



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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DISCOVERY OF GIFTS

Today marks 30 years that I have worked for the church in various capacities. Most of those years part time as an evening and weekend custodian, some as an artist in residence, and now as the Communications and Congregational Coordinator. I'm not stating these things to talk about me, but to talk about you, the members of this congregation. The past few weeks you've heard a lot of talk about the Discovery of Gifts form and that's what I want to talk about, your gifts. For 30 years, I've had a unique vantage point to witness how your gifts help this congregation thrive.

For a congregation to survive, of course it needs staff; worship leaders, music directors, building and office staff. But for a congregation to thrive, it needs the people. The people are what make a church more than the building, more than a service on a Sunday, more than...

Sometimes we get into a trap of thinking we need to do big things to make an impact, but all things make a difference. When you give of your time and talents, your gifts, you are giving more, so much more.

When you bake treats or help serve at a funeral, you are more than the time you are giving. You are comfort for a grieving family. When you usher, you are more than the person handing out a bulletin, you are a welcoming face, inviting folks in to learn, grow and sometimes just be. When you help with Sunday worship, you are more than the words you read, the meal you prepare, the communion you serve. You are helping all that walk through the door find their place in their journey of faith. When you bake communion bread, you are more than the bread, the time, the ingredients, you are nourishment for a weary soul. When you teach a Sunday School class, you are more than the lesson, you are knowledge and experience, helping our youngest members discover and explore their faith. When you serve coffee, you are more than the liquid you pour, you are community, providing space and time for conversation. When you help in the gardens, planting, weeding, raking, you are more than the sweat on your brow, you are peace and beauty, creating a space for the neighborhood to enjoy. When you help organize and clean spaces in the building, you are more than the dust you clear, you are calm, providing clean and clutter free environments for congregational life to happen. When you knit a prayer shawl, you are more than the yarn pulling through your fingers, you are hope, hope for the person

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ELEVENTH SUNDAY AFTER PENTECOST READINGS

*Exodus 16:2-4, 9-15; Psalm 78:23-29;
Ephesians 4:1-16; John 6:24-35*

FEATURED MUSICIAN SPOTLIGHT

PAT FARRIS

Pat Farris began playing flute at age ten and has never stopped. She still plays the flute her grandmother purchased for her at age twelve, a fine Haynes flute. A trained Suzuki method teacher, she has taught dozens of students using that method as well as traditional approaches. She enjoys playing in most any setting – churches, offering recitals, bands and orchestras, community musicals, and accompanying a variety of vocal ensembles. In addition to the flute, Pat has played the bagpipes, baroque flute, the recorder and Irish tin whistle.

Each week of the summer we will hear a featured musician who is part of the Holy Trinity community that will share their musical talent in worship. Get to know them here! Interested in sharing your talent? Contact Cantor Phil Radtke (pradtke@htlcmpls.org).

REMINDERS

BOUNDARY WATERS TRIPS

Confirmation youth and chaperones leave for their Boundary Waters trip on Sunday, returning August 9.

The intergenerational Boundary Waters trip is August 9-13.

Let's keep both groups in our prayers and the explore the beauty of the BWCA.

~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. We pray especially for **Kathy Ohler**; **Arlene Helvig**, having surgery this week; **Susan Barry**; **Wayne Vetter**; **Shawn Barry**; **Pat Lundquist**; Katie Murray's mom **Pat Wilson**; Jeff Olsen Biebighauser's mom **Jo**; **Cori Gershon**; **Joyce Hanson**; **Juliet Williamson**; Jan Mehlhoff's friend, **Margie Guelker**; families in our community who endure hunger; those who seek asylum or citizenship, especially **Pastor David**; the family of **DeWayne Townsend, III**, whose funeral was held here this past week; the family of Ruth Petersen's friend **Joe Hughesdon** upon his death; **Arlene Mirelez**, who has entered hospice.

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carrying the shall that prayers will be answered.

Over the years I have witnessed so many examples of gifts that are more than the gift itself. I remember early on in my time here, we were having a planting day with the Sunday School kids. It was fun to watch as one of the volunteers was showing a young 4-year-old how to plant flowers and the amazement and joy on the child's face when they realized they could help flowers grow. What happened was more than that moment, it was the joy in learning the child carried with them beyond that day. I have a hundred more stories that speak to the impact the generosity of your gifts have and how they make a difference daily in the lives of others.

When I was presented with the opportunity to become the Communications and Congregational Coordinator, one of the things that made me decide to make the career change (other than Pastor Ingrid's persuasiveness) was knowing that I would be witness on a daily basis to actions that make a difference. Your generosity and gifts make a difference. Whether baking, picking up bread for a soup supper, dropping off diapers for a mother at Longfellow school, hosting a Cottage Meeting or a book discussion, it all makes a difference. It is all more than that moment.

Part of the process of the Discovery of Gifts form is to help us learn more about you, the gifts you have and how you'd like to share them. But it's also to help us learn what opportunities are meaningful for congregation members. How can we as the church enrich your life, provide education, community, and social events that speak to you. How can the church be more than just a place of worship? To close, I'm going to borrow some words I wrote at the end of last year. As individuals we can do things to find and share happiness, but as a community I feel we can do amazing things to bring wholeness to ourselves and those around us. Together we can be more than... for that I am grateful.

~ Kathy Ekwall

You can fill out a Discovery of Gifts form online (<https://htlcmpls.org/discovery-of-gifts/>), or pick up a paper copy on Sunday at church.

SOUP FOR YOU! IS LOOKING FOR MORE VOLUNTEERS

The addition of our newest building partner, Soup For You! has been successful, so much so, that they are in need of more volunteers. There was expectation that they would grow being in our space, but that growth has happened quicker than expected. They have been serving an average of 100 bowls of soup a day! This affirms the need for this service in our community. But with growth comes the need for more help. If you are interested in volunteering, please email the team (soupyou@ymail.com) or visit their website, soupyou.info. There are a variety of opportunities available from hosting and welcoming folks into the building, to meal prepping and serving, dishes, and more.

HAPPENING THIS WEEK

TUESDAY, AUGUST 6—WEEKLY SCRIPTURE READINGS STUDY

Join Pastor Doug and congregants on Tuesdays at 11:00 a.m. in the youth library or on Zoom to study the assigned worship readings for the upcoming Sunday. Participants need not attend every session, and no prior bible experience is necessary (to join on [Zoom](#): Meeting ID: 872 7504 3389, Passcode: 336030).

TUESDAY, AUGUST 6—KNITTING GROUP



Knitters (and crocheters!) are invited to bring their knitting or crochet projects to Holy Trinity on the first Tuesday of each month at 1:30 p.m. All are welcome to join in for needlework and conversation. For more information, contact Liz Blood (liz.bill.blood@gmail.com).

THURSDAY, AUGUST 8—LONGFELLOW SUMMER SING CONCERT

This second annual Summer Sing's music has centered around peace, worldly peace, inner peace, and the like. Join us at 7:00 p.m. for a time of sharing our music.

FROM CHEF JUDAH, SOUP FOR YOU!

Just wanted to share a meaningful engagement I had this week.

I went to the co-op to get a few things. On my way out, I passed a young woman who's often at that corner. In the past, I would just acknowledge her—sometimes say hi, but we never went beyond that. Today she wanted to talk. I'm not sure what it was about today that was different than the other days. She asked me how our move went. And how are we liking our new space? This surprised me because I didn't know she was aware of any of that.

Her name is Cassandra. She proceeded to tell me how, six years ago, she walked into Soup For You! She was alone, scared, and in a bad place. She told me she remembered that I was the one who served her. She felt that she was treated with kindness and respect and dignity. She mentioned that some people in the neighborhood were worried because they depended so much on Soup For You!, and we were moving away.

We had more discussion back-and-forth, and then I went on my way while she remained on the corner. This was heart-wrenching, and heartwarming. I think there are probably several morals to this fable, but one of them is: when we don't think people are paying attention or notice us, are we making any kind of impact at all?

Our Soup For You! community does pay attention, we are noticed, and we do make a meaningful impact in people's lives—especially the ones that are the most invisible in our society.

Feed, nourish, comfort. Let's keep on making the magic happen.

~Chef Judah, Soup For You!



SAVE THE DATE

CARING FOR CREATION SUMMER BOOK READ

The Caring for Creation Group is holding a book read on *The Good Ancestor: A Radical Prescription for Long-Term Thinking* by Roman Krznaric. This week we will meet at the home of Dave and Kathy Howe, 4224 24th Ave S. and discuss chapters 5, 6, and 7. August 7, 7:00 p.m. For questions call Dave Howe at (541-525-6778).

MUSIC IN THE GARDEN SUNDAY, AUGUST 11

Join us for music and wood-fired pizza in the garden at 11:00 a.m. (immediately following the 10:00 a.m. service). All are welcome! We are looking for more volunteers, sign up in the Community room if you are able to help. Our guest musician will be Nina Luna. (www.thisisninaluna.com/)



Nina Luna is, simply put, a force of nature. Born into the mystery of the hills of New England, raised on the spirit and the myths of the North Country in Minneapolis, she cut her teeth on legends of artists come before and forged her own path through the bright lights and dive bars of New York and Los Angeles. The unique influence of her bond with these places comes through in Luna's music—a natural mysticism and sacred sensuality combine with a lust for life

and a fiery edge into a shape-shifting alt-pop sound. Her lyrics are honest and vulnerable while her production is often cinematic and otherworldly, her voice at once ethereal and powerful. Like the elements, Nina Luna is hard to pin down and not so easy to define yet that captivating allusiveness is exactly what keeps the listener coming back for more.

HOLY TRINITY DELIVERS MEALS ON WHEELS AUGUST 12-16

Holy Trinity volunteers will deliver meals for South Minneapolis Meals on Wheels Monday-Friday, August 12-16. Volunteers pick up meals at 11:15 a.m. at Nokomis Square (50th St. and 35th Ave. S.). Meal delivery takes about one hour. Contact Mary Engen (engenmary@yahoo.com).

THURSDAY, AUGUST 15—ENCORE! AT TURTLE BREAD

Encore! meets monthly at 8:00 a.m. at Turtle Bread (4205 E 34th St.). There is no agenda. Breakfast goes simply get to know one another. No sign up necessary.

MONDAY-THURSDAY, AUGUST 19-22—VACATION BIBLE SCHOOL

Join us as we gather from 9:00 a.m. to 3:00 p.m. to learn important stories, songs, and themes in our Christian tradition! Participants will have the opportunity to try their hands at handbells, memorize scripture, and learn new songs as we talk about loving God and loving our neighbors. We will be using the ELCA's World Hunger *God's New Creation* curriculum. Adult volunteers are needed to help with child supervision, preparing / serving lunch, and pitching in as needed. Please consider donating your time, energy, and resources to make this a successful VBS. Children ages 7-12 are encouraged to participate. If your child is older, they can volunteer as helpers! To volunteer yourself, inquire about a child/youth volunteering, and/or to register your 7- to 12 year old please contact Pastor David (david@htlcmpls.org).

CELEBRATION OF LIFE FOR ALEX JURY AUGUST 22, 11:00 A.M.

Alex died very unexpectedly of a heart attack on May 7 at the age of 39. His wife, children, and brothers will be in town for a service in celebration of his life at Holy Trinity on Thursday, August 22, at 11:00 a.m. The Jurys extend a warm invitation to any Holy Trinity members who knew Alex and his family to celebrate his life on August 22. Contact Kathy in the office (612-729-8358) if you'd like to bake treats or help at the service.

SUMMER POP-UP CHOIR SUNDAY, AUGUST 25

Our final Pop-up Choir of the summer! Everyone is welcome. Rehearse at 9:00 a.m. in the sanctuary for the 10:00 a.m. worship service. No preparation needed! This will be an intergenerational Pop-up choir offering music accessible to both young and old.

SUNDAY, AUGUST 25—ALL CONGREGATION PICNIC AT WABUN PARK

As summer wanes, Holy Trinity families will gather for fun, food, and frolic at Wabun A Picnic Area, 4655 46th Ave S, Minnehaha Fall Park. Plan to join us at 12:00 p.m. and bring a dish to share for potluck. Sign up in the Community Room.

RING OUT MN

Ring Out! is a new group founded by Logan Olson, who also directs Holy Trinity's Gloria Ringers. Ring Out! is an LGBTQIA+ handbell ensemble with roots at Holy Trinity. The group will rehearse at Holy Trinity and share our bells. Auditions are Thursday, August 29, from 6:30 to 8:30 p.m. at Holy Trinity Lutheran Church. For more information about auditioning or other ways to support the organization, visit their website at ringoutmn.org.

COTTAGE MEETINGS

As you know, Cottage Meetings started happening in June and will continue through August. Zoe and Miguel Martinez hosted a wonderful lunch. It was said to be delightful and enjoyed by all. Sue and Bill Roberts hosted dessert and drinks. It was a lovely evening and great way to get acquainted with other congregants. We thank the hosts and attendees for participating in these important, more intimate gatherings. If you have not received an invitation to a gathering yet, one will be coming. If you missed one and would still like to attend, contact Kathy in the office.



WORSHIP PARTICIPANTS FOR SUNDAY, AUGUST 4, 2024

Preacher	Doug Mork
Presiding Minister	Ingrid Rasmussen
Altar Guild	Libby and Keith Olstad
Assisting Minister	Tom Skold
Crucifer	
Communion	Kathy Skold, Sue Roberts
Ushers	Sally and David Kohlstedt
Coffee Servers	Sue Roberts
Counters	Annie Hines
Closer	
Video Operator	David Larson-Martínez
Cantor	Caren Hiatt

WORSHIP LEADERS FOR SUNDAYS

We are looking for worship leaders for the summer months. One service at 10:00 a.m. through Labor Day weekend. Please sign up in the Community Room or the office (kekwall@htlcmpls.org).

We could use more folks on the volunteer list. Please contact the office (kekwall@htlcmpls.org) if you'd like more information on the roles available and how to get started. There are many opportunities; Altar Guild, Cantor, Usher, Crucifer, Assisting Minister, Communion Assistant, Coffee Server, Video Operator, Prayer Writer, Communion Bread Baker.

PARISH EVENTS AUGUST 4-AUGUST 10, 2024

Sunday, August 4	10:00 AM 2:00 PM	Worship Service of Holy Communion Swahili Service
Tuesday, August 6	11:00 AM 1:30 PM	Worship Readings Discussion Knitting Group
Wednesday, August 7	7:00 PM	<i>The Good Ancestor</i> Book Discussion at the home of Dave and Kathy Howe
Thursday, August 8	6:00-7:30 PM	Longfellow Summer Sing Concert

LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 10:00 a.m. Sunday service is available online at 9:55 a.m. You can access recordings of previous worship services [here](#).

