

Feb. 8, 2026, Fifth Sunday after Epiphany

READINGS

First Reading: Isaiah 58:1-9a

¹Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. ²Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. ³“Why do we fast, but you do not see?

Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. ⁴Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. ⁵Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD? ⁶Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? ⁷Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? ⁸Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard.

^{9a}Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

Psalm: Psalm 112:1-9

¹Hallelujah! Happy are they who | fear the LORD
and have great delight in | God's commandments!

²**Their descendants will be mighty | in the land;**
the generation of the upright | will be blessed.

³Wealth and riches will be | in their house,
and their righteousness will | last forever.

⁴**Light shines in the darkness | for the upright;**
the righteous are merciful and full | of compassion. R

⁵It is good for them to be gener- | ous in lending
and to manage their af- | fairs with justice.

⁶**For they will nev- | er be shaken;**
the righteous will be kept in everlast- | ing remembrance.

⁷They will not be afraid of any | evil rumors;
their heart is steadfast, trusting | in the LORD.

⁸**Their heart is established and | will not shrink,**
until they see their desire up- | on their enemies.

⁹They have given freely to the poor, and their righteousness stands | fast forever;
they will hold up their | head with honor.

[¹⁰**The wicked will see it and be angry; they will gnash their teeth and | pine**
away;
the desires of the wick- | ed will perish. R

Second Reading: 1 Corinthians 2:1-12

¹When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. ²For I decided to know nothing among you except Jesus Christ, and him crucified. ³And I came to you in weakness and in fear and in much trembling. ⁴My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, ⁵so that your faith might rest not on human wisdom but on the power of God.

⁶Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. ⁷But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. ⁸None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. ⁹But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"—¹⁰these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. ¹¹For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. ¹²Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Gospel: Matthew 5:13-20

[Jesus said:] ¹³“You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

¹⁴“You are the light of the world. A city built on a hill cannot be hid. ¹⁵No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. ¹⁶In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

¹⁷“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. ¹⁸For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. ¹⁹Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. ²⁰For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”