



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, David Larson-Martínez, and Doug Mork, Pastors

JOIN US EVERY SUNDAY FOR WORSHIP SERVICE AT 10:00 A.M., YOUTH AND ADULT EDUCATION AT 9:00 A.M.

Community and Volunteering

Community, what does it mean? Community can mean and be so many things. The neighborhood you live in, a group you belong to, a community of friends, a community of faith, the dictionary definition: a unified body of individuals. Community sounds great in that sense, but sometimes it's hard to think of community when the country feels anything but unified. Uncertain times can make us feel anxious, alone, isolated, and cause us to back away from community. It's in those uncertain times though that we need community the most, a community where we can be seen, heard, and feel safe. I've always thought of community as a feeling, a sense of belonging, a sense of home, the beautiful thing about that is that we all have the ability to create community.

One of the many ways we can create community is through volunteering. Giving of our time and talents is so vital to life together. It's a way we can create a sense of belonging, a sense of purpose, a sense of understanding that as humans, we need each other. In big ways, in small ways, in all ways, we need each other. At our core, all of us want and need to feel like we belong, we are loved, we are needed and valued.

When there is so much happening in the world, it's hard to know what to do, how to help, it can all feel overwhelming. That is when we need to step into the things we can do and the gifts we can share. It can be as simple as saying hi to a new member at church, striking a conversation with a visitor, sharing your value and kindness to make someone else feel seen and valued. Volunteer for a Sunday worship role, bake communion bread, prepare a Wednesday evening meal for our youth and families, sign up to help with a soup supper during Lent, sign up for a property work day, deliver Meals on Wheels, help at Soup For You! or another organization or cause that feels right for you. These opportunities may not seem like they make much of a difference in the big picture, but they do. Let us look beyond the moment, beyond the task we are performing. When you volunteer for a Sunday worship role, you are helping create a space for people to lean into and explore their faith. When you volunteer for a property work day, you help maintain the space we share with many community organizations doing work that goes beyond our neighborhood and in some cases beyond our borders, when you deliver Meals on Wheels you are showing some of the most vulnerable among us they matter. All these things build community, create a sense of purpose, and a space of belonging for those you are serving and for you.

(Continued on next page)

FIFTH SUNDAY AFTER EPIPHANY

READINGS

Isaiah 6:1-8; Psalm 138

1 Corinthians 15:1-11; Luke 5:1-11

ADULT FORUM

Holy Trinity Adult Forums feature in-person presentations beginning at 9:00 a.m. on Sunday. The presentations are also available via [Zoom](#) (meeting ID:858 5687 1594; passcode:31787) for those unable to attend in person.

FEBRUARY 9 NO ADULT FORUM

All are invited to the pancake breakfast in the gym this morning.

FEBRUARY 16 "The Northland Beckons: An Illustrated Haiku Journey" Sandra Hisakuni, author

Holy Trinity member Sandra Hisakuni will be presenting on her book, *The Northland Beckons: An Illustrated Haiku Journey*.

HOLY TRINITY MEMBER GEORGE MADICH TURNS 100 YEARS OLD

George Madich turns 100 years old on February 12, 2025. If you would like to send him a greeting, you can mail it to:
George Madich, C/O Holy Trinity,
2730 E 31st St., Minneapolis, MN 55406.



~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. We pray especially for especially **Carol Kelly; Liz Blood; Jenni Vaillancourt's stepdad; Mary Petersen;** Karen Batdorf's sister, **Marie;** Pam Kildahl's sister, **Wendy; Mark Horning,** friend of Tony Wald; **Merlin Wells; George Madich; Mike Kelly; Rev. Amy Schiffrin; Michael Scanlan; Aric Sorenson and Ty Inglis;** James Nysse's cousin, **Eric Steckling;** Katie Murray's mom **Pat;** Jan Mehlhoff's friend, **Margie Guelker;** the family of **Sara Jensen,** whose sister is nearing end of life; the family of **George Murphy,** a member of Grateful Fed, Soup For You's house band, who died last week.

PARISH INFORMATION

I've been thinking about this article since Annual Meeting Sunday. The community happening in that space was beautiful to observe. Sharing ideas, feelings, discussing how to best serve the broader community. Even in the moments when differences of opinions were expressed, it was still a safe space to share those thoughts and opinions. Ironically, this week in our staff meeting, Pastor Ingrid introduced us the book *Community, The Structure of Belonging*, by Peter Block. As a staff, we will be diving into the pages of this book over the next several weeks. A couple of sentences on the back of the book stood out to me; *To achieve a deeper sense of connection and belonging, we need to change the narrative from one of deficiencies and entitlement to one of possibility and generosity. This is how community is created.* Without diving deeper into the book, that statement alone conveys much of what I've been pondering. Let us not be so overwhelmed by the enormity of the world that we are paralyzed from doing small things, for small things can lead to big things. Let us lean into possibility and generosity together, let us embrace each other, create a space of belonging, a feeling of home, let us continue to build community together.

~ Kathy Ekwall

"Everybody can be great because everybody can serve."

~Martin Luther King, Jr.

THIS WEEK

PANCAKE BREAKFAST THIS SUNDAY, 8:30 A.M.-12:00 P.M.

Join us for the pancake breakfast from 8:30 a.m. to 12:00 p.m. Our 6-12th grade youth (confirmation and high school students) and their families will host the event. This will be a fundraiser for youth service/learning/fun trips. Suggested donation for tickets is \$10.

BIG MEETING THIS SUNDAY AT 11:30 A.M.

While it has been wonderful to have the ability to meet online for committee work, some committees have expressed a desire to meet in person on occasion. With our new worship schedule, we now have an opportunity to experiment with new offerings, including quarterly in-person gatherings. Each quarter, we will hold a Big Meeting after worship, starting at 11:30. Feel free to grab a plate from the pancake breakfast in the basement and then join us. Interested congregants are invited to sit in. We look forward to the joy and connection of being together in person on Sundays, February 9, May 18, August 10, and November 9, from 11:30 a.m.-12:30 p.m. The following committees are meeting today:

Adult Education Committee (Chair: Randy Nelson)

The responsibilities of this committee include the following: formulating policies that will guide the educational programs of the congregation for adults (e.g., adult forums, Johnson Symposium, occasional travel seminars); coordinating the development of specific educational experiences in implementation of the policies; providing for the care of the library, purchasing appropriate materials, and encouraging library use.

Nurturing Relationships Committee (Chair: Helen Norheim)

The responsibilities of this committee include the following: coordinating the process through which members are integrated into the life, mission, and service of the congregation; supporting activities of special interest groups (e.g., Encore! First Fridays with Friends); coordinating efforts within the congregation for home-bound persons and those in special need (e.g., Lay Communion, Feeding the Spirit); providing for special congregational events that encourage relationship-building (e.g., retreats, game nights).

Palestine/Israel Committee (Chair: Mary Engen)

The Palestine/Israel Team's goal is to educate Holy Trinity's members on issues related to the history and present realities of the Palestinian and Israeli people and lands; advocate for national policies that promote peace with justice in the region; and coordinate engagement with congregational partners.

Youth Committee (Co-Chairs: Nicki Hines, Andrea Hansen)

The responsibilities of this committee include the following: coordinating educational programs for children and their parents from Grade 6 through Grade 12 (e.g., Confirmation, summer program, religious instruction); coordinating the process of recruiting and training persons to function as teachers in the congregation's educational programs for youth; reviewing and evaluating resources used in the educational programs for youth; providing programming to support, encourage, and equip the congregation in vocations as a parent or partner; coordinating occasional intergenerational opportunities (e.g., retreats, classes, concerts).

Committee on Financial Stewardship (Chair: George Henry) Meets monthly 7:00 p.m., Zoom

The responsibilities of this committee include the following: encouraging personal and corporate stewardship practices that are consistent with the teachings of the church; providing for interpretation of the work of the wider church and the use of benevolence monies; monitoring income and disbursements and provide for regular analysis and reporting of same to the congregation; supervising the insurance program of the congregation as it relates to properties and liability; providing for an annual review/audit of all financial accounts of the congregation and programs associated with it; coordinating the development of a budget for the congregation and its interpretation; making provision for the conduct of special authorized financial projects of the congregation; receiving and investing such monies, gifts, or bequests as are referred to the endowment fund by the Church Council with annual earnings from these investments allocated to the general budget of the church.

BIG MEETING BREAK OUT DISCUSSION THIS SUNDAY, 11:30 A.M.

You are warmly invited to a worship conversation today from 11:30 a.m. to 12:30 p.m. as we explore the theme **Our Deepest Belonging** for the season of Lent. This is a one-time opportunity to reflect together on how we might shape our worship through music, prayers, preaching, and visuals. Whether you have ideas to share or simply want to listen, your presence is welcome—no commitment to a committee required! Phil Radtke will moderate the discussion. Feel free to grab a plate from the pancake breakfast in the basement and then join us (location TBD). We hope you'll lend your voice as we seek to strengthen our shared worship life.

PARISH INFORMATION

SUNDAY, FEBRUARY 9—GODLY PLAY, SUNDAY SCHOOL, AND CONFIRMATION, NEW 9:00 AM START TIME

Godly Play (children ages 4-5) meets in the 2nd-floor education suite from 9:00-9:50 a.m.

Trinity Village (grades K-5) meets in the 2nd-floor education suite from 9:00- 9:50 a.m.

Confirmation (grades 6-9) meets from 9:00-9:50 a.m. in the Sky Room

TUESDAY, FEBRUARY 11—WEEKLY SCRIPTURE READINGS STUDY

Join Pastor Doug and congregants on Tuesdays at 11:00 a.m. in the youth library or on Zoom to study the assigned worship readings for the upcoming Sunday. Participants need not attend every session, and no prior bible experience is necessary (to join on [Zoom](#): Meeting ID: 872 7504 3389, Passcode: 336030).

WEDNESDAY, FEBRUARY 12—KNITTING LESSONS FOR LONGFELLOW MOMS

Once a week you're invited to teach knitting to Longfellow High School students who are pregnant or parenting. Help students learn the basics of knitting and help with beginning knitting projects while getting to know students and the volunteer knitting teachers. Meets every Wednesday at 1:20 p.m. at Longfellow High School during the school year. For more information, contact Liz Blood (liz.bill.blood@gmail.com). All volunteers need to complete a brief background check.

WEDNESDAY, FEBRUARY 12—WEDNESDAY MEAL, CHILDREN'S CHOIR, AND OPEN GYM

Children's Choir meets from 5:45 to 6:45 p.m. and sings in worship every 4-6 weeks.

The Children, Youth, and Family Committee will offer a community meal from 5:00 to 6:00 p.m. each Wednesday that choirs are in session. After the meal, there will be an open gym time with adult supervision until 8:00 p.m. You need not be in choir to participate.

If you would like to help provide a Wednesday evening meal, please contact the office for more information or sign up in the Community Room.

SAVE THE DATE CONTINUED

SUNDAY, FEBRUARY 16—ADULT FORUM: HOLY TRINITY MEMBER SANDRA HISAKUNI

Join us at 9:00 a.m. in the Library or on Zoom for the adult forum. Sandra Hisakuni will be presenting on her book, *The Northland Beckons: An Illustrated Haiku Journey*.

THURSDAY, FEBRUARY 20—INDOOR PROPERTY WORK DAY

Our building is used a lot! Come and help us with some tidying, sorting, purging, dusting, and other indoor work. Let's make it shine! We'll work from 9:00 a.m.-12:00 p.m. and from 1:00-7:00 p.m. Lunch will be provided at noon! There will also be pastries and coffee in the morning and snacks in the afternoon. Come for whatever amount of time you'd like and at any time that fits your schedule. Sign up in the Community Room. Please also note, this will be a kickoff to our new monthly work day. We plan to host a monthly workday on the third Thursday of each month to help with tasks like dusting, ironing, washing windows, painting, and more.

SUNDAY, FEBRUARY 23—YOUTH RECITAL

Join us at 9:00 a.m. in the Sanctuary or on Zoom as we celebrate the gifts of several of Holy Trinity's young people during our annual recital. Musicians and dancers are welcome to sign up as art and talent comes in many forms! This will serve as our adult forum for the day. Sign up in the Community Room by February 16. For more information or questions contact Phil Radtke.



SUNDAY, MARCH 2—NEW MEMBER ORIENTATION

We invite interested persons to consider membership in this congregation. The orientation will be held from 9:00-10:00 a.m. in the Bartsch room. Breakfast will be served. There are no prerequisites; all are welcome. Please speak with Pastor David or Pastor Ingrid if you intend to come.

PENUMBRA THEATER'S "PARADISE BLUE" FRIDAY, MARCH 7, 7:30 P.M.

The Racial Justice committee invites you to the Penumbra Theatre's performance of "Paradise Blue" on Friday, March 7, at 7:30 p.m. Tickets are \$30 for seniors (65+), \$35 for adults, and \$10 for students. It's a showstopper musical drama, with a Detroit black community fighting for its future after a bewitching stranger arrives with ready cash. This play is also about finding connection, love, redemption, and sanctuary. The Star Tribune rated this show as one of the 8 highly recommended shows this season. Sign up in the Community Room for one of 20 tickets!

SATURDAY, MARCH 15—OVERCOMING WHITE SUPREMACY AND PRIVILEGE

Join us from 10:00 a.m.-12:30 p.m. for a morning with David Scherer and Joe Davis from the organization JustMove. *This workshop is designed for both those who identify as white AND those who identify as persons of color.* In the workshop we will:

1. Develop a deeper understanding of white body privilege and its effects on us.
2. Deepen our awareness of white supremacy cultural patterns and how to transform them into more liberating patterns.
3. Increase our awareness of our bodies and discover how to move from shared racialized trauma into healing and justice.
4. Build trust in multi-racial conversation.

David and Joe combine theoretical frameworks and practical tools along with creative pedagogical tools such as music, poetry, storytelling, and conversation.

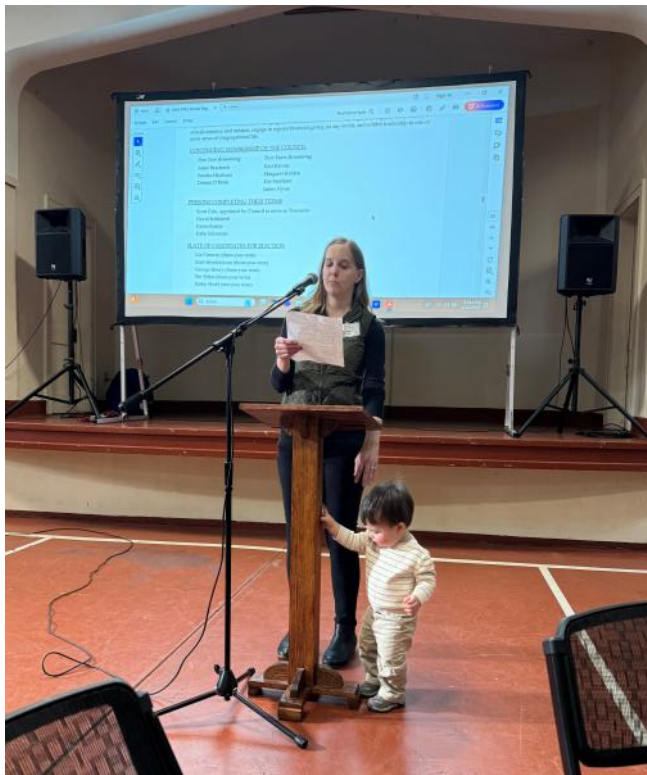
Sign-up sheet is in the Community Room or call the church office at 612-729-8358.

Sponsored by Holy Trinity's Racial Justice Committee

CELEBRATING COMMUNITY AND VOLUNTEERS

THANK YOU VOLUNTEERS

Holy Trinity couldn't function as it does without the hard work and support of lots of people, many of whom stay behind-the-scenes. We truly appreciate all of you, including the children and youth, parents, musicians, cooks, servers, the many worship ministry volunteers, our working groups and committees, the church council, the Sunday School and Confirmation teachers, and all of our members who support creating community. Together we make up the vibrant body of our living church! Enjoy some photos from the Annual Meeting.



A BEAUTIFUL CELEBRATION OF BUILDING COMMUNITY, CONGRATULATIONS TO SOUP FOR YOU! ON 10 YEARS OF FEEDING THE COMMUNITY...NOURISHING BODIES AND SOULS

On Friday, January 31, Soup For You! had a full house as they celebrated their 10th anniversary, including a visit from WCCO news. If you missed seeing the news story you can watch it [here](#). You can also listen to Chef Judah's interview on KFAI radio and the sounds of the SFY! house band, the *Grateful Fed*, [here](#).



WORSHIP PARTICIPANTS FOR SUNDAY, FEBRUARY 9, 2025, 10:00 AM

Preacher	David Larson-Martínez (he/him)
Presiding Minister	Doug Mork (he/him)
Crucifer	
Cantor	Caren Hiatt (she/her)
Altar Guild	Ginny Jordan (she/her), Mary Engen (she/her)
Assisting Minister	Rick Leidholm (he/him)
Communion	Roberta Shaw (she/her), Sean Gosiewski (he/him), Allison Johnson Heist (she/her)
Ushers	Julie Cahoy (she/her), Tom Cahoy (he/him), Bob Peschiutta (he/him), Chris Amundson (he/him)
Coffee Servers	Pancakes in the gym
Counters	Annie Hines (she/her)
Closer	Bob Hulteen
Video Operator	Bob Hulteen



SOMETHING TO MAKE YOU SMILE:

If you need to know what's happening at Holy Trinity, ask Samuel!

Samuel's new favorite "book"—the community calendar. Every day we go through the pages, identify the pictures, and play peekaboo with Pastor Doug and Pastor David. Who needs Brown Bear, Brown Bear?

PARISH EVENTS FEBRUARY 9-15, 2025

Sunday, February 9	8:30 AM-12:30 PM 9:00 AM 10:00 AM 11:30 AM 12:00 PM	Pancake Breakfast Children and Youth Education Worship Service of Holy Communion Big Meeting Swahili Service
Monday, February 10	6:30-8:00 PM	Adult Choir Rehearsal
Tuesday, February 11	11:00 AM 6:45 PM	Worship Readings Discussion Big Meeting Night
Wednesday, February 12	5:00-6:00 PM 5:45-6:25 PM 5:45-6:45 PM 6:00-8:00 PM 6:30-8:00 PM	Choir Family Meal Jubilation Ringers Children's Choir Rehearsal Supervised Playtime in the Gym Gloria Ringers Rehearsal
Friday, February 14		Family Retreat
Saturday, February 15		Family Retreat

LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 10:00 a.m. Sunday service is available online at 9:55 a.m.
You can access recordings of previous worship services [here](#).

