



On 28th Avenue between Lake and 31st Streets Minneapolis, MN 55406 • 612-729-8358 • office@htlcmpls.org • www.htlcmpls.org  
WORSHIP SERVICES: 8:45 and 11:00 am • CHURCH SCHOOL: 9:55 am • Ingrid Rasmussen and Angela Khabebe, Pastors

### A YEAR IN SOUTHERN AFRICA, pt. 3

*The follow article is excerpted from a newsletter written by Holy Trinity member Fiona Carson, who is spending a year in Southern Africa. Fiona blogs at [fionasyearinmission.home.blog](http://fionasyearinmission.home.blog).*

Since last my newsletter, I haven't really had a daily routine,, instead I have been having various new experiences that come when you don't have a hard and fast schedule. In reflecting on my time since the last newsletter, I realized these new experiences facilitated a deepening of my relationships in eSwatini. One of the new experiences was a retreat with my cohort! My cohort has been in contact since we parted ways in September, but it was the first time we had all gotten to see each other face-to-face in about three months. We spent a week together in eSwatini and had time to relax and time to talk/reflect on our year so far. We went hiking in Mlilwane Wildlife Sanctuary, played various games, catalogued new inside jokes, and made a hodge podge "Christmas dinner" among other things.

A very new experience was the holiday season abroad! It was sad not to be at home and do my holiday traditions with my families. I also missed the snow! But I got to experience some of my host family's traditions. On Christmas Day, I went to my host aunt's house in Mbabane with my other host aunts and cousins. We had a nice meal to celebrate and I learned that in the Aphane family you have to dance to get your Christmas present! On Boxing day, we had brunch outside, and I went with my cousins to see Sibebe, Africa's largest rock.

[After New Year], I attended the annual Youth League Revival for the Evangelical Lutheran Church in Southern Africa (ELCSA) Swaziland Circuit. The Youth League here is for older teenagers all the way to people in their younger 30's. There was time to worship, talk about important topics within the church, and sports day, which included aerobics and various sports such as netball, soccer, and volleyball. I expected to have fun at this gathering, but I was blown away by how much I enjoyed it. I even have a group of friends now!

All these experiences have deepened my relationships here in eSwatini. I could not have the friendships and relations I have if I would have just done a tourist visit. Indeed, the ability to form relationships was one of the things that drew me to YAGM. I wrote in my application, "I love making connections with people and forming collective memories that bond us together." And that is so true. I love just hanging out with friends and laughing or reliving memories and inside jokes. I am so blessed to be able to do this in eSwatini and that I will carry these relationships with me when I return to the States. Thus I will end this portion of my newsletter with a prayer from Enuma Okoro's book *Silence and Other Surprising Invitations of Advent*. This prayer is specifically devoted to intercession, or as I understand it, praying for others. When I form these bonds with people, I know that not only do I have good memories and fun times, I have people who will pray for me and support me and who I can pray for and support in return. Thank God for these bonds.

*Christ our Lord, you are our intercessor. You come before God in our place. You are the fullness of what it means to intercede for others. Help us reclaim the power and gift of intercession. Give us the faith to bring one another's burdens before you. Amen.*

### FOURTH SUNDAY AFTER EPIPHANY



**READINGS**  
Jeremiah 1:4-10  
Psalm 71:1-6  
1 Corinthians 13:1-13  
Luke 4:21-30

**ADULT FORUM**  
10:00 am

#### FEBRUARY 3 "Youth Recital"

We celebrate the musical gifts of several of Holy Trinity's young people during our annual music recital in the Sanctuary at 10:00 a.m. This serves as our adult forum for the day, as well.

**FEBRUARY 10 No Adult Forum**  
Come to the Pancake Breakfast

#### GODSPEED AND FAREWELL

The Church Council and Personnel Committee wish to share the bittersweet news that Meghan Olsen Biebighauser has accepted a position with the Minneapolis Area Synod as the Congregational Organizer for Economic Justice. The role, funded from a grant from the Bush Foundation, will primarily focus on the payday legislative campaign that seeks to curb predatory lending practices in Minnesota. Her work at Holy Trinity has prepared her for this transition. In many ways, she now carries our organizing emphasis into a new arena. And for that we celebrate! Meghan will complete her employment at Holy Trinity on February 28. A celebration for her will be held on Sunday, March 3. More details will follow.

#### 10TH ANNUAL PANCAKE BREAKFAST FUNDRAISER

**Sunday, February 10, 8:00 a.m.-1:00 p.m.**

Tickets are priced based on a sliding scale (\$1-20) and may be purchased in the Community Room on Sunday or at the door. Enjoy breakfast cooked and served by Holy Trinity youth to raise funds for summer youth trips to Puerto Rico and Wilderness Canoe Base!

#### **Pancake Trivia**

1. The earliest known pancakes were made about 12,000 years ago from ground grains and nuts, mixed with water or milk and cooked on hot stones.
2. The record for the highest pancake toss is 9.47m (31ft 1in) made in New York in 2010.
3. The earliest use of the expression 'as flat as a pancake' was in 1611.
4. The record for the fastest ever Marathon run while continuously tossing a pancake is 3hr 2min 27sec by Mike Cuzzacrea in 1999.
5. "All's Well That Ends Well" and "As You Like It" are the only Shakespeare plays mentioning pancakes.

## PARISH INFORMATION

### FAMILY RETREAT FEBRUARY 15-17 AT A.R.C. RETREAT CENTER

Join us for a weekend of rest and renewal and family-friendly FUN with church members of all ages! Meals, activities, and accommodations are included for the retreat fee of \$100/adult and \$50/child (3-16 years old). Children 2 and younger are free.

### FARE FOR ALL WEDNESDAY, FEBRUARY 13, 3:30 – 5:30 P.M.

Fare For All has a “sweetheart” of a deal for you just in time for Valentine’s Day! The HOT BUY for February is a 3-lb. package of Boneless/Skinless Chicken Breasts for \$5.00! (Limit 2 packages.) The Mega Meat, Mini Meat, and Produce Packs and free recipes will also be available. Fare For All is community supported, affordable, and available to everyone. Cash, credit, debit and EBT cards are accepted. Bring a friend and join us at Holy Trinity.

### WORSHIP PARTICIPANT SCHEDULE FOR MARCH-APRIL

We will be sending out the March-April worship participant schedule on February 11. Please log in to your Ministry Scheduler Pro account and update your serving preferences by February 10.

### THANK YOU FROM LYLE STEINFELDT

Thank you to all who helped with my 80th birthday party reception as well as those who joined in the festivities. I appreciate you very much!

### THANK YOU FROM LONGFELLOW STUDENTS

Many Thanks! Because of the generous donations from Holy Trinity members, the Friends of Longfellow are able to give 8 combo packs from Fare For All to Longfellow students every month from January until school’s end in May. A combo pack includes a large box of fruits and vegetables and a box of 4-5 frozen meat products. This gift makes a huge difference in the lives of Longfellow students and their families. It is also a very real, very practical demonstration of our support for these young women and their children. Thank you.

U.S. Postage Paid  
Periodical

THE COMMUNITY CHURCH (USPS 777-060)  
Published weekly by Holy Trinity Lutheran Church, 2730 E 31 St. Minneapolis, MN 55406. Periodicals postage paid at St. Paul, Minnesota  
POSTMASTER: Send address changes to The Community Church, c/o Holy Trinity Lutheran Church, 2730 E. 31 Street, Mpls., MN 55406.

### PARISH EVENTS February 3-9, 2019

Sunday	8:45 am	Worship Service with Holy Communion
	9:55 am	Sunday School
	10:00 am	Youth Recital
	11:00 am	Worship Service with Holy Communion
	12:15 pm	First Sunday Musings
	12:15 pm	Gloria Ringers Rehearsal
Monday	2:00 pm	Swahili Service
	9 am-12 pm	AARP Tax Aide
Tuesday	6:30 pm	Adult Christian Educ.
	11:00 am	Worship Readings Discussion
Wednesday	6:30 pm	Book Study <i>The Me I Want to Be</i>
	9 am-12 pm	AARP Tax Aide
Thursday	5:30 pm	Choir Supper
	5:30-7:30 pm	Library Open
	6:00 pm	Children’s Choir
	6:30 pm	Trinity Singers
	6:45 pm	Cantate!
	7:30 pm	Adult Choir
	7:00 pm	Poetry Reading in Library

### WORSHIP PARTICIPANTS FEBRUARY 3, 2019

8:45 AM	11:00 AM
David Berg	Assisting Minister Lynda Nordholm
Amelia Waddick, Johnny Waddick needed	Acolytes Maggie Weiss, Kayden Nordby
Carol Berg, Michael Douglas	Crucifer Emily Davison
Tina and Robert Russell	Communion Jeff Olsen Biebighauser, Deb Sott
Bob Peschiutta, Julie and Tom Cahoy	Altar Guild Rosemary Foley, Cori Gershon
Ginny and Chuck Jordan	Ushers Josh Combs, Soren Kung, Rod Johnson, Kathy Hollander
Pam Blomgren, Julie Cahoy	Coffee Servers Linda and Phil Jury
	Counters Gary Johnson, Scott Cole
	Closer Rod Johnson

Financial Report	January 27	Year to date
Budget Requirement	15,253.85	61,015.38
Budget receipts	15,381.33	85,359.96
Opening Doors	638.71	2,049.45
CTUL	20.00	20.00
World Hunger	20.00	117.00

Special gift to the Synod in honor of Lyle Steinfeldt by Sally and David Kohlstedt  
 Special gift in honor of Lyle Steinfeldt by Lois Eid  
 World Hunger by Neil Anderson