



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

2730 E. 31st Street Minneapolis, MN 55406 • 612-729-8358 • office@htlcmpls.org • www.htlcmpls.org  
Ingrid C. A. Rasmussen, Doug Mork, and David Larson-Martínez, Pastors

## Invitation into Generosity: Soup for You and World Hunger

Dear members,

Individually and as a congregation, members of Holy Trinity enjoy many blessings and share those locally, nationally, and internationally. Each year we endorse special needs at our annual meeting that deepen our congregational life and reach out into a wider world that requires our attention. **The two appeals proposed this spring underscore the reality that food scarcity, even starvation, remains a pervasive and persisting problem.** We have an opportunity to address evident needs in our immediate community through a new collaboration that will make us one hub of food services. We also endorse the highly effective, ongoing work of our ELCA World Hunger Program that reaches across the nation and throughout the world.

### KITCHEN REHABILITATION

**Holy Trinity's basement kitchen is a well-designed but aging workhorse that has served us efficiently for decades.** It hosts lunches at annual meetings, pancake breakfasts by our youth, events sponsored by the Minnesota Swahili Christian Congregation, Healthy Seniors assemblies, Bright Prospect parties, Metro Work Center celebrations, CTUL gatherings, and more.

The kitchen has been maintained over the years but requires refurbishment for even more intense and regular use. Bethany Lutheran Church, which has for years accommodated "Soup for You" (<https://soupforyou.info/>) in the Seward neighborhood, closed its doors. **The community organizers who provide free lunches five days a week there have asked if we would house their operation at Holy Trinity. At our annual meeting you agreed.**

**Additional support is needed for us to deep clean equipment, integrate their equipment, upgrade plumbing and electrical, replace aging cupboards, and add new functionality. Preliminary estimates for this work price it at approximately 30,000 dollars.** These funds will ensure that, beginning in May, we can fully support Soup for You. Their goal is to continue to feed, nourish, and comfort all that come through our doors with a hot meal, served restaurant style in a community setting. By bringing together people from all walks of life, Soup for You builds beloved community. Soup for You currently serves an average of 50 guests per day or 13,000 guests per year. **Our goal is to provide a clean, safe,**

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## FIFTH SUNDAY OF LENT

### READINGS

*Jeremiah 31:31-34; PSALM 119:9-16;  
Hebrews 5:5-10; John 12:20-33*

### ADULT FORUM

*Holy Trinity Adult Forums feature in-person presentations beginning at 10:00 a.m. on Sunday. The presentations are also available via [Zoom](#) for those unable to attend in person.*

#### March 17 "Welcome New Members" In the Community Room

The congregation is invited to come and boldly welcome new members at 10:00 a.m. in the Community Room. We'll hear from two current members, who will offer reflections on what it means to be a part of this community of faith. We'll also be introduced to the many people joining this congregation.

#### March 24 "Bridging Healing and Hope"

Anar is a non-profit based in Bethlehem, Palestine. Their work is centered on advancing the psychosocial wellbeing and resilience of children in Palestine. Through community-based services that include creative expression, their aim is to break the cycle of oppression and intergenerational trauma and build community capacity for resilience and hope. Sarah Myers, formerly of Augsburg University, will share her connections with this hopeful organization.

### EASTER LILIES

If you'd like to sponsor a lily in honor of a loved one who is still living or in memory of a loved one who has died, please contact the church office ([office@htlcmpls.org](mailto:office@htlcmpls.org) / 612-729-8358). The names of the sponsors and the loved ones they are remembering will be listed in the Easter bulletin. We ask that you donate between \$3-\$20 per lily, depending on your ability. You may pay by check, cash, or by clicking on the Donate button on our website ([htlcmpls.org](http://htlcmpls.org)) to donate electronically.

### ~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. We pray especially for **Matt Floding; Michael Scanlan; Katie Murray's mom, Pat Wilson; Mary Ann Sheets's sister, Lorrie Blain; Jeff Olsen Biebighauser's mom Jo; Annie Hines's son, Nick; Joyce Hanson; Dorothy Kelly; Cori Gershon; Juliet Williamson; Arnie Johanson; Joanne Chadwick; Jan Mehlhoff's friend Margie Guelker.**

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welcoming space for this work to continue, as well as grow this community to include many in our congregation and from our neighborhood. Holy Trinity member Tom Skold says that “hospitality is our superpower.” Through these updates, we hope to provide space and hospitality for many years to come.

### **WORLD HUNGER**

The ongoing wars in Gaza and North Africa and indeed throughout the world have created displacement and dire food shortages as people are forced to migrate into foreign spaces unwilling or unable to provide adequate food and housing. Simultaneously, changing climate continues to deepen poverty in many parts of the world where water access dwindles, and more land becomes arid. The ELCA World Hunger Program (<https://www.elca.org/resources/elca-world-hunger>) continues to respond to poverty and hunger across our country and other nations through direct food aid as well as projects intended to address root causes of hunger.

Your contributions to these two programs, whether large or small, will make a difference to someone who lacks adequate food and who looks to those of us with resources for compassion and help. Click here to support either or both of these special appeals (<https://htlcmpls.org/donate/>). You may also give a general gift to support the ongoing ministry of Holy Trinity.

Thank you for your generosity!

Sally Gregory Kohlstedt, Chair of Financial Stewardship  
 Scott Cole, Council Treasurer  
 Steve Murray, Financial Stewardship  
 George Henry, Financial Stewardship  
 Rod Johnson, Chair of Property  
 Kathy Ekwall, Communications and Congregational Coordinator  
 Nolan Gusdal, Building Maintenance  
 Pastor Ingrid Rasmussen  
 Pastor David Larson-Martínez  
 Pastor Doug Mork

## HOLY WEEK 2024

### **Sunday, March 24—Palm Sunday**

This week, the center of the church’s year, is one of striking contrasts: Jesus rides into Jerusalem surrounded by shouts of glory, only to be left alone to die on the cross, abandoned by even his closest friends. Mark’s gospel presents Jesus in his complete human vulnerability: agitated, grieved, scared, forsaken. Though we lament Christ’s suffering and all human suffering, we also expect God’s salvation: in the wine and bread, Jesus promises that his death will mark a new covenant with all people. We enter this holy week thirsty for the completion of God’s astonishing work. Worship services of Holy Communion at 8:45 a.m. and 11:00 a.m. begin with shouts of Hosanna! as we recall Jesus’ entry into Jerusalem to disrupt powers of violence and oppression. Our 11:00 a.m. procession will begin outside near the Rain Garden.

### **Sunday, March 24—Adult Forum “Bridging Healing and Hope”**

Anar is a non-profit based in Bethlehem, Palestine. Their work is centered on advancing the psychosocial wellbeing and resilience of children in Palestine. Through community-based services that include creative expression, their aim is to break the cycle of oppression and intergenerational trauma and build community capacity for resilience and hope. Sarah Myers, formerly of Augsburg University, will share her connections with this hopeful organization.

### **Tuesday, March 26—Weekly Scripture Readings Study**

Join Pastor Doug and congregants on Tuesdays at 11:00 a.m. in the youth library or on Zoom to study the assigned worship readings for the upcoming Sunday. Participants need not attend every session, and no prior bible experience is necessary (to join on [Zoom](#): Meeting ID: 872 7504 3389, Passcode: 336030).

### **Thursday, March 28—Maundy Thursday**

All are welcome to gather for Dinner Church at 6:00 p.m., as we begin our observance of the Three Days. The meal and worship will be interwoven. The liturgy on this day contains the elements that define Christianity: the church announces that sins are forgiven; we approach one another and God in vulnerability through foot washing; money is collected for the care of the neighbor; and we share Holy Communion, the meal that celebrates the living presence of Jesus among us. Children’s Choir will help lead music for the service.

### **Friday, March 29—Good Friday**

The night’s liturgy tells the story of Jesus’ Passion. Tonight, we meet Jesus at the foot of the cross. As we grieve his death, we voice our lives’ laments. Even in the sorrow of this day, we trust in the resurrection promises given to us. We leave tonight’s service in silence. The service begins at 7:00 p.m. in the Bartsch Room. The Adult Choir will lead our singing, and Andrew Winfield will grace us with music on cello.

### **Saturday, March 30—Vigil of Easter**

Gathered together in the womb of night, we retell the stories of our faith, celebrate Christ’s resurrection, and are renewed in the gift of baptism. A small group ensemble and soloists will lead the Easter Vigil, which will begin in the Bartsch Room this year at 5:00 p.m. so that families with young children can participate!

### **Sunday, March 31—Easter Sunday**

Christ is risen! Jesus is alive, and God has swallowed up death forever. With Mary Magdalene, Mary the mother of James, and Salome, we may feel astonished and confused, unsure of what to make of the empty tomb. But this is why we gather: to proclaim, witness, praise, and affirm the liberating reality of Christ’s death and resurrection. In word and feast, we celebrate God’s unending love, and depart to share this good news with all the world. Alleluia! We gather for festival worship services of Holy Communion at 8:45 a.m. and 11:00 a.m. to celebrate this good news. The adult choirs, along with brass ensemble, will help to lead worship. Christ is risen! Let us rejoice!

### **Sunday, March 31—No Adult Forum on Easter Sunday**

Join us for breakfast tacos in the Community Room between services!

**HAPPENING THIS WEEK**

**TUESDAY, MARCH 19—WEEKLY SCRIPTURE READINGS STUDY**  
Join Pastor Doug and congregants on Tuesdays at 11:00 a.m. in the youth library or on Zoom to study the assigned worship readings for the upcoming Sunday. Participants need not attend every session, and no prior bible experience is necessary (to join on [Zoom](#): Meeting ID: 872 7504 3389, Passcode: 336030).

**WEDNESDAY, MARCH 20 AND THURSDAY, MARCH 21—YOGA CLASSES AT HOLY TRINITY**  
This week is the final week for the current yoga session at Holy Trinity. The final classes will be held on Wednesday, March 20, at 12:00 p.m. and on Thursday, March 21, at 7:30 p.m.

**ONE MORE LENT SOUP SUPPER AND EVENING PRAYER SERVICE MARCH 20**  
Lent is a time of renewal, regeneration, and growth. Please join us on Wednesday for the following opportunities:

- Lenten supper from 6:00-6:50 p.m. in the Community Room.
- Open gym time with adult supervision from 5:30-6:30 p.m.
- Evening Prayer Service at 7:00 p.m. in the Bartsch Room; people of all ages are invited to worship.
- If you are not able to join in person, you can watch online here: <https://vimeo.com/event/4096572>

**WEDNESDAY, MARCH 20 —KNITTING LESSONS FOR LONGFELLOW MOMS**  
Once a week teach knitting to Longfellow High School students who are pregnant or parenting. Help students learn the basics of knitting and help with beginning knitting projects while getting to know students and the volunteer knitting teachers. Meets every Wednesday at 2:00 pm at Longfellow High School during the school year. For more information, contact Liz Blood ([liz.bill.blood@gmail.com](mailto:liz.bill.blood@gmail.com)).

**THURSDAY, MARCH 21—ENCORE! AT TURTLE BREAD**  
Encore! (the group for members 50 years of age and older) meets monthly at 8:00 a.m. at Turtle Bread (4205 E. 34th St.). There is no agenda. Breakfast goes simply get to know one another. No sign up necessary.

**GAZA CEASEFIRE PILGRIMAGE MARCH 23**  
You're invited to join the Gaza Ceasefire Pilgrimage. Christians across the globe are coming together during Lent to express solidarity with Palestinian Christians and the people of Gaza through pilgrimages of prayer, lament, and protest, calling for an immediate ceasefire, humanitarian aid, the release of all hostages, and a permanent just peace for all.

The Twin Cities pilgrimage will be all day on Saturday, March 23rd. Our route along the Mississippi River covers approximately 22 miles, the distance Palestinians traveled while fleeing from Gaza City to Rafah. There are many ways to participate: walk all or part of the route, join activities along the way, donate, sponsor, volunteer. There's something for all abilities and ages! Learn more and register at <https://www.peacecatalyst.org/gcpilgrimage>.

**ELCA CONFERENCE OF BISHOPS CALLS FOR A PERMANENT BILATERAL CEASE-FIRE IN GAZA**  
The Conference of Bishops of the Evangelical Lutheran Church in America (ELCA) is adding its voice to the growing group of faith leaders urgently calling for a permanent bilateral cease-fire in Gaza. We urge President Joe Biden, our legislators, and all who lead and make decisions on behalf of the United States to do everything in their power to bring an end to the current suffering and lay the foundation for lasting peace with justice.



*A doctor treats a child at Augusta Victoria Hospital, a community hospital and church complex in East Jerusalem for which the Lutheran World Federation has fiduciary responsibility. Archival photo: LWF/ B. Gray*

As members of the ELCA Conference of Bishops, we are elected to lead one of the largest Christian denominations in the United States, with nearly 3 million members in more than 8,700 worshipping communities across the 50 states and in the Caribbean region. We are compelled to advocate, pray, and act by the social teachings of our denomination and by our belief — rooted in Scripture — that all people are made in the image of God.

We mourn the loss of 1,200 precious lives in Israel on October 7 by the actions of Hamas and the trauma for those 250 others who were taken hostage. We mourn the loss of over 30,000 precious lives in Gaza — including tens of thousands of women and children — who have died in Israel’s military action since then and the trauma that ripples outward from this loss. We grieve the deaths of more than 400 Palestinians in the West Bank, including East Jerusalem, and in Israel since October 7 as the circle of violence expands and makes casualties of yet more civilians.

Too many have suffered. Too many lives have been lost. Strong U.S. leadership is needed to help bring a comprehensive permanent cease-fire and lasting peace. Our country’s leadership is needed to support human rights and the Geneva Conventions, to resume funding to the United Nations Relief and Works Agency (UNRWA), and to provide greater access for humanitarian relief in Gaza, as well as to advocate for the immediate and safe return of the hostages and release of political prisoners, for affirmation of both Israel and Palestine’s right to exist, and for a path forward that disrupts cycles of violence. Mindful of the rise in hate targeted at people across complex intersections of race, ethnicity, and religion — worldwide and nationally — we exhort our legislators, leaders, and neighbors to oppose hate in all its forms, and we recommit ourselves to partnership in that same work.

Jesus taught: “Blessed are the peacemakers, for they will be called children of God” (Matthew 5:9). We affirm that all our neighbors, near and far, are children of God and made in God’s image, and we are praying for President Biden, our legislators, and all decision-makers. May God give us and our leaders everything necessary to meet the needs of this critical moment, particularly peacemaking.

# PARISH INFORMATION

## SAVE THE DATE

### APRIL 3 & 10: LECTURES ON BEING CHRISTIAN IN AN ELECTION YEAR LIKE THIS ONE

Join us on April 3 at 7:00 p.m. for a hybrid event with William Willimon, Professor of the Practice of Christian Ministry at Duke Divinity School, and again on April 10 at 7:00 p.m. for a hybrid event with William H. Lamar IV, Pastor of Metropolitan African Methodist Episcopal Church of Washington, D.C. Both presenters will be zooming in to present and talk with us, followed by treats in the Community Room.

### DIALOGUE BREAKFAST MONDAY, APRIL 8

You are invited to a Dialogue Breakfast on Monday, April 8, featuring Larry Rasmussen, a Reinhold Niebuhr Professor of Social Ethics, Union Theological Seminary, New York City.

Here at Holy Trinity, Larry Rasmussen will speak about the themes in *The Planet You Inherit: Letters to my Grandchildren When Uncertainty's a Sure Thing*, his newest book.

**WHAT:** Dialogue Breakfast with Larry Rasmussen

**WHEN:** Monday April 8, Time to be determined

**WHERE:** Holy Trinity Lutheran Church, 2730 East 31<sup>st</sup> St, Minneapolis, MN

**WHERE TO REGISTER** (for food planning):  
<https://forms.gle/cpz6g7p13NbDTtqX7>

### SING JOYFULLY - TWIN CITIES CHILDREN'S CHOIR FESTIVAL 2024, SATURDAY, APRIL 27

An ecumenical children's choir festival on April 27, featuring rehearsals, education for musicians, and a hymn festival.

This Twin Cities Children's Choir Festival is open to children in second through sixth grades from any congregation or community choir, or any child who simply loves to sing. They will learn with world-renowned choir director Phillip Shultz—the associate artistic director of VocalEssence and cantor for worship, music, and the arts at Westwood Lutheran Church. While the choir is rehearsing, church musicians are invited to participate in two continuing education sessions and attend an open rehearsal with the choir. Katie Houts, sacred music choral editor for Choristers Guild, and Mari Espeland, children's choir director at Mount Olive Lutheran Church, will be the clinicians for the continuing education sessions.

The registration fee includes lunch for everyone and music, folders, and t-shirts for the child participants. Directors will receive a complimentary one-year membership in Choristers Guild. If the registration fee is beyond your budget, scholarships are available upon request. Please email Sally Messner, Hennepin's director of worship & music, at [sally.messner@haumc.org](mailto:sally.messner@haumc.org) for information about scholarships.

This event is sponsored by the Association of Lutheran Church Musicians, Choristers Guild, and Thrivent Financial.

Sign up by contacting Phil Radtke ([pradtke@htlcmpls.org](mailto:pradtke@htlcmpls.org)). We hope to have a good showing from Holy Trinity!

Click [here](#) for more information.

### RACIAL JUSTICE COMMITTEE ENCOURAGES REMEMBERING RAMADAN AND OUR MUSLIM SIBLINGS.

There are two opportunities to participate in local Ramadan dinners in the near future. Ramadan is the blessed month of the Islamic lunar calendar when Muslims abstain from food and drink from sunrise to sunset. Fasting during Ramadan is one of the "five pillars" of Islam and is performed to learn piety, self-restraint, compassion and generosity. Ramadan is March 10 to April 9.

One Ramadan event is with CAIR MN, March 24, 5:30 p.m. with location to be announced. CAIR MN works to promote civil rights, combat Islamophobia and empower the Muslim community in Minnesota. Admission is free, but donations are encouraged. Register at the Ramadan RSVP link: <https://events.humanitix.com/ramadan-fundraising-dinner-2024-cair-mn>.

Ramadan dinners are also sponsored by the Minnesota Council of Churches and the Muslim American Society of Minnesota at multiple locations throughout the Twin Cities. Register for free on the MCC website at [mcc@mnchurches.org](mailto:mcc@mnchurches.org).

## VOLUNTEER OPPORTUNITIES

### VOLUNTEERS NEEDED FOR FINAL LENT WEDNESDAY

We are looking for volunteers to help with Lent Evening Soup Supper, March 20. We need two more households to prepare and serve enough soup for 30 people. We also need help with set-up and clean up. Sign up in the Community Room.

### WORSHIP LEADERS FOR MARCH AND BEYOND

We are looking for worship leaders for the month of March. In addition to regular Sunday Worship, we are looking for a couple of volunteers to assist with Maundy Thursday Dinner Church and ushers for Good Friday and Easter Vigil Saturday. Please sign up in the Community Room.

We could also use more folks on the volunteer list. Please contact the office ([kekwall@htlcmpls.org](mailto:kekwall@htlcmpls.org)) if you'd like more information on the roles available and how to get started. There are many opportunities; Altar Guild, Cantor, Usher, Crucifer, Assisting Minister, Communion Assistant, Coffee Server, Video Operator, Prayer Writer, Communion Bread Baker.

### 2023 THRIVENT CHOICE® DOLLARS EXPIRE MARCH 31

Since 2010, over \$370 million has been distributed to thousands of churches, schools, and other nonprofits through Thrivent Choice®. Through this program, eligible members can recommend where Thrivent donates millions of charitable outreach dollars each year. Please consider recommending Holy Trinity for your Thrivent Choice Dollars. If you need help with Thrivent's website, click [here](#) for a step-by-step tutorial that Pam Blomgren has put together.

### OLIVE OIL FROM THE MOUNT OF OLIVES

Bottles of fresh olive oil are available in two sizes: 250mL bottles for \$15 and 750 mL bottles for \$35. Purchases support the work of the Lutheran World Federation vocational training program and reduce student fees. Brought to you by the Palestine-Israel Working group. Contact the [office](#) to purchase.



## WORSHIP PARTICIPANTS FOR SUNDAY, MARCH 17, 2024

8:45 AM		11:00 AM
Ingrid Rasmussen	<b>Preacher</b>	Ingrid Rasmussen
Doug Mork	<b>Presiding Minister</b>	Doug Mork
Stephanie Sulzbach	<b>Cantor</b>	Stephanie Sulzbach
Amy Hanson, Jean Swanson	<b>Altar Guild</b>	Doris Gbala
	<b>Assisting Minister</b>	Deb Anderson
Aaron Hanson, Carol Berg	<b>Communion</b>	Karen Kunze, Wayne Vetter
	<b>Ushers</b>	Kathy Hollander, Rod Johnson
Bob and Jane Aldrich	<b>Coffee Servers</b>	Arlene Helvig
Chris Engen	<b>Counters</b>	Deb Helmelt, John Sulzbach
	<b>Closer</b>	Robertta Shaw
	<b>Video Operator</b>	Jeff Weiss

## PARISH EVENTS MARCH 17-23, 2024

Sunday, March 17	8:45 AM	Worship Service of Holy Communion
	10:00 AM	Adult Forum
	11:00 AM	Worship Service of Holy Communion
	2:00 PM	Swahili Service
Monday, March 18	6:30-8:00 PM	Adult Choir Rehearsal
Tuesday, March 19	11:00 AM	Worship Readings Discussion
	6:45 PM	Executive Committee
	7:00 PM	Church Council Meeting
Wednesday, March 20	12:00 PM	Yoga
	5:30-6:30 PM	Playtime in the Gym
	5:45 PM	Children's Choir Rehearsal
	5:45 PM	Gloria Ringers
	6:00 PM	Soup Supper
	7:00 PM	Lent Evening Prayer Service
Thursday, March 21	8:00 AM	Encore! at Turtle Bread
	7:30 PM	Yoga

### LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 11:00 a.m. Sunday service is available online at 10:55 a.m. You can access recordings of previous worship services [here](#).



# PARISH INFORMATION

## PHOTOS FROM THE HOLY COMMUNION INTERGENERATIONAL EVENT

Thank you everyone who helped with and participated in our Intergenerational Holy Communion event. Again, everyone is always welcome to receive communion — no exceptions!

