



On 28th Avenue between Lake and 31st Streets Minneapolis, MN 55406 • 612-729-8358 • office@htlcmpls.org • www.htlcmpls.org
WORSHIP SERVICES: 8:45 and 11:00 am • CHURCH SCHOOL: 9:45 am • Jay Carlson and Ingrid Rasmussen, Pastors

RIB CAGE GRATITUDE

Marcus Borg wrote the book *Convictions* when he turned 70. He said that “it [was] the product of reflecting about [his] life at that milestone—[his] memories, conversations, and convictions.” In many ways, the book is his memoir, filled with insights gained over decades of intellectual exercises and lived experiences. It’s worth a read.

In yesterday’s adult forum, I read from the book’s final pages. After 200+ pages discussing faith and mystery, God and salvation, Jesus and the Bible, the cross and politics, justice and nonviolence, Borg chooses to close with a reflection on gratitude. He writes that “gratitude is both a feeling and awareness. At its most intense as a feeling it can be felt physically—that sense we sometimes have of our rib cage virtually breaking open in gratitude.” “Gratitude,” Borg says, “is the most visceral form of thanksgiving.”

I was struck by Borg’s ending. I suspect that’s because I’ve been feeling a lot of rib cage gratitude these days. As many of you know, my husband suffered a sudden cardiac arrest two months ago while we were celebrating spring’s arrival with dinner in Stillwater. I’m grateful for the strong strangers, who got down on their hands and knees beside me and helped with CPR. I’m grateful for the first responders, who arrived with all the tools we lacked: clear minds, oxygen, and—most importantly—an AED. I’m grateful for the waitress who drove me to the hospital, patting my arm as we rolled along.

Our litany of saints is long, and it includes you. It’s a new experience for me as a pastor to receive grace and compassion in the midst of crisis. I’m well-trained to be a giver. I have been overwhelmed by your inquiries and hugs, your cards and gifts, your prayers and meals, your offers to mow my lawn and walk my dog. (How long before these offers expire?) Both Paul and I have been well-loved by you these past two months. So loved that our rib cages hurt.

Nadia Bolz-Weber says that pastors should preach and teach out of their scars, not their wounds. I think she’s right. For this reason, I’ll take the time necessary to process this experience before I begin to share what Paul and I have learned, how we’ve changed, and what meaning we’ve found in the midst of trauma. Until then, I hope you’ll accept my deep gratitude, as your newest pastor, for accompanying me through what I trust will be one of my family’s most vulnerable chapters. I’m grateful to be a part of this community.

Peace and thanks,

—Ingrid Rasmussen, Pastor

SAVE THE DATE: RELATIONSHIP CARE WORKSHOP SEPT. 26

Join Holy Trinity and Christ Church couples on Saturday, Sept. 26, 2015, for a relationship care workshop and meal from 1-6:30 p.m. with Karen Stevensen, a licensed independent clinical social worker. Karen uses her experience as a counselor and turns it around to prevent the issues that couples bring to her. The presentation and all materials will be friendly to married and partnered couples of all ages. Nursery care will be available. Cost will be approximately \$70-100/couple. Scholarships are available; speak to Pastor Ingrid. Sign up in the Community Room.

SECOND SUNDAY AFTER PENTECOST

A house divided against itself cannot stand. Jesus makes this observation in light of charges that he is possessed. He is possessed, not by a demon, but by the Holy Spirit. We who have received the Holy Spirit through baptism have been joined to Christ’s death and resurrection and knit together in the body of Christ. Those with whom we sing and pray this day are sisters and brothers of the Lord. With them we go forth in peace to do the will of God.



READINGS

Genesis 3:8-15

Psalm 130

2 Corinthians 4:13-5:1

Mark 3:20-35

ADULT FORUM

10:00 am – in the Library

JUNE 7 “Reflections on Being a Member of the ‘Sandwich’ Generation” Susan Wootten

Being a part of the sandwich generation is to occupy a place between the children that you have raised/are raising and the parents who raised you. Susan will lead a conversation on some of the joys, challenges, and opportunities in fulfilling that role in the family.

JUNE 14 “My Life Story, My Faith Story” Stephanie Sulzbach

Our occasional series on how life story and faith story come together will be exemplified in this reflection by Holy Trinity member Stephanie Sulzbach.

WORSHIP ASSISTANTS

We are no longer **assigning** volunteers to do the tasks of worship assisting. We are using an online program, volunteerspot.com, to allow folks to sign up on their own. July and August schedules are online now! For a list of worship assisting jobs, a link to sign up, and more information, e-mail Stella Townsend, Coordinator, at stownsend4@comcast.net. Instead of using Volunteer Spot, you may call Stella at 612-333-2073 to schedule a time to assist. Thank you for volunteering!

TACO TOUR JUNE 27

Join Holy Trinity members of all ages for the 2nd Annual Taco Tour on Lake Street, Saturday, June 27, 11:30-2:30! Discover the spicy flavors of the Latino food district on Lake Street by touring 9 authentic restaurants offering their own taco specialty. We’ll bike from stop to stop. (There is a shuttle for those who don’t wish to bike.) Sign up in the Community Room to secure your free ticket.

PARISH INFORMATION

MUSIC IN THE GARDEN & RECEPTION FOR STEPHANIE SULZBACH

Join us next Sunday, June 14, from 12-1 p.m. for the season's first Music in the Garden, when we will offer our thanks to Stephanie Sulzbach for her years of service as Church School coordinator.

SUMMER CHILDREN'S ART CAMP

Children age 5-9 are invited to participate in this summer's camp. Reflecting on Psalm 1 and the theme "Like a Tree," we will meet 9:30-11:30 a.m. June 8-11. Join us for singing, dance, art projects, stories, and fun! Registration forms are available in the Community Room or online at htlcmpls.org.

TREE PLANTING FOR ALL

There will be a day camp for all ages (adults and accompanied children) on Saturday, June 13, 9 a.m.-3 p.m. during which we will serve God's creation by planting trees. Advance registration is requested but not required.

SUMMER CHOIR

This summer there will be three opportunities to sing as a choir in worship. Everyone is welcome, from those who can't commit to weekly rehearsals during the school year but have always wanted to sing to those who have sung in the choirs for years. Family and friends who are visiting are also welcome. Rehearse at 9:45 a.m. for the 11:00 a.m. worship service on **June 14, July 12, and August 23.**

FAMILY CAMP AT OX LAKE

All are welcome to participate in our summer intergenerational camping trip at Ox Lake Lutheran Bible Camp in Amery, Wisconsin. The weekend is July 31-August 2. Four meals are included, along with programming led by the staff and an afternoon activity using the on-site ropes course. The cost is \$80/person, and children under 3 are free. Family maximum is \$325. Sign up in the Community Room or talk to Pastor Jay for more information.

Jay Carlson and Ingrid Rasmussen, Pastors
Office phone: 612-729-8358

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Ingrid Rasmussen

PARISH EVENTS June 7-13, 2015	
Sunday	8:45 am Worship Service with Holy Communion
	10:00 am Adult Forum
	11:00 am Worship Service with Holy Communion
	12:15 pm First Sunday Musings at Le Town Talk
Monday	2:00 pm Swahili Service
	9:30-11:30 am Arts Camp
Tuesday	7:00 pm Financial Stewardship Committee
	9:30-11:30 am Arts Camp
Wednesday	10 am-3 pm Mosaic Workshop
	6:30 pm Writers' Circle
	9:30-11:30 am Arts Camp
Thursday	10 am-3 pm Mosaic Workshop
	3:30-5:30 pm Fare for All Express
Saturday	9:00 am-3:00 pm Day Camp (intergenerational)

Gifts to **Broadway School** in memory of father, Everett Shaw, by Roberta Shaw, and by Mike/Vicki Mann

Theatre Circle in memory of Lee Henderson by Sandy Hoverson
Exodus Lending by Bud Dixon, and in memory of Aunt Agnes by Lyle Steinfeldt
Building Remodel by Mike/Vicki Mann

WORSHIP PARTICIPANTS JUNE 7, 2015		
8:45 AM		11:00 AM
Jeff Olsen Biebighauser	Crucifer	Anna Brelje
Anton Werth, Linden Kung	Acolytes	Cori Gershon
Joyce Peterson	Assisting Minister	Dennis Ormseth
Linda Berglin, Bruce Johnson	Communion	Stephanie/John Sulzbach
Josh Becker, Anne Beschnett	Altar Guild	Rosemary Foley, Roberta Shaw
Bob Peschiutta, DeWayne Townsend, Marcea Mariani,	Ushers	Lee Kampinen, Kathy Hollander, Rod Johnson, George Madich
Carol/David Berg	Coffee Servers	Kay/John Buzza
Dennis Nordholm, Joyce Peterson	Counters	Mary Ellen Olson
	Closer	Rod Johnson

Financial Report	May 31	Year to date
Budget requirement	13,982.69	307,619.23
Budget receipts	6,984.28	304,981.64
Broadway School	-	1,624.00
Exodus Appeal	5.00	2,086.00
World Hunger	-	1,844.00
Disaster Relief	-	1,285.00