



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, David Larson-Martínez, and Doug Mork, Pastors

JOIN US EVERY SUNDAY FOR WORSHIP SERVICE AT 10:00 A.M.

HTLC Children, Youth, and Family Faith Formation August 2025 Update

Following the stirring of the Spirit, we are excited to launch into a new year of faith formation at Holy Trinity! Last summer, Andrea Hansen and Dinkenesh Coltvét, our Children, Youth, and Family Spark positions, did great work setting us up for a year of meaningful faith formation.

Building on this foundation, this year's Spark position, Anna Helgen, helped us bring further clarity to the challenges of our current Sunday School model and helped us dream about a new structure that better supports teachers and allows for flexible teacher scheduling, honors differing family rhythms and experiences, and continues to nurture and strengthen faith in children, families, and the congregation.

Over the summer, Anna met one-on-one with pastors, music staff, teachers, some parents/caring adults, and some children and very quickly common themes emerged. We have shared hopes that children will experience this congregation (and Sunday School in particular) as a place of welcome and belonging, where they can ask questions and be themselves, where they will grow in relationship with peers and be nurtured in community. Caring adults in the congregation hope that children will engage with Bible stories, learn spiritual practices, and develop a faith that engages the world. There is a desire from both teachers and parents for more intergenerational events, further opportunities for service, and continued engagement with social justice. Children hope to have more movement in the gym (and more donuts!).

With input from all these groups, we are excited to share about the Spirit's work among us as we begin a new year of forming faith in community. Beginning this fall on Sunday mornings, we'll begin at 8:30am with breakfast and open gym time. Sunday School and Confirmation start at 9:00am in the gym with a large group opening, followed (most Sundays) with breakouts into classrooms (Trinity Village in the second-floor education suite and Confirmation in the

fourth-floor Sky Room). Godly Play will continue to begin at 9:00am in the second-floor education suite as has been our

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TENTH SUNDAY AFTER PENTECOST

READINGS

Jeremiah 23:23-29; Psalm 82;

Hebrews 11:29—12:2; Luke 12:49-56

MOMENTS OF LEARNING, JOY, GRATITUDE

Just after midnight on April 16th of 2024 a fire broke out in our attic just above where we were sleeping. Squirrels had chewed on wires causing a short that smoldered and then burst into flames. We heard, smelled, and saw nothing until firefighters pounded on our door to get us out. No smoke alarms went off. Another five minutes and flame would have fallen on top of us.

Since then, we've seen and learned a lot. Grace was present with the neighbor boy who was out late, saw the flames and called 911 saving our lives. Skill and speed were demonstrated by firefighters (in 7 trucks!) who extinguished the scorching flames with gallons of water. Encouraging words and meals sustained us from friends, family and fellow congregants from Holy Trinity. We learned the pros and cons of having a landlord in our temporary apartment (we could call but would he answer?). Out of necessity we found strength to manage feelings of disorientation, grief over losses and deep frustration when insurance challenged benefits clearly covered by our policy.

Abundant care and concern have come our way and we are acutely aware of our privilege. Many people in our country and abroad are forced from their homes with few resources and little hope of returning. We are grateful for our many blessings. Displaced people are in our prayers.

From standing in the street in our pajamas watching flames shoot from our roof to walking in the front door of a home that will again be ours we've come a long way. That brings great joy and gratitude.

~Libby and Keith Olstad

~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. We pray especially for **Chris Amundson**; **Tina** and **Neela**; Tracey Baubie's mom **ShaRon**; Jeff Olsen Biebighauser's mom **Jo**; **Rick Lathrop**; Breon Hutchins-Spratt's mom **Allison**; **Jenni Vaillancourt's** stepdad; **Mary Petersen**; Karen Batdorf's sister **Marie**; **Mike Kelly**; Katie Murray's mom **Pat**; **Josie Tober**; and the loved ones of Julie Cahoy's brother, **Mike McDonald**, upon his death.

PARISH INFORMATION

practice the last few years. During Advent and Lent, children of all ages will gather together as one large group and focus on a creative project for the season—preparing for the Christmas program in Advent and some yet-to-be-determined creative endeavor during Lent. Our hope is that other volunteers can take the lead during these two seasons, offering a break to our regular teachers and making space for new people to share their gifts in smaller periods of time. Wednesday evenings will continue as they have with a meal at 5pm followed by music rehearsals, open gym, and time to connect with one another.

Don't forget to register your child(ren) by filling out the form included in with the Seasonal Calendar (mailed earlier this week) and mailing it back to the church office using the enclosed self-addressed, stamped envelope. We'd like to have forms returned by September 1, 2025.

SUNDAY, SEPTEMBER 7—FAITH FORMATION (SUNDAY SCHOOL AND CONFIRMATION) KICK OFF

Breakfast & Play / 8:30 a.m.

Join us in the gym cafeteria for a light breakfast and hot coffee starting at 8:30 a.m. Children are welcome to play in the gym during this time. Please note: Adult supervision will not be provided, so parents and caregivers are expected to stay with their children until 9:00 a.m.

Faith Formation / 9:00–9:50 a.m.

- *Opening Time (9:00 a.m.):* All Sunday School and Confirmation students will begin together in the gym. *(This does not include Godly Play participants.)*
- *Godly Play (ages 4–5):* Meets in the second-floor education suite from 9:00 to 9:50 a.m.
- *Trinity Village (grades K–5):* Meets in the second-floor education suite from 9:20 to 9:50 a.m.
- *Confirmation (grades 6–9):* Meets in the fourth-floor Sky Room from 9:20 to 9:50 a.m.

WEEKEND REMINDERS

SUNDAY, AUGUST 17—MUSIC IN THE GARDEN



Join us for music and wood-fired pizza in the garden at 11:00 a.m. (immediately following the 10:00 a.m. service). It promises to be fabulous. All are welcome!

The artist for today is [John Swardson](#). Swardson is a true lyricist with [original songs](#) known to reach deep into the soul, delivered with a wry smile and unique brand of classic comfort. He does throw a few covers in here and there. You might be familiar with them if you liked the B sides of old 45's including "You Picked a Fine Time to Leave Me Lucille" and "Pancho & Lefty."

NOTE: If it's rains, we will be in the Bartsch Room.

THIS WEEK

KATHY EKWALL ON SABBATICAL UNTIL OCTOBER 13, 2025

Kathy Ekwall, Holy Trinity's Communication and Congregational Coordinator, will be on sabbatical from August 18 through October 13, 2025. Bob Hulteen, Sue Roberts, and Nioma Scott will be staffing the office in her absence.

TUESDAY, AUGUST 19—WORSHIP READINGS STUDY

Join Pastor David and congregants on Tuesdays at 11:00 a.m. in the youth library or on [Zoom](#) to study the assigned worship readings for the upcoming Sunday. Participants need not attend every session, and no prior bible experience is necessary (to join on [Zoom](#): Meeting ID: 872 7504 3389, Passcode: 336030).

WEDNESDAY, AUGUST 20—CHRIST BE OUR LIGHT: CHANTING THE PSALMS IN HOPE

Join Ann Schrooten on Wednesday evenings to lean into the ancient practice of chanting the psalms. Ann says, "In the coming days and weeks, our intention will be to sing through all 150 Psalms in order, beginning to end." Note: Beginning September 4, this group will meet on Thursdays at the same time.

WEDNESDAY, AUGUST 20—OUTDOOR YOGA WITH JAMES

James Orione believes that creating a space for everybody is very important. Society places many expectations and roles as to how, what, when, where, and why you are doing something instead of simply being. Through conscious movement connected to breath, you have an opportunity to learn how to be in this moment. Yoga is an opportunity to create, rediscover, and connect to the experience of being human and overcome the obstacles that stand in your path. Join us! Each 90-minute class begins at 7:00 p.m.

THURSDAY, AUGUST 21—ENCORE! AT TURTLE BREAD

Encore! meets monthly on the third Thursday of the month at 8:00 a.m. at Turtle Bread (4205 E. 34th St.). There is no agenda. Breakfast goes simply get to know one another.

EXTRA NOTES

SOUTH MINNEAPOLIS MEALS ON WHEELS—JOIN THE BOARD

South Minneapolis Meals on Wheels is looking for new members for their Board of Directors beginning in January of 2026. Holy Trinity is a member church within the organization and provides volunteers for meal delivery and some financial support. You do not need to have delivered meals to consider this opportunity. This year Holy Trinity has 2 people on the SMMOW Board - Mary Engen and Julie Cahoy. Please talk to either of us if you are interested. We also welcome people to help on one of our committees - Finance, Marketing/Fundraising, Board Development, and Operations Council.

SCHOOL SUPPLIES FOR LONGFELLOW STUDENTS

As school supplies go on sale, please think of Longfellow teen moms. Our goal is to fill 50 backpacks and donate them to the students at Longfellow High School. A good backpack is necessary since it also serves as a diaper bag.

Each backpack should be filled with 3 spiral notebooks, 3 folders, pens, pencils, erasers, pencil sharpener, highlighters, markers, colored pencils, scissors, hair ties, comb and hairbrush, hand sanitizer, lip balm, wipes, and a water bottle. The filled backpacks can be dropped off at the church office or on Zoe Martinez's porch by Friday, August 29. For More information, contact Zoe.

SAVE THE DATE

SUNDAY, AUGUST 24—SUMMER POP-UP CHOIR

Our final Pop-up Choir of the summer! Everyone is welcome, from those who can't commit to weekly rehearsals during the school year but have always wanted to sing to those who have sung in the choirs for years. (Family and friends who are visiting are also welcome!) Rehearse at 9:00 a.m. in the sanctuary for the 10:00 a.m. worship service. No preparation needed! This will be an intergenerational pop-up choir offering music accessible to both young and old.

SUNDAY, AUGUST 24—9TH ANNUAL INTERGENERATIONAL PICNIC AT WABUN PARK

As summer wanes, Holy Trinity families will gather for fun, food, and frolic at Wabun Picnic Area, 4655 46th Ave S, Minnehaha Fall Park. Plan to join us after worship (12:00-3:00 p.m.). Wabun Park features a covered gazebo, splash pad, and play ground. Sloppy joes, watermelon, and ice water provided; bring your own beverage and a dish to share. Sign up in the Community Room.

HOLY TRINITY DELIVERS MEALS ON WHEELS MONDAY-FRIDAY, AUGUST 25-29

Holy Trinity volunteers will deliver meals for South Minneapolis Meals on Wheels on Monday-Friday, August 25-29. Volunteers pick up meals at 11:15 a.m. at Nokomis Square (50th St. and 35th Ave. S). Meal delivery takes about one hour. Contact Mary Engen to sign up for part or all of the week.

RACIAL JUSTICE COMMITTEE HOSTS DISCUSSION THURSDAY, AUGUST 28, 5:30-7:00 P.M.

Turbulent times in our country challenge most of us and we look for signs of hope and potential for meaningful actions. While we know there are no quick fixes we watch for actions to make our nation more humane. What can I do, how will I find courage to act and when do I need to stay silent for my own safety?

Join us for a conversation about these questions on August 28 from 5:30 to 7 p.m. at Becketwood Undercroft with pizza and drinks provided. If you have time, read the [short article](#) by Cameron Trimble before the meeting. Copies are available in the Community Room.

BRIGHT STARS OF BETHLEHEM VIRTUAL GALA SEPT. 6

You are invited to join others in the Twin Cities for the Bright Stars of Bethlehem 6th annual virtual Gala! Enjoy the evening on Saturday, September 13, with new friends who strive to raise awareness and support for Dar al-Kalima University in Bethlehem, the first and only university of arts and culture in Palestine. All are welcome to the Watch Party at Edina Community Lutheran Church, 4113 W. 54th Street, Edina, Minnesota. Hosted by the Bright Stars of Bethlehem-Minnesota team. Doors open at 6:00 p.m. CDT for Palestinian appetizers, a short film by a DAK student, and conversation. The virtual Gala begins at 7:00 p.m., and the evening concludes by 8:30 p.m. Free parking is available in lots on both east and west sides of the building and on street. RSVP to Kathy Showalter Fiscus (kshowalter@planscapepartners.com / 612-599-4593) by Wednesday, September 10. Individuals can also participate in the virtual Gala from home by registering with Bright Stars online at <https://www.brightstarsbethlehem.org/gala>

SUNDAY, SEPTEMBER, 20—RISE UP FOR A SUN-POWERED PLANET!

Sun Day is a nationwide day of action on September 21, 2025, celebrating solar and wind power, and the movement to leave fossil fuels behind. We all know that clean energy is the only way. Solar energy is now the cheapest source of power on the planet – and gives us a chance to actually do something about the climate

crisis. But fossil fuel billionaires are doing everything they can to shut it down. We will build, rally, sing, and come together in the communities that we need to get laws changed and work done.

Here in Minnesota, the Twin Cities' Sun Day festival will feature inspiring music, theatrical performances, interactive activities, and exhibits, where the "solar-curious" (including families) can have fun while also exploring options for their own participation in the clean-energy revolution.

- **Date:** Sunday, September 21
- **Time:** 1:00–4:00 PM
- **Location:** The River Hub at Graco Park, [810 Sibley St. NE](#), Minneapolis, MN 55413

We're very excited to be holding the festival at Graco Park, Minneapolis' newest park, located on the Mississippi River in NE Minneapolis, with nearby parking, bus lines, and bike and walking paths. The festival will be one of the park's first big events. It's an ideal location for a Sun Day festival. The park has a net-zero building with a solar array, geothermal, and hundreds of native plants.

The Twin Cities' Sun Day is hosted by COPAL (Communities Organizing Latine Power and Action), the Sierra Club North Star Chapter, MNIPL (Minnesota Interfaith Power and Light), and Third Act Minnesota. Many other organizations will also be participating.

Bill McKibben, founder of Third Act and Sun Day, wrote an excellent [guest essay for the New York Times](#) where he lifts up the importance of acting collectively to keep advancing a clean energy future. Join us in acting collectively at the Sun Day Festival in September!

To make this festival a rousing success, we need volunteers now as well as the day of the event. There is lots to do. [Volunteer Link](#)

And please remember to [register here for the Festival](#) and receive updates as they are available.

ADULT FALL RETREAT OCTOBER 5-7, 2025

The Adult Retreat will be held at the Benedictine Center of St. Paul's Monastery in Maplewood from October 3 to 5. Our theme this year is "Building community starts with belonging. What are we called to do in response?" The rooms have two beds; shared rooms are preferred (two people to a room with a shared bath). \$110 total for the weekend for room and meals. Single rooms are an option (\$50 per night) after double rooms are filled. Scholarships are available. See Pastor David. Sign up in the Community Room by September 14.



WORSHIP PARTICIPANTS FOR SUNDAY, AUGUST 17, 2025, 10:00 AM

Preacher	Ingrid Rasmussen (she/her)
Presiding Minister	Ingrid Rasmussen (she/her)
Cantor	Andrea Hansen (she/her)
Altar Guild	Libby Olstad (she/her), Keith Olstad (he/him)
Crucifer	
Assisting Minister	Liz Conway (she/her)
Communion	Pam Blomgren (she/her), Lori Lathrop (she/her)
Ushers	Adam Lewis (he/him), Amber Lewis (she/her)
Coffee Servers	Join us for Music in the Garden
Counters	Pam Blomgren (she/her)
Closer	Bob Hulteen (he/him)
Video Operator	Jan Mehlhoff (she/her)



A successful bike ride this past Wednesday. What a beautiful evening with wonderful people.

Please join us for the next one, September 10. We'll meet at the church at 5:30 p.m. and ride for 10-15 miles, including a stop for a bite, a beverage, or ice cream! Sign up in the Community Room. (If it rains, we'll meet on Friday, September 12.)

PARISH EVENTS AUGUST 17-23, 2025

Sunday, August 17	10:00 AM	Worship Service of Holy Communion
	11:00 AM	Music and Lunch in the Garden
	12:00 PM	Swahili Service
Tuesday, August 19	11:00 AM	Worship Readings Discussion
Wednesday, August 20	7:00 PM	Christ Be Our Light: Chanting the Psalms in Hope
	7:00 PM	Yoga with James
Thursday, August 21	8:00 AM	Encore! at Turtle Bread

LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 10:00 a.m. Sunday service is available online at 9:55 a.m. You can access recordings of previous worship services [here](#).

