



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, Doug Mork, and David Larson-Martínez, Pastors

### INDIGENOUS JUSTICE COMMITTEE

Six years ago Pastor Ingrid asked us to form a task force to look at the effects of the Doctrine of Discovery, a little-known papal proclamation from 1493. The Doctrine provided the justification for European Christian nations to take indigenous lands and enslave the people of those lands. It justified taking slaves from Africa and acquiring the lands and people of the Western Hemisphere, Australia, New Zealand and other lands deemed to be "empty" (occupied by non-Christians). The Doctrine was enshrined in American law by the John Marshall court in 1823 and remains the basis of Indian Law in this country. From the arrival of Columbus in 1492 to 1900 the indigenous population of the Americas was reduced by 97%, making it the greatest holocaust in world history.

The task force decided to focus on the dual goals of education and advocacy. For education it has done forums, shown films, and disseminated historical and contemporary information on Indian tribes. In the fall of 2019 the Johnson Symposium featured Mark Charles, Dine/Navajo, as keynote speaker, a panel of Native representatives, and an honor ceremony with drum to recognize leaders. In 2023 the lead speaker was Winona LaDuke.

For advocacy, it has pursued a bill in the legislature that would create a fund for the Indians of Minnesota. Titled the Indian Recovery Act, it would place a small surtax on each real estate transaction. In aggregate it would raise 25 to 40 million dollars annually for Indian programs on the reservations and in urban areas.

The administration of the fund will be by the Indian Land Tenure Foundation, an organization with which we have a close relationship. In 2023 Holy Trinity donated \$250,000 to the Foundation which it used to create a "Beyond Land Acknowledgement Fund" for the purchase of land. That fund has since attracted additional donations and has now grown close to \$500,000.

In recent years the effort has been on creating a community of churches, organizations and individuals that will come together for the final effort to get the passage of the bill, now anticipated to be in the 2025 session of the Minnesota Legislature. The senate author of the bill is Senator Mary Kunesh, Standing Rock Descendant.

A great addition to the effort has been collaboration with the Repair Communities, an organization of urban and rural "repair communities" that decided to make passage of the Indian Recovery Act their top priority. Their other focus has been the support of the Makoce Ikikcupi ("land recovery" in Dakota) project near the Upper Sioux Community and Granite

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## FOURTH SUNDAY OF LENT



### READINGS

Numbers 21:4-9; Psalm 107:1-3, 17-22;  
Ephesians 2:1-10; John 3:14-21

### ADULT FORUM

Holy Trinity Adult Forums feature in-person presentations beginning at 10:00 a.m. on Sunday. The presentations are also available via [Zoom](#) for those unable to attend in person.

**March 10 Holy Communion Intergenerational Event**  
In place of our regular Sunday School, Confirmation, and Adult Forum offerings, we'll gather between services for some large and small group activities exploring Holy Communion. Join us at 10:00 a.m. in the Community Room.

**March 17 "Welcome New Members" In the Community Room**  
The congregation is invited to come and boldly welcome new members at 10:00 a.m. in the Community Room. We'll hear from two current members, who will offer reflections on what it means to be a part of this community of faith. We'll also be introduced to the many people joining this congregation.

### AARP TAX AIDE AT HOLY TRINITY

AARP Tax Aide is available at Holy Trinity to provide assistance with 2023 tax preparation for seniors and low-income taxpayers. The tax assistance process will begin on Monday Feb 5, 2024, and run until April 10. You will need an appointment to come to Holy Trinity to have your tax documents scanned. Returns are completed off-site. For appointments, Call 612-567-2368 between the hours of 9:00-11:00 a.m. or 1:00-3:00 p.m. Mondays, Wednesdays & Thursdays. When you call, please have your 2022 tax return available.

### ~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. We pray especially for **Michael Scanlan; Mihai Miu; Deanna Thompson; Rev. Lynne Morrow; Rick Letto; Marie Failinger;** Katie Murray's mom, **Pat Wilson;** Mary Ann Sheets's sister, **Lorrie Blain;** Jeff Olsen Biebighauser's mom **Jo;** Annie Hines's son, **Nick; Joyce Hanson; Dorothy Kelly; Cori Gershon; Juliet Williamson; Arnie Johanson; Joanne Chadwick;** Jan Mehlhoff's friend **Margie Guelker.**

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Falls. The Repair Communities is led by John Stoesz, former executive director of the Mennonite Central Committee, Central States.

Last year it was decided that “Doctrine of Discovery Task Force” was too “past oriented” and that “Indigenous Justice Committee” would be a more fitting title as the work of the group is focused on the future.

There is a need for more members on the committee as we will be in this for the long haul. If you are interested we would welcome your participation. For more information or to volunteer contact Mike Miller at ([Mmiller421@aol.com](mailto:Mmiller421@aol.com)) or 612-927-6960.

~Mike Miller, Indigenous Justice Committee Chair

## TRUTH-TELLING & HEALING— INDIAN BOARDING SCHOOL

Most American Indian children were forced to attend boarding schools away from their tribes and families for a 150 year period during the 19th and 20th centuries. (There were at least 523 boarding schools in the U.S.—several were in Minnesota and surrounding states; at least 408 of them received some Federal financial support.) The purpose of these schools was to strip these children of their tribal cultures and force them to adopt the culture of the U.S. against their wills. This was a traumatic experience that haunts survivors and their families. Many children in these boarding schools suffered physical and emotional abuses by staff.

The ELCA began a project last year to increase our understanding of the true history of American Indian Boarding Schools and to tell the truth about them. The aim of this truth-telling is to promote healing among Native Americans and the larger American nation over the abuses and injustices against Indian children in those schools. The project is led by Vance Blackhawk of the Churchwide staff and Liz Andress from the Twin Cities. Dozens of members from across the ELCA have committed to research what happened in Indian Boarding Schools run or supported by Lutherans in order that the truth about them may be learned and told. I participate in this project, and Mike Miller of Holy Trinity's Indigenous Justice Task Force monitors its activities.

To learn more about this project, visit the ELCA website at <https://www.elca.org/Our-Work/Congregations-and-Synods/Ethnic-Specific-and-Multicultural-Ministries/Indigenous-Ministries-and-Tribal-Relations/Truth-and-Healing-Movement>. There are two important links on this page which I commend to you; one is to a video recording with George McCauley about his personal experience as a survivor of an Indian Boarding School, and the other is a video recording of two descendants of Indian boarding school survivors who talk about how their boarding school experiences have affected their families.

There also two short videos about Indian Boarding Schools which provide important background.

*The Disturbing Truth Behind America's Indigenous Boarding Schools* (30 min.)

<https://www.youtube.com/watch?v=AY8WVxOAUNQ>

*How the U.S. Stole Thousands of Native American Children* (13 min.)

<https://www.youtube.com/watch?v=UGqWRyBCHhw>

~Ron Duty, Indigenous Justice Committee

## HAPPENING THIS WEEK

### SUNDAY, MARCH 10 — CONFIRMATION BOWLING OUTING

All current confirmation students as well as those recently confirmed will join Pastor David and adult chaperones at Memory Lanes immediately following the intergenerational communion event. The students will be bowling and eating lunch from 11:00 a.m. to 1:00 p.m.

### HOLY TRINITY'S NEWEST ENSEMBLE: TRINITY RINGERS

If you've ever wanted to try out the handbells at Holy Trinity, good news! A new, low commitment handbell group, the Trinity Ringers, has started! This ensemble is catered to beginner level ringers and is meant to be an accessible and fun entry into handbell ringing. The group will have two rehearsals and a Sunday morning worship ring. Give ringing a try, you won't regret it! Email Logan Olson with questions ([lolson@htlcmpls.org](mailto:lolson@htlcmpls.org)).

- Monday March 11, 5:30-6:20pm
- Sunday morning, March 17th

### RISE & REPAIR COALITION DAY AT THE MN CAPITOL, MARCH 12

Please plan to attend the Rise & Repair Coalition Day at the MN Capitol on March 12, 2024. The bill that our Indigenous Justice Committee initiated and has worked on for many years is part of this coalition. The bill creates an ongoing native fund fed by a small surtax on real estate sales. The coalition is promoting about a dozen bills that will advance indigenous rights and climate justice, with a platform that includes five categories of policy work. You can also [subscribe to their newsletter](#) for updates and calls to action. More information in the Community Room.

### TUESDAY, MARCH 12—WEEKLY SCRIPTURE READINGS STUDY

Join Pastor Doug and congregants on Tuesdays at 11:00 a.m. in the youth library or on Zoom to study the assigned worship readings for the upcoming Sunday. Participants need not attend every session, and no prior bible experience is necessary (to join on [Zoom](#): Meeting ID: 872 7504 3389, Passcode: 336030).

### WEDNESDAY, MARCH 13 AND THURSDAY, MARCH 14—YOGA CLASSES AT HOLY TRINITY

Regardless of who you are, what you look like, or whom you love, James Orione believes that creating a space for everybody is very important. Society places many expectations and roles as to how, what, when, where, and why you are doing something instead of simply being. Through conscious movement connected to breath, you have an opportunity to learn how to be in this moment. Yoga is an opportunity to create, rediscover, and connect to the experience of being human and overcome the obstacles that stand in your path. Join us weekly, Wednesdays at Noon or Thursdays at 7:30 p.m.

### LENT SOUP SUPPERS AND EVENING PRAYER SERVICES CONTINUE MARCH 13

Lent is a time of renewal, regeneration, and growth. Please join us on Wednesdays during Lent for the following opportunities:

- Lenten supper from 6:00-6:50 p.m. in the Community Room.
- Open gym time with adult supervision from 5:30-6:30 p.m.
- Evening Prayer Service at 7:00 p.m. in the Bartsch Room; people of all ages are invited to worship.
- If you are not able to join in person, you can watch online here: <https://vimeo.com/event/4096572>

# PARISH INFORMATION

## WEDNESDAY, MARCH 13 —KNITTING LESSONS FOR LONGFELLOW MOMS

Once a week teach knitting to Longfellow High School students who are pregnant or parenting. Help students learn the basics of knitting and help with beginning knitting projects while getting to know students and the volunteer knitting teachers. Meets every Wednesday at 2:00 pm at Longfellow High School during the school year. For more information, contact Liz Blood ([liz.bill.blood@gmail.com](mailto:liz.bill.blood@gmail.com)).

## SAVE THE DATE

### CONCERT: WITNESS: LEADING WITH LOVE, MARCH 17

Beloved vocal activist, soulful singer, and composer Melanie DeMore returns to Minnesota using her music as what she calls “a weapon of mass connection.” Featuring music by Damien Geter, Marques Garrett, Joel Thompson, and songs from the African diaspora, WITNESS: Leading with Love is the place to hear Melanie and VocalEssence share the world premiere performance of an extended work co-created through conversation and stick-pounding workshops with Twin Cities community members. This concert will feature some students from Longfellow Alternative School. Dr. Udupa, the former principal will be honored at this event as well. March 17, 4:00-6:30 p.m. at Orchestra Hall.

### THURSDAY, MARCH 13—ENCORE! AT TURTLE BREAD

Encore! (the group for members 50 years of age and older) meets monthly at 8:00 a.m. at Turtle Bread (4205 E. 34th St.). There is no agenda. Breakfast goes simply get to know one another. No sign up necessary.

### PASTURES A PLENTY DELIVERY SATURDAY, MARCH 23

Please have your order in by Thursday March 21. You can email your order to [shop@pasturesaplenty.com](mailto:shop@pasturesaplenty.com) or you can go to our website [www.pasturesaplenty.com](http://www.pasturesaplenty.com) and place an order. When ordering at Barn2Door there is an option of paying by credit card or pay with check. You can use a credit card if that is the most convenient. We would love to have your order, but due to the increased cost of using a credit cards for you and us, preferred payment is check or cash at the drop sites.



### GAZA CEASEFIRE PILGRIMAGE MARCH 23

You're invited to join the Gaza Ceasefire Pilgrimage. Christian lineage people are connecting to express support for Palestine through a prayerful pilgrimage. We'll walk the length of Gaza—but here in the Twin Cities. It's set for March 23 starting with a Sunrise Prayer Service at 6:00 a.m. The end of the route is tentatively Savage Visitor Center, near Bdote, where there will be culminating activities by 8:00 p.m.

RSVP and share the Facebook event. <https://facebook.com/events/s/twin-cities-gaza-ceasefire-pil/728896639348251/>

There are so many ways to support—walk the whole route or just a short leg, show up to appreciate and cheer, contribute snacks or funds, pray... Fill out the Interest [Form](#) to get updates. Questions? Contact Donna Goodlaxson at: [40acreslcs@gmail.com](mailto:40acreslcs@gmail.com).

## APRIL 3 & 10: LECTURES ON BEING CHRISTIAN IN AN ELECTION YEAR LIKE THIS ONE

Join us on April 3 at 7:00 p.m. for a hybrid event with William Willimon, Professor of the Practice of Christian Ministry at Duke Divinity School, and again on April 10 at 7:00 p.m. for a hybrid event with William H. Lamar IV, Pastor of Metropolitan African Methodist Episcopal Church of Washington, D.C. Both presenters will be zooming in to present and talk with us, followed by treats in the Community Room.

## DIALOGUE BREAKFAST MONDAY, APRIL 8

You are invited to a Dialogue Breakfast on Monday, April 8, featuring Larry Rasmussen, a Reinhold Niebuhr Professor of Social Ethics, Union Theological Seminary, New York City.

Here at Holy Trinity, Larry Rasmussen will speak about the themes in *The Planet You Inherit: Letters to my Grandchildren When Uncertainty's a Sure Thing*, his newest book.

**WHAT:** Dialogue Breakfast with Larry Rasmussen

**WHEN:** Monday April 8, Time to be determined

**WHERE:** Holy Trinity Lutheran Church, 2730 East 31<sup>st</sup> St, Minneapolis, MN

**WHERE TO REGISTER** (for food planning):

<https://forms.gle/cpz6g7p13NbDTtqX7>

## SING JOYFULLY - TWIN CITIES CHILDREN'S CHOIR FESTIVAL 2024, SATURDAY, APRIL 27

An ecumenical children's choir festival on April 27, featuring rehearsals, education for musicians, and a hymn festival.

This Twin Cities Children's Choir Festival is open to children in second through sixth grades from any congregation or community choir, or any child who simply loves to sing. They will learn with world-renowned choir director Phillip Shoultz—the associate artistic director of VocalEssence and cantor for worship, music, and the arts at Westwood Lutheran Church. While the choir is rehearsing, church musicians are invited to participate in two continuing education sessions and attend an open rehearsal with the choir. Katie Houts, sacred music choral editor for Choristers Guild, and Mari Espeland, children's choir director at Mount Olive Lutheran Church, will be the clinicians for the continuing education sessions.

The registration fee includes lunch for everyone and music, folders, and t-shirts for the child participants. Directors will receive a complimentary one-year membership in Choristers Guild. If the registration fee is beyond your budget, scholarships are available upon request. Please email Sally Messner, Hennepin's director of worship & music, at [sally.messner@haumc.org](mailto:sally.messner@haumc.org) for information about scholarships.

This event is sponsored by the Association of Lutheran Church Musicians, Choristers Guild, and Thrivent Financial.

Sign up by contacting Phil Radtke ([pradtke@htlcmpls.org](mailto:pradtke@htlcmpls.org)). We hope to have a good showing from Holy Trinity!

Click [here](#) for more information.

## RACIAL JUSTICE COMMITTEE ENCOURAGES REMEMBERING RAMADAN AND OUR MUSLIM SIBLINGS.

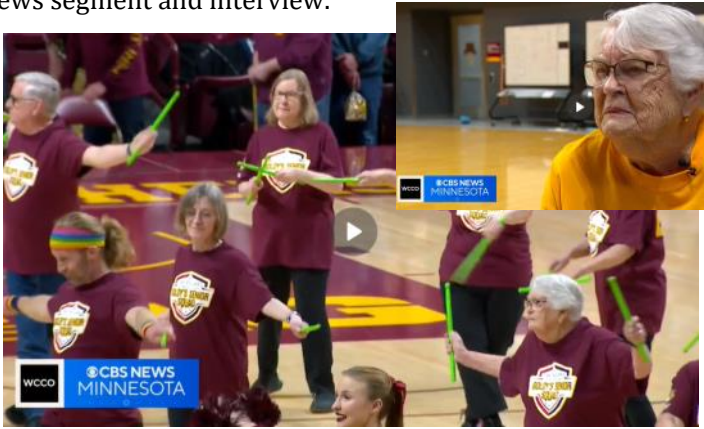
There are two opportunities to participate in local Ramadan dinners in the near future. Ramadan is the blessed month of the Islamic lunar calendar when Muslims abstain from food and drink from sunrise to sunset, Fasting during Ramadan is one of the "five pillars" of Islam and is performed to learn piety, self-restraint, compassion and generosity. Ramadan is March 10 to April 9.

One Ramadan event is with CAIR MN, March 24, 5:30 p.m. with location to be announced. CAIR MN works to promote civil rights, combat Islamophobia and empower the Muslim community in Minnesota. Admission is free, but donations are encouraged. Register at the Ramadan RSVP link: <https://events.humanitix.com/ramadan-fundraising-dinner-2024-cair-mn>.

Ramadan dinners are also sponsored by the Minnesota Council of Churches and the Muslim American Society of Minnesota at multiple locations throughout the Twin Cities. Register for free on the MCC website at [mcc@mnchurches.org](mailto:mcc@mnchurches.org).

## DANCE TEAM MADE UP OF SENIORS PERFORM AT GOPHERS HALFTIME SHOW.

Holy Trinity's very own Carol Lerdal interviewed about dancing in the halftime show (at age 92). Click [here](#) to watch the news segment and interview.



## 2023 THRIVENT CHOICE® DOLLARS EXPIRE MARCH 31

Since 2010, over \$370 million has been distributed to thousands of churches, schools, and other nonprofits through Thrivent Choice®. Through this program, eligible members can recommend where Thrivent donates millions of charitable outreach dollars each year. Please consider recommending Holy Trinity for your Thrivent Choice Dollars. If you need help with Thrivent's website, click [here](#) for a step-by-step tutorial that Pam Blomgren has put together.

## DON'T FORGET! DAYLIGHT SAVING TIME BEGINS MARCH 10



Set your clocks ahead one hour when you go to bed Saturday so you're not late to church in the morning!

## VOLUNTEER OPPORTUNITIES

### VOLUNTEERS NEEDED FOR WEDNESDAYS IN LENT

We are looking for volunteers to help with Lent Evening Soup Suppers (March 13, and 20). For each meal, 4 households would prepare and serve enough soup for 30 people. One household would prepare 4 boxes of Kraft Mac & Cheese, we have the Mac & Cheese boxes available at the church if you'd like to pick them up. Sign up in the Community Room.

For inspiration, here is a recipe shared by Soup For You:

### Brazilian Black Bean Soup (6 servings)

Ingredients:

- 1 cup black beans, dry
- 6 cups water
- 2 tablespoons olive oil
- 1/3 cup onion, chopped
- 1/3 cup carrots, chopped
- 4 cloves garlic, crushed
- 1 teaspoon salt
- 1 tablespoon cumin
- 2 stalks celery, chopped
- 1 teaspoon coriander
- 2 tablespoons red wine
- 1/3 cup orange juice, frozen concentrate (from a 16 oz. can)
- 1 teaspoon lemon juice
- 1/3 teaspoon black pepper
- 1/8 teaspoon cayenne

Instructions:

The day before making soup, soak the beans in a large soup pot. On the day of serving, place the soaked beans in a pot, adding four times as much water as beans. Bring to a boil, cover, and simmer until tender (approximately 1 1/4 hrs).

Heat olive oil in a skillet. Add onion and half of the garlic. Add red wine. Sauté over medium heat until the carrots are just tender. Add remaining garlic, cumin, coriander, and the celery. Sauté until everything is very tender. Add the sautéed mixture to the beans, scraping in every last morsel.

Stir in the orange juice, lemon juice, black pepper, and cayenne. Simmer over very low heat. Serve topped with an artful arrangement of sour cream, cilantro, and salsa.

### WORSHIP LEADERS FOR MARCH AND BEYOND

We are looking for worship leaders for the month of March. Please sign up in the Community Room, sign up sheets for each Sunday are available. We could also use more folks on the volunteer list. Please contact the office ([kekwall@htlcmpls.org](mailto:kekwall@htlcmpls.org)) if you'd like more information on the roles available and how to get started. There are many opportunities; Altar Guild, Cantor, Usher, Crucifer, Assisting Minister, Communion Assistant, Coffee Server, Video Operator, Prayer Writer, Communion Bread Baker.

## WORSHIP PARTICIPANTS FOR SUNDAY, MARCH 10, 2024

8:45 AM		11:00 AM
Ingrid Rasmussen	<b>Preacher</b>	Ingrid Rasmussen
Doug Mork	<b>Presiding Minister</b>	Doug Mork
Cathy Alpizar	<b>Cantor</b>	Cathy Alpizar
Tom and Julie Cahoy	<b>Altar Guild</b>	Vicki Bergman, Roberta Shaw
Rick Liedholm	<b>Assisting Minister</b>	Nicki Hines
	<b>Communion</b>	Sue Roberts, David Krig
Ginny and Chuck Jordan	<b>Ushers</b>	
Mary and Chris Engen	<b>Coffee Servers</b>	Zoe Martinez, Ann White
	<b>Counters</b>	Wayne Vetter, John Sulzbach
	<b>Closer</b>	Bob Hulteen
	<b>Video Operator</b>	Bob Hulteen

## PARISH EVENTS MARCH 10-16, 2024

Sunday, March 10	8:45 AM	Worship Service of Holy Communion
	10:00 AM	Holy Communion Intergenerational Event
	10:00 AM	Adult Forum
	11:00 AM	Worship Service of Holy Communion
	11:00 AM	Confirmation Bowling Outing
	2:00 PM	Swahili Service
Monday, March 11	5:30-6:20 PM	Trinity Ringers Rehearsal
	6:30-8:00 PM	Adult Choir Rehearsal
Tuesday, March 12	11:00 AM	Worship Readings Discussion
	2:00 PM	Big Meeting Night
Wednesday, March 13	12:00 PM	Yoga
	5:30-6:30 PM	Playtime in the Gym
	5:45 PM	Children's Choir Rehearsal
	5:45 PM	Gloria Ringers
	6:00 PM	Soup Supper
	7:00 PM	Lent Evening Prayer Service
Thursday, March 14	7:30 PM	Yoga

### LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 11:00 a.m. Sunday service is available online at 10:55 a.m. You can access recordings of previous worship services [here](#).

