



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, David Larson-Martínez, and Doug Mork, Pastors

JOIN US EVERY SUNDAY FOR WORSHIP SERVICE AT 10:00 A.M., YOUTH AND ADULT EDUCATION AT 9:00 A.M.

### Lent Theme–Receiving This Life: Practicing Our Deepest Belonging

*“The grace of God means something like: ‘Here is your life. You might never have been, but you are, because the party wouldn’t have been complete without you. Here is the world. Beautiful and terrible things will happen. Don’t be afraid. I am with you. Nothing can ever separate us. It’s for you I created the universe. I love you.’ There’s only one catch. Like any other gift, the gift of grace can be yours only if you’ll reach out and take it. Maybe being able to reach out and take it is a gift too.*

~Frederick Buechner, *Wishful Thinking: A Seeker’s ABC*

Our truest identity is that we belong to God and we belong to each other. This season we are practicing a kind of openness and receptivity to something we can’t conjure or create. We are suggesting a divine presence is holding everything—the painful and the pleasurable—in love and longing to connect with us.

Rabbi Simcha Bunim of P’shishka said, “Everyone should have two pockets, each containing a piece of paper. On one should be written, ‘I am but dust and ashes,’ and on the other, ‘For me the whole universe was created.’” From time to time, he said, we must reach into one pocket or the other. The secret of living comes from knowing when to reach into each.

Ash Wednesday is Wednesday, March 5. As the days slowly lengthen, we begin the holy season of Lent. The ashes we receive on our foreheads remind us that we, along with all of creation, are dependent on God’s grace. Services with the imposition of ashes will be held in the sanctuary at 12:00 p.m. and 6:00 p.m. Join us for a free soup supper in the Community Room at 5:00 p.m. We will then move into the sanctuary at 6:00 p.m. *Please note:* We are moving this one hour earlier so that our younger members can participate more easily. The Children’s Choir will serve as leaders at the 6:00 p.m. worship service.

On the subsequent Wednesday evenings in Lent (March 12, 19, 26, and April 2, 9), we will gather for soup supper in the Community Room from 6:00-6:50 p.m. The community then moves to the Bartsch Room at 7:00 p.m. for the Service of Evening Prayer, using the rich resources in Rev. Kara Root’s book *Receiving This Life* and singing Shalom Hill Farm’s beautiful liturgy entitled “Peace of the Prairie – A Liturgy for the Here and Now.” Each week we will explore a theme of

(Continued on next page)

## TRANSFIGURATION SUNDAY

### READINGS

Exodus 34:29-35; Psalm 99;

2 Corinthians 3:23-4:2, 42-50; Luke 9:28-36

### ADULT FORUM

Holy Trinity Adult Forums feature in-person presentations beginning at 9:00 a.m. on Sunday. The presentations are also available via [Zoom](#) (meeting ID:858 5687 1594; passcode:31787) for those unable to attend in person.

#### MARCH 2 “Now That I Am Old, What Do I Wish I Knew When I Was Young?”

Holy Trinity member, Joyce Besser, will open with a reflection on that theme and then lead us into sharing experiences, thoughts, questions no matter your age. What can we learn from one another? What is your faith history? What beliefs and understandings guide and help and support you in your daily life? How and what is God in your life today? We all perceive the presence of a holy one differently - as individuals, through various ages and stages; differently even as generations. How does church fit into all of this for you?

#### MARCH 9 “Police Accountability” Stacey Gurian-Sherman, Attorney

Join us at the Adult Forum on March 9th with Stacey Gurian-Sherman. Stacey is an attorney and advocate who lives in the Corcoran neighborhood and is a steering committee member with Minneapolis for a Better Police Contract, and the Ward 9 Commissioner for the Minneapolis Community Commission on Police Oversight (CCPO).

Stacey will talk about:

1. What has happened with police reform since the murder of George Floyd.
2. Address how the current state settlement agreement and pending federal decree mandate fits in with measures for police reform.
3. How community voices are being heard in steps to improve police accountability.

# PARISH INFORMATION

belonging, including: "Rest," "Being Rooted," "The Practices of Paying Attention," "Celebration," and "Hoping, Even If." Congregants will generously share reflections, and special musicians will join us throughout the season. People of all ages are invited to worship, though we honor that some of our youngest members may need to head home after soup.

Please join us!

With compassion,

Cantor Phil Radtke, Pastor Doug Mork, Pastor David Larson-Martínez, and Pastor Ingrid C. A. Rasmussen

## SOUP SUPPER HELP NEEDED DURING LENT WEDNESDAYS, MARCH 5, 12, 19, 26, AND APRIL 2, 9

For each Wednesday during Lent (beginning Ash Wednesday), four households are needed to prepare and serve enough soup for 30 people, one household is needed to prepare 4 boxes of Kraft macaroni and cheese, one person is needed to pick up bread by 2:00 p.m. at Laune Bread on Lake Street (preordered and prepaid), and volunteers are needed to set up and clean up each of these Wednesdays. Please sign up in the Community Room if you can help.

## ~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. We pray especially for especially **Dorothy Kelly; Rodolfo Estrada**, David Herrera's father, as he recovers from cornea surgery; **Betty Anderson; Carol Kelly; Jenni Vaillancourt's stepdad; Mary Petersen**; Karen Batdorf's sister, **Marie**; Pam Kildahl's sister, **Wendy; Mark Horning**, friend of Tony Wald; **Merlin Wells; George Madich; Mike Kelly; Rev. Amy Schifrin; Michael Scanlan; Aric Sorenson** and **Ty Inglis**; James Nysse's cousin, **Eric Steckling**; Katie Murray's mom **Pat**; Jan Mehlhoff's friend, **Margie Guelker**.

## WEEKEND REMINDERS

### SUNDAY, MARCH 2—NEW MEMBER ORIENTATION

We invite interested persons to consider membership in this congregation. The orientation will be held from 9:00-10:00 a.m. in the Bartsch room. Breakfast will be served. There are no prerequisites; all are welcome.

### SUNDAY, MARCH 2—SUNDAY SCHOOL AND CONFIRMATION MEET TODAY

Godly Play (children ages 4-5) meets in the second-floor education suite from 9:00-9:50 a.m.

Trinity Village (grades K-5) meets in the second-floor education suite from 9:00-9:50 a.m.

Confirmation (grades 6-9) meets from 9:00-9:50 a.m. in the Sky Room!

## THIS WEEK

### TUESDAY, MARCH 4—WEEKLY SCRIPTURE

#### READINGS STUDY

Join Pastor Doug and congregants on Tuesdays at 11:00 a.m. in the youth library or on Zoom to study the assigned worship readings for the upcoming Sunday. Participants need not attend every session, and no prior bible experience is necessary (to join on [Zoom](#): Meeting ID: 872 7504 3389, Passcode: 336030).

### WEDNESDAY, MARCH 5—KNITTING LESSONS FOR LONGFELLOW MOMS

Once a week you're invited to teach knitting to Longfellow High School students who are pregnant or parenting. Help students learn the basics of knitting and help with beginning knitting projects while getting to know students and the volunteer knitting teachers. Meets every Wednesday at 1:20 p.m. at Longfellow High School during the school year. For more information, contact Liz Blood ([liz.bill.blood@gmail.com](mailto:liz.bill.blood@gmail.com)). All volunteers need to complete a brief background check.

### WEDNESDAY, MARCH 5—ASH WEDNESDAY SERVICES AT 12:00 P.M. AND 6:00 P.M.

As the days slowly lengthen, we begin the holy season of Lent. The ashes we receive on our foreheads remind us that we, along with all of creation, are dependent on God's grace. Services with the imposition of ashes will be held in the sanctuary at 12:00 p.m. and 6:00 p.m. Join us for a free soup supper in the Community Room at 5:00 p.m. We will then move into the sanctuary at 6:00 p.m. Please note: We are moving this one hour earlier so that our younger members can participate more easily. The Children's Choir will lend us their voices at the 6:00 p.m. worship service.

### TUESDAY, MARCH 4—KNITTING GROUP

Knitters (and crocheters!) are invited to bring their knitting or crochet projects to Holy Trinity on the first Tuesday of each month at 1:30 p.m. All are welcome to join in for needlework and conversation. For more information, contact Liz Blood ([liz.bill.blood@gmail.com](mailto:liz.bill.blood@gmail.com)).

### THURSDAY, MARCH 6—BIG MEETING NIGHT

Pastoral and Council leadership will provide a very brief update at 6:45 p.m. to interested persons. All participants will be together for this update. (This is optional for participants.) The meeting time will be held from 7:00-8:30 p.m. Committees and working groups will be in their own break-out rooms for their meetings.

### PENUMBRA THEATER'S "PARADISE BLUE" FRIDAY, MARCH 7, 7:30 P.M.

The Racial Justice committee invites you to the Penumbra Theatre's performance of "Paradise Blue" on Friday, March 7, at 7:30 p.m. Tickets are \$30 for seniors (65+), \$35 for adults, and \$10 for students. It's a showstopper musical drama, with a Detroit black community fighting for its future after a bewitching stranger arrives with ready cash. This play is also about finding connection, love, redemption, and sanctuary. The Star Tribune rated this show as one of the 8 highly recommended shows this season. Sign up in the Community Room for one of 20 tickets!

## THIS WEEK CONTINUED

### SATURDAY, MARCH 8—BELLFEST! AT NORTH HEIGHTS LUTHERAN CHURCH IN ARDEN HILLS

BellFest! is an annual ringing festival for handbell ensembles, and a terrific way to perk up a long Minnesota winter. As many as thirty-five handbell ensembles (including Holy Trinity's Gloria Ringers) and all of their ringing equipment gather on a chosen Saturday to ring under the direction of a guest conductor. The repertoire, learned ahead of time, is rehearsed in this massed setting, and a concert for the public is performed in the afternoon. All are welcome to hear the concert at 3:00 p.m.

### SUNDAY, MARCH 9—DAYLIGHT SAVING TIME BEGINS



## SAVE THE DATE

### SUNDAY, MARCH 9— CONFIRMATION AND HIGH SCHOOL YOUTH BOWLING OUTING

All 6th-12th grade youth will join Pastor David and adult chaperones at Memory Lanes immediately following worship. We will depart from church at 11:00 a.m., bowl and eat lunch. Kids will be back at church for parent pick-up at 1:00 p.m.

### WEDNESDAYS, MARCH 12, 19, 26, APRIL 2, 9—LENT SOUP SUPPERS AND EVENING PRAYER SERVICES

Lent is a time of renewal, regeneration, and growth. Please join us on Wednesday evenings during Lent for the following opportunities:

- All are invited to partake in the Lenten suppers on Wednesdays from 6:00-6:50 p.m. in the Community Room. Free-will donations are accepted. Our Lenten Suppers are an opportunity for us to build beloved community.
- The community then gathers at 7:00 p.m. for the Service of Evening Prayer, where we sing and hear God's story read aloud. As a part of our Evening Prayer service, each week we will hear a church member or community member share a story from their own life on the theme of "Deepest Belonging." People of all ages are invited to worship, though we honor that some of our youngest members may need to head home after soup.
- Children's Choir will rehearse 5:45 to 6:30 p.m. while Jubilation Ringers will rehearse from 5:30 to 6:00 p.m. and Gloria Ringers will rehearse from 6:00 to 6:55 p.m.

### SATURDAY, MARCH 15—OVERCOMING WHITE SUPREMACY AND PRIVILEGE

Join us from 10:00 a.m.-12:30 p.m. for a morning with David Scherer and Joe Davis from the organization JustMove. *This workshop is designed for both those who identify as white AND those who identify as persons of color.* In the workshop we will:

1. Develop a deeper understanding of white body privilege and its effects on us.
2. Deepen our awareness of white supremacy cultural patterns and how to transform them into more liberating patterns.
3. Increase our awareness of our bodies and discover how to move from shared racialized trauma into healing and justice.
4. Build trust in multi-racial conversation.

David and Joe combine theoretical frameworks and practical tools along with creative pedagogical tools such as music, poetry, storytelling, and conversation.

Sign-up sheet is in the Community Room



Joe Davis

David Scherer

Sponsored by Holy Trinity's Racial Justice Committee.

### SATURDAY, MARCH 15—CHILDREN AND YOUTH CHOIR FESTIVAL

Singers in 1st through 12th grade are invited to be part of the Twin Cities Children and Youth Choir Festival held at Hennepin Avenue United Methodist Church. The elementary choir (grades 1-5) will work with Mari Espeland while 6th-12th graders will spend time with Dr. Jennaya Robison. Morning rehearsals will end with a 2:00 p.m. hymn festival that is free and open to the public. If your singer wishes to participate in the festival please contact cantor Phil for registration.

### THURSDAY, MARCH 20—ENCORE! AT TURTLE BREAD

Encore! (the group for members 50 years of age and older) meets monthly at 8:00 a.m. at Turtle Bread (4205 E. 34th St.). There is no agenda. Breakfast goes simply get to know one another. No sign up necessary.

### THURSDAY, MARCH 20—MONTHLY WORK DAY

Volunteer for the monthly workday on the third Thursday of each month to help with tasks like dusting, ironing, washing windows, painting, and more. Come for whatever amount of time you'd like and at any time that fits your schedule between 9:00 a.m. and 4:00 p.m. Sign up in the Community Room.

### SUNDAY, MARCH 23—POP-UP CHOIR

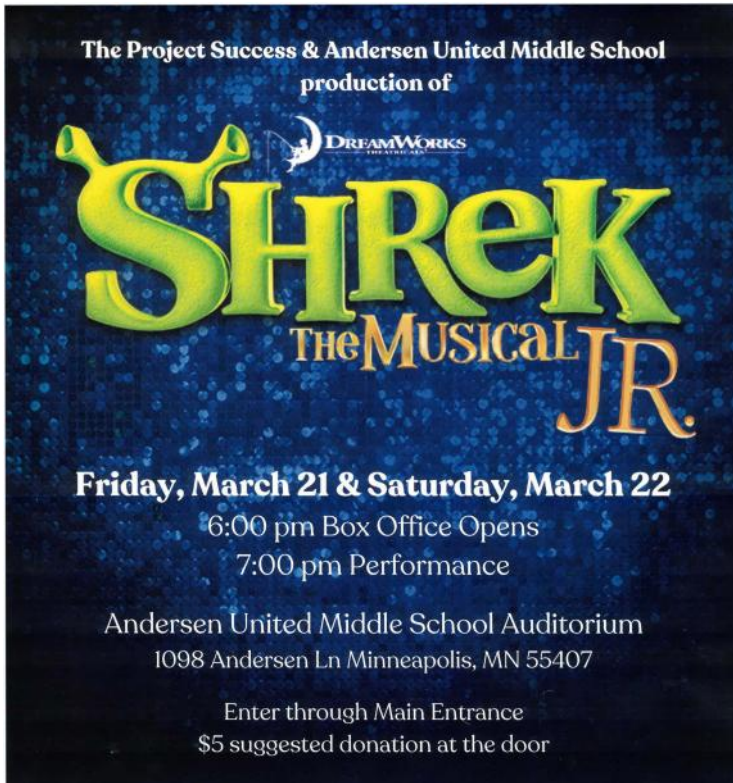
Here's your chance to sing in a choir. Everyone is welcome, from those who can't commit to weekly rehearsals but have always wanted to sing to those who have sung in the choirs for years. (Family and friends who are visiting are also welcome!) Rehearse at 9:00 a.m. in the sanctuary for the 10:00 a.m. worship service. No preparation needed!

# PARISH INFORMATION

## EXTRA NOTES

### FRIDAY, MARCH 21 AND SATURDAY, MARCH 22

Two of our confirmation students, Alice Welle and Francis Olson Biebighauser are involved in the production of Shrek The Musical Jr. and invite you to attend one of the performances.



The Project Success & Andersen United Middle School production of

**SHREK**  
THE MUSICAL JR.

Friday, March 21 & Saturday, March 22

6:00 pm Box Office Opens  
7:00 pm Performance

Andersen United Middle School Auditorium  
1098 Andersen Ln Minneapolis, MN 55407

Enter through Main Entrance  
\$5 suggested donation at the door

### SATURDAY, MAY 3, COME JOIN YOUR PASTORS AT SYNOD ASSEMBLY!

Want to spend a day with hundreds of Lutherans? Want to see what your peers in the other congregations of the Minneapolis Area Synod are up to? Want to help decide the direction of this synod? I thought so! Then volunteer to be a delegate to this year's Minneapolis Area Synod Assembly on Saturday, May 3, at Lord of Life Lutheran in Ramsey. Holy Trinity may send 3 lay delegates in addition to your pastors. It's an important opportunity to support all the good work of the synod and a great chance to connect with others in the larger church. Please email Pastor Doug ([dmork@htlcmpls.org](mailto:dmork@htlcmpls.org)) for more information or to volunteer. There is also a worship service the night before at Bethlehem Lutheran Twin Cities that all are welcome to attend.



*"Indeed, the body does not consist of one member but of many... If one member suffers, all suffer together with it; if one member is honored, all rejoice together with it." (1 Corinthians 12:26)*

## ADVOCATES FOR HUMAN RIGHTS



The Advocates for Human Rights (AHR) is working on a project called WATCH. This is a court monitoring project focused on gender based violence. They are holding a new comprehensive training for volunteers in a few weeks and would love to expand their volunteer base beyond law school students (and students generally). Below is a link to the training information, registration, and an information sheet on the program.

[https://www.theadvocatesforhumanrights.org/WATCH\\_Volunteer\\_Training](https://www.theadvocatesforhumanrights.org/WATCH_Volunteer_Training)

## AARP TAX AIDE—NOW-APRIL 9

AARP Tax Aide will again be available at Holy Trinity to provide assistance with 2024 tax preparation for seniors and low-income taxpayers. Tax assistance is available at Holy Trinity on Mondays and Wednesdays beginning Monday, February 3, 2025, and running until Wednesday, April 9. The procedures necessary to receive tax assistance will be the same as those used in 2024. The steps to take are described below. You will need an appointment to have your tax documents prepared at Holy Trinity.

**FOR APPOINTMENTS:** Call **612-567-2368** between the hours of 9:00-11:00 a.m. or 1:00-3:00 p.m. Mondays through Thursdays. When you call, please have your 2023 tax return available. PLEASE DO NOT CALL THE CHURCH OFFICE. They are unable to make appointments.

## Join CTUL on April 26th 10am-1pm Holy Trinity Lutheran Church.

Tickets are sliding scale with all funds going directly to our work, tickets are available at the door or get them in advance [here](#).



COME ENJOY GOOD FOOD AND COMPANY

## You're invited to the CTUL Pancake Brunch

Fundraiser Saturday April 26th  
10:00am-1pm at Holy Trinity  
Lutheran Church



## WORSHIP PARTICIPANTS FOR SUNDAY, FEBRUARY 23, 2025, 10:00 AM

<b>Preacher</b>	Doug Mork (he/him)
<b>Presiding Minister</b>	Ingrid Rasmussen (she/her)
<b>Crucifer</b>	
<b>Cantor</b>	Jodi Liedholm (she/her)
<b>Altar Guild</b>	Julie Cahoy (she/her), Tom Cahoy (he/him)
<b>Assisting Minister</b>	Rick Liedholm (he/him)
<b>Communion</b>	Dennis O'Brien (he/him), John Buzza (he/him)
<b>Ushers</b>	Kathy Hollander (she/her), Rod Johnson (he/him) Bob Peschiutta (he/him), Chris Amundson (he/him)
<b>Coffee Servers</b>	Connie Adams (she/her), Roberta Shaw (she/her)
<b>Counters</b>	
<b>Closer</b>	Rod Johnson (he/him)
<b>Video Operator</b>	Jan Mehlhoff (she/her)

### 2024 THRIVENT CHOICE® DOLLARS EXPIRE MARCH 31

Since 2010, over \$370 million has been distributed to churches, schools, and other nonprofits through Thrivent Choice®. Through this program, eligible members can recommend where Thrivent donates millions of charitable outreach dollars each year. Please consider recommending Holy Trinity for your Thrivent Choice Dollars.

### PARISH EVENTS MARCH 2-MARCH 8, 2025

Sunday, March 2	9:00 AM 9:00 AM 9:00 AM 10:00 AM 12:00 PM	Adult Forum Youth Education New Member Orientation and Breakfst Worship Service of Holy Communion Swahili Service
Monday, March 3	6:30-8:00 PM	Adult Choir Rehearsal
Tuesday, March 4	11:00 AM	Worship Readings Discussion
Wednesday, March 5	12:00 PM 5:00 PM 6:00 PM 7:00 PM	Ash Wednesday Service Soup Supper Ash Wednesday Service Gloria Ringers
Thursday, March 6	6:45 PM	Big Meeting Night

### LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 10:00 a.m. Sunday service is available online at 9:55 a.m. You can access recordings of previous worship services [here](#).

