



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

2730 E. 31st Street Minneapolis, MN 55406 • 612-729-8358 • office@htlcmpls.org • www.htlcmpls.org  
Ingrid C. A. Rasmussen, Doug Mork, and David Larson-Martínez, Pastors

## WELCOME, SOUP FOR YOU!

In October of 2023 we received an email from a staff member at Redesign, Inc, looking to help a community workgroup that she is a part of find a new home. That group was Soup for You! Café. Can Holy Trinity help? was the question. Many thoughts went through my mind. How could this work, could we take on another building partner, especially one that operates every weekday in a shared space, how would it affect other building partners, so many questions. We started a conversation among staff to toss around the idea and quickly decided we needed to consider it. We met with chef Judah, some SFY! staff, and board members to learn more. The conversation continued with staff and council. It didn't take long for us to realize this is something we could do and needed to do. We often get folks coming to the door looking for help with a number of things. One of the biggest being food insecurity. Trying to find ways to care for our neighbors' needs was an ongoing process. Welcoming SFY! as a building partner, seemed to be a good solution.

Once the decision was made to move forward, work began. We have been working diligently since January to prepare our space for Soup For You! as well as making it more functional for us and other partner events. The wooden cabinets and chipping counter tops are gone. No more "catch all" spaces. All works surfaces and shelving are (will be) food safe (NSF). There's a fresh coat of paint, upgraded and added outlets, and more. Some work is still being done, but we can't wait to share the updates with members and welcome Soup For you! This work is possible thanks to the generosity of the congregation through the Kitchen Rehab Special Appeal. See page 3 for photos of the progress in the kitchen.

It has been a fun journey so far, getting to know the staff, volunteers, and board members from SFY! The passion chef Judah and the others have for feeding and caring for the community is unmatched. They consider every detail when preparing a meal. Fresh ingredients, filtered water, real plates and silverware, and love. So much love! They strive to make every person who walks in feel welcome, respected, and loved. Who would not want to be a part of that? This last week they held a soft opening for our friends at Trinity apartments and it was wonderful to watch how they reacted when tasting the soup and began engaging in conversation. This is not a "soup kitchen". This is gourmet soup, served restaurant style, with love, compassion, and a genuine desire to get know those being served.

We are still working through logistics, how some of the  
(Continued on next column)



## SECOND SUNDAY AFTER PENTECOST READINGS

*Deuteronomy 5:12-15; Psalm 81:1-10;  
2 Corinthians 4:5-12; Mark 2:23—3:6*

scheduling will work, and of course, we know there will be growing pains along the way, but, in my heart, I know this is the right decision. The thought that the next time someone comes to the door in need of nourishment, we can welcome them and invite them downstairs for a hot meal, into an environment that will not only nourish their body but will nourish their soul simply makes my heart happy. The work is worth it, knowing all will be fed. Welcome to Holy Trinity, Soup For You!

~ Kathy Ekwall



You can find more information about Soup For You! and how to volunteer here: <https://soupforyou.info/>

### SPECIAL GIFTS—THAT ALL MAY BE FED

The congregation's two special appeals this spring underscore the reality that food scarcity remains a pervasive problem in our neighborhoods and around the world. You can help by supporting the refurbishment of Holy Trinity's basement kitchen in preparation for Soup for You!, which will host free lunches five days a week beginning in early June. Additionally, the ongoing wars in Gaza and North Africa and indeed throughout the world have created displacement and dire food shortages. The ELCA World Hunger Program continues to respond to poverty and hunger across our country and other nations through direct food aid as well as projects intended to address root causes of hunger. Click here to support either or both of these special appeals (<https://htlcmpls.org/donate/>). Thank you for your generosity.

### ~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. We pray especially for **Pat Lundquist**; Deb Anderson's **Uncle Rick**; **Bob Norheim**; Katie Murray's mom **Pat Wilson**; Jeff Olsen Biebighauser's mom **Jo**; **Cori Gershon**; **Joyce Hanson**; **Juliet Williamson**; Jan Mehlhoff's friend, **Margie Guelker**.

**HAPPENING THIS WEEK**

**SUNDAY, JUNE 2 THROUGH SUNDAY, JUNE 30—BIKE TO CHURCH MONTH**

Ride your bike to church. Don't forget our newest bike parking station on the lawn in front of the church!

**COTTAGE MEETINGS FOR ALL MEMBERS BEGIN IN JUNE**

Beginning in June, we will host 12 cottage meetings for all members of this congregation. The pastors and Council leadership invite you to participate in one of the gatherings, which will allow us to build connections between seasoned members and newer members of the community. Look for a personal invite to attend one of the events soon.



**MONDAY, JUNE 3—HOLY TRINITY WELCOMES SOUP FOR YOU!**

Holy Trinity is excited to welcome Soup for You! to their new home, operating out of our space. Soup For You! is a gathering space for the Community of Minneapolis and beyond. Guests enjoy a homemade soup lunch complete with sides of bread, salad, and desserts. But more than just a hot meal, guests enjoy a sense of community and a place for social connection. All are welcome whether you are experiencing homelessness and poverty, a local neighbor or business person, a student, or someone looking for a luscious meal and a warm welcome space. Soup is served 12:00-1:00 p.m., Monday-Friday. The first day of service at Holy Trinity is June 3.

**TUESDAY, JUNE 4—WEEKLY SCRIPTURE READINGS STUDY**

Join Pastor Doug and congregants on Tuesdays at 11:00 a.m. in the youth library or on Zoom to study the assigned worship readings for the upcoming Sunday. Participants need not attend every session, and no prior bible experience is necessary (to join on [Zoom](#): Meeting ID: 872 7504 3389, Passcode: 336030).

**TUESDAY, JUNE 4—KNITTING GROUP**



Knitters (and crocheters!) are invited to bring their knitting or crochet projects to Holy Trinity on the first Tuesday of each month at 2:00 p.m. All are welcome to join in for needlework and conversation. For more information,

contact Liz Blood ([liz.bill.blood@gmail.com](mailto:liz.bill.blood@gmail.com)).

**WEDNESDAY, JUNE 5 AND THURSDAY, JUNE 6 YOGA CLASSES AT HOLY TRINITY, LAST CLASSES FOR THIS SESSION**

Join us on Wednesdays at 12:00 p.m. or Thursdays at 7:30 p.m. with Yoga Instructor, James Orione. If you have mats, blocks, blankets, straps, or bolsters, please bring them. Extras are available for those who need them. Donations are accepted, but not expected. Classes are open to everyone—members and non-members. Invite a neighbor. Classes are in the Bartsch Room.

**SAVE THE DATE**

**JUNE 2024—BOOK DISCUSSION WITH PASTOR INGRID**

In *Hallelujah Anyway: Rediscovering Mercy*, Lamott ventures to explore where to find meaning in life. We should begin, she suggests, by “facing a great big mess, especially the great big mess of ourselves.” It’s up to each of us to recognize the presence and importance of mercy everywhere—“within us and outside us, all around us”—and to use it to forge a deeper understanding of ourselves and more honest connections with each other. While that can be difficult to do, Lamott argues that it’s crucial, as “kindness towards others, beginning with myself, buys us a shot at a warm and generous heart, the greatest prize of all.” We will meet once, in-person, to discuss the book! Date and time will be determined by participants. Sign up in the Community Room. Books will be available to pick up Sunday June 9.

**SUNDAY, JUNE 9—MUSIC IN THE GARDEN**

Join us for music and wood-fired pizza in the garden at 11:00 a.m. (immediately following the 10:00 a.m. service). The musicians for this date are Practical Cats, a duo, two guitar players with one hundred years of experience between them, Bob Aldrich and Braden Canfield. Nothing fancy, just music they love to play. You'll know some, and discover some new songs, unless you are a musicologist, in which case they hope you find it worthy. It promises to be fabulous. All are welcome!



**MONDAY, JUNE 10—LONGFELLOW ALTERNATIVE HIGH SCHOOL GRADUATION CEREMONY**

Graduation will be held at Anne Sullivan School, June 10, 5:30 p.m. All are welcome to join in the celebration as 20 students receive their diplomas. Contact Zoe Martinez for more information.

**WEDNESDAY, JUNE 12—SUMMER FAMILY FUN NIGHT: NEIGHBORHOOD PRIDE AND PIZZA**

Introducing Summer Family Fun Nights at Holy Trinity! Let's take advantage of the sunny days and come together from 5:30 to 6:30 p.m. for a night of food, fun, and friendly connections. Today we will march around the block reminding ourselves and those in our neighborhood that God is love. Wear all your rainbow gear! We'll provide everything, just bring your family! Hosted by the Children and Family Team.



**“LOVE IN A TIME OF HATE”—THEATRE NIGHT JUNE 29**

The Racial Justice Committee invites you to a theatrical production of “Love in a Time of Hate” on Saturday, June 29, at 7:00 p.m. This futuristic reimagining of Shakespeare’s Romeo and Juliet addresses pressing social issues of our time with adult language and themes. Teatro del Pueblo, a non-profit Latino theater on the west side of St. Paul, has promoted Latinx culture through the creation and presentation of performing arts, developing and supporting Latinx artists for 15 years. Tickets are pay-what-you-can-afford from \$20 to \$29. Contact Kathy Hollander to claim a ticket.



COMMUNITY PARTNERS

WEDNESDAY, JUNE 19—SOUL OF THE SOUTHSIDE JUNETEENTH FESTIVAL

Join us for the Soul of the Southside Juneteenth festival on Wednesday, June 19, 12:00-8:00 p.m., as we transform 30th and Minnehaha Ave., and Lake Street in South Minneapolis into a vibrant celebration of freedom. This annual event commemorates the June 19, 1865, announcement of the Emancipation Proclamation in Galveston, Texas, marking a significant moment of liberation for enslaved Black Americans. Now in its third year, the festival remains free to attend, is for all ages and has expanded to include the Historic Coliseum Building, enhancing our tribute to Black history, arts, culture, food, music, storytelling and more. Discover how you can support this empowering event through sponsorships, donations, or volunteering by visiting the website [www.SoulOfTheSouthside.com](http://www.SoulOfTheSouthside.com). RSVP is encouraged. Celebrate with us and be part of a community that honors the resilience and creativity of Black Americans, embracing our rich heritage and fostering a brighter, more inclusive future for all.



SATURDAY, JUNE 22—OUR REDEEMER OROMO CHURCH ONESIMOS NESIB DAY CELEBRATION

Our Redeemer Oromo Church is planning to celebrate Onesimos Nesib day on June 22, 2024, 9:30 a.m.-12:00 p.m. Onesimos was enslaved and sold many times. But he escaped slavery with help of Swedish missionaries and translated the Bible into Oromo language. We are celebrating the 125th year anniversary of the Oromo Bible and our Lutheran heritage. The Holy Trinity congregation is kindly invited to join the celebration and share in stories and delicious traditional Oromo food with a coffee ceremony. Our Redeemer Oromo Church, 4000 28<sup>th</sup> Avenue South in Minneapolis.

UPRISING STORY BOOTH AND PHOTOT EXHIBIT

Want to share your story of Uprising with a friend? Want to ask a friend about their experiences? Sign up with Amy Levad for the Uprising Story Booth, and invite a friend to join you. Amy will provide assistance with preparing and recording your conversation. Times are available by appointment. Email Amy at [amy.levad@stthomas.edu](mailto:amy.levad@stthomas.edu) to sign up.

Over the last few months, Amy Levad has curated an exhibit from photos shared from participants in the Story Sharing Photo Project. Dr. Levad's exhibit is available to view in the Mary Martha Room.

FEATURED MUSICIAN SPOTLIGHT  
LOGAN OLSON, HANDBELLS

Logan has been ringing handbells since he was in fourth grade. He has always enjoyed the diverse challenges of playing different sections of the bell ensemble. As a ringer and director, he's grown to appreciate the unique ability of handbells to foster connection and community as the ensemble works together to play one instrument together. He is always looking to bring more people into the world of handbells and invites you to give them a try!

*Each week of the summer we will hear a featured musician who is part of the Holy Trinity community that will share their musical talent in worship. Get to know them here! Interested in sharing your talent? Contact Cantor Phil Radtke.*

PHOTOS OF THE KITCHEN PROGRESS



## WORSHIP PARTICIPANTS FOR SUNDAY, JUNE 2, 2024

<b>10:00 AM</b>	
<b>Preacher</b>	Ingrid Rasmussen
<b>Presiding Minister</b>	David Larson-Martínez
<b>Altar Guild</b>	Roberta Shaw, Vicki Bergman
<b>Assisting Minister</b>	Karen Batdorf
<b>Crucifer</b>	
<b>Communion</b>	Sue Roberts, Nicki Hines
<b>Ushers</b>	
<b>Coffee Servers</b>	Sue Roberts
<b>Counters</b>	Annie Hines
<b>Closer</b>	Bob Hulteen
<b>Video Operator</b>	Bob Hulteen, Aedan Herman

### WORSHIP LEADERS FOR SUNDAYS

We are looking for worship leaders for the summer months. A reminder we start our Summer Schedule this Sunday. Once service at 10:00 a.m. through Labor Day weekend. Please sign up in the Community Room or the office ([kekwall@htlcmpls.org](mailto:kekwall@htlcmpls.org)).

We could use more folks on the volunteer list. Please contact the office ([kekwall@htlcmpls.org](mailto:kekwall@htlcmpls.org)) if you'd like more information on the roles available and how to get started. There are many opportunities; Altar Guild, Cantor, Usher, Crucifer, Assisting Minister, Communion Assistant, Coffee Server, Video Operator, Prayer Writer, Communion Bread Baker.

### PARISH EVENTS JUNE 2-8, 2024

Sunday, June 2	10:00 AM 2:00 PM	Worship Service of Holy Communion Swahili Service
Monday, June 3	12:00 PM	Soup For You! at Holy Trinity (Opening Day)
Tuesday, June 4	11:00 AM 2:00 PM	Worship Readings Discussion Knitting Group
Wednesday, June 5	12:00 PM	Yoga (last Wednesday class for this session)
Thursday, June 6	6:45 PM 7:30 PM	Big Meeting Night Yoga (last Thursday class for this session)

### LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 10:00 a.m. Sunday service is available online at 9:55 a.m. You can access recordings of previous worship services [here](#).

