



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, David Larson-Martínez, and Doug Mork, Pastors

JOIN US EVERY SUNDAY FOR WORSHIP SERVICE AT 10:00 A.M., YOUTH AND ADULT EDUCATION AT 9:00 A.M.

Family Retreat Reflections

It has become a Holy Trinity tradition that on President's Day Weekend, we gather for a Family Retreat. This past weekend, twenty-two people joined me at the YMCA Camp – St. Croix in Hudson, Wisconsin, for a time of relaxation, connection, and fun. It is thanks to the generous giving of the congregation that our families can enjoy this experience at an affordable rate (or free!), so we want to say thank you. We also want to encourage all new families to put President's Day Weekend 2026 (Friday-Sunday February 13-15) in their calendars. We would love to see the Family Camp grow to 30 attendees, at least, in the coming year!

As the staff wondered how to share more about what can be expected so as to build excitement for next year's Family Retreat, we decided to ask the attendees for some reflections. Julian Schroeder shares that he greatly enjoyed being able to bond with people who he does not normally bond with, play games with others, eat lots and lots of delicious snacks, and spend quality time with other families. As I read his words, I thought back to my favorite moment: We were all in the meeting space, the fireplace was crackling, some people were playing board games, other people were reading, both young and old were crocheting, and I could simply sit among them enjoying a cozy moment.



However, not all the time was spent cozying up by the fireplace. We also had the opportunity to do some rock climbing, others among us enjoyed cross-country skiing on fresh snow, and a few were able to sled down some hills. As Julian puts it, "... last but not least, [we] had an awesome

(Continued on next page)

SEVENTH SUNDAY AFTER EPIPHANY

READINGS

*Genesis 45:3-11, 15; Psalm 37:1-11
1 Corinthians 15:35-38, 42-50; Luke 6:27-38*

ADULT FORUM

Holy Trinity Adult Forums feature in-person presentations beginning at 9:00 a.m. on Sunday. The presentations are also available via [Zoom](#) (meeting ID:858 5687 1594; passcode:31787) for those unable to attend in person.

FEBRUARY 23 "Youth Recital"

Join us at 9:00 a.m. in the Bartsch Room or on Zoom as we celebrate the gifts of several of Holy Trinity's young people during our annual recital.

MARCH 2 "Now That I Am Old, What Do I Wish I Knew When I Was Young?"

Holy Trinity member, Joyce Besser, will open with a reflection on that theme and then lead us into sharing experiences, thoughts, questions no matter your age. What can we learn from one another? What is your faith history? What beliefs and understandings guide and help and support you in your daily life? How and what is God in your life today? We all perceive the presence of a holy one differently - as individuals, through various ages and stages; differently even as generations. How does church fit into all of this for you?

~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. We pray especially for especially **Dorothy Kelly; Rodolfo Estrada**, David Herrera's father, as he recovers from cornea surgery; **Betty Anderson; Carol Kelly; Jenni Vaillancourt's stepdad; Mary Petersen**; Karen Batdorf's sister, **Marie**; Pam Kildahl's sister, **Wendy; Mark Horning**, friend of Tony Wald; **Merlin Wells; George Madich; Mike Kelly; Rev. Amy Schifrin; Michael Scanlan; Aric Sorenson and Ty Inglis**; James Nysse's cousin, **Eric Steckling**; Katie Murray's mom **Pat**; Jan Mehlhoff's friend, **Margie Guelker**.

We celebrate with **Pat Lundquist**, who turns **95 years old** on Monday.

PARISH INFORMATION

dance party." On Saturday night we pushed all furniture off to the sides, turned on a speaker for the party playlist all had had a say in song requests, turned off normal light and turned on party lights, and blew up some glowing balloons. The kids (and some adults) joined in on an hour of dancing and generally having a grand time!

Finally, there is always time focused on faith. This year, I led my own *Theology of a Tortilla* mini workshop for the families. Julian mentions that "The tortillas were fun to make with the lesson Psalm 133: 'Behold. How good it is to work together in unity.' We spent the weekend together in community and learned about how God wants us to be in community. Things are better together!" Reflecting on all of this, his mom Katie Schroeder says, "There's something special about how some families have gone to this for years and it has become a bit of a beautiful winter tradition and cornerstone in our family traditions... it's really fun being able to watch kids from other families grow up. And feel like you're an adult in their lives too. It makes community that much more special."

I could not have said it better than that! We are so grateful for this time together and hope that new families will think about joining us in 2026. Please put it on your calendars and be on the lookout for information by December.

~Pastor David



WEEKEND REMINDERS

SUNDAY, FEBRUARY 23—SUNDAY SCHOOL AND CONFIRMATION SCHEDULE FOR TODAY

Godly Play (children ages 4-5) meets in the second-floor education suite from 9:00-9:50 a.m. In lieu of regular classes, Trinity Village and Confirmation students will all attend the Youth Recital today.

SUNDAY, FEBRUARY 23—YOUTH RECITAL

Join us at 9:00 a.m. in the Bartsch Room or on Zoom as we celebrate the gifts of several of Holy Trinity's young people during our annual recital. This will serve as our adult forum for the day.

SUNDAY, FEBRUARY 23—WASETI ENSEMBLE TO PERFORM

Waseti = We are Strong Enough to Inspire, performing in worship February 23. Waseti Ensemble is an inspirational vocal group that is committed to using their energy, gifts, and abilities to inspire all people, regardless of race, creed, or any other categorical differences. Currently consisting of nine vocalists: Donna Cooper, Lisa Olson, Kate Johnston, Jeenee Lee, Jessica Tamba, Ty Collins, Wayne Doe, Lloyd Cooper, and Sam Reeves. Their passion is compassion, and they eagerly anticipate many more labors of love, through the fine arts, to effectively be the change we need to see.

SUNDAY, FEBRUARY 23—IMMIGRATION RESPONSE TRAINING

We are holding two immigration know-your-rights training courses specifically related to our life together as congregations in this building. The training will last about 90 minutes.

11:00 a.m. (immediately following worship) in the Bartsch Room for Holy Trinity members and pre-registered allies with a few partner organizations

1:30 p.m. (immediately following the Swahili worship) in the Sanctuary for MN Swahili and Holy Trinity members only.

THIS WEEK

TUESDAY, FEBRUARY 25—WEEKLY SCRIPTURE READINGS STUDY

Join Pastor Doug and congregants on Tuesdays at 11:00 a.m. in the youth library or on Zoom to study the assigned worship readings for the upcoming Sunday. Participants need not attend every session, and no prior bible experience is necessary (to join on [Zoom](#): Meeting ID: 872 7504 3389, Passcode: 336030).

WEDNESDAY, FEBRUARY 26—KNITTING LESSONS FOR LONGFELLOW MOMS

Once a week you're invited to teach knitting to Longfellow High School students who are pregnant or parenting. Help students learn the basics of knitting and help with beginning knitting projects while getting to know students and the volunteer knitting teachers. Meets every Wednesday at 1:20 p.m. at Longfellow High School during the school year. For more information, contact Liz Blood (liz.bill.blood@gmail.com). All volunteers need to complete a brief background check.

WEDNESDAY, FEBRUARY 26—WEDNESDAY MEAL, CHILDREN'S CHOIR, AND OPEN GYM

Children's Choir meets from 5:45 to 6:45 p.m. and sings in worship every 4-6 weeks.

The Children, Youth, and Family Committee will offer a community meal from 5:00 to 6:00 p.m. each Wednesday that choirs are in session. After the meal, there will be an open gym time with adult supervision until 8:00 p.m. You need not be in choir to participate.

If you would like to help provide a Wednesday evening meal, please contact the office for more information or sign up in the Community Room.

THURSDAY, FEBRUARY 27—SISTERS' CAMELOT GROCERY DISTRIBUTION

Sisters' Camelot is a collectively run nonprofit founded in 1997 that is focused on food justice, waste reduction, sustainable living, community building, and youth education. They share free organic groceries and free organic meals with the community. They deliver groceries at Holy Trinity on the fourth Thursday of each month at 2:30 p.m. Distribution takes place outside by our pizza oven.



SAVE THE DATE

SUNDAY, MARCH 2—NEW MEMBER ORIENTATION

We invite interested persons to consider membership in this congregation. The orientation will be held from 9:00-10:00 a.m. in the Bartsch room. Breakfast will be served. There are no prerequisites; all are welcome. Please speak with Pastor David or Pastor Ingrid if you intend to come.

TUESDAY, MARCH 4—KNITTING GROUP

Knitters (and crocheters!) are invited to bring their knitting or crochet projects to Holy Trinity on the first Tuesday of each month at 1:30 p.m. All are welcome to join in for needlework and conversation. For more information, contact Liz Blood (liz.bill.blood@gmail.com).

WEDNESDAY, MARCH 5—ASH WEDNESDAY SERVICES AT 12:00 P.M. AND 6:00 P.M.

As the days slowly lengthen, we begin the holy season of Lent. The ashes we receive on our foreheads remind us that we, along with all of creation, are dependent on God's grace. Services with the imposition of ashes will be held in the sanctuary at 12:00 p.m. and 6:00 p.m. Join us for a free soup supper in the Community Room at 5:00 p.m. We will then move into the sanctuary at 6:00 p.m. Please note: We are moving this one hour earlier so that our younger members can participate more easily. The Children's Choir will lend us their voices at the 6:00 p.m. worship service.

THURSDAY, MARCH 6—BIG MEETING NIGHT

Pastoral and Council leadership will provide a very brief update at 6:45 p.m. to interested persons. All participants will be together for this update. (This is optional for participants.) The meeting time will be held from 7:00-8:30 p.m. Committees and working groups will be in their own break-out rooms for their meetings.

PENUMBRA THEATER'S "PARADISE BLUE" FRIDAY, MARCH 7, 7:30 P.M.

The Racial Justice committee invites you to the Penumbra Theatre's performance of "Paradise Blue" on Friday, March 7, at 7:30 p.m. Tickets are \$30 for seniors (65+), \$35 for adults, and \$10 for students. It's a showstopper musical drama, with a Detroit black community fighting for its future after a bewitching stranger arrives with ready cash. This play is also about finding connection, love, redemption, and sanctuary. The Star Tribune rated this show as one of the 8 highly recommended shows this season. Sign up in the Community Room for one of 20 tickets!

SATURDAY, MARCH 8—BELLFEST! AT NORTH HEIGHTS LUTHERAN CHURCH IN ARDEN HILLS

BellFest! is an annual ringing festival for handbell ensembles, and a terrific way to perk up a long Minnesota winter. As many as thirty-five handbell ensembles (including Holy Trinity's Gloria Ringers) and all of their ringing equipment gather on a chosen Saturday to ring under the direction of a guest conductor. The repertoire, learned ahead of time, is rehearsed in this massed setting, and a concert for the public is performed in the afternoon. All are welcome to hear the concert at 3:00 p.m.

MONDAY-FRIDAY, MARCH 10-14—HOLY TRINITY DELIVERS MEALS ON WHEELS

Holy Trinity volunteers will deliver meals for South Minneapolis Meals on Wheels on Monday-Friday, March 10-14. Volunteers pick up meals at 11:15 a.m. at Nokomis Square (50th St. and 35th Ave. S). Delivery takes about one hour. Contact Mary Engen to sign up for part or all of the week.

WEDNESDAYS, MARCH 12, 19, 26, APRIL 2, 9—LENT SOUP SUPPERS AND EVENING PRAYER SERVICES

Lent is a time of renewal, regeneration, and growth. Please join us on Wednesday evenings during Lent for the following opportunities:

- All are invited to partake in the Lenten suppers on Wednesdays from 6:00-6:50 p.m. in the Community Room. Free-will donations are accepted. Our Lenten Suppers are an opportunity for us to build beloved community.
- The community then gathers at 7:00 p.m. for the Service of Evening Prayer, where we sing and hear God's story read aloud. As a part of our Evening Prayer service, each week we will hear a church member or community member share a story from their own life on the theme of "Deepest Belonging." People of all ages are invited to worship, though we honor that some of our youngest members may need to head home after soup.
- Children's Choir will rehearse 5:45 to 6:30 p.m. while Jubilation Ringers will rehearse from 5:30 to 6:00 p.m. and Gloria Ringers will rehearse from 6:00 to 6:55 p.m.

SATURDAY, MARCH 15—OVERCOMING WHITE SUPREMACY AND PRIVILEGE

Join us from 10:00 a.m.-12:30 p.m. for a morning with David Scherer and Joe Davis from the organization JustMove. *This workshop is designed for both those who identify as white AND those who identify as persons of color.* In the workshop we will:

1. Develop a deeper understanding of white body privilege and its effects on us.
2. Deepen our awareness of white supremacy cultural patterns and how to transform them into more liberating patterns.
3. Increase our awareness of our bodies and discover how to move from shared racialized trauma into healing and justice.
4. Build trust in multi-racial conversation.

David and Joe combine theoretical frameworks and practical tools along with creative pedagogical tools such as music, poetry, storytelling, and conversation.

Sign-up sheet is in the Community Room

Sponsored by Holy Trinity's Racial Justice Committee.



Joe Davis

David Scherer

EXTRA NOTES

INDOOR PROPERTY WORK DAY SUCCESS!

Thank you to everyone who volunteered for the property work day yesterday. It was a great success. We had about 8 volunteers throughout the day. Stairs were painted, tape remnants were scraped off walls, plants were repotted. The Mary Martha Room received a thorough cleaning, including the cabinet that had become a bit of a junk drawer. Much to Cantor Phil's delight, new chair tips were put on all the choir room chairs. A door from a room on third floor was sanded so it can be painted and reinstalled. Kathy Hollander painstakingly removed paint from a one of our round tables so that it can be used again. Caren and Roberta emptied the cabinets in the Shine-Planker room (room opposite the sacristy) that had become a catch all for a number of things. It's amazing how much stuff was in there.

Among all the hard work some fun, conversation, and connection happened too. The crew enjoyed coffee and donuts in the morning and pizza for lunch. It was a productive day.

As you may have read in the seasonal calendar, this was kickoff to our new monthly work day. We plan to host a monthly work day on the third Thursday of each month to help with tasks like dusting, ironing, washing windows, painting, and more. Watch the Community Church for a reminder each month and keep an eye out in the Community Room for sign up sheets. If you have a favorite task you like to do, let Kathy Ekwall know.

Thanks again to Bob Hulteen, Kathy Hollander, Rod Johnson, Carin Hiatt, Roberta Shaw, Pat Farris, Juliann Rohn, and Sheryl Udem for the good work yesterday.



WORSHIP PARTICIPANTS FOR SUNDAY, FEBRUARY 23, 2025, 10:00 AM

| | |
|---------------------------|--|
| Preacher | Ingrid Rasmussen (she/her) |
| Presiding Minister | David Larson-Martínez (he/him) |
| Crucifer | |
| Cantor | Andrea Hansen (she/her) |
| Altar Guild | Jean Swanson (she/her), Mary Engen (she/her) |
| Assisting Minister | Tom Skold (he/him) |
| Communion | Andrea Hansen (she/her), Dennis O'Brien (he/him) |
| Ushers | Sally Kohlstedt (she/her), David Kohlstedt (he/him), Bob Peschiutta (he/him), Chris Amundson (he/him) |
| Coffee Servers | |
| Counters | |
| Closer | John Sulzbach |
| Video Operator | Bob Hulteen (he/him) |

2024 THRIVENT CHOICE® DOLLARS EXPIRE MARCH 31

Since 2010, over \$370 million has been distributed to churches, schools, and other nonprofits through Thrivent Choice®. Through this program, eligible members can recommend where Thrivent donates millions of charitable outreach dollars each year. Please consider recommending Holy Trinity for your Thrivent Choice Dollars.

PARISH EVENTS FEBRUARY 23-MARCH 1, 2025

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|------------------------|--|---|
| Sunday, February 23 | 9:00 AM 9:00 AM 9:00 AM 10:00 AM 11:00 AM 12:00 PM 1:30 PM | Youth Recital in the Bartsch Room (serves as Adult Forum) Godly Play (children ages 4-5) Trinity Village and Confirmation students will attend the youth recital. Worship Service of Holy Communion Immigration Response Training Swahili Service Immigration Response Training |
| Monday, February 24 | 6:30-8:00 PM | Adult Choir Rehearsal |
| Tuesday, February 25 | 11:00 AM | Worship Readings Discussion |
| Wednesday, February 26 | 5:00-6:00 PM 5:45-6:25 PM 5:45-6:45 PM 6:00-8:00 PM 6:30-8:00 PM 6:45-7:30 PM | Choir Family Meal Jubilation Ringers Rehearsal Children's Choir Rehearsal Supervised Playtime in the Gym Gloria Ringers Rehearsal Cantate! Rehearsal |

LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 10:00 a.m. Sunday service is available online at 9:55 a.m. You can access recordings of previous worship services [here](#).

