



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, David Larson-Martínez, and Doug Mork, Pastors

REFLECTIONS ON THE ADULT RETREAT AT ST. JOHN'S ABBEY

Fifteen members of the congregation gathered at the St. John's Abbey guesthouse. The weather was perfect for walking the trails around the lake, stopping at the small chapel at the end of the trail. This was my second retreat, but several others have attended many times. The weekend was full of opportunities – meals together, small group conversations where people connected, learned about each other, and shared interests, along with ample time for quiet contemplation and prayer.



The theme of the weekend was "Peace and Peacemakers". Dr. Aura Wharton-Beck (a former colleague of Zoe Martinez) facilitated sessions focused on "how storytelling can serve as a tool to find peace within ourselves, our families, and our community". One of the activities in the morning session was to write your own "I am" poem. Dr. Aura shared hers and gave us some other examples. This required us to think about how our life experiences can be revealed through poetry. Very different from providing the typical "where are you from, what did/do you do for work, etc.!" Our poems are a work in progress, but several people are getting together to share our poems in the next couple of weeks.



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TWENTIETH SUNDAY AFTER PENTECOST READINGS

Genesis 2:18-24; Psalm 8;
Hebrews 1:1-4; 2:5-12; Mark 10:13-16

ADULT FORUM

Holy Trinity Adult Forums feature in-person presentations beginning at 10:00 a.m. on Sunday. The presentations are also available via [Zoom](#) for those unable to attend in person.

October 6 "Conversation with Soup For You!"
Chef Judah

Chef Judah from Soup For You! will share his journey and how he landed in Minneapolis and started the Soup For You! Café. If you have not heard his story, we encourage you to join us. It's an inspiring journey.

October 13 "Stewardship Breakfast Celebration"
Grab a breakfast taco in the Community Room and then join us at 10:15 a.m. for a program to celebrate God's work through the ministry of Holy Trinity. You will be invited to commit financial support for our ministry in 2025. This gathering takes the place of the adult forum today.

FORUM ON INDIAN BOARDING SCHOOLS OCTOBER 13 AND 14

Grace University Lutheran in Minneapolis will have an Adult Forum on Indian boarding schools with two opportunities:

Sunday, October 13, 11:15 a.m.-12:30 p.m., at Grace, 324 Harvard St. SE, in the peace chapel. (See <https://graceattheu.org/contact-us-directions/directions-parking-map/>).

Monday, October 14, 7:00-8:15 p.m., on Zoom (Zoom link: <https://us02web.zoom.us/j/86069414273?pwd=TxXOuJSRCzuxKOi2GK3VSGmbhY6wnX.1>).

~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. We pray especially for Pastor David's cousins on the death of **Aunt Bertha Mendoza**; **Christine** and **Michael Scanlan** (Theresa Duty's brother); **Amy Johnson**; **Aric Sorenson** and **Ty Inglis**; James Nysse's cousin, **Eric Steckling**; Katie Murray's mom **Pat Wilson**; Jeff Olsen Biebighauser's mom **Jo**; **Juliet Williamson**; Jan Mehlhoff's friend, **Margie Guelker**.

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In addition to storytelling, there was a focus on music and the arts as ways to break down barriers and find common ground, and “change minds and hearts based on the human connection.” In the afternoon, Dr. Aura introduced us to her “Social Justice and Healing Pedagogy Framework” and left us to consider how we might apply these concepts to our Social Justice activities. Dr. Aura and her husband Joel created an interesting, interactive and meaningful experience. We are left with a lot to ponder.

Consensus was that it was a meaningful and fun weekend. Planning for next year, the group is hoping to include a guided tour of the St. John’s Illustrated Bible. Watch for next year’s retreat and sign up to join the spiritual and community experience!

~ Caren Hiatt, Holy Trinity Member



HAPPENING THIS WEEK

SUNDAY, OCTOBER 6—MINNESOTA WATER STEWARDS RAIN GARDEN PARTY

Celebrate Holy Trinity’s refreshed Rain Gardens and learn how you can help take care of them! Drop by Sunday, October 6, 12:00-1:30 p.m. Light refreshments will be served.

TUESDAY, OCTOBER 8—WEEKLY SCRIPTURE READINGS STUDY

Join Pastor Doug and congregants on Tuesdays at 11:00 a.m. in the youth library or on Zoom to study the assigned worship readings for the upcoming Sunday. Participants need not attend every session, and no prior bible experience is necessary (to join on [Zoom](#): Meeting ID: 872 7504 3389, Passcode: 336030).

NOMINATE A SPECIAL APPEAL FOR 2025

Each year, Holy Trinity identifies and authorizes special financial appeals for 2-3 organizations or efforts. Special appeals are characterized by being open ended (i.e., we give to the organization(s) what we receive), they are normally approved for just one year, and they are supported by a special appeal letter which is sent to all the giving households in the congregation.

The Financial Stewardship Committee and Church Council work together to select the organizations. They evaluate proposed organizations based on the organization’s relationship to or history with Holy Trinity; the connection between the organization and the goals of Holy Trinity; and the donation’s impact. They seek to achieve a balance between local and global giving.

If you have a 501(c)3 organization that you’d like to nominate, please contact one of the church’s standing committees and ask for support of your nomination. By tradition, the World Hunger of the ELCA has been included as one of the causes designated for a special appeal and therefore does not need to be submitted by a standing committee. Nominations will be accepted until November 11, 2024. Nominations, supported by a standing committee, may be emailed to Pastor Ingrid. The congregation will be informed of the 2025 special appeals at our annual meeting in January.

DISCOVERY OF GIFTS

As we prepare to ramp up with fall activities, move back to our two service worship schedule, and get closer to using our new information system, we’d like to remind you to fill out the

Discover of Gift survey. This is not only to help with matching volunteer opportunities with your gifts and interests, but it will help us set up the new system (REALM) with up-to-date and accurate information. You can complete the survey two ways:

1. Easy online format: <https://htlcmpls.org/discovery-of-gifts/>
2. In person: Fill it out during Sunday’s service and drop it in the offering plate or basket in the Community Room. If needed, we can mail you a hard copy, contact the office by email (kekwall@htlcmpls.org) or phone (612-729-8358).

SAVE THE DATE

SATURDAY, OCTOBER 12—OVERCOMING WHITE SUPREMACY AND PRIVILEGE

The Racial Justice committee will sponsor a workshop on October 12 on “Overcoming White Supremacy and Privilege”, 9:00-11:30 a.m. in the Bartsch Room. Through this engaging workshop, JUST move will provide interactive learning experiences designed to unpack how we respond to unearned white body privilege. Participants will:

- Develop a deeper understanding of white body privilege and its effects on us.
- Deepen their awareness of white supremacy cultural patterns and how to transform them into more liberative patterns.
- Increase our own awareness of our bodies and discover how to move from shared racialized trauma into healing and justice.
- Sharpen tools of breach-repairing in a white body. We will combine theoretical frameworks and practical tools along with creative pedagogical tools such as music,
- Poetry, storytelling, and conversation.

If you're teetering on whether or not to attend the October 12th workshop on "White Privilege and Supremacy" this short article ([Understanding the impact of white privilege and supremacy](#)) may encourage you to attend. Those of us who are white-bodied have much to learn. The workshop facilitators provide a safe and interesting place to expand our views and apply them to actions aimed at justice. Sign up in the Community Room.

~Libby Olstad, Racial Justice Committee

SATURDAY-SUNDAY, OCTOBER 12-13—CONFIRMATION RETREAT AT SHALOM HILL FARM

All youth alongside their parents/guardians and immediate family members are invited and highly encouraged to attend this retreat, especially first-year confirmands. All confirmands anticipating confirmation are expected to come to the retreat. We will gather for a weekend of connecting, learning, and rest.

PROPERTY WORK DAY THURSDAY, OCTOBER 17

Our property needs a little extra TLC as the weather changes. Come and help us with raking and bagging, weeding, and trimming. We'll work from 4:00 to 7:00 p.m. (Thursday, October 24 if rain). Sign up in the Community .

THURSDAY, OCTOBER 17 AND MONDAY, OCTOBER 28—TWO-PART SERIES ON CHRISTIAN NATIONALISM AND CHRISTIAN ZIONISM

In October the Adult Ed committee will host a two-part series on Christian Nationalism and Christian Zionism. In preparation for this series, you are invited to read Pamela Cooper-White's book *The Psychology of Christian Nationalism: Why People Are Drawn In and How to Talk Across the Divide*. There are a few copies of the book in the Community Room. Part one will be a discussion on Christian Nationalism, based on the book, Thursday, October 17, 7:00 p.m. Part two will be a discussion on Christian Zionism led by Teresa Butel, Monday, October 28, 7:00 p.m. Sign up in the Community Room.

BUILDING PARTNERS

SOUP FOR YOU! CLOTHES CLOSET DONATIONS NEEDED

Soup for You! will be operating a small clothes closet starting October 1st on Tuesdays and Thursdays in the gym. They are looking for donations of gently used winter items; coats, hats, gloves, socks, etc. This is something they did when they were located at Bethany and we wanted that to be able to continue here. You can drop off donations to the office anytime between now and October 1. Once the clothes closet is operating, we ask that you drop off donations on Tuesdays and Thursdays only. Feel free to contact the office (612-729-8358) if you have questions.



SOUP FOR YOU! IS LOOKING FOR MORE VOLUNTEERS

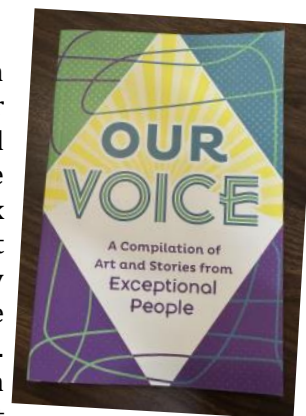
The addition of our newest building partner, Soup For You! has been successful, so much so, that they are in need of more volunteers. There was expectation that they would grow being in our space, but that growth has happened quicker than expected. They have been serving an average of 100 bowls of soup a day! This affirms the need for this service in our community. But with growth comes the need for more help. If you are interested in volunteering, please email the team (soupyou@ymail.com) or visit their website, soupyou.info. There are a variety of opportunities available from hosting and welcoming folks into the building, to meal prepping and serving, dishes, and more.

TUESDAY, OCTOBER 8—METRO WORK CENTER ANNUAL TALENT SHOW

Metro Work Center presents their 3rd annual Talent Show, Tuesday, October 8, 12:30-2:00 p.m. Join them for light refreshments and entertainment.

WEDNESDAY, OCTOBER 23—OUR VOICE PREMIERE PARTY

Metro Work Center along with partners have publish a book “Our Voice.” It’s a compilation of art and stories of exceptional people. The premiere party celebrating the book is October 23, 6:00-8:00 p.m. at Hopkins Center for the Arts. Holy Trinity’s library has a copy of the book now, available for check out. You can also contact Christina Nelson (CNelson@metroworkcenter.org) at MWC to purchase a copy.



These are great opportunities to get know and support our building partners. Both Soup For You! and Metro Work Center are non-profit organizations that support various needs of the broader community.

WORSHIP PARTICIPANTS FOR SUNDAY, OCTOBER 6, 2024

8:45 AM		11:00 AM
Ingrid Rasmussen	Preacher	Ingrid Rasmussen
Ingrid Rasmussen	Presiding Minister	Ingrid Rasmussen
Cathy Alpizar	Cantor	Cathy Alpizar
Ginny Jordan, Mary Engen	Altar Guild	Vicki Bergman
Karen Batdorf	Assisting Minister	Tom Skold
	Crucifer	Tre Tellor
Linda Berglin	Communion	Sue Roberts, Stephanie Sulzbach
Chuck Jordan, Chris Engen	Ushers	Kathy Hollander, Rod Johnson, Chris Amundson
	Coffee Servers	Ann White
	Counters	John Sulzbach
	Closer	Bob Hulteen
	Video Operator	Bob Hulteen

PARISH EVENTS OCTOBER 6-12, 2024

Sunday, October 6	8:45 AM	Worship Service of Holy Communion
	10:00 AM	Adult Forum
	10:00 AM	Youth Education
	11:00 AM	Worship Service of Holy Communion
	12:00 PM	Minnesota Water Stewards Rain Garden Party
	2:00 PM	Swahili Service
Monday, October 7	6:30-8:00 PM	Adult Choir Rehearsal
Tuesday, October 8	11:00 AM	Worship Readings Discussion
	2:30-2:00 PM	Metro Work Center Talent Show
	6:45 PM	Big Meeting Night
Wednesday, October 9	5:00-6:00 PM	Family Meal
	5:45-6:30 PM	Jubilation Handbell Ensemble Rehearsal
	5:45-6:45 PM	Children's Choir Rehearsal
	6:00-8:00 PM	Open Gym
	6:30-8:00 PM	Gloria Ringers Rehearsal
	6:45-7:30 PM	Cantate! Rehearsal

LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 11:00 a.m. Sunday service is available online at 10:55 a.m. You can access recordings of previous worship services [here](#).

