



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, Doug Mork, and David Larson-Martínez, Pastors

THE IMPORTANCE OF WORSHIP LEADERS

Every time we gather in worship, we are invited into a feast! In order for it to flow well, we invite you to consider being a **crucifer** which means 'cross-bearer' and is literally that: you lead the entrance and exit by carrying the processional cross. But, if you want a bit more 'hands on' experience, please consider being an **assisting minister**. In this role, you will help with leading prayers and other spoken liturgical pieces that are essential for the feast to happen.

If music is your thing, we invite you to consider being a **cantor**. Our director of music and congregational cantor always leads us (and those who have practiced throughout the week) in sacred song to gladden our spirits. Oftentimes, he has spent hours thinking through pieces and rehearsing so that what is shared at the feast will nourish us throughout the week. You are most welcome to add your voice and talent to the music that happens in worship. All of this leads us to the highest point of the gathering: the Meal!

It is God who meets us in the bread and wine. She grants us forgiveness, reminds us that we are already made whole, and invites us to share this holy meal with all our neighbors. We often call this part of Church 'liturgy' which can be translated as *the work of the people*. This means that we need YOU! All roles are important, be they seemingly big or seemingly small, and we invite you to consider how you might participate in the feast.

All good banquets need folks to help in the preparation and set up. If you enjoy baking, we are always excited to add a **baker** to our list of folks who make the delicious bread used during the liturgies at church. Once the bread is baked and brought to the church building, we need volunteers who will help set up the space.

If you enjoy interior decorating and table setting, consider being a part of the **altar guild**. In this role you will help in changing the table linens depending on the color of the church calendar, warm up the bread, pour the wine, and ensure that the meal is ready to be enjoyed by all.

Once all these preparatory pieces are in place, regular attendees and new visitors all require helpful directions. If you have gifts of helping to direct, we invite you to consider being an **usher**! This role will allow you to say hello to all the people who walk through our doors, hand out bulletins, direct a parent to the playground, and make sure that everyone gets their fill by directing all folks to the communion rail.

This is where we need **communion assistants** who help the other leaders in distributing the bread and wine to everyone. If

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SECOND SUNDAY OF LENT



READINGS

Genesis 17:1-7, 15-16; Psalm 22:23-31; Romans 4:13-25; Mark 8:31-38

ADULT FORUM

Holy Trinity Adult Forums feature in-person presentations beginning at 10:00 a.m. on Sunday. The presentations are also available via [Zoom](#) for those unable to attend in person. ID 858 5687 1594; Password 317879.

February 25 "Creation Care" Buff Grace

Join us for a presentation by Buff Grace of Minnesota Interfaith Power and Light on the major changes to the community solar garden program made by the 2023 legislature.

March 3 "Seward Longfellow Restorative Justice" Michele Braley, Executive Director

Seward Longfellow Restorative Justice was created by neighborhood volunteers almost 20 years ago. The murder of George Floyd and the unrest made a lasting impact on the role of restorative justice and SLRJ in your community. Michele Braley, who has led SLRJ for more than 15 years, will share some of the successes, challenges, and opportunities for restorative justice and SLRJ as we work together to reimagine public safety and community care.

~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. We pray especially for friends and family of **Mary Paavola** upon her death this week; Katie Murray's mom, **Pat Wilson**; **Mihai Miu**; **Deanna Thompson**; **Rev. Lynne Morrow**; **Rick Letto**; **Marie Failing**. Mary Ann Sheets's sister, **Lorrie Blain**; Jeff Olsen Biebighauser's mom **Jo**; Annie Hines's son, **Nick**; **Joyce Hanson**; **Dorothy Kelly**; **Cori Gershon**; **Juliet Williamson**; **Arnie Johanson**.

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you are comfortable with making sure everyone has plenty to eat and drink, and that no one is overlooked, please think about assisting with communion serving.

In order to make this meal accessible to everyone, even those who are not physically able to be present. We invite you to consider being a **video operator** so that our services can continue to be live streamed. This is a vital part of our ministry and is worthy of everyone's consideration.

Finally, I am always delighted to see the joy in the children's faces as they invite us to go in peace, and then they rush to grab treats in the Community Room. For this joy to continue we need folks who will sign up as **coffee servers** which is essential to our hospitality. Again, all of these roles are essential for us to gather for feasting. We hope that you consider joining in making sure that we can be best prepared for continued gathering and extending the banquet invitation!

~David Larson-Martínez

WHY DOES HOLY TRINITY HAVE A RACIAL JUSTICE COMMITTEE?

Sometimes a good metaphor helps to answer a question. Jesus was a brown-skinned Palestinian Jew who saw spirit in everyone. To follow in his lead, we must agree that systemic racism is an injustice and it hurts us all by separating humans and by actively harming the oppressed. We are hurt. Injured.

Most people have experienced a physical injury and agree that healing takes time and also effort. There may be physical therapy involved, daily exercises and pain or discomfort. It requires discipline and eyes on the future return to best function. It requires belief and hope.

Racial Justice work is the physical therapy for ending racism. The committee sets up exercises like adult forums, workshops and intercultural experiences. All are invited to participate and together live into the Justice that is Jesus' love in public.

~Donna Goodlaxson, Racial Justice Committee Chair

Racial Justice Committee encourages remembering Ramadan and our Muslim siblings.

There are two opportunities to participate in local Ramadan dinners in the near future. Ramadan is the blessed month of the Islamic lunar calendar when Muslims abstain from food and drink from sunrise to sunset, Fasting during Ramadan is one of the "five pillars" of Islam and is performed to learn piety, self-restraint, compassion and generosity. This year Ramadan is March 10 to April 9.

One Ramadan event is with CAIR MN, March 24 at 5:30 PM with location to be announced. CAIR MN works to promote civil rights, combat Islamophobia and empower the Muslim community in Minnesota. Admission is free, but donations are encouraged. Register at the Ramadan RSVP link: <https://events.humanitix.com/ramadan-fundraising-dinner-2024-cair-mn>.

Ramadan dinners are also sponsored by the Minnesota Council of Churches and the Muslim American Society of Minnesota at multiple locations throughout the Twin cities. Register for free on the MCC website at mcc@mnchurches.org.

HAPPENING THIS WEEK

TUESDAY, FEBRUARY 27—WEEKLY SCRIPTURE READINGS STUDY

Join Pastor Doug and congregants on Tuesdays at 11:00 a.m. in the youth library or on Zoom to study the assigned worship readings for the upcoming Sunday. Participants need not attend every session, and no prior bible experience is necessary (to join on [Zoom](#): Meeting ID: 872 7504 3389, Passcode: 336030).

WEDNESDAY, FEBRUARY 28 AND THURSDAY, FEBRUARY 29—YOGA CLASSES AT HOLY TRINITY



Regardless of who you are, what you look like, or whom you love, James Orione believes that creating a space for everybody is very important. Society places many expectations and roles as to how, what, when, where, and why you are doing something instead of simply being. Through conscious movement connected to breath, you have an opportunity to learn how to be

in this moment. Yoga is an opportunity to create, rediscover, and connect to the experience of being human and overcome the obstacles that stand in your path. Join us weekly, Wednesdays at Noon or Thursdays at 7:30 p.m.

LENT SOUP SUPPERS AND EVENING PRAYER SERVICES CONTINUE FEBRUARY 28

Lent is a time of renewal, regeneration, and growth. Please join us on Wednesdays during Lent for the following opportunities:

- Lenten supper from 6:00-6:50 p.m. in the Community Room.
- Open gym time with adult supervision from 5:30-6:30 p.m.
- Evening Prayer Service at 7:00 p.m. in the Bartsch Room; people of all ages are invited to worship.
- If you are not able to join in person, you can watch online here: <https://vimeo.com/event/4096572>

WEDNESDAY, FEBRUARY 28—KNITTING LESSONS FOR LONGFELLOW MOMS

Once a week teach knitting to Longfellow High School students who are pregnant or parenting. Help students learn the basics of knitting and help with beginning knitting projects while getting to know students and the volunteer knitting teachers. Meets every Wednesday at 2:00 pm at Longfellow High School during the school year. For more information, contact Liz Blood (liz.bill.blood@gmail.com).



NEW NAME TAGS—MORE THAN A NAME

A reminder that new name tags are on a table in the hallway on 2nd floor. Make it personal, add pronoun stickers, decorate it with markers or colored pencils. If you're on Council, add a Council Pin.

Let your name tag tell us who you are, start a conversation, and help us get to know each other.

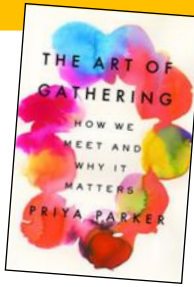
If there is anything incorrect, or your name tag is missing, please contact Kathy in the office: (kekwall@htlcmpls.org).



SAVE THE DATE

BOOK GROUP WITH PASTOR INGRID

In *The Art of Gathering*, Priya Parker argues that the gatherings in our lives are lackluster and unproductive—which they don't have to be. We rely too much on routine and the conventions of gatherings when we should focus on distinctiveness and the people involved. At a time when coming together is more important than ever, Parker sets forth a human-centered approach to gathering that will help everyone create meaningful, memorable experiences, large and small, for work and for play. Copies of the book are available in the Community Room. Plan to gather on the evening of April 15 for an informal discussion. Sign up by March 3.



SATURDAY, MARCH 2—BELLFEST! AT NORTH HEIGHTS LUTHERAN CHURCH IN ARDEN HILLS

BellFest! is an annual ringing festival for handbell ensembles, and a terrific way to ring in spring. As many as thirty-five handbell ensembles (including Holy Trinity's Gloria Ringers) and all of their ringing equipment gather on a chosen Saturday to ring under the direction of a guest conductor. The repertoire, learned ahead of time, is rehearsed in this massed setting, and a concert for the public is performed in the afternoon.

NEW MEMBER ORIENTATION SUNDAY, MARCH 3, 12:00-1:30 P.M.

We invite interested persons to consider membership in this congregation. The orientation will be held from 12:00 to 1:30 p.m. in the library on Sunday, March 3. Lunch will be served. There are no prerequisites; all are welcome. Please speak with Pastor David or Pastor Ingrid if you intend to come.

WORKERS RIGHTS RALLY, MARCH 7, 2:30 P.M.

Developers in the Twin Cities including Solhem companies have continued to refuse to take any responsibility for human rights violations on their projects, CTUL members who work in construction are announcing a rally on March 7 at 2:30pm at Solhem Company Offices: 724 N 1st St #500, calling on Solhem, Yellow Tree, and United Properties to guarantee basic dignity and respect for construction workers who build their projects by joining the Building Dignity and Respect (BDR) Program. Join CTUL worker leaders and allies in telling developers to join the BDR program, and be a part of a cross community organization and union week of action and #WinTogether this 2024 for all of Minnesota! [Find out more about the week of action here.](#)

RISE & REPAIR COALITION DAY AT THE MN CAPITOL, MARCH 12

Please plan to attend the Rise & Repair Coalition Day at the MN Capitol on March 12, 2024. The bill that our Indigenous Justice Committee initiated and has worked on for many years is part of this coalition. The bill creates an ongoing native fund fed by a small surtax on real estate sales. The coalition is promoting about a dozen bills that will advance indigenous rights and climate justice, with a platform that includes five categories of policy work. You can also [subscribe to their newsletter](#) for updates and calls to action. More information in the Community Room.

VOLUNTEER OPPORTUNITIES

VOLUNTEERS NEEDED FOR WEDNESDAYS IN LENT

We are looking for volunteers to help with Lent Evening Soup Suppers (February 28, March 6, 13, and 20). For each meal, 4 households would prepare and serve enough soup for 30 people. One household would prepare 4 boxes of Kraft Mac & Cheese, we have the Mac & Cheese boxes available at the church if you'd like to pick them up. We are also in need of volunteers for set-up and clean-up each of these evenings. Sign up in the Community Room.

For inspiration, here is a recipe shared by Soup For You:

Armenian Lentil

Approximately 6 servings, quadruple recipe for soup suppers

- 1 cup dried lentils
- 4 cups stock or water
- 2/3 cup dried apricots, chopped
- 3 tablespoons olive oil
- 2 onions, chopped
- 2 green bell peppers, chopped
- 1 eggplant, diced
- 1/4 cup water
- 1 teaspoon cinnamon
- 1 teaspoon allspice
- 1 teaspoon crushed red pepper
- Pinch of cayenne
- 1 1/3 tablespoons paprika
- 1 1/3 teaspoons salt
- 2 teaspoons dried mint
- 1 14.5 oz can diced tomatoes
- 3 tablespoons parsley, minced

1. Rinse lentils and cook in stock or water. Add apricots to lentils and continue to cook.

2. In a separate pot, sauté onions in oil. Add green peppers and continue to sauté.

3. Add eggplant, water, and spices to sauté; cover and cook, stirring occasionally, until eggplant is fully cooked.

4. When eggplant is done, add tomatoes and heat through.

5. Combine eggplant mixture with lentils and adjust seasonings to taste. Add chopped parsley to the pot just before serving.

WORSHIP LEADERS FOR MARCH AND BEYOND

We are looking for worship leaders for the month of March. Please sign up in the Community Room, sign up sheets for each Sunday are available. We could also use more folks on the volunteer list. Please consider joining the Worship Leader Training Sunday at 10:00 a.m. or contact the office (kekwall@htlcmpls.org) if you'd like more information on the roles available and how to get started. There are many opportunities; Altar Guild, Cantor, Usher, Crucifer, Assisting Minister, Communion Assistant, Coffee Server, Video Operator, Prayer Writer, Communion Bread Baker.

PARISH INFORMATION

GRATITUDE FOR SUPPORTING OUR YOUTH

The Youth Committee leaders, our confirmation students, and the youth of our congregation want to share a huge **'THANK YOU'** to all of you who helped to make the Pancake Breakfast a success! Thanks to all y'all's generosity with time and resources the event went well, folks enjoyed community, bellies were full, and more than \$1,700 were raised. Wow! These funds will help support our youth's summer travels to the Boundary Waters and to the ELCA National Youth Gathering in New Orleans. Again, thank you!

ART ON DISPLAY

ALL ARE WELCOME HERE

Our building partner, Bright Prospects Cooperative Preschool gifted us a lovely art piece created by the students with a wonderful message. It's on display in the hall outside the Bartsch Room.



GOD'S AMAZING PUZZLE



Our confirmands and chaperones created an art piece "God's Amazing Puzzle" during the 2024 Confirmation Retreat. It is a reminder that we are all a piece of God's amazing puzzle! In it you will notice words, phrases, and images that made us think and laugh. It is on display in the Community Room by the kids table.

Be sure to check out both art pieces on Sunday!

LIVING LUTHERAN NO LONGER BEING PUBLISHED

We learned this week that the *Living Lutheran* print magazine is out of publication. The last issued was November/December 2023. If you have any questions related to the discontinuation of the publication, please contact Living Lutheran by phone at 800-638-3522 or by email at livinglutheran@elca.org.

2023 THRIVENT CHOICE® DOLLARS EXPIRE MARCH 31

Since 2010, over \$370 million has been distributed to thousands of churches, schools, and other nonprofits through Thrivent Choice®. Through this program, eligible members can recommend where Thrivent donates millions of charitable outreach dollars each year. Please consider recommending Holy Trinity for your Thrivent Choice Dollars. If you need help with Thrivent's website, click [here](#) for a step-by-step tutorial that Pam Blomgren has put together.

AARP TAX AIDE AT HOLY TRINITY

AARP Tax Aide is available at Holy Trinity to provide assistance with 2023 tax preparation for seniors and low-income taxpayers. The tax assistance process will begin on Monday Feb 5, 2024, and run until April 10. You will need an appointment to come to Holy Trinity to have your tax documents scanned. Returns are completed off-site. For appointments, Call 612-567-2368 between the hours of 9:00-11:00 a.m. or 1:00-3:00 p.m. Mondays, Wednesdays & Thursdays. When you call, please have your 2022 tax return available.

SING JOYFULLY - TWIN CITIES CHILDREN'S CHOIR

FESTIVAL 2024, SATURDAY, APRIL 27

An ecumenical children's choir festival on April 27, featuring rehearsals, education for musicians, and a hymn festival.

This Twin Cities Children's Choir Festival is open to children in second through sixth grades from any congregation or community choir, or any child who simply loves to sing. They will learn with world-renowned choir director Phillip Shultz—the associate artistic director of VocalEssence and cantor for worship, music, and the arts at Westwood Lutheran Church. While the choir is rehearsing, church musicians are invited to participate in two continuing education sessions and attend an open rehearsal with the choir. Katie Houts, sacred music choral editor for Choristers Guild, and Mari Espeland, children's choir director at Mount Olive Lutheran Church, will be the clinicians for the continuing education sessions.

The registration fee includes lunch for everyone and music, folders, and t-shirts for the child participants. Directors will receive a complimentary one-year membership in Choristers Guild. If the registration fee is beyond your budget, scholarships are available upon request. Please email Sally Messner, Hennepin's director of worship & music, at sally.messner@haumc.org for information about scholarships.

This event is sponsored by the Association of Lutheran Church Musicians, Choristers Guild, and Thrivent Financial.

Sign up by contacting Phil Radtke (pradtke@htlcmpls.org). We hope to have a good showing from Holy Trinity!

Click [here](#) for more information.

SUCCESSFUL PROPERTY WORK DAY

It was another successful indoor property workday! Thanks to the folks who were able to volunteer. Several chairs and carts received a thorough cleaning, and more demo happened in the kitchen. The remaining wooden cabinets were removed to make way for stainless steel NSF certified (National Sanitation Foundation) shelving, counters and hand washing sink. It takes a village to keep up with the many projects and needs of our building. We are grateful for you all.



WORSHIP PARTICIPANTS FOR SUNDAY, FEBRUARY 25, 2024

8:45 AM		11:00 AM
David Larson-Martínez	Preacher	David Larson-Martínez
Ingrid Rasmussen	Presiding Minister	Ingrid Rasmussen
Drew Lindorfer	Cantor	Drew Lindorfer
Josh Becker, Anne Beschnett	Altar Guild	Doris Gbala
Rick Liedholm	Assisting Minister	Stephanie Cole
Pam Blomgren	Communion	Matt Floding
Sally and David Kohlstedt	Ushers	Kathy Hollander, Rod Johnson
Sally and David Kohlstedt	Coffee Servers	Joy Nelson, Nicki Hines
Pam Blomgren	Counters	John Sulzbach
	Closer	Rod Johnson
	Video Operator	Jan Mehlhoff

PARISH EVENTS FEBRUARY 18-24, 2024

Sunday, February 25	8:45 AM	Worship Service of Holy Communion
	10:00 AM	Children and Youth Education
	10:00 AM	Adult Forum
	10:00 AM	Worship Leader Training
	11:00 AM	Worship Service of Holy Communion
	2:00 PM	Swahili Service
Monday, February 26	6:30-8:00 PM	Adult Choir Rehearsal
Tuesday, February 27	11:00 AM	Worship Readings Discussion
Wednesday, February 28	12:00 PM	Yoga
	5:30-6:30 PM	Playtime in the Gym
	5:45 PM	Children's Choir Rehearsal
	5:45 PM	Gloria Ringers Rehearsal
	6:00 PM	Soup Supper
	7:00 PM	Lent Evening Prayer Service
Thursday, February 29	7:30 PM	Yoga

REMINDER: WORSHIP IN THE BARTSCH ROOM ON THIS SUNDAY, FEBRUARY 25

Worship services on Sunday, February 25, will be held in the Bartsch Room. There will be scaffolding in the sanctuary over the weekend for installation of new lights.

LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 11:00 a.m. Sunday service is available online at 10:55 a.m. You can access recordings of previous worship services [here](#).

