



SEVENTH SUNDAY OF EASTER

MAY 12, 2024

HOLY TRINITY LUTHERAN CHURCH
MINNEAPOLIS

WELCOME TO ALL

*The people of Holy Trinity Lutheran Church wish to extend a special welcome to all visitors!
Please leave your name and phone number on the visitor card found in the pew.*

*We are committed to the inclusion of all people, with no exception. Therefore, we practice **open communion**, welcoming all to the table to receive the sacrament of Holy Communion.*

Children are full participants in this congregation's worship, educational, and community life! The Mary Martha Room is a quiet space for infants needing to nurse or to nap. For active toddlers, the Community Room has a Children's Corner with books and a table at which to play. Our ushers are ready to assist you in finding the place that best fits your family's needs.

***Accessible and all-gender restrooms** are located in the basement.*

***Single-use, all-gender restrooms** are located on the 1st floor.*

*For over forty years, this congregation has advocated for the **full welcome, inclusion, and equity** of lesbian, gay, bisexual, transgender, queer, intersex, and asexual (LGBTQIA+) Lutherans in all aspects of the church and the community. We invite all people into lives of authenticity, integrity, and wholeness.*

***Hearing assist devices and large-print bulletins** are available. Ask an usher if you are interested.*

*Our **services are livestreamed** on Vimeo and Facebook every week. The live shot includes the main floor of the sanctuary. Our members who watch from home love to see their friends at church! If for privacy reasons you prefer not to be on camera, the balcony is outside of the camera's range.*

*If you are seeking **pastoral care**, please speak to a pastor today.*

+invites the congregation to stand

Today's bulletin cover art is provided by Johnny Weiss.

About his art, Johnny says, "God loves us, and will always."

He designed the coloring sheet and translated the message into a number of languages.

GATHER

PRELUDE

Prélude in G

Alexandre Guilmant

RING TO WORSHIP

Alleluia
Gloria Ringers

Brian Tervo

+GATHERING HYMN

God Is Here!

Please stand and face the cross at the rear of the sanctuary.



1 God is here! As we your peo - ple meet to of - fer
2 Here are sym - bols to re - mind us of our life - long
3 Here our chil - dren find a wel - come in the Shep-herd's
4 Lord of all, of church and king - dom, in an age of



praise and prayer, may we find in full - er mea - sure what it
need of grace; here are ta - ble, font, and pul - pit; here the
flock and fold; here as bread and wine are tak - en, Christ sus -
change and doubt, keep us faith - ful to the gos - pel; help us



is in Christ we share. Here, as in the world a - round us,
cross has cen - tral place. Here in hon - es - ty of preach - ing,
tains us as of old. Here the ser - vants of the Ser - vant
work your pur - pose out. Here, in this day's ded - i - ca - tion,



all our var - ried skills and arts wait the com - ing of the
here in si - lence, as in speech, here, in new - ness and re -
seek in wor - ship to ex - plore what it means in dai - ly
all we have to give, re - ceive; we, who can - not live with -



Spir - it in - to o - pen minds and hearts.
new - al, God the Spir - it comes to each.
liv - ing to be - lieve and to a - dore.
out _____ you, we a - dore you! We be - lieve!

+GREETING

The grace of Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.
And also with you.

+KYRIE

The image shows three staves of musical notation in a single system. Each staff begins with a treble clef and a key signature of two flats (B-flat and E-flat). The first staff contains the lyrics "Ky - ri - e e - lei - son. Lord, have mer - cy." The second staff contains the lyrics "Chris - te e - lei - son. Christ, have mer - cy." The third staff contains the lyrics "Ky - ri - e e - lei - son. Lord, have mer - cy." The music consists of a series of notes, including quarter notes, eighth notes, and a final half note with a fermata. The lyrics are written below the notes, with hyphens indicating syllables that span across multiple notes.

Ky - ri - e e - lei - son. Lord, have mer - cy.

Chris - te e - lei - son. Christ, have mer - cy.

Ky - ri - e e - lei - son. Lord, have mer - cy.

+GLORIA

1 Glo - ry to you, God, for yours is the earth;
2 Glo - ry to you, God, for yours is the earth;
3 Glo - ry to you, God, for yours is the earth;

yours is the prom - ise, the bless - ing, the birth.
yours the ho - san - nas, the dy - ing, re - birth.
yours the a - noint - ing, the ra - di - ant worth.

Ours the re - joic - ing for Word giv - en frame;
Ours the re - joic - ing for na - ture re - claimed;
Ours the re - joic - ing for spir - its a - flame;

ours the thanks - giv - ing to your ho - ly name.

Ours be the tell - ing of deeds great - ly done;

yours be the glo - ry, O God, yours a - lone.

+PRAYER OF THE DAY

Sanctifying God, your gift to us is one who overcame the system which enslaves and feeds upon the victim: send us to your world to speak the truth of peace, to stand with those who suffer, to show another way; through Jesus Christ, the life of all things.

Amen.

Please be seated.

WELCOME

WORD

FIRST READING

Acts 1:15-17, 21-26

Word of God; word of life. **Thanks be to God.**

HYMN

Lord, You Give the Great Commission



Lord, you give the great com-mis-sion: "Heal the sick and preach the word."
Lord, you call us to your ser-vice: "In my name bap-tize and teach."
Lord, you bless with words as-sur-ing: "I am with you to the end."



Lest the church ne-glect its mis-sion, and the gos-pel go un-heard,
That the world may trust your prom-ise, life a-bun-dant meant for each,
Faith and hope and love re-stor-ing, may we serve as you in-tend



help us wit-ness to your pur-pose with re-newed in-teg-ri-ty:
give us all new fer-vor, draw us clos-er in com-mu-ni-ty:
and, a-mid the cares that claim us, hold in mind e-ter-ni-ty:



With the Spir-it's gifts em-pow'r us for the work of min-is-try.

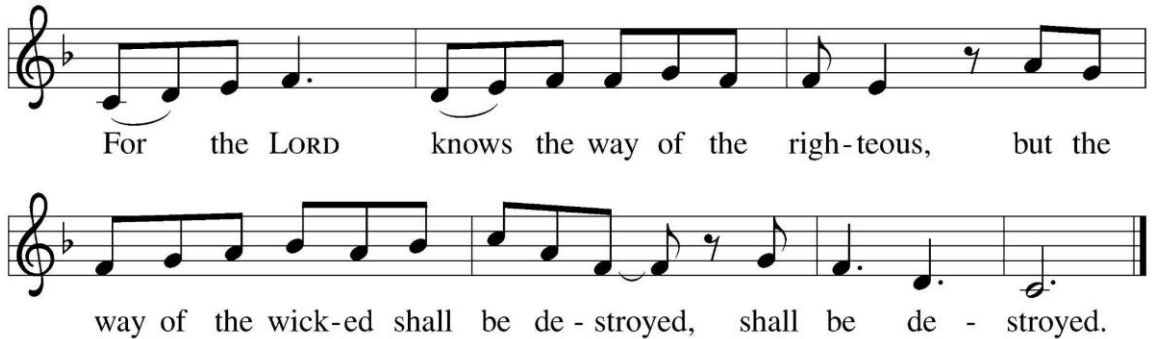
REFLECTION

St. Catherine of Siena

PSALM 1

Wayne L. Wold

Refrain (first time: Choir, then All):



For the LORD knows the way of the righte-ous, but the
way of the wick-ed shall be de - stroyed, shall be de - stroyed.

Happy are they who have not walked in the counsel of the wicked,
nor sat in the seats of the scornful! Their delight is in the law of the Lord,
and they meditate on God's teaching day and night. **Refrain**

They are like trees planted by streams of water,
bearing fruit in due season with leaves that do not wither;
everything they do shall prosper.

It is not so with the wicked; they are like chaff which the wind blows away.

Therefore the wicked shall not stand upright when judgment comes,
nor the sinner in the council of the righteous.

For the Lord knows the way, the way of the righteous,
but the way of the wicked, shall be destroyed. **Refrain**

SECOND READING

1 John 5:9-13

Word of God; word of life. **Thanks be to God.**

ANTHEM

Fantasy on All Creatures of Our God and King
Gloria Ringers

Sandra Eithun

REFLECTION

God in Christ

Susan Palo Cherwien

ANTHEM

Put Peace into Each Other's Hands

arr. John Purifoy

Put peace into each other's hands, and like a treasure hold it.

Protect it like a candle flame, with tenderness enfold it.

Put peace into each other's hands with loving expectation.

Be gentle in your words and ways, in touch with God's creation.

Put Christ into each other's hands, He is love's deepest measure.

In love make peace, give peace a chance and share it like a treasure.

Put peace into each other's hands.

+HYMN

Mothering God, You Gave Me Birth



1 Moth - er - ing God, you gave me birth in the bright
2 Moth - er - ing Christ, you took my form, of - fer - ing
3 Moth - er - ing Spir - it, nur - t'ring one, in arms of



morn - ing of this world. Cre - a - tor, source of ev - 'ry
me your food of light, grain . . . of life, and grape of
pa - tience hold me close, so that in faith I root and



breath, you are my rain, my wind, my sun.
love, your ver - y bod - y for my peace.
grow un - til I flow'r, un - til I know.

+INTERCESSIONS

Randy Nelson

With the whole people of God in Christ Jesus, let us pray for the church, those in need, and all of God's creation.

(silence)

In the midst of turbulent times,
we thank you, Creator God, for the new life that is evident all around us in the re-birth of the created world.

Receive our prayer.

In the midst of turbulent times,
we thank you, Nurturing God, for the promise of your continuing presence in the Spirit who continues to walk with us.

Receive our prayer.

In the midst of turbulent times,
we thank you, Accompanying God, for neighbors who surround us to celebrate when we succeed and support when we fail and are living witnesses of the web of relationships in which we are held and loved.

Receive our prayer.

In the midst of turbulent times,
we thank you, Compassionate God, for this gathered community in which you invite us to invoke your healing power on behalf of our siblings in the faith. We pray for Kurt Kohlstedt, recovering from a hospitalization; Peter Schroeder, who was hospitalized this past week; Deb Anderson's Uncle Rick; Bob Norheim; Matt Floding, who entered residential hospice care this week; Jodi Liedholm's father; Katie Murray's mom, Pat Wilson; Mary Ann Sheets's sister, Lorrie Blain; Jeff Olsen Biebighauser's mom Jo; Dorothy Kelly; Joyce Hanson; Cori Gershon; Juliet Williamson; Joanne Chadwick; Jan Mehlhoff's friend Margie Guelker; Linda and Phil Jury, upon the death of their son, Alex; and those we name now, either silently or aloud (*the congregation may name loved ones in need of God's care*). In the midst of turbulent times,

We ask your blessing.

You are invited to offer spoken petitions.

*At the conclusion of your petition, please close with "In your mercy,"
to which the congregation will respond, "**Hear our prayer.**"*

Receive these prayers, O God, and those in our hearts known only to you; through Jesus Christ, our Lord. **Amen.**

MEAL

+PEACE

The peace of Christ be with you always.

And also with you.

The people may greet one another with a sign of God's peace.

OFFERING

Give Me Oil in My Lamp
Adult Choir

Kyle Pederson

Oil, I need some oil!

Give me oil in my lamp, keep me burning.

Give me oil in my lamp, I pray.

Give me oil in my lamp, keep me burning.

Keep me burning 'til the break of day.

And when the oil runs low, come in, Lord, and fill it up high.

And when my lamp runs dry, come in, Lord, and fill it with oil.

Oh, I need some of that oil!

Give me joy in my heart, keep me singing.

Give me joy in my heart, I pray.

Give me joy in my heart. Keep me singing.

Keep me singing 'til the break of day.

And when the joy runs low, come in, Lord, and fill it up high.

Yes, when my lamp runs dry, come in, Lord, and fill it with oil.

Give me peace in my soul, keep me resting.

Give me peace in my soul, I pray.

Yes, Lord, give me peace in my soul, keep me resting.

Keep me resting 'til the break of day.

And when, oh when the peace runs low, come in, Lord, and fill it up high.

And when, oh Lord, my lamp runs dry, come in, Lord, and fill it with oil.

+OFFERTORY HYMN

Day of Delight and Beauty Unbounded



1 Day of de - light and beau - ty un - bound - ed, tell the news, the gos - pel
2 Day of de - light and beau - ty un - bound - ed, tell the news, the gos - pel



spread! Day of all won - der, day of all splen - dor, praise Christ
spread! Day of all won - der, day of all splen - dor, praise Christ



ris - en from the dead! Sing of the sun from dark - ness ap -
ris - en from the dead! Sing now of mourn - ing turned in - to



pear - ing; sing of the seed from bar - ren earth green - ing;
danc - ing; sing now the mys - t'ry, hope of our glo - ry;



sing of cre - a - tion, al - le - lu - ia! Sing of the
sing with thanks - giv - ing, al - le - lu - ia! Sing now of



stream from Je - sus' side flow - ing; sing of the saints in
fast - ing turned in - to feast - ing; sing the Lord's fa - vor



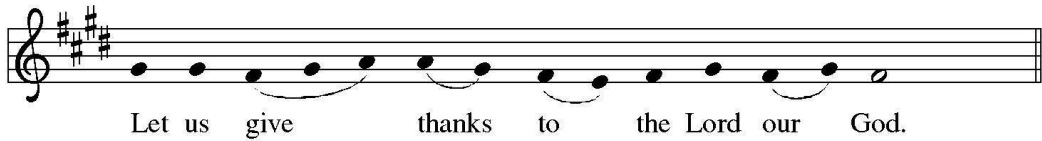
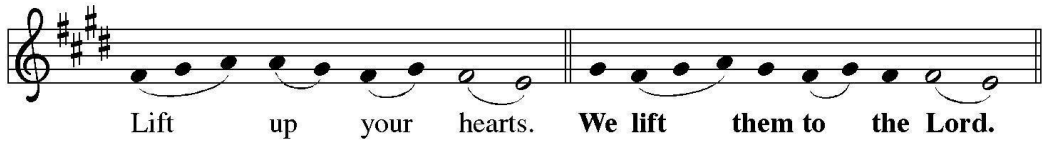
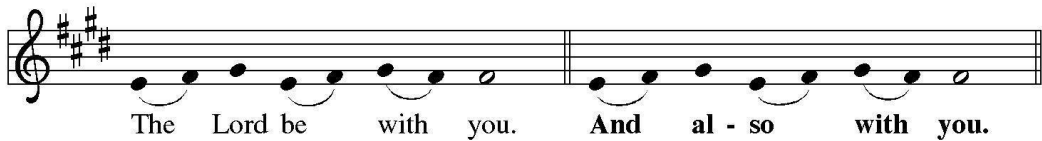
wa - ter made ho - ly; sing of sal - va - tion, al - le - lu - ia!
last - ing for - ev - er; sing, all things liv - ing, al - le - lu - ia!

+OFFERING PRAYER

Risen One, you call us to believe and bear fruit. May the gifts that we offer here be signs of your abiding love. Form us to be your witnesses in the world, through Jesus Christ, our true vine.

Amen.

+GREAT THANKSGIVING



The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

It is indeed right, our duty, and our joy; that we should at all times and in all places give thanks and praise to you, almighty and merciful God, for the glorious resurrection of our Savior Jesus Christ, the true Paschal Lamb who gave himself to take away our sin, who in dying has destroyed death, and in rising has brought us to eternal life. And so, with Mary Magdalene, Mary the mother of James, and Salome and all the witnesses of the resurrection, with earth and sea and all their creatures, and with angels and archangels, cherubim and seraphim, we praise your name and join their unending hymn:

+SANCTUS

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and
God of might, heav - en and earth are full of your
glo - ry. Ho - san - na in the high - est.
Bless - ed is the one who comes in the name of the
Lord. Ho - san - na, ho - san - na in the high - est.
Ho - san - na, ho - san - na in the high - est.

+WORDS OF INSTITUTION

+LORD'S PRAYER

We pray together:

**Our Creator, Our Mother, Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

+LAMB OF GOD



Lamb of God, you take a-way the sin of the world; have mer-cy on



us. Lamb of God, you take a-way the sin of the world; have



mer-cy on us. Lamb of God, you take a-way the sin of the



world; grant us peace, grant us peace.

Please be seated.

COMMUNION INVITATION

All are welcome at the table. This is Christ's table where no one is a stranger.

(11:00) For those worshipping at home, hear these words spoken for you: The body of Christ given for you. The blood of Christ shed for you.

These are the gifts of God for the people of God.

Thanks be to God.

All are welcome at the table.

Grape juice and gluten-free wafers are available upon request to the server.

An usher will direct you down the center aisle, where you can pick up a communion cup. You are invited to stand or kneel in front of the table, beginning from the middle and moving toward the outside. After you have received the bread and the wine, please return to your seat by way of the side aisle, where an usher will receive your communion cup.

If you wish to receive communion from your pew, please let an usher know.

HEALING STATION

Today you are also invited to receive a blessing for healing during the communion distribution time.

Come if you wish to seek prayer for yourself, on behalf of someone else, or for a place in the world.

DISTRIBUTION ANTHEM

Acclamation in G Minor
Gloria Ringers

Karen Thompson

DISTRIBUTION HYMN

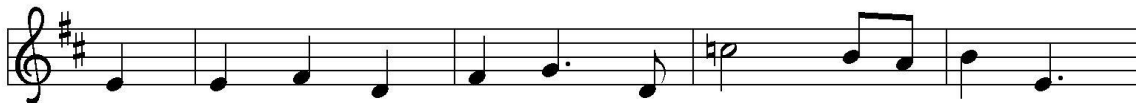
Beloved, God's Chosen



1 Be - lov - ed, God's cho - sen, put on as a gar - ment
2 With - in, call forth Wis - dom, to dwell in you rich - ly;
3 Be - lov - ed, God's cho - sen, put on as a gar - ment



com - pas - sion, for - give - ness, and good - ness of heart.
let peace rule your hearts and that peace be of Christ.
com - pas - sion, for - give - ness, and good - ness of heart.



A - bove all, be - fore all, let love be your rai - ment
And from the heart's cham - ber, be - lov - ed and ho - ly,
A - bove all, be - fore all, let love be your rai - ment



that binds in - to one ev - 'ry dis - so - nant part.
let sing - ing thanks - giv - ing to God ev - er rise.
that binds in - to one ev - 'ry dis - so - nant part.

+BLESSING

The body and blood of Jesus Christ strengthen you and keep you in God's grace.

Amen.

+POST-COMMUNION PRAYER

Shepherding God, you have prepared a table before us and nourished us with your love. Send us forth from this banquet to proclaim your goodness and share the abundant mercy of Jesus, our redeemer and friend.

Amen.

SENDING

+SENDING HYMN

O Living Bread from Heaven

*Children and youth are invited to join the worship leaders as they recess
and gather at the rear of the sanctuary to share the dismissal.*



1 O liv - ing Bread from heav - en, how well you feed your guest!
2 My Sav - ior, you have led me with - in your ho - liest place,
3 You gave me all I want - ed; this food can death de - stroy.
4 Oh, grant me then, well - strength - ened with heav'n - ly food, while here



The gifts that you have giv - en have filled my heart with rest.
and here your - self have fed me with trea - sures of your grace;
And you have free - ly grant - ed the cup of end - less joy.
my course on earth is length - ened, to serve you, free from fear;



O won - drous food of bless - ing! O cup that heals our woes!
for you have free - ly giv - en what earth could nev - er buy,
My Lord, I do not mer - it the fa - vor you have shown,
and bring me home to praise you where none can peace de - stroy,



My heart, this gift pos - sess - ing, in thank - ful song o'er - flows!
the bread of life from heav - en, that now I shall not die.
and all my soul and spir - it bow down be - fore your throne.
where I will ev - er raise you glad songs in end - less joy.

+BENEDICTION

Alleluia! Christ is risen!

Christ is risen indeed! Alleluia!

The God of resurrection power,
the Christ of unending joy,
and the Spirit of Easter hope
✠ bless you now and always.

Amen.

+DISMISSAL

Go in peace. Love your neighbors.

Thanks be to God.

POSTLUDE

A Gaelic Blessing
Adult Choir

John Rutter

Deep peace of the running wave to you,
Deep peace of the flowing air to you,
Deep peace of the quiet earth to you,
Deep peace of the shining stars to you,
Deep peace of the gentle night to you,
Moon and stars pour their healing light on you,
Deep peace of Christ, of Christ the light of the world to you
Deep peace of Christ to you.

"God Is Here!" Text: Fred Pratt Green, 1903-2000. Music: HYFRYDOL, Rowland H. Prichard, 1811-1887. Text © 1979

"Lord, You Give the Great Commission" Text: Jeffery Rowthorn, b. 1934

Music: ABBOT'S LEIGH, Cyril V. Taylor, 1907-1991. Text © 1978 Hope Publishing Company

Music © 1942, ren. 1970 Hope Publishing Company

"Psalm 1" Psalm refrain reproduced from 'Psalm Settings for the Church Year: Revised Common Lectionary'

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"Day of Delight and Beauty Unbounded" Text: Delores Dufner, OSB; b. 1939

Music: IN DIR IST FREUDE, Giovanni Giacomo Gastoldi, 1556-1622. Text © 2011 GIA Publications, Inc.

"Mothering God, You Gave Me Birth" Text: Jean Janzen, b. 1933; based on Julian of Norwich, c. 1342-1413

Music: NORWICH, Carolyn Jennings, b. 1936. Text © 1991 Jean Janzen, admin. Augsburg Fortress

Music © 1995 Augsburg Fortress

"Beloved, God's Chosen" Text: Susan Palo Cherwien, 1953-2021. Music: ANDREW'S SONG, Robert A. Hobby, b. 1962

Text © 1994 Susan Palo Cherwien, admin. Augsburg Fortress. Music © 1997 Augsburg Fortress

"O Living Bread from Heaven" Text: Johann Rist, 1607-1667; tr. Catherine Winkworth, 1827-1878, alt.

Music: AURELIA, Samuel S. Wesley, 1810-1876

HOLY TRINITY LUTHERAN CHURCH

2730 East 31st Street, Minneapolis, MN 55406

612-729-8358 ☒ htlcmpls.org

We acknowledge that we gather on the Dakota Homeland.

LITURGY: ACS SETTING TWELVE

WORSHIP PARTICIPANTS

8:45 AM

11:00 AM

Adult Choir and Gloria Ringers	Preacher	Adult Choir and Gloria Ringers
Doug Mork	Presiding Minister	Doug Mork
	Crucifer	
Rick Liedholm	Assisting Minister	Tom Skold
Aaron Hanson, Carol Berg, Allison Johnson Heist, Sean Gosiewski	Communion	Roberta Shaw, Kathy Skold
	Ushers	
Amy Hanson, Jean Swanson	Altar Guild	Roberta Shaw
	Coffee Servers	Arlene Helvig
Annie Hines	Counters	John Sulzbach
	Closer	Bob Hulteen

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STAFF

Ingrid Rasmussen, *Lead Pastor*
David Larson-Martínez, *Associate Pastor*
Doug Mork, *Part-time Associate Pastor*
Kathy Ekwall, *Communications & Congregational
Coordinator*
Nolan Gusdal, *Building Maintenance*
Phil Radtke, *Cantor*
Kaia Ellis, *Financial Administrator*

STAFF, CONTINUED

Sue Roberts, *Publications Coordinator*
Erik Gerhardt, *Accompanist*
Dennis Nordholm, *Custodian*
Dana Simms, *Custodian*
Logan Olson, *Gloria Ringers Director*

LEADERSHIP

Katie Schroeder, *Council President*
Sandra Hisakuni, *Council Vice President*
Anne Beschnett, *Council Secretary*
Scott Cole, *Council Treasurer*

C O M M U N I T Y I N F O R M A T I O N

YOGA CLASSES AT HOLY TRINITY

Join us on Wednesdays at 12:00 p.m. or Thursdays at 7:30 p.m. Classes are open to everyone—members and non-members. Invite a neighbor. Classes will be in the Bartsch Room.

WORSHIP LEADERS FOR SUNDAYS

We are looking for worship leaders for May. Please sign up in the Community Room if you can help with communion, ushering, altar guild, serving coffee, or baking communion bread.

INVITATION TO SHARE UPRISING STORIES WEDNESDAY, MAY 15, 6:30 P.M.

All are invited to a special event on Wednesday, May 15, 6:30-8:00 (or so) in which community members will be able to share in the progress with the Uprising Story Project with Holy Trinity Lutheran Church. The meal and community sharing will take place at Holy Trinity.

Over the last couple of months, Amy Levad has curated an exhibit from photos shared from participants in the project, which will be shared alongside captions drawn from interviews, workbooks, and small groups in the project. Dr. Levad will be sharing the exhibit with the community for the first time, and she will be inviting folks (that's you!) to add their own captions throughout the evening. She has also created a Story Booth through which community members can record their conversations or memories about the Uprising. To preview the Story Booth, Dr. Levad has asked a few community members to share their stories; John and Kay Buzza, Zoe Martinez, Tre Tellor, and Bob Hulteen have agreed to share their stories with us! She has also collected addresses of contributors to the "Justice" fund at Holy Trinity, which we'll map collectively to help understand the reach of what happened here in 2020.

A meal will be served, and it would be helpful to have a rough count of folks to plan appropriately. If you'd like to come, there will be a sign-up sheet in the Community Room after services in the next couple of weeks, for those of you who attend services at Holy Trinity. You can also let Kathy Ekwall know (kekwall@htlcmpls.org).

For more information, contact Dr. Amy Levad (Amy.levad@stthomas.edu).

YOUTH END-OF-YEAR CELEBRATION FRIDAY, MAY 17, 6:00-10:00 P.M.

We're excited for our final monthly 6-12th grade youth activity of the year on Friday, May 17, 6-10 p.m., we'll meet at church for an end-of-year celebration with pizza, games and the run of the church.

The youth had such a fun time doing this at the start of the year last September that we're doing it again. All are welcome, friends too! To rsvp, or for more information, contact Nicki Hines (nickinelsonhines@gmail.com).

“MOTHER” SAINT JAMES AME CHURCH OPEN HOUSE SAT., MAY 18, 10:00 A.M.-5:00 P.M.

As the oldest Black Church in Minneapolis, and the entire state of Minnesota, “Mother” Saint James AME Church (3600 Snelling Ave. S., Minneapolis) is participating in Doors Open Minneapolis (doorsopenminneapolis.org) on Saturday, May 18, from 10:00 a.m. to 5:00 p.m. Free activities include face painting, food, scavenger hunt, community resources, karaoke, basketball, and more. There will also be presentations throughout the day. All are welcome!

PENTECOST SUNDAY WITH THE MINNESOTA SWAHILI CHRISTIAN CONGREGATION MAY 19, 11:00 A.M.

On Sunday, May 19 (Pentecost), we will have a joint service with the MN Swahili Christian Congregation. Bishop Ann Svennungsen will be preaching. This is a tradition we are bringing back after a hiatus due to COVID. Following the service, our two communities will come together to share a meal. The MN Swahili Congregation will be bringing chicken and rice, which is a traditional dish they often share in community. We invite our members to bring salads and desserts to contribute. Feel free to define “salads” expansively. **There will be one service only that day.** Youth and adult education classes will take place at 10:00 a.m. The adult forum will feature Rev. Dr. Pastor Jia Starr Brown and Holy Trinity participants in the ACTION Project (A Commitment To Inclusion in Our Neighborhoods). All are welcome.

HOLY TRINITY DELIVERS MEALS ON WHEELS MAY 20-24

Holy Trinity volunteers will deliver meals for South Minneapolis Meals on Wheels Monday-Friday, May 20-24. Volunteers pick up meals at 11:125 a.m. at Nokomis Square (50th St. and 35th Ave. S.). Meal delivery takes about one hour. Contact Mary Engen (engenmary@yahoo.com) for part or all of the week.

SUMMER WORSHIP SCHEDULE BEGINS MAY 26

Between Memorial Day weekend and Labor Day weekend, the 8:45 and 11:00 a.m. worship services will join together for one service at 10:00 a.m. The summer season affords us the opportunity to see and to connect with members and friends from “the other service.” Come join us at 10:00 a.m.!

FAMILY-FRIENDLY BOUNDARY WATERS TRIP AUGUST 9-13

Attention campers, (and aspiring campers). It's now time to start the planning for HTLC's annual BWCA canoe trip. This year, our Boundary Waters camping adventure is scheduled for August 9-13. We are planning to go in at Lake One, a large lake with many route and camping options. If you've always wanted to camp in the BWCA but didn't know where to begin, this trip is your opportunity to learn the ropes with experienced campers. To reserve your spot, sign up in the Community Room. The total cost is approximately \$175 per person. Scholarships are available. As always, this is a family-friendly trip. Please consider joining us this year. Call or email with any questions or for more details (Julie 612-618-3814 or Tom 612-616-0507 / jtcahoy@gmail.com).

C H U R C H S C H E D U L E

Tuesday, May 14	11:00 AM	Worship Readings Discussion
Wednesday, May 15	12:00 PM 5:30 PM 6:00 PM	Yoga Palestine-Israel Book Group Uprising Photo Exhibit and Dinner
Thursday, May 16	8:00 AM 7:30 PM	Encore! at Turtle Bread Yoga
Friday, May 17	6:00-10:00 PM	Youth End-of-Year Celebration
Sunday, May 19	10:00 AM 11:00 AM 12:00 PM	Adult Forum with Jia Starr Brown Pentecost Worship Service of Holy Communion with the MN Swahili Congregation Lunch following the service

ADULT FORUM

10:00 a.m. each Sunday in the Library

TODAY “Supporting Adolescent Mental Health, Pt. 2”
Amy Froiland-Parada, LICSW

The fear of school violence and the presence of social media are two of many factors contributing to adolescent mental health challenges. Amy is a therapist in a high school clinic in St. Paul, where she sees teens struggle with understanding and managing their mental health needs. Learn about contributors to mental health problems for adolescents, warning signs that might indicate concern, and ways we can remove barriers to them getting treatment and support. This will be part presentation, part discussion, so please bring questions and your own thoughts around this topic.

May 19 “Rev. Dr. Jia Starr Brown and the ACTION Project”

This Sunday will feature Rev. Dr. Pastor Jia Starr Brown and Holy Trinity participants in the ACTION Project (**A** Commitment **T**o Inclusion in **O**ur Neighborhoods). Pastor Jia is an African American queer pastor, educator, and activist with more than two decades advocating for underrepresented communities. Equipped with a Master of Divinity from Luther Theological Seminary and a Doctor of Ministry from United Theological Seminary, she is ordained in The Christian Church (Disciples of Christ). Pastor Jia is a dynamic leader at the intersection of faith, education and justice. She is director of the ACTION Project, a three-year program designed to reflect and act on racial justice. Jia is married to her wife, Jennifer, and mother to five children and grandma to one. Several members of Holy Trinity who are participating in ACTION will also share from their experiences.