view of Jesus Christ as a portrait of God's constant, unfolding work in the world. "God loves things by becoming them," he writes, and Jesus' life was meant to declare that humanity has never been separate from God—except by its own negative choice. When we recover this fundamental truth, faith becomes less about proving Jesus was God, and more about learning to recognize the Creator's presence all around us, and in everyone we meet.

JULY 28 "High School Trip to Puerto Rico"  
Five Holy Trinity high school students traveled to Arecibo, Puerto Rico, July 6-13. Come and hear them reflect on their experiences!

CHURCHWIDE INTERGENERATIONAL PICNIC SUNDAY, AUG. 4  
All are welcome at Hidden Falls Pavilion from 4-6 p.m. (meal at 5:00 p.m.). The picnic is a great opportunity to see folks from "the other service" and to spend time with your confirmation sponsor or other friends from church. Bring a dish to share, as well as your own beverage. Games will be provided.

MEALS ON WHEELS DELIVERY JULY 29-AUGUST 2  
Volunteers are needed to deliver meals July 29-Aug 2. Sign up in the Community Room, or call Mary Engen.

PARENTS' NIGHT OUT FRIDAY, AUGUST 2, 6-8 P.M.  
Adults and youth work together caring for HTLC children while their parents go "out" from 6-9 p.m. Sign up in the Community Room to help with childcare or to save a spot for your kids in the nursery. Volunteers must complete a background check through Holy Trinity

FIRST FRIDAYS WITH FRIENDS AUGUST 2, 6:30 P.M.  
Hey 20s, 30s, 40s group! Mark your calendars for a gathering that, while not yet planned, is sure to be promising.

VACATION CHURCH CAMP FOR GRADES K-5  
AUG. 12-16, 5:30-7:30 P.M.

**Holy Ground: Building a Just and Healthy Neighborhood**  
Sign up to join us on August 12-16 from 5:30 - 7:30 as we enjoy a meal together each evening, then get to work creating our own city, learning about Jesus' ministry in and with his community, listening deeply to our neighbors, and developing our community organizing skills. Families are invited to join us on Friday to celebrate and learn about our week! Please complete one form for each child attending. This year's event is going on the road and will take place at University Lutheran Church of Hope in Minneapolis. Middle school and high school students who have helped in the past are invited to sign up. Transportation from and back to Holy Trinity may be provided for helpers. Register online at [goo.gl/forms/fXAYP3KfjIOu3tb02](http://goo.gl/forms/fXAYP3KfjIOu3tb02).

## PARISH INFORMATION

### SUMMER POP-UP CHOIR SUNDAY, JULY 21

Everyone is welcome, from those who can't commit to weekly rehearsals during the school year but have always wanted to sing to those who have sung in the choirs for years. (Family and friends who are visiting are also welcome.) Rehearse at 9:45 a.m. in the sanctuary for the 11:00 a.m. worship service.

### ENGAGE WITH IMMIGRATION

Immigrant Law Center of Minnesota (ILCM) is a nonprofit agency that provides immigration legal assistance to low-income immigrants and refugees in Minnesota. ILCM also works to educate Minnesota communities and professionals about immigration matters and advocates for state and federal policies which respect the universal human rights of immigrants.

Since its beginning, ILCM has assisted tens of thousands of immigrants to secure legal status in the United States and to overcome the challenges of obtaining work authorization and citizenship. Read more on their website ([ilcm.org](http://ilcm.org)).

### VOLUNTEERS NEEDED FOR OPEN STREETS MPLS, JULY 21

HTLC will again be handing out sweet corn for this year's Open Streets Festival on July 21. We're seeking volunteers to help with the booth. We also need people to help with children's bike decorating.

### LYNX BASKETBALL GAME WEDNESDAY, JULY 24, 12:00 P.M.

Let's go see these amazing women play some basketball at a noon game in the Target Center. Tickets cost \$27 per person for a great block of seats near the court. We'll meet at (or near) Holy Trinity to ride the light rail downtown. All ages are welcome, but be sure to get your name on the sign-up sheet in the Community Room.

### LUTHERAN NIGHT AT THE TWINS MONDAY, AUGUST 5

Join us as the Twins play Atlanta. Cost is \$28. Sign up in the Community Room or call the church office by July 22. If you are interested in joining the choir to sing the National Anthem, please indicate that when you sign up. Those interested in traveling to the game together on the light rail will meet at church. For more information or to request a scholarship, please contact Pam Kildahl ([pkildahl@gmail.com](mailto:pkildahl@gmail.com)).

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PARISH EVENTS July 21-27, 2019	
Sunday	8:45 am Worship Service with Holy Communion
	9:45 am Pop-Up Choir Meets in Sanctuary
	10:00 am Adult Forum
	11:00 am Worship Service with Holy Communion
11:00 am-5:00 pm	Open Streets Minneapolis
	Swahili Service
Tuesday	11:00 am Worship Readings Discussion
	5:30 pm Racial Justice
	6:30 pm Children/Family Team
Wednesday	12:00 pm Lynx Basketball Outing
	1:00 pm "Living Well" Group
Friday	11:00 am Funeral for Elsie Heyer (lunch following)

WORSHIP PARTICIPANTS JULY 21, 2019			
8:45 AM		11:00 AM	
Andrew Johnson	Assisting Minister	Linda Jury	
Emma Murray, Wilson Murray	Acolytes	Needed	
Jeff Weiss	Crucifer	David Krig	
Steve Murray, Katy Benson	Communion	Keith Olstad, Michael Douglas	
Nancy Madich, Dianne Mascher	Altar Guild	Carol Lane, Keith Olstad	
Bev and Bob Peschiutta, Chris Engen	Ushers	Alan Libra, Soren Kung, Joshua Combs, Mike Mann	
Bev Peschiutta, Pam Blomgren	Coffee Servers	Kay and John Buzza	
Joyce Peterson, Donna Heyer	Counters	John Sulzbach, 1 more needed	
	Closer	Needed	

Special Gift in memory of Sheldon Torgerson by Sandra Nelson  
 Special Gifts in memory of Sheldon Torgerson and Ross Jury by John & Carol Kelly  
 Special Gift in memory of Ross Jury by Judi & Lee Kampinen