



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, Doug Mork, and David Larson-Martínez, Pastors

Walking Alongside You

It is with great joy that we continue to nurture the youngest among us! We want to approach this area of ministry with grace and flexibility knowing that families are busy.

After years of pandemic limitations and community upheaval the Children, Youth, and Family (CYF) leaders and I feel that we are beginning a new rhythm to our ministries. I want to emphasize that we continue to be committed to weekly Sunday School and Confirmation classes in between services, following the public-school calendars. I am extremely grateful for the adults who have been tirelessly volunteering their time and energy to make this a reality. I invite you all to consider volunteering as a classroom helper at least one Sunday this calendar year! It takes a village to fulfill a commitment and helps make sure that our volunteers are not burned out. Classroom helpers are not tasked with teaching the lesson but are extremely important in helping with supervision alongside regular teachers. If you are interested, please email me at david@htlcmpls.org.

Wednesday evenings have also been a continued joy for me as children run around the gym after eating meals lovingly prepared for them, and as they create joyful music with our cantor. Thank you to everyone who has agreed to provide these meals! It is my hope that more parents/guardians consider having their children join the Children's Choir. Any questions about this should go to pradtke@htlcmpls.org. However, even if choir is not your family's thing, I would love to see more families show up to have their youngest enjoy open gym time and the oldest connect with the other parents/guardians. I hear that some folks often head over to Arbeiter Brewing for a sip and conversation while their children are rehearsing.

All these things happening among us are reminders of the beauty of building community together, and I am so very grateful to be journeying alongside you all. Thank you for the opportunity to serve in old ways that feel new.

As a side note, this past year Holy Trinity continued its commitment to underrepresented folks by calling me as a pastor. I am so very grateful! Many of you know that I have had a difficult time going through our denominational process of being ordained because of my immigration status. Our congregation stood behind me with full support until I was able to complete all the requirements, and then you all extended me a call. These past few months following my October 7 ordination have been busy and full of joy. I am full of gratitude that you have invited me and trusted me to be one of your pastors. I ask that you pray for me so that I will continue to walk along the ancient paths and good ways as I walk alongside you into our future together.

Alongside you all, Pastor David Larson-Martínez

(Read more from Doug and Ingrid on the next page)

TRANSFIGURATION OF OUR LORD

READINGS

2 Kings 2:1-12; Psalm 50:1-6;
2 Corinthians 4:3-6; Mark 9:2-9



ADULT FORUM

Holy Trinity Adult Forums feature in-person presentations beginning at 10:00 a.m. on Sunday. The presentations are also available via [Zoom](#) for those unable to attend in person. ID 858 5687 1594; Password 317879.

February 11 No Adult Forum, Pancake Breakfast

Please consider attending the Pancake Breakfast to support the confirmation youth.

February 18 "Youth Recital"

Join us at 10:00 a.m. in the Sanctuary or on Zoom as we celebrate the gifts of several of Holy Trinity's young people during the annual youth recital.

WEEKEND REMINDERS

SUNDAY, FEBRUARY 11-PANCAKE BREAKFAST



Join us for the relaunched annual pancake breakfast from 8:30 a.m. to 1:00 p.m. Sunday. Confirmation students and their families will host the event.

Suggested donation for tickets is \$10. Kids 4 and under eat free.

We will have freshly made pancakes, and real maple syrup as well as sausage and orange juice!

This is a fund-raising event for the youth in our congregation. Proceeds from the event will help youth attend the Youth Gathering in New Orleans in July.

~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. We pray especially for Mary Ann Sheets's sister, **Lorrie Blain**; Jeff Olsen Biebighauser's mom **Jo**; Mary Heltsley's nephew **Michael Frey**; Caren Hiatt's sister-in-law, **Shannon**; Annie Hines's son, **Nick**; **Joyce Hanson**; **Dorothy Kelly**; **Cori Gershon**; **Juliet Williamson**; **Arnie Johanson**, in hospice care.

For all its challenges, 2023 has been a year of skill building and practice. I will have been at Holy Trinity for four years this spring, beginning my time during both the pandemic and the uprising. Even more than 2022, this has felt like a year of return, of starting to truly rebuild our collective life together. It's a mix of old and new, of some patterns and programs getting reestablished and others getting created to respond to a world that has changed, to us who are different than we were four years ago, and to new members of this community that always shape and change us. We've been exercising old muscles of community life and learning new skills. In worship and play, in book groups and bible studies, in retreats and trips, in story gathering and writing, in actions and strategy meetings, we are learning how to be together again, what life in community can mean for us and for the world. Throughout there are glimpses of the beloved community that God intends for us and calls us to build.

We have some big water ahead in 2024. Wars in Gaza and Ukraine and around the world, poverty and homelessness on our doorstep, immigrants and refugees of every kind, the continuing scars of white supremacy on BIPOC communities, continuing climate catastrophe, we could name more. You, members of Holy Trinity, are involved in every one, looking for ways to be both prophetic and helpful, to bring justice and alleviate pain. I'm deeply grateful for you and this work. The 2024 election promises to bring much pain and division, challenging bonds of community across families and neighborhoods and the country. We're going to need each other. We're going to need our memories of what has worked before, our skills and training, our best visionaries, our most hopeful dreamers, our steady souls. There will be things we need to let go and new ways of being to learn. Again, we're going to need each other.

Holy Trinity, like each of us, is both a broken and a glorious, beloved place. We are called and formed into the body of Christ, a body both broken and resurrected. May the Spirit of God stir us and challenge us, weave us together ever more tightly, and send us out even more boldly.

~Blessings, Pastor Doug Mork

I am so glad that I am called to walk with this congregation. I am grateful for the opportunities to be hand-in-hand with you—the people of Holy Trinity. I am also grateful for a staff team filled with compassionate, hard-working, visionary leaders, including Pastor David Larson-Martínez, Pastor Doug Mork, Phil Radtke, Erik Gerhardt, Logan Olson, Sue Roberts, Kaia Ellis, Nolan Gusdal, Kathy Ekwall, Dennis Nordholm, and Dana Simms. Together, we find our way into the way of Jesus—a way filled with love and mistakes and delight and liberation and forgiveness and abundance.

As we enter the 120th year of this congregation's history, with COVID and Uprising shaping who we are and who we are becoming, I am reminded of Dorothy Day's quote which reads: "We have all known the long loneliness and we have learned that the only solution is love and that love comes with community." Dear ones, this year—whatever it may bring—I trust that the Spirit will move us, together, in the way of love.

~With gratitude, Pastor Ingrid C. A. Rasmussen

HAPPENING THIS WEEK

TUESDAY, FEBRUARY 13—WEEKLY SCRIPTURE READINGS STUDY

Join Pastor Doug and congregants on Tuesdays at 11:00 a.m. in the youth library or on Zoom to study the assigned worship readings for the upcoming Sunday. Participants need not attend every session, and no prior bible experience is necessary (to join on [Zoom](#): Meeting ID: 872 7504 3389, Passcode: 336030).

WEDNESDAY, FEBRUARY 14 AND THURSDAY, FEBRUARY 15—YOGA CLASSES AT HOLY TRINITY



Regardless of who you are, what you look like, or whom you love, James Orione believes that creating a space for everybody is very important. Society places many expectations and roles as to how, what, when, where, and why you are doing something instead of simply being. Through conscious movement connected to breath, you have an opportunity to learn how to be

in this moment. Yoga is an opportunity to create, rediscover, and connect to the experience of being human and overcome the obstacles that stand in your path. Join us weekly, Wednesdays at Noon or Thursdays at 7:30 p.m.

ASH WEDNESDAY, FEBRUARY 14

As the days slowly lengthen, we begin the holy season of Lent. The ashes we receive on our foreheads remind us that we, along with all of creation, are dependent on God's grace. Services with the imposition of ashes will be held in the Sanctuary at 12:00 p.m. and 7:00 p.m. Join us for a free soup supper in the Community Room at 6:00 p.m. Soup for Ash Wednesday will be provided by Soup For You! Volunteers needed to help serve and clean up, sign up in the Community Room or contact Kathy in the office if you're able to help. If you are not able to join in person, you can join via the livestream: <https://vimeo.com/event/4076881>.

WEDNESDAY, FEBRUARY 14—KNITTING LESSONS FOR LONGFELLOW MOMS

Once a week teach knitting to Longfellow High School students who are pregnant or parenting. Help students learn the basics of knitting and help with beginning knitting projects while getting to know students and the volunteer knitting teachers. Meets every Wednesday at 2:00 pm at Longfellow High School during the school year. For more information, contact Liz Blood (liz.bill.blood@gmail.com).



THURSDAY, FEBRUARY 15—ENCORE! AT TURTLE BREAD

Encore! (the group for members 50 years of age and older) meets monthly at 8:00 a.m. at Turtle Bread (4205 E. 34th St.). There is no agenda. Breakfast goes simply get to know one another. No sign up necessary.

OLIVE OIL FROM THE MOUNT OF OLIVES

Bottles of fresh olive oil are available in two sizes: 250mL bottles for \$15 and 750 mL bottles for \$35. Purchases support the work of the Lutheran World Federation vocational training program and reduce student fees. Brought to you by the Palestine-Israel Working group. Contact the [office](#) to purchase.

PARISH INFORMATION

SAVE THE DATE

SUNDAY, FEBRUARY 18—YOUTH RECITAL

Join us at 10:00 a.m. in the Sanctuary or on Zoom as we celebrate the gifts of several of Holy Trinity's young people during our annual recital. Musicians and dancers are welcome to sign up as art and talent comes in many forms! This will serve as our adult forum for the day. Sign up in the Community Room by February 11. For more information or questions contact Phil Radtke (pradtke@htlcmpls.org).

LENT SOUP SUPPERS AND EVENING PRAYER SERVICES BEGIN FEBRUARY 21

Lent is a time of renewal, regeneration, and growth. Please join us on Wednesdays during Lent for the following opportunities:

- Lenten supper from 6:00-6:50 p.m. in the Community Room.
- Open gym time with adult supervision from 5:30 to 6:45 p.m.
- Evening Prayer Service at 7:00 p.m. in the Bartsch Room; people of all ages are invited to worship.

THURSDAY, FEBRUARY 22—INDOOR PROPERTY WORK DAY

Our building is used a lot! Come and help us with some tidying, sorting, purging, dusting, and other indoor work. Let's make it shine! We'll work from 9:00 a.m.-12:00 p.m. and from 1:00-7:00 p.m. Lunch will be provided at noon! There will also be pastries and coffee in the morning and snacks in the afternoon. Come for whatever amount of time you'd like and at any time that fits your schedule. Sign up in the Community Room by Sunday, February 18.

HOLY TRINITY DELIVERS MEALS ON WHEELS FEBRUARY 26-MARCH 1

Holy Trinity volunteers will deliver meals for South Minneapolis Meals on Wheels Monday-Friday, February 26-March 1. Volunteers pick up meals at 11:15 a.m. at Nokomis Square (50th St. and 35th Ave. S.). Meal delivery takes about one hour. Contact Mary Engen to sign up for all or part of the week.

NEW MEMBER ORIENTATION SUNDAY, MARCH 3, 12:00-1:30 P.M.

We invite interested persons to consider membership in this congregation. The orientation will be held from 12:00 to 1:30 p.m. in the library on Sunday, March 3. Lunch will be served. There are no prerequisites; all are welcome. Please speak with Pastor David or Pastor Ingrid if you intend to come.

RISE & REPAIR COALITION DAY AT THE MN CAPITOL, MARCH 12

Please plan to attend the Rise & Repair Coalition Day at the MN Capitol on March 12, 2024. The bill that our Indigenous Justice Committee initiated and has worked on for many years is part of this coalition. The bill creates an ongoing native fund fed by a small surtax on real estate sales. The coalition is promoting about a dozen bills that will advance indigenous rights and climate justice, with a platform that includes five categories of policy work. You can also [subscribe to their newsletter](#) for updates and calls to action. Check out the table in the Community Room for a brief summary of some of the great legislation this coalition is supporting this year and plan to attend!

VOLUNTEER OPPORTUNITIES

HOST A YOGA CLASS

We are looking for member hosts for the weekly yoga classes. Sign up in the Community Room to be a host of one of these classes and offer a warm welcome to those who come. Contact Kathy in the office with questions.

VOLUNTEERS NEEDED FOR WEDNESDAYS IN LENT

We are looking for volunteers to help with Lent Evening Soup Suppers (February 21, 28, March 6, 13, 20, and Maundy Thursday, March 28). For each meal, 4 households would prepare and serve enough soup for 30 people. One household would prepare 4 boxes of Kraft Mac & Cheese and one household would pick up bread from Launa Bread (already ordered and paid for). We are also in need of volunteers for set-up and clean-up each of these evenings. Sign up in the Community Room.

WORSHIP LEADERS TRAINING—SUNDAY, FEBRUARY 25

If you would like to serve as a leader in worship, this training is for you. From 10:00-10:45 a.m. we'll offer training for ushers, crucifers, assisting ministers, communion servers, altar guild, and coffee servers. Veterans and novices are welcome! Sign up in the Community Room by February 18, so we know to look for you.

NORTH STAR ACT RALLY, MONDAY, FEBRUARY 12, 11 AM

Interfaith Coalition on Immigration (ICOM) joins other partners in the North Star Alliance to rally on the opening day of the 2024 legislative session in support of a state that shows safety trust and respect to our vital immigrant communities! Join them on the front steps of the State Capitol at 75 Rev. Martin Luther King, Jr Boulevard, St. Paul on Monday, 11 a.m. Those who come between 8 - 10:30 a.m. can enjoy coffee and tamales in State Capitol Room #317! Learn more about North Star Act at northstaract.org. Contact Holy Trinity member, Joy Nelson (joynelson92@yahoo.com) for more details.

Also, if you are interested in joining ICOM's direct aid group, contact Joy Nelson (612-860-2952).

AARP TAX AIDE AT HOLY TRINITY

AARP Tax Aide is available at Holy Trinity to provide assistance with 2023 tax preparation for seniors and low-income taxpayers. The tax assistance process will begin on Monday Feb 5, 2024, and run until April 10. You will need an appointment to come to Holy Trinity to have your tax documents scanned. Returns are completed off-site. For appointments, Call 612-567-2368 between the hours of 9:00-11:00 a.m. or 1:00-3:00 p.m. Mondays, Wednesdays & Thursdays. When you call, please have your 2022 tax return available.

NEW NAME TAGS—MORE THAN A NAME

A reminder that new name tags will be on a table in the hallway on 2nd floor, if you did not get a chance to pick yours up at the Annual meeting. Make it personal, add pronoun stickers, decorate it with markers or colored pencils. If you're on Council, add a Council Pin. Let your name tag tell us who you are, start a conversation, and help us get to know each other.

If there is anything incorrect, or your name tag is missing, please contact Kathy in the office: (kekwall@htlcmpls.org).

WORSHIP PARTICIPANTS FOR SUNDAY, FEBRUARY 11, 2024

8:45 AM		11:00 AM
Doug Mork	Preacher	Doug Mork
David Larson-Martínez	Presiding Minister	David Larson-Martínez
	Crucifer	
Phil Radtke	Cantor	Phil Radtke
Julie Cahoy	Altar Guild	Vicki Bergman, Roberta Shaw
Karen Batdorf	Assisting Minister	Wayne Vetter
Linda Berglin	Communion	Sue Roberts, Dennis O'Brien
Ginny and Chuck Jordan	Ushers	Helen and Bob Norheim
Chris Engen	Counters	John Sulzbach
	Closer	Rod Johnson
	Video Operator	Jeff Weiss

PARISH EVENTS FEBRUARY 11-17, 2024

Sunday, February 11	8:30 AM-1:00 PM	Pancake Breakfast
	8:45 AM	Worship Service of Holy Communion
	10:00 AM	Children and Youth Education
	11:00 AM	Worship Service of Holy Communion
	2:00 PM	Swahili Service
Monday, February 12	6:30-8:00 PM	Adult Choir Rehearsal
Tuesday, February 13	11:00 AM	Worship Readings Discussion
	6:45 PM	Big Meeting Night
Wednesday, February 14	12:00 PM	Ash Wednesday
	12:00 PM	Yoga
	5:30 PM	Family Friendly Ash Wednesday Activity in the Community Room
	6:00 PM	Soup Supper
	7:00 PM	Ash Wednesday Service
Thursday, February 15	8:00 AM	Encore! at Turtle Bread
	7:30 PM	Yoga

LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 11:00 a.m. Sunday service is available online at 10:55 a.m. You can access recordings of previous worship services [here](#).

