



On 28th Avenue between Lake and 31st Streets Minneapolis, MN 55406 • 612-729-8358 • office@htlcmpls.org • www.htlcmpls.org
WORSHIP SERVICES: 8:45 and 11:00 am • CHURCH SCHOOL: 9:45 am • Jay Carlson and Ingrid Rasmussen, Pastors

OUR MUSLIM NEIGHBORS

Two Sundays ago we prayed for our Muslim neighbors, friends, and coworkers as they began their holy month of Ramadan. Ramadan is the ninth month of the Islamic lunar calendar, and each year it is a time of prayer and fasting for Muslims throughout the world. Healthy adults are expected to abstain from all food and drink during daylight hours, sunrise to sunset. This practice is one of the five Pillars of Islam, along with faith, daily prayer, charity, and a pilgrimage to the city of Mecca. This year, Ramadan is June 6-July 5.

This month can be a good opportunity for us as Christians to show respect and concern for neighbors of another faith. As we have been hearing local reports of various forms of negativity and even violence directed against Muslims, it is especially important to remember our call to offer welcome to others and to help build caring and respectful community. Our church, along with several other Twin Cities congregations, is making a public sign of good will by placing yard signs on our church property that read, "Blessed Ramadan to our Muslim neighbors." Holy Trinity members are also planning to attend *Iftar* meals of breaking the fast at sundown. There are several opportunities to take part in a meal and to have conversation with Muslim neighbors. You can learn more about these events on the websites for the Minnesota Council of Churches (mnchurches.org) or Lutheran Social Service (lssmn.org), or call the church office if you'd like to participate. In the past, I have found these *Iftar* meals to be both delightful and educational.

Holy Trinity members Linda and Rod Heining attended an *Iftar* last week. Here's Linda's reflection on the experience:

My husband and I decided to attend one of the Taking Heart Ramadan *Iftar* dinners being sponsored by various Muslim mosques around Minneapolis and St. Paul. We invited two of our friends and selected the Masjid Taqwa mosque on Como Avenue in St. Paul. From the moment we stepped in the door, we were treated with warm, gracious hospitality by everyone. Our hosts were all ages, young children to seniors, with many of them in their 20s and 30s. A young man asked the visitors what we knew about Ramadan and then followed with a brief talk about its significance in Islam, and we were encouraged to ask questions when he finished. We then observed their prayer time. The evening ended with a delicious meal. My husband and I were thrilled that we had the opportunity to visit the mosque, learn more about Islam and meet many warm, wonderful people. We encourage the Holy Trinity members to take advantage of the Taking Heart opportunity during the season of Ramadan.

I encourage you to consider how you might honor our Muslim neighbors during the month of Ramadan. Will you attend a meal, introduce yourself to someone new, check out a book on Islam, regularly pray for Muslims in our community? I'd love to hear your ideas!

As we honor our neighbor's faith, may we also be renewed in our own trust in the living and loving Christ who accompanies us in every new encounter.

—Jay Carlson, Pastor

SUMMER CHOIR JULY 17, 9:45 A.M.

If you missed singing in Sunday's pop-up choir, there will be another opportunity to sing as a choir in worship on Sunday, July 17, at the 11:00 a.m. service. Rehearsal begins at 9:45 a.m. in the sanctuary. No advance preparation or sign up is required; simply show up at 9:45 a.m.

FIFTH SUNDAY AFTER PENTECOST

This Sunday's texts paint startling pictures of the horrific—the demonic—nature of sin. The church's repeated celebration of the holy communion counters that tragic reality in a continued showing forth of the death of Jesus "until he comes." It is a dramatic declaration of "how much God has done for you."



READINGS
Isaiah 65:1-9
Psalm 22:19-28
Galatians 3:23-29
Luke 8:26-39

ADULT FORUM

10:00 am—in the Library

JUNE 19

"Alexander Technique" Miriam Scholz-Carlson

Alexander Technique is a method of studying and increasing one's body awareness in order to reduce muscular tension and move more freely. It is often used by musicians and performers who encounter stress or pain in their playing, but is useful for anyone who seeks to better understand how their bodies move. In addition to performing and teaching violin, Miriam's expertise has grown from traditional Alexander methods to include a wider study of movement, muscles, and kinesthetic awareness.

JUNE 26

"Introduction to Meditative Practices" Shelley Grimes and Joel Wiberg

Join Shelley Grimes and Joel Wiberg for an introduction to meditative practices. For the last three years, Shelley has been studying heart rhythm meditation, a practice that seeks to connect us with our bodies by uniting the heartbeat and the breath. Joel is a new practitioner of qigong, a practice that involves moving meditation, coordinating slow flowing movement, deep rhythmic breathing, and a meditative state of mind. Neither Shelley nor Joel claim to be experts; they are simply going to share what they've come to know. Come and join our ongoing conversation about the body!

BAPTISM ORIENTATION WORKSHOP SATURDAY, JULY 23

Are you preparing for a baptism? Do you have questions about baptism? We ask all parents (members and non-members) to attend a Baptism Orientation Workshop before their child is baptized. Our next workshop will be Saturday, July 23, from 10 a.m. to noon. Workshops are scheduled about every four months. Sponsors are welcome, but not required, to attend. For more information or to register, talk to a pastor. Nursery care will be provided.

LVC RECOGNIZES OUTGOING VOLUNTEERS

All are invited to an end-of-year picnic/potluck for volunteers. This year's volunteers have made incredible contributions to LVC, placement organizations, and communities, and it's time to celebrate their accomplishments and bid them farewell! We will gather at Powderhorn Park on Friday, July 15, at 4:30 p.m. outside the Powderhorn Recreation Center (15th Ave. South and East 34th Street) and then stake out an open area to setup. Please bring a dish to share.

PARISH INFORMATION

TO DU OR NOT TO DU, FRIDAY, AUGUST 5, 6:00 P.M.

Jeff and Meghan Olsen Biebighauser invite the 20s, 30s, and 40s group to join them for the August 5th First Fridays with Friends outing at our friendly neighborhood Du Nord Distillery and Cocktail Room. Come at 6 p.m. to relax on the patio with craft cocktails, food truck fare, and of course excellent company! From 7-8 p.m. we'll take a distillery tour and enjoy a sampling, and wrap up the event around 8:30 p.m. Need childcare? No problem! This event coincides with Parents Night Out. Sign up in the Community Room or on Facebook by July 31.

UPCOMING ENCORE! EVENT: "BIKES AND BITES"

On Sunday, July 10, Encore! will participate in a bike and restaurant tour in our South Minneapolis neighborhood. We will stop at three restaurants and sample some of their signature dishes as we casually bike through the neighborhoods (approximately 10 miles). We'll start at Holy Trinity at 3:00 p.m. and should be back some time between 6:30-7:00 p.m. The event costs \$15/person and is limited to the first 20 people. The cost covers all the food, but you will be responsible to pay for your beverages. Reservations and money are due by July 1. RSVP to Linda Heining or Nancy Moe. In case of rain, the event will be rescheduled.

GRATITUDE RETREAT FRIDAY-SATURDAY, SEPT. 30-OCT. 1, 2016, ST. JOHN'S ABBEY

Sign up to join us in Collegeville, Minnesota, for an overnight retreat for adults of all ages. We'll have wonderful programming on gratitude by Minneapolis author Mark Scannell and opportunities to connect with one another and with the Benedictine Community at St. John's. We'll also explore the campus, which includes the famous Breuer chapel, the pottery studio of Richard Bresnahan, and the illustrated St. John's Bible. We have individual rooms (with individual bathrooms!) for 25 people. Cost is \$100. Scholarships are available. Talk with Pastor Ingrid. Sign up and pay by Monday, September 12.

WORSHIP PARTICIPANTS

In an effort to update the worship participant lists, a table will be set up in the Community Room on Sundays, June 19 and 26, with lists of people who have volunteered to help. Please think about whether you could add your name to one or more of the lists, or whether you need to remove your name from a list. Worship life at Holy Trinity relies upon help from everyone.

Office phone: 612-729-8358
Jay Carlson and Ingrid Rasmussen, Pastors

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PARISH EVENTS June 19-25, 2016

Sunday	8:45 am	Worship Service with Holy Communion
	10:00 am	Adult Forum
	11:00 am	Worship Service with Holy Communion
Monday	2:00 pm	Swahili Service
	6:00 pm	Executive Committee
Tuesday	7:00 pm	Church Council
	10:00 am	Mosaic Workshop on 4th floor
	11:00 am	Worship Readings Discussion

World Hunger in honor of **Meagan Fortier** and **Anna Kleven** by Ann Schrooten and Dawn Wiczorek.

WORSHIP PARTICIPANTS JUNE 19, 2016

8:45 AM		11:00 AM	
Maggie Weiss, Peter Weiss	Acolytes	Alyssa Krig, Linnea Krig	
Tom Cahoy	Crucifer	Emily Davison	
Gretchen Lund	Assisting Minister	Melanie Townsend	
DeWayne Townsend	Communion	Lee Kampinen, Cori Gershon	
Shelley Grimes, Nancy Madich	Altar Guild	Stella Townsend, Rosemary Foley	
Bob Peschiutta, Chris Engen, John Goring	Ushers	Judy Davison, Molly Davison, Jeff Olsen Biebighauser, Riley Conway	
Carol/Ken Masters	Coffee Servers	Deb Anderson, Tracey Baubie	
Bob Peschiutta, Dennis Nordholm	Counters	John Kelly, Vicki Mann	
	Closer	Vicki Mann	

Financial Report	June 12	Year to date
Budget requirements	14,432.69	346,384.62
Budget receipts	7,386.58	336,877.24
Longfellow Alt. High School	-	270.00
Opening Doors	1,299.86	195,265.83
World Hunger	131.00	1,301.68