



BAPTISM OF OUR LORD

JANUARY 11, 2026

HOLY TRINITY LUTHERAN CHURCH
MINNEAPOLIS

WELCOME TO ALL

Holy Trinity gathers on the Sacred land of the Dakota People.

*The people of Holy Trinity Lutheran Church wish to extend a **special welcome** to all visitors!*

Please leave your name and phone number on the visitor card found in the pew.

*We are committed to the inclusion of all people, with no exception. Therefore, we practice **open communion**, welcoming all to the table to receive the sacrament of Holy Communion.*

Children are full participants in this congregation's worship, educational, and community life! The Mary Martha Room is a quiet space for infants needing to nurse or to nap. For active toddlers, the Community Room has a Children's Corner with books and a table at which to play. Our ushers are ready to assist you in finding the place that best fits your family's needs.

Accessible and all-gender restrooms are located in the basement.

Single-use, all-gender restrooms are located on the 1st floor.

*For over forty years, this congregation has advocated for the **full welcome, inclusion, and equity** of lesbian, gay, bisexual, transgender, queer, intersex, and asexual (LGBTQIA+) Lutherans in all aspects of the church and the community. We invite all people into lives of authenticity, integrity, and wholeness.*

Hearing assist devices and large-print bulletins are available. Ask an usher if you are interested.

Our services are livestreamed on Vimeo and Facebook every week. The live shot includes the main floor of the sanctuary. Our members who watch from home love to see their friends at church! If for privacy reasons you prefer not to be on camera, the balcony is outside of the camera's range.

*If you are seeking **pastoral care**, please speak to a pastor today.*

GATHER

+invites the congregation to stand

PRELUDE

Largo, Trio II
Arabeque

J. S. Bach
L. Vierne

+GATHERING HYMN

To Christ Belong, in Christ Behold

Please stand and face the cross at the rear of the sanctuary.

1 To Christ be - long, in Christ be - hold God's
 2 The brood - ing Spir - it moves un - seen as
 3 Re - joic - ing in God's prom - ise strong, our

won - ders still un - fold: the bur - ied
 liv - ing wa - ters stream to quench all
 trea - sure and our song, in faith we

grain springs forth a - gain with fruit one hun - dred - fold.
 thirst and bring to birth a new com - mu - ni - ty.
 cling, and glad - ly sing: to Christ we now be - long.

Bap - tized in - to the death of Christ, with
 The bind - ing shroud is here re - leased, the
 In Christ a - bide, in Christ be - hold the

Christ from death we rise, drawn through the
 veil of sin and grief, and In their
 world be - loved and whole. In love re -

night by dawn - ing light in - to a - bun - dant
 place a wreath of grace and robes of joy and
 main, by love pro - claim God's won - ders still un -

life, in - to a - bun - dant life.
 peace, and robes of joy and peace.
 told, God's won - ders still un - told.

+GREETING

The grace of Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

+COMMUNAL LAMENT

In response to the violence and pain inflicted on God's beloved children this week, let us call out to the God who knows the depths of our sorrows and shares the grief in our hearts using the words of Psalm 10.

Let us pray:

O God, when evil feels inescapable
and it is hard to imagine justice,
you seem hidden and far away.

Come near to us. Show us the way.

There is wickedness in our world, O God.

Disrupt it.

We have witnessed great harm: another shooting, attacks on our neighbors, disruptions in our schools, further hateful rhetoric against your beloved.

Come near to us. Show us the way.

Help us to remember that you see.

You see our troubles and grief. You hold our pain.

We can leave it all to you. You are our helper.

Come near to us. Show us the way.

Help us to remember that you listen.

You listen to our desires. You calm our troubled hearts.

We can cry out to you. You will not abandon us.

Come near to us. Show us the way.

God will rise up and comfort us.

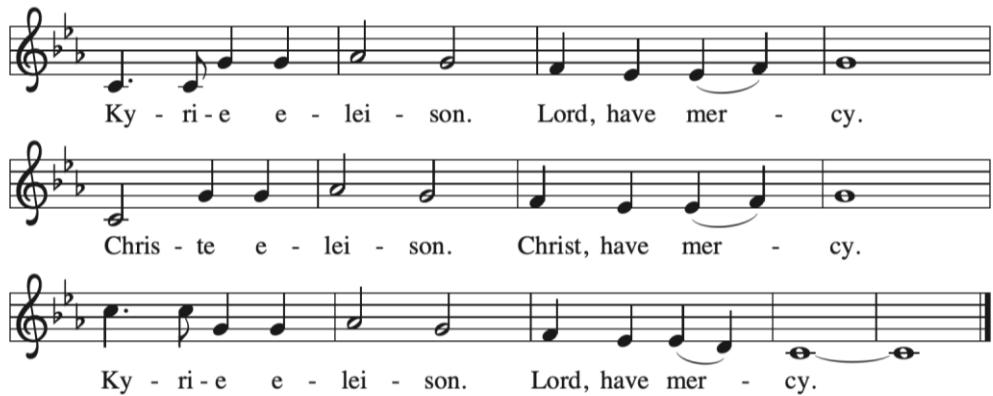
We no longer have to be afraid.

Let us trust in this promise

And hope in justice for all oppressed and afflicted.

Amen.

+KYRIE



Ky - ri - e e - lei - son. Lord, have mer - cy.

Chris - te e - lei - son. Christ, have mer - cy.

Ky - ri - e e - lei - son. Lord, have mer - cy.

+GLORIA

1 Glo - ry to you, God, for yours is the earth;
2 Glo - ry to you, God, for yours is the earth;
3 Glo - ry to you, God, for yours is the earth;

yours is the prom - ise, the bless - ing, the birth.
yours the ho - san - nas, the dy - ing, re - birth.
yours the a - noint - ing, the ra - di - ant worth.

Ours the re - joic - ing for Word giv - en frame;
Ours the re - joic - ing for na - ture re - claimed;
Ours the re - joic - ing for spir - its a - flame;

ours the thanks - giv - ing to your ho - ly name.

Ours be the tell - ing of deeds great - ly done;
yours be the glo - ry, O God, yours a - lone.

+PRAYER OF THE DAY

Creator God, our soul's delight, your voice thunders over the waters, liberating the future from the past. In the Spirit's power and the waters of rebirth, Jesus was declared your blessed and beloved Son; may we recall our baptism, and be disciples of the Anointed One.

Amen.

Please be seated.

WELCOME

WORD

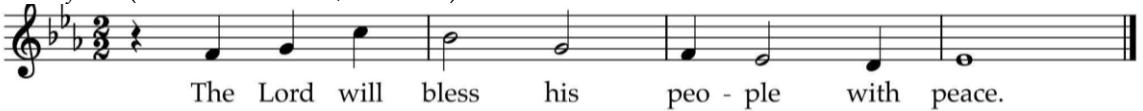
FIRST READING*Isaiah 42:1-9*

Word of God; word of life. **Thanks be to God.**

PSALM 29

Michel Guimont

Refrain (first time: Cantor, then All):



The Lord will bless his people with peace.

O give the LORD, you children of God, give the LORD glory and power;
give the LORD the glory of his name. Adore the LORD, resplendent and holy. **Refrain**

The LORD'S voice resounding on the waters, the LORD on the immensity of water;
the voice of the LORD, full of power, the voice of the LORD, full of splendor. **Refrain**

The God of glory thunders. In his temple they all cry: "Glory!"
The LORD sat enthroned over the flood; the LORD sits as king forever. **Refrain**

SECOND READING*Acts 10:34-43*

Word of God; word of life. **Thanks be to God.**

+GOSPEL ACCLAMATION

Al-le-lu - ia, al - le-lu - ia, al-le-lu - ia.

*Cantor: A voice from heaven said,
"This is my Son, the Beloved, with whom I am well pleased." (Matthew 3:17) Alleluia*

+GOSPEL READING*Matthew 3:13-17*

Word of God; word of life. **Thanks be to God.**

SERMON

+HYMN OF THE DAY

Living Water



2 Liv - ing wa - ter, free - ly giv - en— all, who thirst and

3 How could we re - - train from tell - ing, shout-ing from the



o - cean swells, rains to nur - ture new - born seed - lings,
ask, re - ceive from the Christ who seeks and finds us
moun - tain peaks, sing - ing hope with bold con - vic - tion



springs to feed the des - ert wells— none com - pare to
near our wells of hope and need. Christ— who knows each
through the by - ways, fields, and streets? We bear wit - ness



liv - ing wa - ter, flow - ing from its
life's be - gin - nings, ev - 'ry mo - ment,
to Christ's mer - cy, blessed and cher - ished



lav - ish Source, ev - er quench - ing
deed, and thought— loves be - yond our
as Christ's own. In the stream of



and re - stor - ing on its end - less, joy - ful course.
un - der - stand - ing, loves be - yond what creeds have taught.
liv - ing wa - ter, all are wel - come, loved, and known!

With the whole people of God in Christ Jesus, let us pray for the church, those in need, and all of God's creation.

(silence)

We see the world as it is and not as it should be or could be and we are fearful in spite of your admonition to not be afraid. We acknowledge the fragility of our faith but we have nowhere else to turn and so we come to you seeking courage, wisdom, and the blessing of your presence. Hear us, O God.

Your mercy is great.

We are heartbroken at all we have witnessed in our neighborhood this week. Be with us in our grief. Be with the family of Renee Good, bring peace and protection to our beloved immigrant neighbors, strengthen our love for one another and weave us ever more tightly into community. Teach us new ways to stand with our neighbors and make us bold in our witness against the immoral efforts of ICE and this administration. Hear us, O God.

Your mercy is great.

We have been witnesses of your enfleshment once again, love in human form as you became one of us, blessing our humanness, and proclaiming us worthy to tell the story that now is ours to tell. But for that we will need the grace and the courage that only you can give. Hear us, O God.

Your mercy is great.

We are grateful that you don't give up on us, even when we are tempted to give up on ourselves; that you meet us with grace, peace, and love more than we can understand and decidedly more than we deserve. Hear us, O God.

Your mercy is great.

All of us need your presence, some of us need your compassion. We pray especially for John Stumme; Merlin Wells; Wilson Murray; Dorothy Kelly; Nikki Randolph-Martinez; Carol Kelly; Mary Petersen; Mary Petersen's friends, Jean Ebrahimi and Lenny Garber; Tre Tellor's mom Jill; Tina and Neela; Rick Lathrop; Karen Batdorf's sister Marie; Mike Kelly; Josie Tober; Stella Townsend; Jeremy Spratt upon the death of his Aunt Dee; Angel Blanco; and those we hold in our hearts or speak with our voices now (*the congregation may name loved ones in need of God's care*). Hear us, O God.

Your mercy is great.

You are invited to offer spoken petitions.

*At the conclusion of your petition, please close with "Hear us, O God,"
to which the congregation will respond, "Your mercy is great."*

Give us what we need to be tellers of your story. In Jesus' name. **Amen.**

MEAL

+PEACE

The peace of Christ be with you always.
And also with you.

The people may greet one another with a sign of God's peace.

OFFERING

Beloved, God's Chosen
Adult Choir; Abs Trewin, guest director

Robert A. Hobby

Beloved, God's chosen, Put on as a garment
Compassion, forgiveness and goodness of heart.
Above all, before all, Let love be your raiment
That binds into one every dissonant part.

Within, call forth Wisdom, To dwell in you richly;
Let peace rule your hearts and that peace be of Christ.
And from the hearts chamber, Beloved and holy,
Let singing thanksgiving to God ever rise.

Baskets will be passed in the sanctuary. If you prefer to donate to the mission and ministry using Venmo or card, the QR codes can be found on the back page of the bulletin.

+OFFERTORY HYMN

Come to Me, All Pilgrims Thirsty

Communion servers are invited to come forward at this time.



"Come to me, all pil - grims thirst - y; drink the wa - ter I will give.
"Come to me, all trav - 'lers wea - ry; come that I may give you rest.
"Come to me, a - ban-doned, or - phaned; lone - ly ways no long - er roam.



If you knew what gift I of - fer, you would come to me and live."
Drink the cup of life I of - fer; at this ta - ble be my guest."
Come and take the gift I of - fer, let me make in you my home."



Je-sus, ev - er - flow-ing foun-tain, give us wa - ter from your well.



In the gra - cious gift you of - fer there is joy no tongue can tell.

+OFFERING PRAYER

God of majesty, no eye has seen, no ear has heard what you have prepared for those who love you, yet in this meal you reveal the wideness of your mercy. Use what we have gathered to feed us with the reign of God come near, Jesus Christ, our Savior and Lord.

Amen.

+GREAT THANKSGIVING

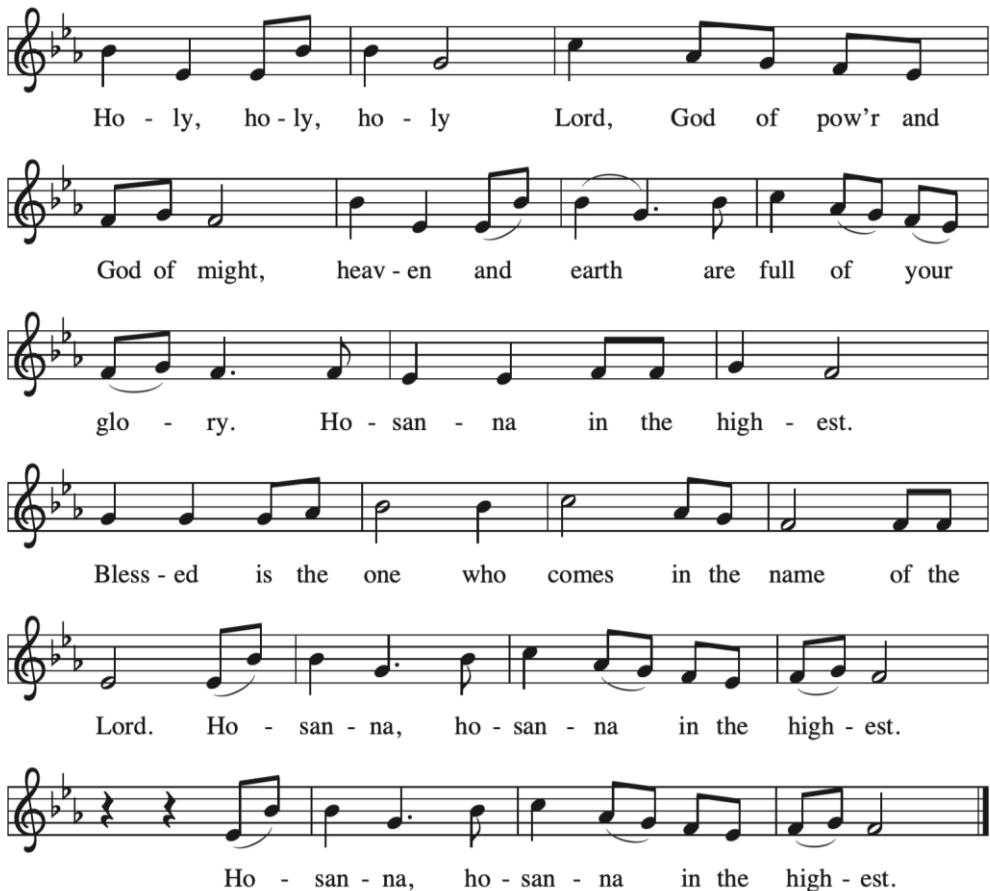
The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

It is indeed right, our duty and our joy, that we should at all times and in all places, offer thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who, on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

+SANCTUS



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and

God of might, heav - en and earth are full of your

glo - ry. Ho - san - na in the high - est.

Bless - ed is the one who comes in the name of the

Lord. Ho - san - na, ho - san - na in the high - est.

Ho - san - na, ho - san - na in the high - est.

+WORDS OF INSTITUTION

+LORD'S PRAYER

We pray together:

**Our Creator, Our Mother, Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the kingdom, the power, and the glory are yours, now and forever. Amen.**

+LAMB OF GOD



Lamb of God, you take a-way the sin of the world; have mer-cy on us. Lamb of God, you take a-way the sin of the world; have mer-cy on us. Lamb of God, you take a-way the sin of the world; grant us peace, grant us peace.

Please be seated.

COMMUNION INVITATION

All are welcome at the table. This is Christ's table where no one is a stranger.

For those worshiping at home, hear these words spoken for you: The body of Christ given for you. The blood of Christ shed for you.

These are the gifts of God for the people of God.

Thanks be to God.

All are welcome at the table.

Grape juice and gluten-free wafers are available upon request to the server.

An usher will direct you down the center aisle, where you can pick up a communion cup. You are invited to stand or kneel in front of the table, beginning from the middle and moving toward the outside. After you have received the bread and the wine, please return to your seat by way of the side aisle, where an usher will receive your communion cup.

If you wish to receive communion from your pew, please let an usher know.

HEALING STATION

Today you are also invited to receive a blessing for healing during the communion distribution time. Come if you wish to seek prayer for yourself, on behalf of someone else, or for a place in the world.

DISTRIBUTION HYMN

Wade in the Water

Refrain

All

Wade in the wa - ter, wade in the wa - ter, chil - dren,
wade in the wa - ter, God's a-goin'-a trou - ble the wa - ter.

Leader

All

- 1 See that host all dressed in white,
- 2 See that band all dressed in red, God's a-goin'-a trou - ble the
- 3 Look o - ver yon - der, what do I see?
- 4 If you don't be - lieve I've been re - deemed,

wa - ter. the lead - er looks like the Is - rael - ite.
looks like the band that . . . Mo - ses led.
the Ho - ly Ghost a - com - ing on me.
just fol - low me down to . . . Jor - dan's stream.

Refrain

God's a - goin' - a trou - ble the wa - - ter.

DISTRIBUTION HYMN

The Spirit Sends Us Forth to Serve

The musical score consists of three staves of music in G clef, 4/4 time, and B-flat key signature. The lyrics are integrated into the music, appearing below the staves. The score is divided into three sections by vertical bar lines, with the third section containing four stanzas of lyrics.

1 The Spir - it sends - us forth to serve; we go in
 2 We go to com - fort those who mourn and set the
 3 We go to be the hands of Christ, to scat - ter
 4 Then let us go to serve in peace, the gos - pel

Je - sus' name to bring glad tid - ings
 bur - dened free; where hope is dim, to
 joy like seed and, all our days, has to
 to pro - claim. God's Spir - it to em -

to share the poor, God's fa - vor to pro - claim.
 cher - a dream and help do the blind to see.
 pow - ish life, to to help do the lov - ing, sus', see.
 ered us; we go go in Je - name.

+BLESSING

The body and blood of Jesus Christ strengthen you and keep you in God's grace.

Amen.

+POST-COMMUNION PRAYER

Radiant God, we have seen your glory in the face of Jesus Christ. In the sacrament of his body and blood you have drawn us to your heart. Send us from this table with delight, that our lives may reflect the beauty of your love, and bear witness to all we have seen and heard, through Jesus Christ, our Savior and Lord.

Amen.

SENDING

+SENDING HYMN*Founded on Faith*

*Children and youth are invited to join the worship leaders as they recess
and gather at the rear of the sanctuary to share the dismissal.*



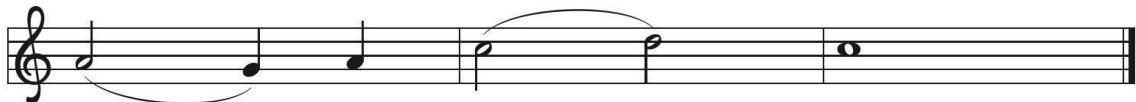
1 Found - ed on faith, the church— a - live by grace—
2 Your cross, O Christ, re - news our life each day.
3 E - quipped by prayer, we live the Spir - it's call.
4 Grow - ing in grace for God's cre - at - ed earth,
5 Found - ed on faith, called forth, em - pow'red to serve,



pro - claims the gos - pel here and ev - 'ry place.
Bap - tized in you, we learn and teach and pray.
Em - pow'red to serve with gifts, both great and small,
we yearn for jus - tice, peace, and hu - man worth;
we share God's end - less love with - out re - serve.



The word of God re - sounds through time and space:
Fed by your love, with thank - ful hearts, we say:
we bring the liv - ing hope of God to all.
a world re - stored; a faith - ful, car - ing church.
Then let us shout a - loud the liv - ing Word!



Al - le - lu - ia!

+BENEDICTION

May the God of Justice and Mercy
Remind you daily of your belovedness
Inspire you with new ways to love your neighbor and
Multiply your every effort towards peace and beloved community.

Amen.

+DISMISSAL

Go in peace. Love your neighbors.
Thanks be to God.

POSTLUDE

Cortege

L. Vierne

"To Christ Belong, in Christ Behold" Text: Susan R. Briehl, b. 1952. Music: WONDERS, Robert Buckley Farlee, b. 1950
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Psalm 29: Psalm refrain reproduced from 'Psalms for the Revised Common Lectionary' Michel Guimont
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"Living Water" Text: Jeannette M. Lindholm. Music: PLEADING SAVIOR, J. Leavitt's 'Christian Lyre', 1830
Text © 2021 Jeannette M. Lindholm, admin. Augsburg Fortress

"Come to Me, All Pilgrims Thirsty" Text: Delores Dufner, OSB, b. 1939
Music: BEACH SPRING, 'The Sacred Harp', Philadelphia, 1844; arr. 'Selected Hymns', 1985
Text © 1992, 1996 Sisters of St. Benedict. Arr. © 1985 Augsburg Fortress

"Wade in the Water" Text: African American spiritual. Music: WADE IN THE WATER, African American spiritual
"The Spirit Sends Us Forth to Serve" Text: Delores Dufner, OSB, b. 1939
Music: CHESTERFIELD, Attr. Thomas Haweis, 1734-1820. Text © 1993 Delores Duner, Published by OCP Publications

"Founded on Faith" Text: Paul D. Weber, b. 1949. Music: FOUNDED ON FAITH, Paul D. Weber
Text and music © 2017 Paul D. Weber, admin. Augsburg Fortress

HOLY TRINITY LUTHERAN CHURCH

2730 East 31st Street, Minneapolis, MN 55406

612-729-8358 ✉ htlcmpls.org

LITURGY: ACS SETTING TWELVE

WORSHIP PARTICIPANTS

Guest Preacher	Tre Tellor (he/them)
Presiding Ministers	Ingrid Rasmussen (she/her), Doug Mork (he/him)
Guest Organist	Brad Althoff (he/him)
Bulletin Cover Art	Ruby Atkinson
Crucifer	Noah Hines (he/him)
Cantor	Drew Lindorfer (she/her)
Assisting Minister	Nicki Hines (she/her)
Communion	Emma Murray (she/her), Ben Hanson (he/him), Peter Weiss (he/him), MA Martin (she/her)
Ushers	Kathy Hollander (she/her), Rod Johnson (he/him), Bob Peschiutta (he/him)
Altar Guild	Ginny Jordan (she/her), Mary Beth Beirwagen
Coffee Servers	Deb Anderson (she/her)
Counters	Annie Hines (she/her)
Closer	Rod Johnson (he/him)
Video Operator	Jeff Weiss (he/him)

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STAFF

Ingrid Rasmussen (she/her), *Lead Pastor*
David Larson-Martínez (he/him), *Associate Pastor (on sabbatical)*
Doug Mork (he/him), *Associate Pastor*
Kathy Ekwall (she/her), *Communications & Congregational Coordinator*
Nolan Gusdal (he/him), *Building Maintenance*
Phil Radtke (he/him), *Cantor*
Taryn Meyer (she/her), *Children, Youth, and Family Ministry Coordinator*
Kaia Ellis (she/her), *Financial Administrator*

STAFF, CONTINUED

Sue Roberts (she/her), *Publications Coordinator*
Edgar Alvarez (he/him), *Custodian*
Dana Simms (he/him), *Custodian*
Logan Olson (he/him), *Handbell Director*
Andrew Winfield (he/him), *Accompanist*

LEADERSHIP

Anne Beschnett (she/her), *Council President*
Sandra Hisakuni (she/her), *Council Vice President*
James Nysse (he/him), *Council Secretary*

C O M M U N I T Y I N F O R M A T I O N

GUEST PREACHER, TRE TELLOR

Holy Trinity member, Tre Tellor, comes from a family of sharecroppers and miners, where labor and community struggle were part of everyday life. Tre brings a lifelong commitment to social justice and a deep belief in liberation and dignity for all people through true democracy and shared power. Tre currently serves as the Worker Solidarity Coordinator for Centro de Trabajadores Unidos en la Lucha (CTUL), a Minneapolis-based, worker-led organization that builds worker power through organizing, education, and leadership development—supporting working people in winning back millions of dollars in unpaid wages and strengthening rights and protections across the Twin Cities.

WELCOME TARYN MEYER!

We are so excited to welcome Taryn Meyer (she/her) as our new Children, Youth, and Family Ministry Coordinator!

Taryn was raised in Caledonia, MN, where, from an early age, church and faith community were a significant part of her life. Today she is especially passionate about creating inclusive spaces where children, youth, and their families can experience belonging, safety, and joy.

Taryn graduated with a bachelor's degree from Hope College in Holland, Michigan, where she studied Psychology, Dance, and Exercise Science. She brings several summers of Bible camp and outdoor ministry experience, including work at Ox Lake Bible Camp, Camp Wapo, and as a Boundary Waters canoe guide and Family Camp Coordinator at Wilderness Canoe Base. These roles helped her grow as a leader who builds meaningful relationships, supports young people through challenges, and nurtures community in thoughtful and creative ways.

In addition to her ministry background, Taryn has experience in schools and youth programs, including working as a licensed substitute teacher and teaching dance to children and teens. These experiences have strengthened her ability to support young people with a wide range of learning styles and abilities—and she brings a deep commitment to creating spaces that are compassionate, affirming, and attentive to the diverse needs of our community.

Taryn also loves organizing and working behind the scenes. She brings strong skills in planning, building systems, and breaking big projects into manageable steps, especially in ways that empower volunteers and invite many hands into shared ministry.

Whether she's in a canoe in the Boundary Waters or in the gym at Holy Trinity, Taryn looks forward to meeting you and spending time with you! We will install Taryn in worship on Sunday, January 18.

PICK UP YOUR SEASONAL CALENDAR, BOOK, AND 2025 GIVING STATEMENT IN THE COMMUNITY ROOM

This Sunday, congregants are invited to pick up their seasonal calendars, which share about congregational happenings from January through May. Along with the calendar, each household will also receive a copy of our February all-congregation read, *The Power of Bridging: How to Build a World Where We All Belong* by john a. powell. In February 2026, we will lead a congregation-wide book group exploring powell's hopeful, practical vision for healing divides and nurturing belonging in a fragmented world. Together, we'll reflect on what it means to bridge across differences and practice simple, meaningful actions that strengthen connection in our daily lives. Thousands across the region have already joined this movement through the Bush Foundation's book club, and we're excited to add our voices to the conversation. Your 2025 giving statements are also included in the packet—thank you!

ROSES IN THE COMMUNITY ROOM (ALL MORNING)

Lake Street businesses are taking a real hit right now, and many of our neighbors—shop owners, workers, and families—are feeling the strain. This Sunday, we're responding with a small act of beauty and solidarity: we'll be selling roses from Miguel Sanchez at Mercado Central. Roses will be available with a sliding-scale donation of \$15–\$100, and proceeds will go toward immigration support. Come by, take home something lovely, and help keep Lake Street's resilience blooming.

NICOLAS JARAMILLO BEGINS VIDEO PROJECT ON DREAMS (10:00-12:00)

Remember when we wrote our dreams on little cards during December? Holy Trinity artist, Anna Kleven, is turning our dreams into an art piece that will hang in the church building and remind us that we follow a God who is more interested in tending our dreams than in fueling our despair. In addition to the art piece, over the next month or two, Nicolas Jaramillo—a local videographer and visual storyteller with Nigoja Productions—will be creating a video to share our dreams. With a background in community-centered filmmaking, Nicolas brings a collaborative spirit to every project, often amplifying voices that are underrepresented or overlooked. Grounded in the belief that storytelling can be a tool for connection and change, Nicolas uses his lens to highlight the beauty, complexity, and resilience within every community he serves. Bring your dreams—big or small—on Sunday and we'll start to collect them on video!

BIG MEETING AFTER WORSHIP TODAY

Curious about getting involved at church? Join us for Big Meeting Sunday, beginning Sunday, January 11. After worship, we'll gather in the Bartsch Room for lunch and committee meetings from 11:20 a.m.-12:30 p.m. (lunch provided). Everyone is welcome—whether you're on a committee already or simply interested in learning more. The first 10 minutes will include a shared congregational update, followed by committee conversations. Big Meeting Sundays happen on the second Sunday of each month. This month's committees include Immigration Committee, Children and Family Committee, Youth Committee, Financial Stewardship Committee, Nurturing Relationships Committee, Palestine/Israel Committee, and Adult Education Committee.

WINTER SMALL GROUP INVITATION: EXPLORE SPIRITUAL PRACTICES

THURSDAYS, JANUARY 15 AND 29, FEBRUARY 12 AND 26

Are you looking to deepen or refresh your spiritual life this winter? Join us for a four-week small group exploring a variety of spiritual practices—simple, grounding ways to connect more fully with God in everyday life.

Led by Grace Basler and Julie Cahoy, this group will meet every other Thursday in January and February. Meeting Dates: January 15, January 29, February 12, February 26. Each session will include time for reflection, sharing, and trying out a different practice together. Whether you're new to spiritual practices or hoping to grow, all are welcome.

Sign up in the Community Room by January 11. We hope you'll join us!

SUGARCANE SHOWING SUNDAY, JANUARY 18, 11:30 A.M.

Please join us in the Bartsch Room on Sunday, January 18, at 11:30 a.m. for a showing of the award-winning debut feature documentary from Julian Brave NoiseCat and Emily Kassie. *Sugarcane* is a groundbreaking investigation into an Indian residential school. Sign up in the Community Room.

GAME NIGHT SATURDAY, JANUARY 24

Holy Trinity members and friends of all ages are invited to an evening of fun competition playing favorite games and new games. Come and play from 5:30-8:00 p.m. The Nurturing Committee will provide pizza, drinks, and dessert. Bring your favorite game. Sign up in the Community Room by Sunday, January 18. Please contact Helen Norheim with any questions.

ANNUAL MEETING SUNDAY, JANUARY 25, 11:00 A.M.

Following the 10:00 a.m. service, all are invited to the gym for a free meal and the annual congregational meeting, as we celebrate the 122nd year of God's ministry through Holy Trinity Lutheran Church. We will review committee goals, elect new council members, and approve the 2026 budget. The annual meeting is also an opportunity for us to check on our progress made toward congregational goals.

NEW MEMBER ORIENTATION SUNDAY, MARCH 1

We invite interested persons to consider membership in this congregation. The orientation will be held from 9:00-10:00 a.m. in the Bartsch room. Breakfast will be served. There are no prerequisites; all are welcome. Please speak with Pastor Ingrid if you intend to come.

SILENT RETREAT WITH PASTOR INGRID AT PACEM IN TERRIS

THURSDAY-SATURDAY, MAY 14-16 (REGISTRATION DEADLINE IS MARCH 14)

Cost: \$280 (includes a basket of breads, cheese, and goodies to eat in your hermitage)

Silent retreats—extended periods of quiet, prayer, and reflection—are growing rapidly across the U.S. as people seek relief from constant connectivity and the pressures of daily life. In response to this deep spiritual hunger, we have reserved ten hermitages at Pacem in Terris, a serene retreat center located one hour north of Holy Trinity. Pacem in Terris is designed for those longing to rest, listen, and simply be. Participants will experience gentle structure for prayer, sitting or walking meditation, journaling, and unhurried rest. Free from small talk, eye contact, and digital interruption, retreatants often discover moments of unexpected grace. We have 8 rustic outdoor hermitages and 2 indoor accessible hermitages available. To participate, participants need to arrive by 4:00 p.m. on Thursday, May 14. Space is limited. Come rest in the quiet and renew your spirit. Sign up in the Community Room.

C H U R C H S C H E D U L E

Monday, January 12	6:30-8:00 PM	Adult Choir Rehearsal
Tuesday, January 13	11:00 AM	Worship Readings Discussion
Wednesday, January 14	5:00 PM 5:45-6:45 PM 5:45-6:30 PM 6:30-8:00 PM 6:30-8:00 PM 6:45-7:30 PM	Choir Families Meal Children's Choir Jubilation Youth Handbell Ensemble Gloria Ringers Supervised Gym Time Cantate
Thursday, January 15	7:00 PM	Exploring Spiritual Practices Small Group
Sunday, January 18	8:30 AM 9:00 AM 9:00 AM 10:00 AM 11:30 AM 12:00 PM	Family Coffee Hour Adult Forum Children and Youth Education Worship Service of Holy Communion Film Showing (<i>Sugarcane</i>) in Bartsch Room Swahili Service

ADULT FORUM

9:00 a.m. each Sunday in the Library

TODAY "Space to Process Trauma"

In this past week, Minneapolis has once again experienced the trauma of a neighbor being killed by those supposedly assigned to serve and protect our community. This on top of countless abductions, threats to immigrant and BIPOC communities, trans neighbors under direct attack...It's all been too much.

When things are overwhelming, it can be good to come together for support and to share the impact. Katie Murray, clinical psychologist, and Nicole Lange, certified acupuncturist and herbalist, are inviting you to meet from 9:00-9:50 to reflect on the impact of these events on your whole person and hopefully leave with a few strategies to regulate your nervous system in the face of collective trauma.

January 18 "Adult Forum with Pastors and Council Leadership"

Join us at 9:00 a.m. in the Library or on Zoom as we prepare for this year's annual meeting. There is a lot of business to cover during the annual meeting, which will be held following the 10:00 a.m. worship service on Sunday, January 25. Come and preview the meeting agenda with the pastors and Council representatives during the adult forum hour. Bring your questions!

D O N A T E

We are grateful for your donations that allow us to build community in this corner of Minneapolis and beyond!



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