



On 28th Avenue between Lake and 31st Streets Minneapolis, MN 55406 • 612-729-8358 • office@htlcmpls.org • www.htlcmpls.org
WORSHIP SERVICES: 8:45 and 11:00 am • CHURCH SCHOOL: 9:45 am • Jay Carlson and Ingrid Rasmussen, Pastors

ANOTHER PICTURE OF MANNA

²The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. ³The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." ⁴Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

¹¹The Lord spoke to Moses and said, ¹²"I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God." ¹³In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. ¹⁴When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. ¹⁵When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat." Exodus 16:2-4, 11-15

In her newest book, *Wearing God*, Duke theologian Lauren Winner offers alternative illustrations to the medieval manna art that has come to dominate our imaginations.

She points to a relatively recent book by Psyche Williams-Forsen entitled *Building Houses Out of Chicken Legs: Black Women, Food, and Power*. In it, Williams-Forsen "recovers the history of black women packing up show box lunches for family members who were setting off on a trip...in the Jim Crow South, where few restaurants would serve them." Williams-Forsen cites a story from a cookbook-memoir written by two sisters, saying, "The sisters recall how exciting it was to stay up late the night before a trip and help their mother pack the box lunches, which contained a bounty of goodies: fried chicken, peanut butter and jelly, deviled eggs, chocolate layer cake, nuts, raisins, and cheese. Except for the Thermos of lemonade, 'Everything was neatly wrapped in wax paper' and tucked into shoe boxes, 'with the name of the passenger Scotch-taped on so that special requests were not confused.'"

What these sisters recall was by no means unique. Gail Milissa Grant, who grew up in St. Louis in the 1940s, recalls her mother doing something similar. Grant's parents often went to the Union Station not to pick up anyone but to feed their friends. Grant writes that "my mother would prepare a meal and carefully select the menu for its shelf life since it might have to last for hours without spoiling...She usually included fried chicken, hard-boiled eggs, a few candy bars, and ice-cold sodas and placed them all in a shoe box or hatbox. On long journeys, my mother's would be one in a string of meals, with other friends doing the same along the way."

Winner claims that "this food preparation is the best picture [she's] found for understanding God as a provider of food. Here is God preparing food for the Israelite journeying in the wilderness: God is not just abstractly raining coriander flakes down from the heavens. God is staying up late to prepare shoe box lunches for people on a perilous journey."

—Pastor Ingrid Rasmussen

ELEVENTH SUNDAY AFTER PENTECOST

Jesus says that the bread he gives for the life of the world is his flesh, and whoever eats this bread has eternal life now and will be raised on the last day. In Ephesians Paul tells us what this life Jesus gives us looks like, this life we live as those marked with the seal of the Holy Spirit in baptism. We live in love, as Christ loved us and gave himself up for us. The whole purpose of life is giving yourself for the other.



ADULT FORUM

10:00 am – in the Library

READINGS
1 Kings 19:4-8
Psalm 34:1-8
Ephesians 4:25-5:2
John 6:35, 41-51

AUGUST 9 "Report on ELCA Youth Gathering in Detroit" Holy Trinity Youth Gathering Participants

Twelve youth and four adults attended the ELCA Youth Gathering in Detroit in July. Come hear from the youth themselves about their learning and service work during this trip and how their perceptions of the City of Detroit were changed.

AUGUST 16 "BWCA Experience" Linda McMahon and John Sulzbach

Linda and John are part of a group of 20 Holy Trinity members and friends who have recently returned from paddling around the Boundary Waters. They will offer their reflections on Holy Trinity's annual BWCA excursions.

DETROIT YOUTH GATHERING BY THE NUMBERS

1 million diapers collected; 1,425 backpacks distributed; 3,200 vacant lots cleared of debris; 319 vacant homes boarded; 1,847 mural boards painted; 36 urban gardens installed; 99 picnic tables built; 26 dumpsters filled; and 600 neighborhoods affected.

PRAYER SERVICE WEDNESDAY, AUGUST 19, 7 P.M.

Holy Trinity, St. James A.M.E. Church, and the Minnesota Swahili Christian Congregation will lead a prayer vigil at Holy Trinity to remember those killed at Mother Emanuel A.M.E. in Charleston. Please plan to join us for worship.

BACKYARD BBQ FOR 20s, 30s, AND 40s

Allison Johnson will be hosting a backyard BBQ on the evening of August 28 at her new home on Milwaukee Avenue. Sign up in the Community Room or email Allison.

LUTHERAN VOLUNTEER CORPS 2015-16

We recently said goodbye to the Lutheran Volunteer Corps volunteers we've come to know and love this year. Soon we'll receive this year's volunteers who will live in the Wellstone House and serve at organizations throughout the metro area, including Emily and Cassandra at Twin Cities Habitat for Humanity, Emma at Simpson Housing Services, Caleb at Trinity Lutheran, and John at Minnesota Housing Partnership. Please plan to greet these volunteers in worship on Sunday, August 23!

PARISH INFORMATION

GLORIA RINGER OPENINGS

There are currently three openings for new ringers in the Gloria Ringer Handbell Ensemble. We are seeking musicians with keyboard, percussion, and/or significant instrumental experience. Previous ringing is a plus but not necessary. A sense of adventure and humor is, however, a MUST! Rehearsals are generally on Sundays from 12 noon to 1 p.m. and Saturdays before we ring on Sunday mornings. If you are up for the challenge (and the blessing), please contact Director Ann Schrooten.

RELATIONSHIP CARE WORKSHOP SEPTEMBER 26

Join Holy Trinity and Christ Church couples on Saturday, September 26, 2015, for a relationship care workshop and meal from 1-6:30 p.m. with Karen Stevensen, a licensed independent clinical social worker. Cost will be approximately \$70-100/couple. Scholarships are available; speak to Pastor Ingrid. Sign up in the Community Room.

SUMMER CHOIR-SUNDAY, AUGUST 23

All are welcome to sing in the choir on August 23 at the 11:00 a.m. service. Rehearse at 9:45 a.m. in the sanctuary.

CHILDREN'S CHOIR AND CANTATE! BEGIN SEPTEMBER 9!

All children in grades 1-12 are invited to join one of our three choral ensembles for youth:

- **Children's Choir**, Grades 1-4, rehearses Wednesdays, 6-6:30 p.m.
- **Cantate!** Grades 5-8, rehearses Wednesdays, 6:30-7:15 p.m.
- **Justified By Faith**, Grades 9-12, rehearses occasional Sunday mornings

If you will be new to choir this fall, Ann Schrooten would like to meet with you at ONE of the following times for a 5-10 minute introduction to singing in choir: Sunday, August 30, 9:45-10:45 a.m. OR Wednesday, September 2, 6:00-7:00 p.m. Please contact Director Ann Schrooten to reserve a time.

CALLING ALL PRODUCE

The Nurturing Committee invites you to bring extra fruits and vegetables to the Community Room each Sunday where others can take them and leave a small donation. Money collected will support ELCA World Hunger. This sharing of Minnesota-grown foods is in anticipation of our annual Minnesota Meal, which will be held on Saturday, October 3.

Office phone: 612-729-8358
Jay Carlson and Ingrid Rasmussen, Pastors

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PARISH EVENTS August 9-15, 2015	
Sunday	8:45 am Worship Service with Holy Communion
	10:00 am Adult Forum
	11:00 am Worship Service with Holy Communion
Monday	2:00 pm Swahili Service
	BWCA Paddlers Return
Tuesday	7:00 pm Nurturing, Stewardship Committees meet
	10 am-3 pm Mosaic Workshop
	11:00 am Worship Readings Discussion
Wednesday	6:30 pm Writers' Circle
	10 am-3 pm Mosaic Workshop
	3:30-5:30 pm Fare for All

Special gifts in memory of John Pittelkow by Judi/Lee Kampinen, Sally Parks, Maddy Mann, Vicki/Mike Mann, Bunny/Earl Anderson, and Claudia/Glen Woker

MUSIC IN THE GARDEN

The next Music in the Garden will be August 16 from 12-1 p.m. in the Rain Garden. A light lunch will be provided; suggested donation is \$5.

WORSHIP PARTICIPANTS AUGUST 9, 2015		
8:45 AM		11:00 AM
Lisa Martens	Crucifer	Meghan Olsen Biebighauser
Acolytes		
Nicki Hines	Assisting Minister	Stella Townsend
Communion		
		Cori Gershon
Linda/Gerry Berglin	Altar Guild	Linda Woytasek
Bob Peschiutta	Ushers	Deb Sodt, George Madich, Mike Mann, Joshua Combs
Jenny Wheatley/Lee Fisher	Coffee Servers	Jeff Olsen Biebighauser
Chris Engen	Counters	Wayne Vetter, Vicki Mann
	Closer	Deb Sodt

Financial Report	August 2	Year to date
Budget requirement	13,982.69	433,463.46
Budget receipts	15,509.28	421,506.73
Building remodel	100.00	350.00
Exodus Appeal	4005.00	7,597.84
World Hunger		2,186.00
Disaster Relief		1,305.00