



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, David Larson-Martínez, and Doug Mork, Pastors

JOIN US EVERY SUNDAY FOR WORSHIP SERVICE AT 10:00 A.M.

CONFIRMATION SUMMER TRIP

It is only a few days since we returned from our Confirmation Summer Trip to Chicago, and my heart is swimming in memories of our time there. These trips are part of our curriculum which seeks to have our confirmands experience how people of faith put their beliefs into action. It is our hope that this allows students to stretch their travel wings, learn about what other people of faith are doing, and figure out how they want to live out their own faith journeys.

This year, our service experience trip was impacted by what is happening in the world around us. Initially, we were going to be leaning into a food and goods distribution site which serves underrepresented communities. However, in the last few weeks, this specific part of Chicago has experienced Immigration and Customs Enforcement ICE raids, and the community being served is living in fear. The organization is still meeting the needs of these folks, but the necessary shift meant that many people are simply not showing up in person. The aid is now being driven to homes and/or other safe(r) locations.

Our confirmands were able to experience a learning trip interspersed with some service components. The youth and chaperones have all mentioned that it was still a deeply meaningful experience, and I completely agree with them.

We took the Amtrak train from Saint Paul to Chicago, and we all were able to enjoy the train experience which got us to our hostel without delay. On Monday, our students had one of their two free days in Chicago, and we enjoyed a long boat tour along the Chicago River. On the tour we learned about the city's architecture and history. We then needed to make sure that we all had the groceries that we would need for the week, had really gotten settled into our hostel, and could set up some trip expectations for everyone.

On Tuesday we met at a historically Black congregation (First Immanuel Lutheran Church) and had the opportunity to learn from their elders who had lived in Chicago since the 1960s. This was after a morning spent learning at the DuSable Black History Museum and Education Center. Through these experiences our youth were able to grapple with the Black church's role in the Black liberation movement, and then meet folks in person who had lived through social upheaval. It was especially poignant to have our youth understand their own memories of the Minneapolis Uprising of 2020 with what the elders of the congregation's own experiences of the Watt's Riots in 1965. When you see our youth, I invite you to ask them about this!

(Continued on next page)

SEVENTH SUNDAY AFTER PENTECOST

READINGS

*Genesis 18:20-32; Psalm 138;
Colossians 2:6-15[16-19]; Luke 11:1-13*

MOMENTS OF LEARNING, JOY, GRATITUDE

If you have a moment you'd like to share, please send it to Kathy (kekwall@htlcmpls.org) and we will share them in the Community Church during the summer months.

Giving thanks for Carol Kelly. I had the opportunity to visit Carol the Wednesday prior to her death. She was dealing with some pain, but in good spirits and eager to visit. As I sat at her bedside, we reminisced about the many years we've known each other and activities and events we worked on together over the years. Such things as Jul Board dinners, funerals, annual meetings, and the opportunity sale. I was single and not quite 25 yet (and a bit of a wild child) when I bought my house, so Carol (and others) were eager to help me get settled. Carol and Carolyn Bjeland would set things aside for me as they were setting up for the Opportunity Sale, and advise me on what good deals these items were. I, of course, purchased all they suggested. Today, I still have some of those items and think of them both fondly when I use them.

As Carol and I visited, laughed, and remembered such fun times, we both got a bit teary eyed. She then stopped, took a deep breath, and proclaimed how grateful she was for the life she had lived and those she shared it with. She said it was important for her to spend whatever time left thanking people for being her friend, for being kind to her, and sharing in her journey. Thank you, Carol for accepting and loving me in all my messiness. What a blessing she was to so many and what a lesson in that moment; it was filled with love, learning, and gratitude.

~ Kathy Ekwall

~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. We pray especially for **Tina** and **Neela**; Tracey Baubie's mom **ShaRon**; Jeff Olsen Biebighauser's mom **Jo**; **Rick Lathrop**; Breon Hutchins-Spratt's mother **Allison**; **Jenni Vaillancourt's stepdad**; **Mary Petersen**; Karen Batdorf's sister **Marie**; **Mike Kelly**; Katie Murray's mom **Pat**; **Josie Tober**; the family of **Jack Hanson**, upon his death.

PARISH INFORMATION

On Wednesday and Thursday, we spent our days in the Humboldt neighborhood, which is the historically Puerto Rican neighborhood. Our youth learned about the folks who have called this area their home by spending mornings at the National Museum of Puerto Rican Arts and Culture as well as the Trans Chicago Empowerment Center. It was impactful to learn about the role that the Church has had in being a source of goodness as well as a source of pain for the majority Latino/a community. During this time, we were also able to help with some service projects at the historically Puerto Rican congregation (Trinidad Lutheran Church) led by the Reverend Eddie Rosas Fuentes. The confirmands did a fantastic job of engaging difficult conversations about the Christian faith. I invite you to ask them about it!

Of course, we did have a lot of fun too! In the evenings we had the opportunity to try Chicago style deep dish pizza, go to the SkyDeck at the Sears Tower, watch a live play at the Shakespeare Theatre on Navy Pier, walk along Michigan Avenue, explore the Chicago Riverwalk, visit the historically Mexican neighborhood of Pilsen, and see all the sites.

It is thanks to your love, prayer, and giving that we are able to have our youth travel on these trips. I encourage you to continue supporting this vital ministry!

~Pastor David

Enjoy more photos from the trip on page three.



WEEKEND REMINDERS

SUMMER POP-UP CHOIR SUNDAY, JULY 27

This is your second opportunity to sing as a choir in worship this summer. Everyone is welcome, from those who can't commit to weekly rehearsals during the school year but have always wanted to sing to those who have sung in the choirs for years. (Family and friends who are visiting are also welcome!) Rehearse at 9:00 a.m. in the sanctuary for the 10:00 a.m. worship service. No preparation needed!

WE NEED YOUR VOICE AS WE IMAGINE A NEW MODEL FOR SUNDAY SCHOOL AT HTLC!

Stop by the Community Room over the next few weeks to share your thoughts. What do you love about Sunday School? What would you change? Your responses will help us give thanks for the connections children are making today and dream together about the future of Sunday School. Interested in a one-on-one to share your ideas and experience? Reach out to Pastor Anna (anna.helgen@gmail.com) to schedule one.

THIS WEEK

TUESDAY, JULY 29—WORSHIP READINGS STUDY

Join Pastor David and congregants on Tuesdays at 11:00 a.m. in the youth library or on [Zoom](#) to study the assigned worship readings for the upcoming Sunday. Participants need not attend every session, and no prior bible experience is necessary (to join on [Zoom](#): Meeting ID: 872 7504 3389, Passcode: 336030).

WEDNESDAY, JULY 30—CHRIST BE OUR LIGHT: CHANTING THE PSALMS IN HOPE

If your spirit has been longing for an opportunity to pray and sing for God's redeeming love to prevail, consider joining Ann Schrooten on Wednesday evenings to lean into the ancient practice of chanting the psalms. Ann says, "We'll take up a handful of psalms each time we meet, surround ourselves with candlelight, and set aside a moment or two of silence and reflection following each psalm. In the coming days and weeks, our intention will be to sing through all 150 Psalms in order, beginning to end."

EXTRA NOTES

JOHN "JACK" HANSON CELEBRATION OF LIFE AUGUST 30

John "Jack" Hanson died on Sunday, July 6, after nearly two years of living with cancer. He was surrounded by the love of his beloved MaryAnn Sheets. A Celebration of His Life will be held at 1:00 p.m. on Saturday, August 30, at Minnehaha United Methodist Church (3701 East 50th Street, Minneapolis), just one block from Nokomis Square, where Jack and MaryAnn made their home. The location was chosen to make it easier for friends and neighbors to attend. The service is open to all; RSVPs are appreciated and may be sent to MaryAnn at (maryannsheets@icloud.com). Holy Trinity members are warmly invited to attend and give thanks for Jack's life. He was a man of deep love, quiet strength, and a fierce commitment to creation care—especially his passion for solar energy.

SCHOOL SUPPLIES FOR LONGFELLOW STUDENTS

As school supplies go on sale, please think of Longfellow teen moms. Our goal is to fill 50 backpacks and donate them to the students at Longfellow High School. A good backpack is necessary since it also serves as a diaper bag. The filled backpacks can be dropped off at the church office or on Zoe Martinez's porch by Friday, August 29.

Each backpack should be filled with 3 spiral notebooks, 3 folders, pens, pencils, erasers, pencil sharpener, highlighters, markers, colored pencils, scissors, hair ties, comb and hairbrush, hand sanitizer, lip balm, wipes, and a water bottle. For more information, contact Zoe Martinez.

THANK YOU-HYGIENE KITS FOR NEW HOMELESS SHELTER

Thank you to all who gave so generously to the hygiene kits for the new homeless shelter. Thanks to your donations, Sharon Englund, Zoe Martinez, and Deb Sodt were able to assemble 50 hygiene kits and have some extra supplies left that we are able to donate to the shelter as well. Also thanks to a neighbor of Sharon for making the 50 drawstring bags used to assemble the kits.

WELCOME NEW EVENING CUSTODIAN

We are pleased to welcome Edgar Alvarez to the staff as evening custodian. He started training this week. Watch for a photo and bio in next week's newsletter and bulletin.

SAVE THE DATE

TUESDAY, AUGUST 5—KNITTING GROUP

Knitters (and crocheters!) are invited to bring their knitting or crochet projects to Holy Trinity on the first Tuesday of each month at 1:30 p.m. All are welcome to join in for needlework and conversation. For more information, contact Liz Blood (liz.bill.blood@gmail.com).

WEDNESDAY, AUGUST 6—OUTDOOR YOGA WITH JAMES

Regardless of who you are, what you look like, or whom you love, James Orione believes that creating a space for everybody is very important. Society places many expectations and roles as to how, what, when, where, and why you are doing something instead of simply being. Through conscious movement connected to breath, you have an opportunity to learn how to be in this moment. Yoga is an opportunity to create, rediscover, and connect to the experience of being human and overcome the obstacles that stand in your path. Join us!



If you have your own mats, blocks, blankets, straps, or bolsters, please bring them. We have more than enough for those who need them. Classes are free and open to everyone—members and non-members. Invite a neighbor. 90-minute class begins at 7:00 p.m.

SUNDAY, AUGUST 10—BIG MEETING AFTER WORSHIP

While it has been wonderful to have the ability to meet online for committee work, some committees have expressed a desire to meet in person on occasion. With our new worship schedule, we now have an opportunity to experiment with new offerings, including quarterly in-person gatherings. Each quarter, we will hold a Big Meeting after worship, starting at 11:30, with a simple lunch provided. Committees can decide whether to opt in based on their own needs and preferences. We look forward to the joy and connection of being together in person on Sunday, August 10, and Sunday, November 9, from 11:30 a.m.-12:30 p.m.

BIKE RIDE WEDNESDAY, AUGUST 13, 5:30 P.M. (RAIN DATE FRIDAY, AUGUST 15)

All are invited to the August HT group bike ride! This ride will be an easy 15-mile roll through Hidden Falls and Crosby Farm Parks. The loop will begin at church and end with a stop for ice cream nearby! Sign up in the Community Room.

SUNDAY, AUGUST 24—9TH ANNUAL INTERGENERATIONAL PICNIC AT WABUN PARK

As summer wanes, Holy Trinity families will gather for fun, food, and frolic at Wabun Picnic Area, 4655 46th Ave S, Minnehaha Fall Park. Plan to join us after worship (12:00-3:00 p.m.). Wabun Park features a covered gazebo, splash pad, and play ground. Sloppy joes, watermelon, and ice water provided; bring your own beverage and a dish to share. Sign up in the Community Room.



WORSHIP PARTICIPANTS FOR SUNDAY, JULY 27, 2025, 10:00 AM

Preacher	Jan Mehlhoff (she/her)
Presiding Minister	Ingrid Rasmussen (she/her)
Cantor	Phil Radtke (he/him)
Altar Guild	Amy Hanson (she/her), Aaron Hanson (he/him)
Crucifer	
Assisting Minister	Tre Teller (he/them)
Communion	Linda Berglin (she/her), Katy Benson (she/her), Aaron Hanson (he/him)
Ushers	
Coffee Servers	Joy Nelson (she/her), Nancy Madich (she/her)
Counters	
Closer	Bob Hulteen (he/him)
Video Operator	Bob Hulteen (he/him)

TUESDAY, JULY 29 11:30 – 1:00

OWAMNI & SOUP FOR YOU!

Soup For You Café @ Holy Trinity Lutheran Church • 2730 E 31st St, Minneapolis

Join us for a seasonal Indigenous soup by
guest chef **Sean Sherman** of **Owamni**



soup
for you! café



PARISH EVENTS JULY 27-AUGUST 2, 2025

Sunday, July 27	10:00 AM 12:00 PM	Worship Service of Holy Communion Swahili Service
Tuesday, July 29	11:00 AM 12:00-1:00 PM	Worship Readings Discussion Guest Chef, Sean Sherman at SFY!
Wednesday, July 30	7:00 PM	Christ Be Our Light: Chanting the Psalms in Hope

LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 10:00 a.m. Sunday service is available online at 9:55 a.m.
You can access recordings of previous worship services [here](#).

