

FOURTH SUNDAY IN LENT

March 10, 2024

HOLY TRINITY LUTHERAN CHURCH
MINNEAPOLIS

WELCOME TO ALL

The people of Holy Trinity Lutheran Church wish to extend a special welcome to all visitors! Please leave your name and phone number on the visitor card found in the pew.

We are committed to the inclusion of all people, with no exception. Therefore, we practice **open communion**, welcoming all to the table to receive the sacrament of Holy Communion.

Children are full participants in this congregation's worship, educational, and community life! The Mary Martha Room is a quiet space for infants needing to nurse or to nap. For active toddlers, the Community Room has a Children's Corner with books and a table at which to play. Our ushers are ready to assist you in finding the place that best fits your family's needs.

Accessible and all-gender restrooms are located in the basement. Single-use, all-gender restrooms are located on the 1st floor.

For over forty years, this congregation has advocated for the **full welcome**, **inclusion**, **and equity** of lesbian, gay, bisexual, transgender, queer, intersex, and asexual (LGBTQIA+) Lutherans in all aspects of the church and the community. We invite all people into lives of authenticity, integrity, and wholeness.

Hearing assist devices and large-print bulletins are available. Ask an usher if you are interested.

Our **services are livestreamed** on Vimeo and Facebook every week. The live shot includes the main floor of the sanctuary. Our members who watch from home love to see their friends at church! If for privacy reasons you prefer not to be on camera, the balcony is outside of the camera's range.

If you are seeking pastoral care, please speak to a pastor today.

Today's bulletin cover art is provided by Lars Rasmussen. Thank you, Lars!

GATHER

+invites the congregation to stand

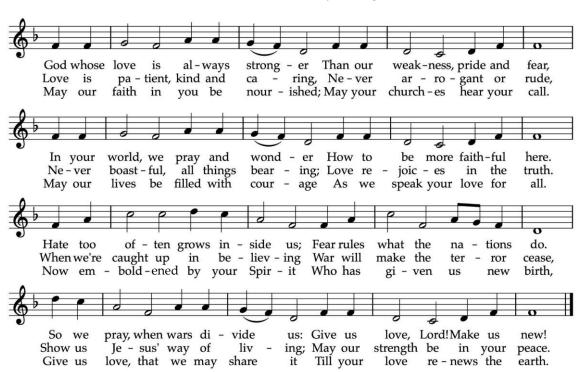
PRELUDE

Jesus Christus unser Heiland

Johann Pachelbel

+GATHERING HYMN

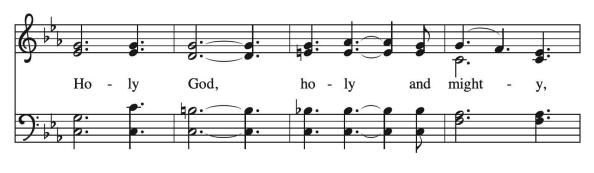
God Whose Love Is Always Stronger

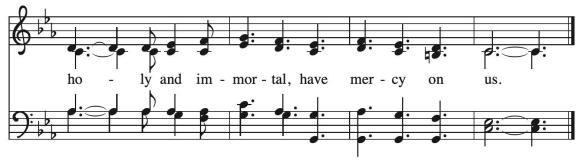


+GREETING

The grace of Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you.**

+KYRIE





For jealousies that divide families and nations, and for rivalries that create strife and warfare: **Refrain**

For reluctance in sharing the gifts of God, and for carelessness with the fruits of creations: **Refrain**

For hurtful words that condemn, and for angry deeds that harm: Refrain

For idleness in witnessing to Jesus Christ, and for squandering the gifts of love and grace:

Refrain

+PRAYER OF THE DAY

God who offers a remedy for our resistance, a balm for our rebellion, and deliverance from our distress, what can trouble us when you are here? What can keep us low when you lift us up? Someone said you only help those who help themselves. No! You help us when we cannot help ourselves. We come to you and discover you already came to us. Look! We have been healed! In the name of Jesus, our life. **Amen.**

Please be seated.

Word

FIRST READING

Numbers 21:4-9

Word of God; word of life. Thanks be to God.

PSALM 107:1-3, 17-22 Wayne L. Wold

Refrain (first time: Cantor, then **All**):





"O Give thanks to the Lord who is good; whose love endures forever."

Let them say this, the Lord's redeemed, those redeemed from the hand of the foe and gathered from far-off lands, from east and west, north and south. **Refrain**

Some were sick on account of their sins and afflicted on account of their guilt. They had a loathing for every food; they came close to the gates of death. **Refrain**

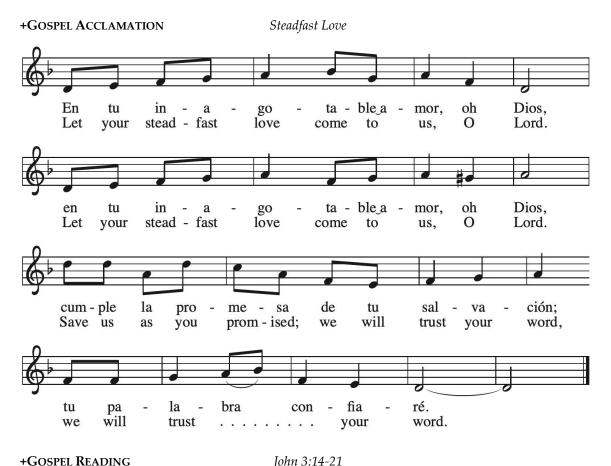
Then they cried to the Lord in their need and he rescued them from their distress, sent forth a word of healing and saved their life from the grave.

Let them confess the love of the Lord, the wonders God does for the people, Let them offer a sacrifice of thanks and tell of God's deed with rejoicing. **Refrain**

SECOND READING

Ephesians 2:1-10

Word of God; word of life. Thanks be to God.



John 3:14-21

Word of God; word of life. Thanks be to God.

SERMON



- 1 Love di-vine, all loves ex cel ling, Joy of heav'n, to 2 Breathe, oh, breathe thy lov - ing Spir - it in - to ev - 'ry
- 3 Come, Al-might y, to de liv er; let us all thy
- 4 Fin ish then thy new cre a tion, pure and spot less



dwell-ing, thy earth come down! Fix thy hum - ble all in us trou - bled breast; let all thee in - her - it; us in let us life re - ceive: sud - den - ly and nev - er, nev - er re - turn. let let thy great sal - va - tion per - fect us be; us see



faith - ful mer - cies crown. Je thou art all com - pas - sion, sus, Take find thy prom - ised rest. a - way the love of sin - ning: tem - ples leave. more thy Thee we would be al - ways bless-ing, stored in thee! Changed from glo - ry in - to glo - rv.





thy 'ry trem - bling heart. sal - va tion, en ter ev be - gin ning, set hearts at lib - er - ty. its our per - fect love. out ceas ing, glo in thy ry be - fore won - der, love, and praise! crowns thee, lost in

With the whole people of God in Christ Jesus, let us pray for the church, those in need, and all of God's creation.

(silence)

Attentive and merciful God, constantly we test your patience and stretch your love. When our doubts and complaints mount, continue to wash us with your forgiveness. Be with us in our struggles and stresses. Raise for us in our day prophets like Moses who remind us of your steady love. Like the bronze serpent offer us healing and renewal. God, in your mercy,

Hear our prayer.

God rich in mercy, we live in a world frustrated and torn by competing ideologies, by lust for power, a world rife with greed. A new self-centeredness consumes our politics. Assigning blame and attacking vulnerabilities, corporate and political leaders worldwide cultivate animosity. Our world seems to have lost sight of the power of love and the strength of community. Remind us all that we are what you have made us to be: created in Christ Jesus for good works and common good. God, in your mercy,

Hear our prayer.

God of the whole earth, you invest yourself in the trials and traumas of our world. You suffer with victims in Gaza, Israel, Ukraine, Sudan and even in our state and city. Bring people together with renewed appreciation of your empowering love and your healing grace, so that peace and justice may abound. Move us to feed the hungry, to tend the wounded, to comfort the mourning, and to fashion wholeness and peace in every corner. God, in your mercy,

Hear our prayer.

God of compassion, we yearn for your comfort and care. Be with children who face bullies at school, youth who struggle with decisions about their future, people who face mental health concerns, people in relationships strained or broken, and with those who are sick or facing death. We remember in our own community Michael Scanlan; Mihai Miu; Deanna Thompson; Rev. Lynne Morrow; Rick Letto; Marie Failinger; Katie Murray's mom, Pat Wilson; Mary Ann Sheets's sister, Lorrie Blain; Jeff Olsen Biebighauser's mom Jo; Annie Hines's son, Nick; Joyce Hanson; Dorothy Kelly; Cori Gershon; Juliet Williamson; Arnie Johanson; Joanne Chadwick; Jan Mehlhoff's friend Margie Guelker; and those we name now, either silently or aloud (the congregation may name loved ones in need of God's care). God, in your mercy,

Hear our prayer.

You are invited to offer spoken petitions. At the conclusion of your petition, please close with "God, in your mercy," to which the congregation will respond, "Hear our prayer."

Receive these prayers, O God, and those in our hearts known only to you; through Jesus Christ, our Lord. **Amen.**

MEAL

+PEACE

The peace of Christ be with you always! (John 20:19, 21)

And also with you!

The people may greet one another with a sign of God's peace.

OFFERING	8:45	Pastorale on Beach Spring	P. Radtke	
	11:00	What Wondrous Love	Laura Farnell	
		Adult Choir		

What wondrous love is this, what wondrous love is this, O my soul, O my soul! What wondrous love is this that caused the Lord of bliss to bear the dreadful curse for my soul, what wondrous love.

To God and to the Lamb, to God and to the Lamb, I will sing, I will sing, yes, I will sing. to God and to the Lamb, who is the great I AM, while millions join the theme, I will sing, yes, I will sing.

When I was sinking down, when I was sinking down, when I was sinking down, O my soul, when I was sinking down beneath God's righteous frown,

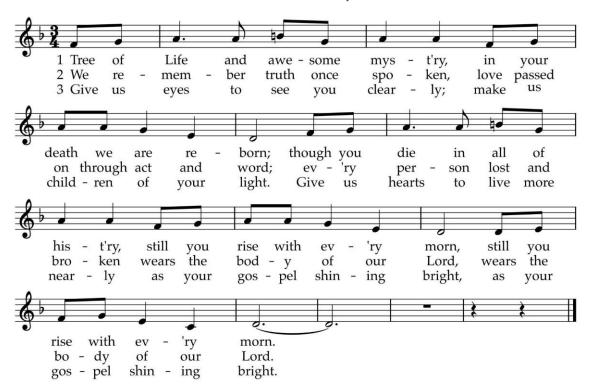
Christ laid down his glorious crown for my soul. What wondrous love!

And I'll sing on! And when from death I'm free, I'll sing on! I will sing and joyful be. And through all eternity, I'll sing on! What wondrous love!

+OFFERTORY HYMN

Tree of Life and Awesome Mystery

Communion servers are invited to come forward at this time.



+OFFERING PRAYER

Jesus, you are the bread of life and the host of this meal. Bless these gifts that we have gathered that all people may know your goodness. Feed us not only with this holy food but with hunger for justice and peace. We pray this in your name.

Amen.

+GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy, that we should at all times and in all places, offer thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who, on this day overcame death and the grave and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:



+WORDS OF INSTITUTION

+LORD'S PRAYER

We pray together:

Our Creator, Our Mother, Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

+LAMB OF GOD



Please be seated.

COMMUNION INVITATION

All are welcome at the table. This is Christ's table where no one is a stranger.

(11:00) For those worshiping at home, hear these words spoken for you: The body of Christ given for you. The blood of Christ shed for you.

These are the gifts of God for the people of God.

Thanks be to God.

All are welcome at the table.

Grape juice and gluten-free wafers are available upon request to the server.

An usher will direct you down the center aisle, where you can pick up a communion cup. You are invited to stand or kneel in front of the table, beginning from the middle and moving toward the outside. After you have received the bread and the wine, please return to your seat by way of the side aisle, where an usher will receive your communion cup.

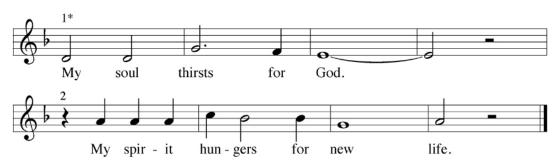
If you wish to receive communion from your pew, please let an usher know.

HEALING STATION

Today you are also invited to receive a blessing for healing during the communion distribution time. Come if you wish to seek prayer for yourself, on behalf of someone else, or for a place in the world.

DISTRIBUTION HYMN

My Soul Thirsts for God



^{*} The two lines may be sung in canon.

DISTRIBUTION HYMN

For by Grace You Have Been Saved



- 1 For by grace you have been saved and e-ven faith is not your
- 2 "So my grace is all-suf-fi-cient for each child who is my
- 3 So this weak ness with con tent ment I'll ac cept now in my -



own, it's the gift of God for you and not the works that you have own, for my strength is now made per - fect for each child who is my self, all my hard - ships, pains, and griefs that still lie deep with -in my-





+BLESSING

The body and blood of Jesus Christ strengthen you and keep you in God's grace. **Amen.**

+POST-COMMUNION PRAYER

Generous God, at this table we have tasted your immeasurable grace. As grains of wheat are gathered into one bread, now make us one loaf to feed the world; in the name of Jesus, the Bread of life.

Amen.

SENDING

+SENDING HYMN

Jesus Christ, Our Blessed Savior

Children and youth are invited to join the worship leaders as they recess and gather at the rear of the sanctuary to share the dismissal.



+BENEDICTION

Beloved, we are God's own people, holy, washed, renewed. God bless you and keep you, shower you with mercy, fill you with courage, and \pm give you peace.

Amen.

+DISMISSAL

Go in peace. Love your neighbors. **Thanks be to God.**

POSTLUDE

You are invited to the Community Room (located at the rear of the worship area) for a time of conversation and refreshments.

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"Love Divine, All Loves Excelling" Text: Charles Wesley, 1707-1788. Music: HYFRYDOL, Rowland H. Prichard, 1811-1887 "Tree of Life and Awesome Mystery" Text: Marty Haugen, b. 1950. Music: THOMAS, Marty Haugen Text and music © 1984 GIA Publications, Inc.

"My Soul Thirsts for God" Text and music: Tom Witt, based on Psalm 42:2. Text and music © 2009 Augsburg Fortress "For by Grace You Have Been Saved" Text: Kari Tikka, b. 1946; tr. Michael Harper. Music: ARMOLAULU, Kari Tikka Text and music © Fennica Gehrman, admin. Boosey & Hawkes, Inc.

> "Jesus Christ, Our Blessed Savior" Text: Martin Luther, 1483-1546, after Jan Hus, c. 1369-1415; tr. Martin A. Selz, b. 1951, and Paul Westermeyer, b. 1940

Music: JESUS CHRISTUS, UNSER HEILAND, Hohenfurt, 1410; 'Enrichidion', Erfurt, 1524. Text © 2020 Augsburg Fortress Prayer of the day written by Rev. Dr. Jeff Sartain as part of the Holy Trinity Lutheran Church (Minneapolis, MN) expansive prayer project. Used by permission.

HOLY TRINITY LUTHERAN CHURCH

We acknowledge that we gather on the Dakota Homeland.

LITURGY: ACS SETTING ELEVEN

WORSHIP PARTICIPANTS

8:45 AM 11:00 AM

Ingrid Rasmussen	Preacher	Ingrid Rasmussen
Doug Mork	Presiding Minister	Doug Mork
Julie and Tom Cahoy	Altar Guild	Vicki Bergman, Roberta Shaw
Cathy Alpizar	Cantor	Cathy Alpizar
Rick Liedholm	Assisting Minister	Nicki Hines
Ginny and Chuck Jordan	Ushers	
	Communion	Sue Roberts, David Krig
Mary and Chris Engen	Coffee Servers	Zoe Martinez, Ann White
	Counters	Wayne Vetter, John Sulzbach
	Closer	Bob Hulteen

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STAFF

Ingrid Rasmussen, Lead Pastor
David Larson-Martínez, Associate Pastor
Doug Mork, Part-time Associate Pastor
Kathy Ekwall, Communications & Congregational
Coordinator
Nolan Gusdal, Building Maintenance
Phil Radtke, Cantor
Kaia Ellis, Financial Administrator

STAFF, CONTINUED

Sue Roberts, Publications Coordinator Erik Gerhardt, Accompanist Dennis Nordholm, Custodian Dana Simms, Custodian Logan Olson, Gloria Ringers Director

LEADERSHIP

Katie Schroeder, Council President
Sandra Hisakuni, Council Vice President
Anne Beschnett, Council Secretary
Scott Cole, Council Treasurer

COMMUNITY INFORMATION

LENT SOUP SUPPERS AND EVENING PRAYER SERVICES

Lent is a time of renewal, regeneration, and growth. Please join us on Wednesdays during Lent for the following opportunities:

- Lenten supper from 6:00-6:50 p.m. in the Community Room.
- Open gym time with adult supervision from 5:30 to 6:30 p.m.
- Evening Prayer Service at 7:00 p.m. in the Bartsch Room; people of all ages are invited to worship.

WELCOME HOLY TRINITY'S NEWEST ENSEMBLE: TRINITY RINGERS

If you've ever wanted to try out the handbells at Holy Trinity, good news! A new, low commitment handbell group, the Trinity Ringers, is starting! This ensemble is catered to beginner level ringers and is meant to be an accessible and fun entry into handbell ringing. The group will have two rehearsals and a Sunday morning worship ring. Give ringing a try, you won't regret it!

- Monday March 11, 5:30-6:20 p.m.
- Sunday morning, March 17, 8:45 and 11:00 a.m.

APRIL 3 & 10: LECTURES ON BEING CHRISTIAN IN AN ELECTION YEAR LIKE THIS ONE

Join us on April 3 at 7:00 p.m. for a hybrid event with William Willimon, Professor of the Practice of Christian Ministry at Duke Divinity School, and again on April 10 at 7:00 p.m. for a hybrid event with William H. Lamar IV, Pastor of Metropolitan African Methodist Episcopal Church of Washington, D.C. Both presenters will be zooming in to present and talk with us, followed by treats in the Community Room.

DIALOGUE BREAKFAST MONDAY, APRIL 8

You are invited to a Dialogue Breakfast on Monday, April 8, featuring Larry Rasmussen, a Reinhold Niebuhr Professor of Social Ethics, Union Theological Seminary, New York City.

Here at Holy Trinity, Larry Rasmussen will speak about the themes in *The Planet You Inherit:* Letters to my Grandchildren When Uncertainty's a Sure Thing, his newest book.

WHAT: Dialogue Breakfast with Larry Rasmussen

WHEN: Monday April 8, Time to be determined

WHERE: Holy Trinity Lutheran Church, 2730 East 31st St, Minneapolis, MN

WHERE TO REGISTER (for food planning): https://forms.gle/cpz6g7p13NbDTtqX7

LIVING LUTHERAN MAGAZINE IS DISCONTINUED

Living Lutheran print magazine is out of publication. The last issue was November/December 2023. If you have any questions related to the discontinuation of the publication, please contact Living Lutheran by phone at 800-638-3522 or by email at livinglutheran@elca.org.

SPECIAL APPEALS FOR 2024

Each year we endorse special needs at our annual meeting that deepen our congregational life and reach out into a wider world that requires our attention. The two appeals proposed this spring underscore the reality that food scarcity, even starvation, remains a pervasive and persisting problem. We have an opportunity to address evident needs in our immediate community through a new collaboration that will make us one hub of food services. We also endorse the highly effective, ongoing work of our ELCA World Hunger Program that reaches across the nation and throughout the world.

Kitchen Rehabilitation

The kitchen has been maintained over the years but requires refurbishment for even more intense and regular use. Bethany Lutheran Church, which for years accommodated "Soup for You" in the Seward neighborhood, closed its doors. The community organizers who provide free lunches five days a week there have asked if we would house their operation at Holy Trinity. At our annual meeting you agreed.

Additional support is needed for us to deep clean equipment, integrate their equipment, upgrade plumbing and electrical, replace aging cupboards, and add new functionality. Preliminary estimates for this work price it at approximately \$30,000.

Soup for You currently serves an average of 50 guests per day or 13,000 guests per year. Our goal is to provide a clean, safe, welcoming space for this work to continue, as well as grow this community to include many in our congregation and from our neighborhood. Holy Trinity member Tom Skold says that "hospitality is our superpower." Through these updates, we hope to provide space and hospitality for many years to come.

World Hunger

The ongoing wars in Gaza and North Africa and indeed throughout the world have created displacement and dire food shortages as people are forced to migrate into foreign spaces unwilling or unable to provide adequate food and housing. Simultaneously, changing climate continues to deepen poverty in many parts of the world where water access dwindles, and more land becomes arid. The ELCA World Hunger Program continues to respond to poverty and hunger across our country and other nations through direct food aid as well as projects intended to address root causes of hunger.

Please find the "donate" button on our website (<u>www.htlcmpls.org</u>) to support either or both of these special appeals.

A GUIDE TO HOLY WEEK

SUNDAY, MARCH 24—PALM SUNDAY

Worship services of Holy Communion at 8:45 a.m. and 11:00 a.m. begin with shouts of Hosanna! as we recall Jesus' entry into Jerusalem to disrupt powers of violence and oppression. Our 11:00 procession will begin outside near the Rain Garden.

THURSDAY, MARCH 28—MAUNDY THURSDAY

All are welcome to gather for Dinner Church at 6:00 p.m. as we begin our observance of the Three Days. The meal and worship will be interwoven. The liturgy on this day contains the elements that define Christianity: the church announces that sins are forgiven; we approach one another and God in vulnerability through foot washing; money is collected for the care of the neighbor; and we share Holy Communion, the meal that celebrates the living presence of Jesus among us. Children's Choir will help lead music for the service.

FRIDAY, MARCH 29—GOOD FRIDAY

The night's liturgy tells the story of Jesus' Passion. Tonight we meet Jesus at the foot of the cross. As we grieve his death, we voice our lives' laments. Even in the sorrow of this day, we trust in the resurrection promises given to us. We leave tonight's service in silence. The service begins at 7:00 p.m. in the Bartsch Room. The Adult Choir will lead our singing, and Andrew Winfield will grace us with music on cello.

SATURDAY, MARCH 30 — VIGIL OF EASTER

Gathered together in the womb of night, we retell the stories of our faith, celebrate Christ's resurrection, and are renewed in the gift of baptism. A small group ensemble and soloists will lead the Easter Vigil, which will begin in the Community Room this year at 5:00 p.m. so that families with young children can participate!

SUNDAY, MARCH 31—EASTER SUNDAY

Jesus is alive and with us! We gather for festival worship services of Holy Communion at 8:45 and 11:00 a.m. to celebrate this good news. The adult choirs, along with brass instruments, will help to lead worship. Christ is risen! Let us rejoice!

CHURCH SCHEDULE

Monday, March 11	5:30-6:20 PM	Trinity Ringers Rehearsal
	6:30-8:00 PM	Adult Choir Rehearsal
Tuesday, March 12	11:00 AM	Worship Readings Discussion
	6:45 PM	Big Meeting Night
Wednesday, March 13	12:00 PM	Yoga
	5:30-6:30 PM	Playtime in the Gym
	5:45 PM	Children's Choir Rehearsal
	5:45 PM	Gloria Ringers
	6:00 PM	Soup Supper
	7:00 PM	Lenten Evening Prayer Service
Thursday, March 14	7:30 PM	Yoga
Sunday, March 17	8:45 AM	Worship Service of Holy Communion
	10:00 AM	Adult Forum
	10:00 AM	Children and Youth Education
	11:00 AM	Worship Service of Holy Communion
	2:00 PM	Swahili Service

ADULT FORUM

10:00 a.m. each Sunday

TODAY Holy Communion Intergenerational Event

In place of our regular Sunday School, Confirmation, and Adult Forum offerings, we'll gather between services for some large and small group activities exploring Holy Communion. Join us at 10:00 a.m. in the Community Room.

March 17 "Welcome New Members" In the Community Room

The congregation is invited to come and boldly welcome new members at 10:00 a.m. in the Community Room. We'll hear from two current members, who will offer reflections on what it means to be a part of this community of faith. We'll also be introduced to the many people joining this congregation.