



# TWELFTH SUNDAY AFTER PENTECOST

AUGUST 11, 2024

HOLY TRINITY LUTHERAN CHURCH  
MINNEAPOLIS

## WELCOME TO ALL

*The people of Holy Trinity Lutheran Church wish to extend a special welcome to all visitors!  
Please leave your name and phone number on the visitor card found in the pew.*

*We are committed to the inclusion of all people, with no exception. Therefore, we practice **open communion**, welcoming all to the table to receive the sacrament of Holy Communion.*

*Children are full participants in this congregation's worship, educational, and community life! The Mary Martha Room is a quiet space for infants needing to nurse or to nap. For active toddlers, the Community Room has a Children's Corner with books and a table at which to play. Our ushers are ready to assist you in finding the place that best fits your family's needs.*

***Accessible and all-gender restrooms** are located in the basement.  
**Single-use, all-gender restrooms** are located on the 1<sup>st</sup> floor.*

*For over forty years, this congregation has advocated for the **full welcome, inclusion, and equity** of lesbian, gay, bisexual, transgender, queer, intersex, and asexual (LGBTQIA+) Lutherans in all aspects of the church and the community. We invite all people into lives of authenticity, integrity, and wholeness.*

***Hearing assist devices and large-print bulletins** are available. Ask an usher if you are interested.*

*Our **services are livestreamed** on Vimeo and Facebook every week. The live shot includes the main floor of the sanctuary. Our members who watch from home love to see their friends at church! If for privacy reasons you prefer not to be on camera, the balcony is outside of the camera's range.*

*If you are seeking **pastoral care**, please speak to a pastor today.*

*Today's bulletin cover art is a photograph of a quilt made by Sharon Englund.*

*+invites the congregation to stand*

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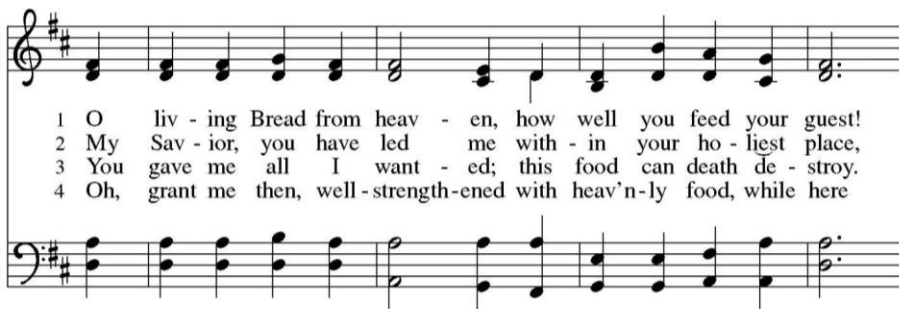
## GATHER

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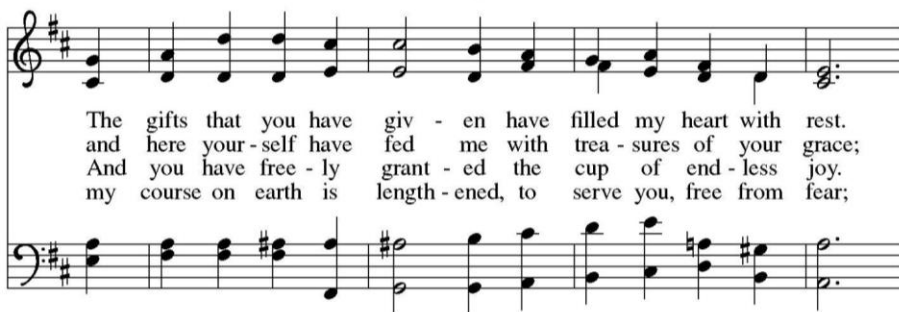
PRELUDE

*Rondo, Allegro* W.A. Mozart, arr. Carl Strommen  
James Nysse, clarinet; Morgan Meskill, flute

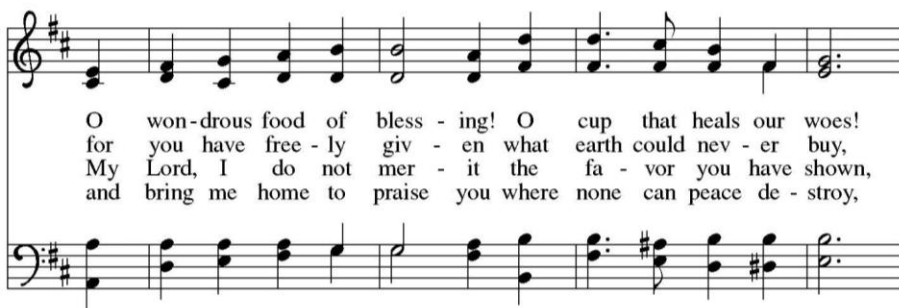
*Please stand and face the cross at the rear of the sanctuary.*



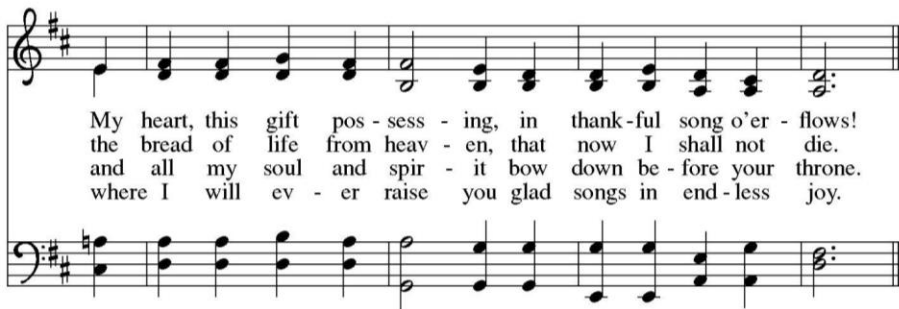
1 O liv - ing Bread from heav - en, how well you feed your guest!  
 2 My Sav - ior, you have led me with - in your ho - liest place,  
 3 You gave me all I want - ed; this food can death de - stroy.  
 4 Oh, grant me then, well - strength - ened with heav'n - ly food, while here



The gifts that you have giv - en have filled my heart with rest.  
 and here your - self have fed me with trea - sures of your grace;  
 And you have free - ly grant - ed the cup of end - less joy.  
 my course on earth is length - ened, to serve you, free from fear;



O won - drous food of bless - ing! O cup that heals our woes!  
 for you have free - ly giv - en what earth could nev - er buy,  
 My Lord, I do not mer - it the fa - vor you have shown,  
 and bring me home to praise you where none can peace de - stroy,



My heart, this gift pos - sess - ing, in thank - ful song o'er - flows!  
 the bread of life from heav - en, that now I shall not die.  
 and all my soul and spir - it bow down be - fore your throne.  
 where I will ev - er raise you glad songs in end - less joy.

**+GREETING**

The grace of Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.  
**And also with you.**

**+HYMN OF PRAISE**

Glo - ry to God, Glo - ry to God, Glo - ry to God in the  
*Last time, to Coda* ⊕

high - est, Glo - ry to God, Glo - ry to God, and peace to God's peo - ple on

1. earth. 2. earth. For

You a - lone are the Ho - ly One, You a - lone are the Lord,

You a - lone are the Most High, Je - sus Christ, with the Ho - ly

Spir - it, in the glo - ry ev - er - last - ing, A - men! \_\_\_\_\_

*D.S.* ⊕ *at Coda* ⊕ **Coda**

\_\_\_\_\_ earth. And peace to God's peo - ple on earth!

**+PRAYER OF THE DAY**

O God, eternal goodness, immeasurable love, you place your gifts before us; we eat and are satisfied. Fill us and this world in all its need with the life that comes only from you, through Jesus Christ, our Savior and Lord. **Amen.**

*Please be seated.*

**WELCOME**

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## WORD

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### FIRST READING

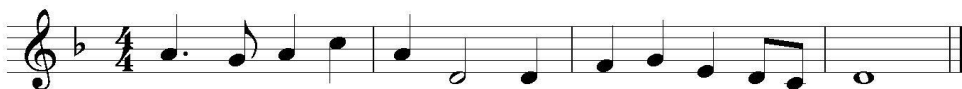
*1 Kings 19:4-8*

Word of God; word of life. **Thanks be to God.**

### PSALM 34:1-8

Hal. H. Hopson

**Refrain** (First time: cantor, then all)



Lord, you are my ref-uge; in you a-lone I trust.

O Lord in whom my soul confides; My refuge sure amide the strife;  
O let me not in shame reside, But through your grace reclaim my life. **Refrain**

Be gracious, Lord, for I, in anguish, Your loving mercy now implore;  
The very heart within me planted Can bear its grief alone no more. **Refrain**

Lord, be my rock, my sure defense, My fortress, strong, no force can break;  
You are my guide, now lead me forth To ever praise you for your sake. **Refrain**

### SECOND READING

*Ephesians 4:25–5:2*

Word of God; word of life. **Thanks be to God.**

+GOSPEL ACCLAMATION

*Alleluia, Alleluia*

Al - le - lu - ia, Al - le - lu - ia. Your Word, O Lord\_ is e -  
ter - nal. Your\_ faith - ful - ness en - dures\_ to \_\_ all gen - er -  
a - tions! Al - le - lu - ia.

+GOSPEL READING

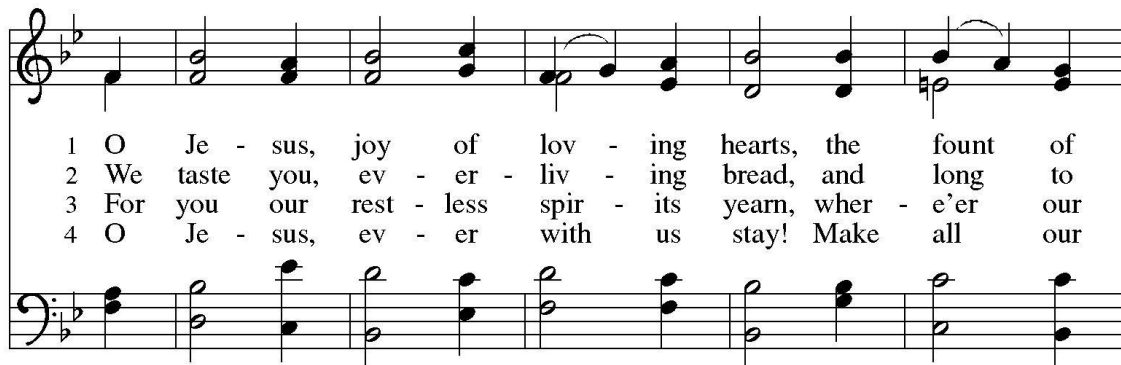
*John 6:35, 41-51*

Word of God; word of life. **Thanks be to God.**

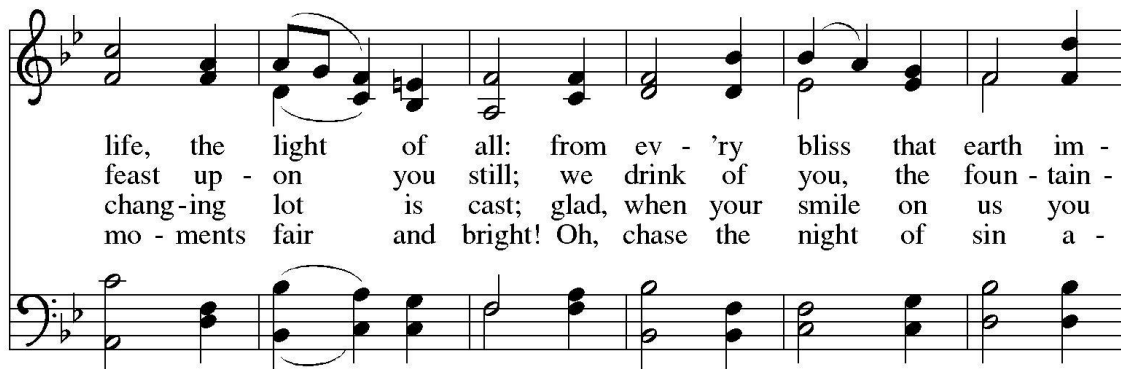
SERMON

+HYMN OF THE DAY

*O Jesus, Joy of Loving Hearts*



1 O Je - sus, joy of lov - ing hearts, the fount of  
2 We taste you, ev - er - liv - ing bread, and long to  
3 For you our rest - less spir - its yearn, wher - e'er our  
4 O Je - sus, ev - er with us stay! Make all our



life, the light of all: from ev - 'ry bliss that earth im -  
feast up - on you still; we drink of you, the foun - tain -  
chang - ing lot is cast; glad, when your smile on us you  
mo - ments fair and bright! Oh, chase the night of sin a -



parts we turn, un - filled, to hear your call.  
head; our thirst - ing souls from you we fill.  
turn, blest, when by faith we hold you fast.  
way! Shed o'er the world your ho - ly light.

**+INTERCESSIONS**

*Sundays and Seasons*

With the whole people of God in Christ Jesus, let us pray for the church, those in need, and all of God's creation.

*(silence)*

Reignite the prayer of the church. By your Spirit, *(and remembering Clare of San Damiano, who was known for her powerful prayer,)* root your church around the globe in prayer and spiritual practices. Merciful God,

**Receive our prayer.**

We rely on the goodness of your creation in everything we do. We pray for trees that offer shade and for our fellow creatures that depend on the trees for shelter and food. Sustain the work of all who advocate for forests and wilderness areas. Merciful God,

**Receive our prayer.**

Guide our leaders and nations with a spirit of justice and mercy. Let no evil come out of our mouths, but rather let us extend grace. We pray for our enemies. Merciful God,

**Receive our prayer.**

Sustain feeding ministries and organizations such as ELCA World Hunger and our local food pantries, especially Soup For You! We work and pray for a day when hunger is no more. Merciful God,

**Receive our prayer.**

We pray for this congregation and for all who are gathered. Be present among anyone who cannot be with us today. Be with all who are hurting, grieving, or ill, especially Wayne Vetter; Shawn Barry; Katie Murray's mom Pat Wilson; Jeff Olsen Biebighauser's mom Jo; Cori Gershon; Juliet Williamson; Jan Mehlhoff's friend, Margie Guelker; Arlene Mirelez, who has entered hospice; the family of Joyce Hanson upon her death; and those we hold in our hearts or speak with our voices now *(the congregation may name loved ones in need of God's care)*.

Merciful God,

**Receive our prayer.**

*You are invited to offer spoken petitions.*

*At the conclusion of your petition, please close with "Merciful God,"  
to which the congregation will respond, "Receive our prayer."*

Receive our prayers and hopes, God of mercy and justice, as we pray in the name of Jesus the Christ. **Amen.**



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# MEAL

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## +PEACE

The peace of Christ be with you always.

**And also with you.**

*You are invited to exchange words and signs of friendship and love with those around you.*

## OFFERING

*Lord, Whose Love in Humble Service*

The Sacred Harp

James Nysse, clarinet; Morgan Meskill, flute

setting, Paul Manz

## +OFFERTORY

*Let the Vineyards Be Fruitful, Lord*

*Communion servers are invited to come forward at this time.*

Let the vine-yards be fruit-ful, Lord, and fill to the brim our  
cup of bless-ing. Gath-er a har-vest from the seeds that were sown, that  
we may be fed with the bread\_ of life! Gath -er the hopes and the  
dreams of all, u-nite them with the\_ prayers we of-fer, Grace our\_ ta-ble with your  
pres-ence, Lord, and give us a fore-taste of the feast to come!

**+OFFERING PRAYER**

God of mercy and grace, the eyes of all wait upon you, and you open your hand in blessing. Fill us with good things at your table, that we may come to the help of all in need, through Jesus Christ, our redeemer and guide. **Amen.**

**+GREAT THANKSGIVING**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, O God, through our Savior Jesus Christ. He entered our world and our human story, revealing your love and showing compassion even to those who crucified him. On this day he overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

+SANCTUS

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and  
might. Heav - en and earth are full of your glo -  
ry, Ho - san - na in the high - est!  
Bless - ed is the one who comes in the name, who comes in the  
name of the Lord. Ho - san - na in the high -  
est, Ho - san - na in the high - est!

**+WORDS OF INSTITUTION**

**+LORD'S PRAYER**

We pray together,

**Our Creator, Our Mother, Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done, on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.**

**Save us from the time of trial and deliver us from evil.**

**For the kingdom, the power, and the glory are yours, now and forever.**

**Amen.**

+LAMB OF GOD

Lamb of God, you — take a - way the sin of the world, have  
mer - cy on us. \_\_\_\_\_ Lamb of God, you —  
take a - way the sin of the world, have mer - cy on  
us. \_\_\_\_\_ Lamb of God, you — take a - way —  
\_\_\_\_\_ the sin of the world. \_\_\_\_\_  
Grant \_\_\_\_\_ us \_\_\_\_\_ peace, Grant us peace.

*Please be seated.*

## COMMUNION INVITATION

All are welcome at the table. This is Christ's table where no one is a stranger.

For those worshiping at home, hear these words spoken for you: The body of Christ given for you. The blood of Christ shed for you.

These are the gifts of God for the people of God.

**Thanks be to God.**

*All are welcome at the table.*

*Grape juice and gluten-free wafers are available upon request to the server.*

*An usher will direct you down the center aisle, where you can pick up a communion cup. You are invited to stand or kneel in front of the table, beginning from the middle and moving toward the outside. After you have received the bread and the wine, please return to your seat by way of the side aisle, where an usher will receive your communion cup.*

*If you wish to receive communion from your pew, please let an usher know.*

## HEALING STATION

*Today you are also invited to receive a blessing for healing during the communion distribution time.*

*Come if you wish to seek prayer for yourself, on behalf of someone else, or for a place in the world.*

DISTRIBUTION HYMN

*The Rice of Life*  
Stanza 1, cantor



1 The rice of life from heav - en came to  
2 True rice the hun - gry world has fed, the  
3 The rice of God for all is meant; no  
4 The liv - ing rice, for all a sign, came



bring true life from God a - bove. Re - ceive this gift; God's  
rice re - quired for life be - low. Pro - vide this gift; God's  
one who comes is turned a - way. Be - lieve in Christ whom  
down e - ter - nal life to give. A - bide in Christ, the



mer - cy claim; in joy and pain give thanks for love.  
mer - cy spread; in weak - ness God's com - pas - sion show.  
God has sent; in hum - ble trust God's will o - bey.  
liv - ing vine; in Christ, with peo - ple, die and live.

**+BLESSING**

The body and blood of Jesus Christ strengthen you and keep you in God's grace.

**Amen.**

**+POST-COMMUNION PRAYER**

O God, as a mother comforts her child, so you comfort your people, carrying us in your arms and satisfying us with this food and drink, the body and blood of Christ. Send us now as your disciples, announcing peace and proclaiming that the reign of God has come near; through Jesus Christ, our Savior. **Amen.**

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## SENDING

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+SENDING HYMN

*Awake, O Sleeper, Rise from Death*

*Children and youth are invited to join the worship leaders as they recess  
and gather at the rear of the sanctuary to share the dismissal.*



1 A - wake, O sleep - er, rise from death, and Christ shall give you light;  
2 To us on earth he came to bring from sin and fear re - lease,  
3 There is one bod - y and one hope, one Spir - it and one call,  
4 Then walk in love as Christ has loved, who died that he might save;  
5 For us Christ lived, for us he died, and con - quered in the strife.



so learn his love, its length and breadth, its full - ness, depth, and height.  
to give the Spir - it's u - ni - ty, the ver - y bond of peace.  
one Lord, one faith, and one bap - tism, one God who made us all.  
with kind and gen - tle hearts for - give as God in Christ for - gave.  
A - wake, a - rise, go forth in faith, and Christ shall give you life.





**+BENEDICTION**

The blessing of God,  
who provides for us, feeds us, and journeys with us,  
‡ be upon you now and forever.

**Amen.**

**+DISMISSAL**

Go in peace. Love your neighbors!

**Thanks be to God.**

**POSTLUDE**

*Sonatina*

James Hook, arr. Carl Strommen

James Nysse, clarinet; Morgan Meskill, flute

*At this time you are invited to the Rain Garden  
for lunch and music in the garden.*

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*"O Living Bread from Heaven" Text: Johann Rist, 1607-1667; tr. Catherine Winkworth, 1827-1878, alt.*

*Music: AURELIA, Samuel S. Wesley, 1810-1876*

*"O Jesus, Joy of Loving Hearts" Text: attr. Bernard of Clairvaux, 1091-1153; tr. Ray Palmer, 1808-1887, alt.*

*Music: WALTON, W. Gardiner, 'Sacred Melodies', 1815*

*Psalm 31 - Refrain text and music: Hal H. Hopson, and © 2008 Birnamwood/MorningStar Music Publishers*

*"The Rice of Life" Text: J. Andrew Fowler, 1935-2021. Music: BÍ-NÍU, I-to-Loh, b. 1936*

*Text and music © 1990 Christian Conference of Asia, admin. GIA Publications, Inc.*

*"Awake, O Sleeper, Rise from Death" Text: F. Bland Tucker, 1895-1984. Music: AZMON, Carl G. Gläser, 1784-1829*

*Text © 1980 Augsburg Publishing House, admin. Augsburg Fortress*

# HOLY TRINITY LUTHERAN CHURCH

2730 East 31st Street, Minneapolis, MN 55406

612-729-8358 ✉ [htlcmpls.org](http://htlcmpls.org)

**LITURGY SETTING TODAY: *CUP OF BLESSING* by Rachel Trelstad Porter**

## WORSHIP PARTICIPANTS

<b>Preacher</b>	David Larson-Martínez
<b>Presiding Minister</b>	Ingrid Rasmussen
<b>Crucifer</b>	
<b>Cantor</b>	Andrea Hansen
<b>Assisting Minister</b>	Rick Liedholm
<b>Communion</b>	Linda Berglin, Aaron Hanson, Abs Trewin, Roberta Shaw
<b>Ushers</b>	Helen Norheim, David Broberg, Bob Peschiutta, Chris Amundson
<b>Altar Guild</b>	Mary Engen, Ginny Jordan
<b>Coffee Servers</b>	Kathy Ekwall, Jamie Bistram
<b>Counters</b>	Deb Helmel
<b>Closer</b>	Kathy Ekwall

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The Cup of Blessing liturgy is reprinted by permission of its composer, Rachel Trelstad Porter.*

### STAFF

Ingrid Rasmussen, *Lead Pastor*  
David Larson-Martínez, *Associate Pastor*  
Doug Mork, *Part-time Associate Pastor*  
Kathy Ekwall, *Communications & Congregational  
Coordinator*  
Nolan Gusdal, *Building Maintenance*  
Phil Radtke, *Cantor*  
Kaia Ellis, *Financial Administrator*

### STAFF, CONTINUED

Sue Roberts, *Publications Coordinator*  
Erik Gerhardt, *Accompanist*  
Dennis Nordholm, *Custodian*  
Dana Simms, *Custodian*  
Logan Olson, *Gloria Ringers Director*

### LEADERSHIP

Katie Schroeder, *Council President*  
Sandra Hisakuni, *Council Vice President*  
Anne Beschnett, *Council Secretary*  
Scott Cole, *Council Treasurer*

# C H U R C H I N F O R M A T I O N

## **MUSIC IN THE GARDEN TODAY AT 11:00 A.M.**

Join us for music by Nina Luna and food in the garden at 11:00 a.m. All are welcome!

## **MONDAY-THURSDAY, AUGUST 19-22 – VACATION BIBLE SCHOOL**

Join us from 9:00 a.m. to 3:00 p.m. to learn important stories, songs, and themes in our Christian tradition! Children ages 7-12 are encouraged to attend. Older children can volunteer as helpers. Adult volunteers are needed to help with child supervision, preparing/serving lunch, and pitching in as needed. To volunteer or register, contact Pastor David ([david@htlcmpls.org](mailto:david@htlcmpls.org)).

## **CELEBRATION OF LIFE FOR ALEX JURY AUGUST 22, 11:00 A.M.**

Alex died very unexpectedly of a heart attack on May 7 at the age of 39. His wife, children, and brothers will be in town for a service in celebration of his life at Holy Trinity on Thursday, August 22, at 11:00 a.m. The Jurys extend a warm invitation to any Holy Trinity members to celebrate his life on August 22.

## **ALL-CONGREGATION PICNIC AT WABUN PARK SUNDAY, AUGUST 25, 12:00 P.M.**

As summer wanes, Holy Trinity families will gather for fun, food, and frolic at Wabun A Picnic Area, 4655 46th Ave. S., Minnehaha Falls Park. Plan to join us at 12:00 p.m. and bring a dish to share for potluck. A playground and splash pad are next to the picnic area.

## **SUMMER POP-UP CHOIR SUNDAY, AUGUST 25**

Our final Pop-up Choir of the summer! Everyone is welcome, from those who can't commit to weekly rehearsals during the school year but have always wanted to sing to those who have sung in the choirs for years. (Family and friends who are visiting are also welcome!) Rehearse at 9:00 a.m. in the sanctuary for the 10:00 a.m. worship service. No preparation needed! This will be an intergenerational Pop-up choir offering music accessible to both young and old.

## **CHILDREN'S CHOIR, JUBILATE YOUTH HANDBELL ENSEMBLE, GLORIA RINGERS, AND CANTATE YOUTH CHOIR REHEARSALS RESUME WEDNESDAY, SEPTEMBER 4**

Welcome to a new season of singing and ringing! Wednesday nights will be filled with music again. Choir families will gather for a meal from 5:00-6:00 p.m., Children's Choir will rehearse from 5:45-6:45 p.m., Jubilate Youth Bell Ringers will rehearse from 5:45-6:45 p.m., Gloria Ringers will rehearse from 6:30-8:00 p.m., and Cantate will rehearse from 6:45-7:30 p.m. beginning Wednesday, September 4. Contact Cantor Phil Radtke ([pradtke@htlcmpls.org](mailto:pradtke@htlcmpls.org)) or Handbell Director Logan Olson ([lolson@htlcmpls.org](mailto:lolson@htlcmpls.org)) if you have any questions.

## **SUNDAY, SEPTEMBER 1, IS THE FINAL DAY OF THE SUMMER WORSHIP SCHEDULE**

This is the last weekend for our summer worship schedule. Next week (September 8) we will be back to two services at 8:45 and 11:00 a.m. with education for all ages at 10:00 a.m.

## C H U R C H   S C H E D U L E

Tuesday, August 13	11:00 AM 6:45 PM	Worship Readings Discussion Big Meeting Night
Wednesday, August 14	7:00 PM	<i>The Good Ancestor</i> Book Discussion at the home of Kathy Hollander/Rod Johnson (ch. 7-8)
Thursday, August 15	8:00 AM	Encore! at Turtle Bread
Saturday, August 17	11:00 AM	Funeral Service for Joyce Hanson
Sunday, August 18	10:00 AM 2:00 PM	Worship Service of Holy Communion Swahili Worship Service

### MUSICIAN SPOTLIGHT

#### JAMES NYSSE, CLARINET; MORGAN MESKILL, FLUTE

James is a 2022 Luther College graduate who enjoys singing and playing the clarinet. He is a member of the Adult Choir at Holy Trinity Lutheran Church, Gloria Ringers, and participates in the Longfellow Sings summer program. He has been playing the clarinet and singing since sixth grade.

Morgan is from New Richmond, WI, and has been playing the flute, singing, and playing the piano since middle school. Recently she has picked up the harp and plays in small group ensembles as well as for services at her local church. Morgan enjoys sharing music with her home congregation, her family, and her friends.

James and Morgan have been friends since elementary school and have been making music together for school and for fun since 2012!