



ELEVENTH SUNDAY AFTER PENTECOST

AUGUST 4, 2024

HOLY TRINITY LUTHERAN CHURCH
MINNEAPOLIS

WELCOME TO ALL

*The people of Holy Trinity Lutheran Church wish to extend a special welcome to all visitors!
Please leave your name and phone number on the visitor card found in the pew.*

*We are committed to the inclusion of all people, with no exception. Therefore, we practice **open communion**, welcoming all to the table to receive the sacrament of Holy Communion.*

Children are full participants in this congregation's worship, educational, and community life! The Mary Martha Room is a quiet space for infants needing to nurse or to nap. For active toddlers, the Community Room has a Children's Corner with books and a table at which to play. Our ushers are ready to assist you in finding the place that best fits your family's needs.

***Accessible and all-gender restrooms** are located in the basement.*

***Single-use, all-gender restrooms** are located on the 1st floor.*

*For over forty years, this congregation has advocated for the **full welcome, inclusion, and equity** of lesbian, gay, bisexual, transgender, queer, intersex, and asexual (LGBTQIA+) Lutherans in all aspects of the church and the community. We invite all people into lives of authenticity, integrity, and wholeness.*

***Hearing assist devices and large-print bulletins** are available. Ask an usher if you are interested.*

*Our **services are livestreamed** on Vimeo and Facebook every week. The live shot includes the main floor of the sanctuary. Our members who watch from home love to see their friends at church! If for privacy reasons you prefer not to be on camera, the balcony is outside of the camera's range.*

*If you are seeking **pastoral care**, please speak to a pastor today.*

+invites the congregation to stand

Today's bulletin cover art is a photo of a quilt made by Sharon Englund.

About the artist: Sharon May Lynn Anderson Englund (80 years) has been sewing since childhood starting with styling doll clothes, then her own clothes and finally into making quilts in her home studio. After her family and certain friends were saturated with handmade quilts, she started making quilts for charity. In between that she enjoys making fiber art wall hangings and postcards. She appreciates her God-given talent and loves to be sharing it.

(Baptized, confirmed, married and probably will be buried at Holy Trinity where Grandfather John H. Anderson was a charter member and treasurer.)

GATHER

PRELUDE

Adagio from Duet #6, Op. 19
Pat Farris, flute

Stamitz

+GATHERING HYMN

Welcome Table

Please stand and face the cross at the rear of the sanctuary.

1 I'm a-goin'-a eat at the wel-come ta - ble,
2 I'm a-goin'-a feast on milk . . . and hon - ey,
3 I'm a-goin'-a wade 'cross Jor - dan's riv - er,

I'm a-goin'-a eat at the wel-come ta - ble, some of these days.
I'm a-goin'-a feast on milk . . . and hon-ey, some of these days.
I'm a-goin'-a wade 'cross Jor - dan's riv - er, some of these days.

I'm a-goin'-a eat at the wel-come ta - ble,
I'm a-goin'-a feast on milk . . . and hon - ey,
I'm a-goin'-a wade 'cross Jor - dan's riv - er,

I'm goin' - a eat at the wel-come ta - ble, some of these days.
I'm goin' - a feast on milk . . . and hon-ey, some of these days.
I'm goin' - a wade 'cross Jor - dan's riv - er, some of these days.

+GREETING

The grace of Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.
And also with you.

+HYMN OF PRAISE

Glo-ry to God, Glo-ry to God, Glo-ry to God in the
Last time, to Coda ⊕

high-est, Glo-ry to God, Glo-ry to God, and peace to God's peo-ple on
earth. _____ earth. _____ For

You a-lone are the Ho-ly One, You a-lone are the Lord,

You a-lone are the Most High, Je-sus Christ, with the Ho-ly

Spir-it, in the glo-ry ev-er-last-ing, A-men! _____

D.S. ⊕ *at Coda* ⊕ **Coda**

_____ earth. And peace to God's peo-ple on earth!

+PRAYER OF THE DAY

Manna in the desert...Loaves beyond counting...What is this? It is you, O God. You are like a baker, whose apron is covered in flour and whose oven wafts heavenly scents, providing us with the very Bread of Life. May our hungry hearts take, eat, and share your goodness with the world. **Amen.**

Please be seated.

WELCOME

WORD

FIRST READING

Exodus 16:2-4, 9-15

Word of God; word of life. **Thanks be to God.**

PSALM 78:23-29

Paul Nicholson

Refrain (First time: cantor, then all)



God rained man-na up - on them to eat.

God commanded the clouds above and opened the doors of heaven,
raining down manna upon them to eat and giving them grain from heaven.
So mortals ate the bread of angels. **Refrain**

The Lord caused the east wind to blow in the heavens and powerfully lead out the south
wind, raining down flesh upon them like dust and flying birds like the sand of the seas,
letting them fall in the midst of the camp and round about the dwellings.
So the people ate and were well filled, for God gave them what they craved. **Refrain**

SECOND READING

Ephesians 4:1-16

Word of God; word of life. **Thanks be to God.**

+GOSPEL ACCLAMATION

Alleluia, Alleluia



Al-le-lu-ia, Al-le-lu-ia. Your Word, O Lord is e -
ter - nal. Your faith - ful - ness en - dures - to - all gen - er -
a - tions! Al - le - lu - ia.

+GOSPEL READING

John 6:24-35

Word of God; word of life. **Thanks be to God.**

SERMON

+HYMN OF THE DAY

What Feast of Love



- 1 What feast of love is of-fered here, what ban-quet come from heav - en?
- 2 What light of truth is of-fered here, what cov - e - nant from heav - en?
- 3 What wine of love is of-fered here, what crim-son drink from heav - en?



What food of ev - er - last - ing life, what gra - cious gift is giv - en?
What hope of ev - er - last - ing life, what won - drous word is giv - en?
What stream of ev - er - last - ing life, what pre - cious blood is giv - en?



This, this is Christ the king, the bread come down from heav - en.
This, this is Christ the king, the sun come down from heav - en.
This, this is Christ the king, the sweet - est wine of heav - en.



Oh, taste and see and sing! How sweet the man - na giv - en!
Oh, see and hear and sing! The Word of God is giv - en!
Oh, taste and see and sing! The Son of God is giv - en!

With the whole people of God in Christ Jesus, let us pray for the church, those in need, and all of God's creation.

(silence)

O Wise One, your wisdom has been present in this world since its beginning. Pour out your wisdom into the hearts of the whole church, especially the newly baptized, lay leaders, deacons, pastors, and bishops. Merciful God,

Receive our prayer.

Holy God of all creation, you are the source of all life. Where the sun blazes hard and strong, bring a gentle breeze. Inspire us to protect the Boundary Waters, so that it may bless generations to come. Merciful God,

Receive our prayer.

Compassionate God, help government leaders of this world unite for peace and justice. We pray especially for Gaza, Haiti, Ukraine, and Sudan. Humble all who hold authority, that power is directed toward a more just society. Merciful God,

Receive our prayer.

Bread of life from heaven, you feed us. Fill all who hunger with needed nutrition and open our hearts to eliminate hunger in this world. Bless Soup for You. May we see a day when all are fed. Merciful God,

Receive our prayer.

Be near to those who suffer, especially Kathy Ohler; Arlene Helvig; Susan Barry; Wayne Vetter; Shawn Barry; Pat Lundquist; Katie Murray's mom Pat Wilson; Jeff Olsen Biebighauser's mom Jo; Cori Gershon; Joyce Hanson; Juliet Williamson; Jan Mehlhoff's friend, Margie Guelker; families in our community who endure hunger; those who seek asylum or citizenship, especially Pastor David; the family of DeWayne Townsend, III, whose funeral was held here this past week; the family of Ruth Petersen's friend Joe Hughesdon upon his death; Arlene Mirelez, who has entered hospice and all our beloved for whom death is near; and those we hold in our hearts or speak with our voices now *(the congregation may name loved ones in need of God's care)*. Merciful God,

Receive our prayer.

O Wisdom of truth, help us to understand your will for the church. Be with congregations experiencing transition, redevelopment, and the exciting yet frightening path of newness. May your wisdom be found at every step. Merciful God,

Receive our prayer.

You are invited to offer spoken petitions. At the conclusion of your petition, please close with "Merciful God," to which the congregation will respond, "Receive our prayer."

Receive our prayers and hopes, God of mercy and justice, as we pray in the name of Jesus the Christ. **Amen.**

MEAL

+PEACE

The peace of Christ be with you always.
And also with you.

You are invited to exchange words and signs of friendship and love with those around you.

OFFERING

Sheep May Safely Graze
Pat Farris, flute; James Nysse, clarinet

J. S. Bach

+OFFERTORY

Let the Vineyards Be Fruitful, Lord

Communion servers are invited to come forward at this time.

Let the _ vine - yards be fruit - ful, Lord, and fill to the brim our
cup of bless - ing. Gath - er a har - vest from the seeds that were sown, that
we may be fed with the bread_ of life! Gath - er the hopes and the
dreams of all, u - nite them with the_ prayers we of - fer, Grace our_ ta - ble with your
pres - ence, Lord, and give us a fore - taste of the feast to come!

+OFFERING PRAYER

God of mercy and grace, the eyes of all wait upon you, and you open your hand in blessing. Fill us with good things at your table, that we may come to the help of all in need, through Jesus Christ, our redeemer and guide. **Amen.**

+GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, O God, through our Savior Jesus Christ. He entered our world and our human story, revealing your love and showing compassion even to those who crucified him. On this day he overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

+SANCTUS

Ho-ly, ho - ly, ho - ly Lord, God of _ pow-er and
might. _____ Heav - en and earth are full of your glo -
ry, Ho - san - na _ in the high - est! _____
_____ Bless-ed is the one who comes in the name, who comes in the
name of the Lord. _____ Ho - san - na in _ the high -
est, Ho - san - na _ in the high - est! _____

+WORDS OF INSTITUTION

+LORD'S PRAYER

We pray together,

**Our Creator, Our Mother, Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever.

Amen.

+LAMB OF GOD

Lamb of God, you — take a-way the sin of the world, have
mer-cy on us. ———— Lamb of God, you —
take a - way the sin of the world, have mer - cy on
us. ———— Lamb of God, you — take a - way —
——— the sin of the world. ———
Grant — us ——— peace, Grant us peace.

Please be seated.

COMMUNION INVITATION

All are welcome at the table. This is Christ's table where no one is a stranger.

For those worshipping at home, hear these words spoken for you: The body of Christ given for you. The blood of Christ shed for you.

These are the gifts of God for the people of God. **Thanks be to God.**

Today's communion bread comes from local Lake Street bakery Halwo Kisma yo Bakery.

All are welcome at the table. Grape juice and gluten-free wafers are available upon request to the server.

An usher will direct you down the center aisle, where you can pick up a communion cup. You are invited to stand or kneel in front of the table, beginning from the middle and moving toward the outside. After you have received the bread and the wine, please return to your seat by way of the side aisle, where an usher will receive your communion cup.

If you wish to receive communion from your pew, please let an usher know.

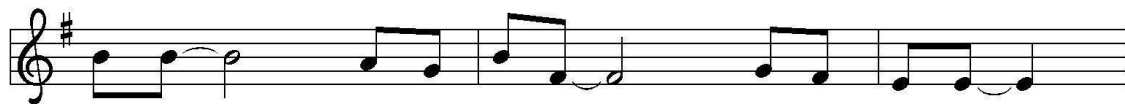
DISTRIBUTION HYMN

We Are All One in Christ

So - mos u - no en Cris - to, so - mos u - no. So - mos
 We are all one in Christ, we are one bod - y, all one



u - no, u - no so - lo. So - mos u - no en Cris - to, so - mos
 peo - ple out of man - y. We are all one in Christ, we are one



u - no. So - mos u - no, u - no so - lo.
 bod - y, all one peo - ple out of man - y.



Un so - lo Dios, un so - lo Se - ñor, u - na so - la
 There is one God, and on - ly one Lord; there is one



fe, un so - lo a - mor. Un so - lo bau - tis - mo, un so - lo Es -
 faith, one ho - ly love. There is one bap - tism; there is one



pí - ri - tu, y e - se es el con - so - la - dor.
 Spir - it, who is God the com - fort - er.

DISTRIBUTION HYMN

Christ, Our Peace

Christ, our peace, you break down the walls that di - vide us;

Christ, our peace, come, make us one bod-y in you.

The image shows a musical score for a hymn. It consists of two systems of music. Each system has a vocal line on a treble clef staff and a piano accompaniment line on a bass clef staff. The key signature is three flats (B-flat, E-flat, A-flat), and the time signature is 4/4. The lyrics are printed below the vocal line. The first system ends with a semicolon, and the second system ends with a period. The piano accompaniment features chords and moving lines that support the vocal melody.

+BLESSING

The body and blood of Jesus Christ strengthen you and keep you in God's grace.
Amen.

+POST-COMMUNION PRAYER

O God, as a mother comforts her child, so you comfort your people, carrying us in your arms and satisfying us with this food and drink, the body and blood of Christ. Send us now as your disciples, announcing peace and proclaiming that the reign of God has come near; through Jesus Christ, our Savior. **Amen.**

SENDING

+SENDING HYMN

Guide Me Ever, Great Redeemer

*Children and youth are invited to join the worship leaders as they recess
and gather at the rear of the sanctuary to share the dismissal.*



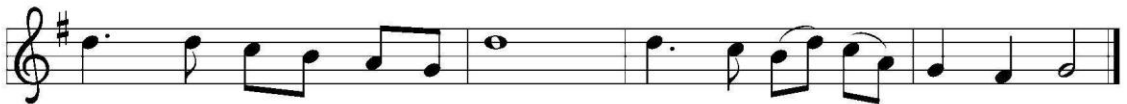
1 Guide me ev - er, great Re - deem-er, pil - grim through this
2 O - pen now the crys - tal foun-tain where the heal - ing
3 When I tread the verge of Jor - dan, bid my anx - ious



bar - ren land. I am weak, but you are might - y; hold me
wa - ters flow; let the fire and cloud - y pil - lar lead me
fears sub - side; death of death and hell's de - struc - tion, land me



with your pow'r - ful hand. Bread of heav - en, bread of heav - en,
all my jour - ney through. Strong de - liv - 'rer, strong de - liv - 'rer,
safe on Ca - naan's side. Songs and prais - es, songs and prais - es



feed me now and ev - er - more, feed me now and ev - er - more.
shield me with your might-y arm, shield me with your might-y arm.
I will raise for - ev - er - more, I will raise for - ev - er - more.

+BENEDICTION

May God bless you and keep you.
May God's face shine upon you and be gracious unto you.
May God look upon you with favor and give you peace.
Amen.

+DISMISSAL

Go in peace. Love your neighbors!
Thanks be to God.

POSTLUDE

Frieze Britches Jig
Pat Farris, flute

trad. Scottish

*At this time, you are invited to the Community Room
(located at the rear of the worship area) for a time of conversation and refreshments.*

*Inspired by a tune "Our House Is a Very Very Very Fine House" with Two Cats in the Yard quilt by Sharon Englund
"Welcome Table" Text: African American spiritual
Music: WELCOME TABLE, African American spiritual; arr. Mark Hayes, b. 1953. Arr. © 2003 Augsburg Fortress
Prayer of the Day written by Justin Lind-Ayres as part of the Holy Trinity Lutheran Church (Minneapolis, MN)
expansive prayer project. Used by permission.*

*Psalm 78: Psalm refrain reproduced from 'Psalm Settings for the Church Year: Revised Common Lectionary'
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*"What Feast of Love" Text: Delores Dufner, OSB, b. 1939. Music: GREENSLEEVES, English ballad, 16th cent.
Text © 1993 Delores Dufner OSB. Published by OCP Publications'*

*"We Are All One in Christ" Text: Anonymous; tr. Gerhard M. Cartford, 1923-2016. Music: SOMOS UNO, anonymous
English text © 1998 Augsburg Fortress*

*"Christ, Our Peace" Text: Marty Haugen, b. 1950. Music: CHRIST, OUR PEACE, Marty Haugen
Text and music © 2007 GIA Publications, Inc.*

*"Guide Me Ever, Great Redeemer" Text: William Williams, 1717-1791; tr. William Williams and Peter Williams, 1722-1796, alt.
Music: CMW RHONDDA, John Hughes, 1873-1932*

HOLY TRINITY LUTHERAN CHURCH

2730 East 31st Street, Minneapolis, MN 55406

612-729-8358 ☒ htlcmpls.org

LITURGY SETTING TODAY: *CUP OF BLESSING* by Rachel Trelstad Porter

WORSHIP PARTICIPANTS

Preacher	Doug Mork
Presiding Minister	Ingrid Rasmussen
Crucifer	
Cantor	Caren Hiatt
Assisting Minister	Tom Skold
Communion	Kathy Skold, Sue Roberts
Ushers	Sally and David Kohlstedt
Altar Guild	Libby and Keith Olstad
Coffee Servers	Sue Roberts
Counters	Annie Hines
Closer	

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The Cup of Blessing liturgy is reprinted by permission of its composer, Rachel Trelstad Porter.*

STAFF

Ingrid Rasmussen, *Lead Pastor*
David Larson-Martínez, *Associate Pastor*
Doug Mork, *Part-time Associate Pastor*
Kathy Ekwall, *Communications & Congregational
Coordinator*
Nolan Gusdal, *Building Maintenance*
Phil Radtke, *Cantor*
Kaia Ellis, *Financial Administrator*

STAFF, CONTINUED

Sue Roberts, *Publications Coordinator*
Erik Gerhardt, *Accompanist*
Dennis Nordholm, *Custodian*
Dana Simms, *Custodian*
Logan Olson, *Gloria Ringers Director*

LEADERSHIP

Katie Schroeder, *Council President*
Sandra Hisakuni, *Council Vice President*
Anne Beschnett, *Council Secretary*
Scott Cole, *Council Treasurer*

C H U R C H I N F O R M A T I O N

LONGFELLOW SUMMER SING CONCERT THURSDAY, AUGUST 8, 7:00 PM

This second annual Summer Sing's music has centered around peace (worldly peace, inner peace, etc.). Join us at 7:00 p.m. for a time of sharing our music.

MUSIC IN THE GARDEN AUGUST 11, 11:00 A.M.

Join us for music and food in the garden at 11:00 a.m. All are welcome!

HOLY TRINITY DELIVERS MEALS ON WHEELS AUGUST 12-16

Holy Trinity volunteers will deliver meals for South Minneapolis Meals on Wheels Monday-Friday, August 12-16. Volunteers pick up meals at 11:15 a.m. at Nokomis Square (50th St. and 35th Ave. S.). Meal delivery takes about one hour. Contact Mary Engen (engenmary@yahoo.com).

MONDAY-THURSDAY, AUGUST 19-22 – VACATION BIBLE SCHOOL

Join us from 9:00 a.m. to 3:00 p.m. to learn important stories, songs, and themes in our Christian tradition! Children ages 7-12 are encouraged to attend. Older children can volunteer as helpers. Adult volunteers are needed to help with child supervision, preparing/serving lunch, and pitching in as needed. To volunteer or register, contact Pastor David (david@htlcmpls.org).

CELEBRATION OF LIFE FOR ALEX JURY AUGUST 22, 11:00 A.M.

Alex died very unexpectedly of a heart attack on May 7 at the age of 39. His wife, children, and brothers will be in town for a service in celebration of his life at Holy Trinity on Thursday, August 22, at 11:00 a.m. The Juries extend a warm invitation to Holy Trinity members to celebrate his life with them.

SUMMER POP-UP CHOIR SUNDAY, AUGUST 25

Our final Pop-up Choir of the summer! Everyone is welcome. Rehearse at 9:00 a.m. in the sanctuary for the 10:00 a.m. worship service. No preparation needed! This will be an intergenerational Pop-up choir offering music accessible to both young and old.

ALL-CONGREGATION PICNIC AT WABUN PARK SUNDAY, AUGUST 25, 12:00 P.M.

As summer wanes, Holy Trinity families will gather for fun, food, and frolic at Wabun A Picnic Area, 4655 46th Ave. S., Minnehaha Falls Park. Plan to join us at 12:00 p.m. and bring a dish to share for potluck.

RING OUT MN

Ring Out! is a new group founded by Logan Olson, who also directs Holy Trinity's Gloria Ringers. Ring Out! is an LGBTQIA+ handbell ensemble with roots at Holy Trinity. The group will rehearse at Holy Trinity and share our bells. Auditions are Thursday, August 29, from 6:30 to 8:30 p.m. at Holy Trinity Lutheran Church. For more information about auditioning or other ways to support the organization, visit their website at ringoutmn.org.

C H U R C H S C H E D U L E

Monday, August 5	All day	Confirmation Youth in the Boundary Waters
Tuesday, August 6	All day 11:00 AM 1:30 PM	Confirmation Youth in the Boundary Waters Worship Readings Discussion Knitting
Wednesday, August 7	7:00 PM	<i>The Good Ancestor</i> Book Discussion at the home of Dave & Kathy Howe (ch. 5-7)
Thursday, August 8	All day 7:00 PM	Confirmation Youth in the Boundary Waters Longfellow Summer Sing Rehearsal
Friday, August 9	All day	Intergenerational Boundary Waters Trip
Saturday, August 10	All day	Intergenerational Boundary Waters Trip
Sunday, August 11	All day 10:00 AM 11:00 AM 2:00 PM	Intergenerational Boundary Waters Trip Worship Service of Holy Communion Lunch and Music in the Garden Swahili Worship Service

MUSICIAN SPOTLIGHT

PAT FARRIS, FLUTE

Pat Farris began playing flute at age ten and has never stopped. She still plays the flute her grandmother purchased for her at age twelve, a fine Haynes flute. A trained Suzuki method teacher, she has taught dozens of students using that method as well as traditional approaches. She enjoys playing in most any setting – churches, offering recitals, bands and orchestras, community musicals, and accompanying a variety of vocal ensembles. In addition to the flute, Pat has played the bagpipes, baroque flute, the recorder, and Irish tin whistle.