



FOURTH SUNDAY  
AFTER EPIPHANY

JANUARY 28, 2024

HOLY TRINITY LUTHERAN CHURCH  
MINNEAPOLIS

## WELCOME TO ALL

*The people of Holy Trinity Lutheran Church wish to extend a special welcome to all visitors!  
Please leave your name and phone number on the visitor card found in the pew.*

*We are committed to the inclusion of all people, with no exception. Therefore, we practice **open communion**, welcoming all to the table to receive the sacrament of Holy Communion.*

*Children are full participants in this congregation's worship, educational, and community life! The Mary Martha Room is a quiet space for infants needing to nurse or to nap. For active toddlers, the Community Room has a Children's Corner with books and a table at which to play. Our ushers are ready to assist you in finding the place that best fits your family's needs.*

***Accessible and all-gender restrooms** are located in the basement.*

***Single-use, all-gender restrooms** are located on the 1<sup>st</sup> floor.*

*For over forty years, this congregation has advocated for the **full welcome, inclusion, and equity** of lesbian, gay, bisexual, transgender, queer, intersex, and asexual (LGBTQIA+) Lutherans in all aspects of the church and the community. We invite all people into lives of authenticity, integrity, and wholeness.*

***Hearing assist devices and large-print bulletins** are available. Ask an usher if you are interested.*

*Our **services are livestreamed** on Vimeo and Facebook every week. The live shot includes the main floor of the sanctuary. Our members who watch from home love to see their friends at church! If for privacy reasons you prefer not to be on camera, the balcony is outside of the camera's range.*

*If you are seeking **pastoral care**, please speak to a pastor today.*

*Today's bulletin cover art is provided by Frances Olsen Biebighauser. Thank you, Frances!*

*+invites the congregation to stand*

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## GATHER

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### **Sighs Too Deep for Words**

Today we are using a liturgy titled *Sighs Too Deep for Words*. It is a collaboration of pastors, musicians, and artists intended to engage us as whole persons. At its best, liturgy empowers us to worship. This liturgy is mindful that when we worship, all of our senses, our bodies, and our imaginations are engaged personally and communally.

Like all ELCA worship liturgies it has four movements: Gathering, Word, Meal, and Sending. It employs scripture-inspired words, images, and themes intentionally to include all of God's beloved and to enlarge our conception of the God we worship, the Holy One and Holy Three.

We hope that you will experience afresh the radical hospitality of Christ and find yourself worshiping with *Sighs Too Deep for Words*. It will be an adventure!

**PRELUDE**

*Chanson Triste*  
Colton Baldus, Bass

Serge Koussevitzky

+GATHERING HYMN

*Arise, O Righteous Oaks, Arise*

Arise, O Righteous Oaks, Arise (Text by Susan Briehl, Tune by Marty Haugen © 2004.  
Commissioned by Holy Trinity Lutheran Church for 100th Anniversary.)

*Please stand and face the cross at the rear of the sanctuary.*



A - rise, O Righ - teous Oaks, a - rise, our God has  
As earth sends forth its ten - der shoots, and gar - dens  
In word and deed good news pro - claim: Now those who  
A - rise, O God's a - noint - ed ones, your gifts from

plan - ted you for good, A liv - ing sign of  
make the seed to grow, So God will feed and  
mourn are com - fort - ed; The bound are freed from  
ev - 'ry na - tion raise. A - dorned with grace and

Christ a - live and act - ive in this neigh - bor - hood.  
tend your roots, 'til jus - tice blooms and bless - ings flow.  
fear and shame, and all are wel - comed, hon - ored, fed.  
gar - lands, come, re - joice, and join cre - a - tion's praise:

To God's new day a - wak - ened, by ten - der mer - cy crowned,

the ci - ty, Not For - sa - ken, is ho - ly, ho - ly ground.

## +GREETING

The grace of Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.  
**And also with you.**

## +CANTICLE OF PRAISE

### *Mary's Song*

*Refrain*

**Leader:** Glo - ry to God, **All:** glo - ry to God, **Leader:** with all our hearts, **All:** with all our hearts.

**Leader:** Come, wor - ship God, **All:** come, wor - ship God, **Leader:** with all our praise, **All:** with all our praise.

**All:** Our spir - its join with Mar - y, sing - ing her song of praise to  
Stor - ies of God's great mer - cy each gen - er - a - tion shares. New  
In Je - sus there is prom - ise, help - ing us on our way. The

God, whose name is ho - ly, with arms\_\_\_\_ ful - ly raised.  
hope for low - ly peo - ple: we know that our God cares.  
Spir - it al - ways guides us; we trust what she will say.

*to refrain*

## +PRAYER OF THE DAY

God of liberation, confronting the powers that exclude the unclean and bind us to death: may we receive your word of authority, your rule of peace, your earthly holiness, which comes not to destroy but to set us free and build us up; through Jesus Christ, the holy one of God.

**Amen.**

## WELCOME

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## WORD

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### FIRST READING

*Deuteronomy 18:15-20*

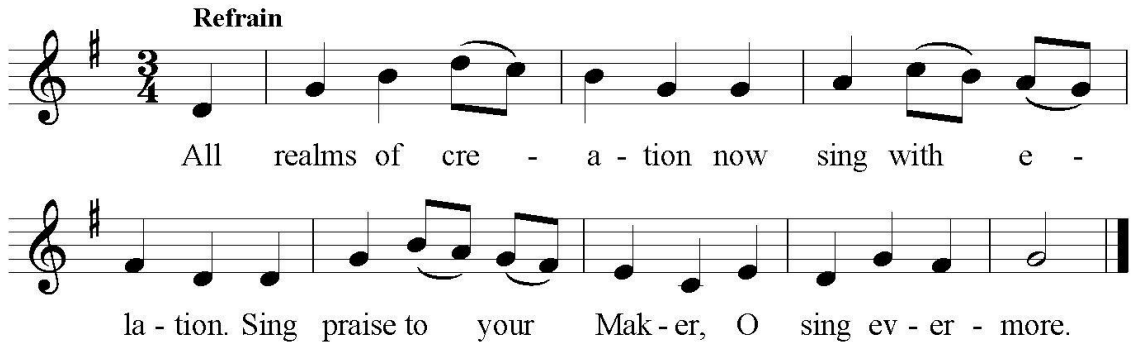
Blessed are they who seek wisdom; **who treasure her ways and follow her paths.**

### PSALM 68:1-10, 32-35

Hal H. Hopson

**Refrain** (First time: cantor, then all)

**Refrain**



All realms of crea - tion now sing with e -  
la - tion. Sing praise to your Mak - er, O sing ev - er - more.

Arise, Lord, and haste, all woe, swiftly chasten,  
As smoke in the whirlwind So drive it away!  
While malice shall perish, your goodness we cherish,  
With joy shall the righteous all sadness betray!  
Sing praise to God only, you poor folk, and lonely,  
For out of compassion God cares for us all. **Refrain**

The heavens, in their glory, resound with their story  
Of God's matchless power all ages to be.  
Ascribe to God wonder, whose voice, like the thunder,  
Can shatter the stillness and call us to praise;  
Whose spirit life gave us, whose mercy can save us,  
The Source of our being, the Joy of our days! **Refrain**

## SECOND READING

*1 Corinthians 8:1-13*

Blessed are they who seek wisdom; **who treasure her ways and follow her paths.**

## +GOSPEL ACCLAMATION

*Alleluia*



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia, al - le - lu - ia!



Breathe, O breathe, breathe up - on us, that we may live.



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia, al - le - lu - ia!

## +GOSPEL READING

*Mark 1:21-28*

This is the Gospel of Jesus Christ.

**Praise to you, Word of life!**

## SERMON

**+HYMN OF THE DAY**

*O Christ, Your Heart, Compassionate*



- 1 O Christ, your heart, com - pas - sion - ate, bore ev - 'ry hu - man pain.
- 2 As once you wel - comed those cast down and healed the sick, the blind,
- 3 O Christ, cre - ate new hearts in us that beat in time with yours,
- 4 O Love that made the dis - tant stars, yet marks the spar-row's fall,



Its beat - ing was the pulse of God; its breadth, God's vast do - main.  
so may all bruised and bro - ken lives through us your help still find.  
that, joined by faith with your great heart, be - come love's o - pen doors.  
whose arms stretched wide up - on a cross em - brace and bear us all:



The heart of God, the heart of Christ com - bined in per - fect rhyme  
Lord, join our hearts with those who weep that none may weep a - lone,  
We are your bod - y, ris - en Christ; our hearts, our hands we yield  
come, make your church a ser - vant church that walks your ser - vant ways,



to write God's love in hu - man deeds, e - ter - ni - ty in time.  
and help us bear an - oth - er's pain as though it were our own.  
that through our life and min - is - try your love may be re - vealed.  
whose deeds of love rise up to you, a sac - ri - fice of praise!



**+INTERCESSIONS**

*Sundays and Seasons*

With the whole people of God in Christ Jesus, let us pray for the church, those in need, and all of God's creation.

*(silence)*

Loving God, we pray that your example of teaching with confidence and authority builds up your church in love. May all church leaders and teachers honor your instruction and model your inclusive ways. God of grace,

**Receive our prayer.**

Renewing God, we pray for all of creation, that waterways flow clean and clear, natural spaces are protected, and our planet is healed. Let us commit to thoughtful care of the earth. God of grace,

**Receive our prayer.**

Justice-seeking God, we pray for those in government and community leadership, that they lead with honor and mindfulness. We pray especially for Gaza, suffering under the weight of war. May your compassion find a way to transform the conflict. God of grace,

**Receive our prayer.**

Still-speaking God, we pray for our congregation, for its artists and musicians, for its educators and caregivers, that all gifts are used to care for those in need and to live out your example of accompaniment, gospel witness, and love. God of grace,

**Receive our prayer.**

Compassionate God, we pray for all in need, especially those who have known rejection, any who struggle with long-term illness or chronic pain, those without access to safe housing or health care, and any who suffer, especially the family of Diane Ackert, who died last week; friends and family of Dianne Rohl, Tony Wald's friend, upon her death; Jeff Olsen Biebighauser's mom Jo; Mary Heltsley's nephew Michael Frey; Caren Hiatt's sister-in-law, Shannon; Annie Hines's son, Nick Hines; Joyce Hanson; Arnie Johanson; Dorothy Kelly; Cori Gershon; Juliet Williamson; and those we name now, either silently or aloud (*the congregation may name loved ones in need of God's care*). God of grace,

**Receive our prayer.**

*You are invited to offer spoken petitions.*

*At the conclusion of your petition, please close with "God of compassion,"  
to which the congregation will respond, "**Hear our prayer.**"*

Receive our prayers and hopes, God of mercy and justice, as we pray in the name of Jesus the Christ. **Amen.**

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# MEAL

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## +PEACE

The peace of Christ be with you always! (John 20:19, 21)

**And also with you!**

*The people may greet one another with a sign of God's peace.*

## OFFERING

*And God Shall Wipe Away All Tears*  
Children's Choir

Eleanor Daley

And God shall wipe away all tears from their eyes,  
and there shall be now more death,  
Neither sorrow, nor crying.  
Neither shall there be any more pain,  
For the former things are passed away,  
And God shall wipe away all tears from their eyes.

## +OFFERTORY HYMN

*Let Peace Fill the Earth*

*Communion servers are invited to come forward at this time.*

Let peace fill the earth as the moun-tains fill the sky.  
Let peace fill the earth as the hope that fills our song.

Let love and jus - tice flow like the wing - ed birds that fly.  
Let love and jus - tice flow like the voic - es sing-ing a - long.

And may we see the day when war and blood - shed cease,

and through-out all the world there will be peace.

#### **+OFFERING PRAYER**

Generous God, we give you praise! You freed the widow from her debt by transforming a small jar of oil into countless overflowing vessels. (2 Kings 4:1-7) You liberate us from sin and death by the abundance at this table. Multiply these gifts and fill us with your spirit, so that we may embody Christ and enflesh your radical freedom.

**Amen.**

#### **+GREAT THANKSGIVING**

God is here!

**The Spirit is with us!**

Lift up your hearts!

**We lift them to our God!**

Let us give thanks to the Holy One and Holy Three!

**It is right to give our thanks and praise!**

And now we give you thanks for all we have received through the life, death, and resurrection of our savior Jesus Christ. In Christ you became incarnate in a human body. By your flesh we are freed from sin, death, and all that holds us captive. You have been revealed to us as one who breathes, and you breathe into us new life. Therefore with all heaven and earth, we shout with joy:

+SANCTUS

Ho - ly, ho - ly, ho - ly, God of power, God of might.

Heav - en and earth are full of your glo - ry. Ho -

san - na in the high - est! Bles - sed is the one who

comes in the name of our God. Ho - san - na in the

high - est, ho - san - na in the high - est!

+WORDS OF INSTITUTION

+LORD'S PRAYER

We pray together:

Our Creator, Our Mother, Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done, on earth as in heaven.

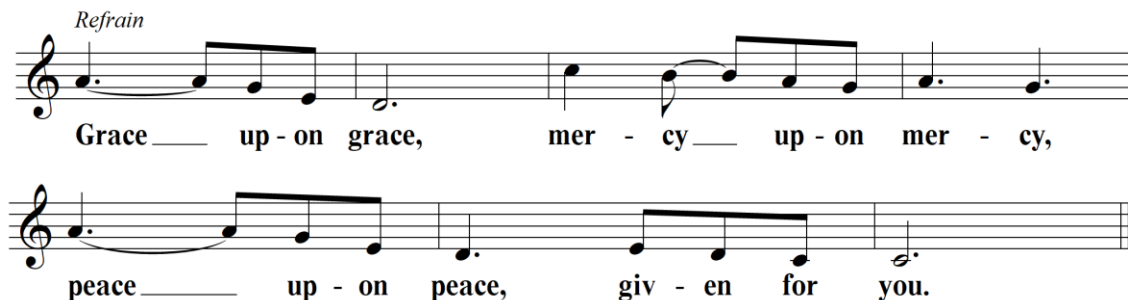
Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

## +GRACE UPON GRACE



The Word made flesh dwells among us, full of grace and truth. *Refrain.*  
Behold our Savior who frees us from the sin of the world. *Refrain.*

*Please be seated.*

## COMMUNION INVITATION

All are welcome at the table. This is Christ's table where no one is a stranger.

(11:00) For those worshipping at home, hear these words spoken for you: The body of Christ given for you. The blood of Christ shed for you.

These are the gifts of God for the people of God.

**Thanks be to God.**

*All are welcome at the table.*

*Grape juice and gluten-free wafers are available upon request to the server.*

*An usher will direct you down the center aisle, where you can pick up a communion cup. You are invited to stand or kneel in front of the table, beginning from the middle and moving toward the outside. After you have received the bread and the wine, please return to your seat by way of the side aisle, where an usher will receive your communion cup.*

*If you wish to receive communion from your pew, please let an usher know.*

## DISTRIBUTION HYMN

*God Is Here Today*

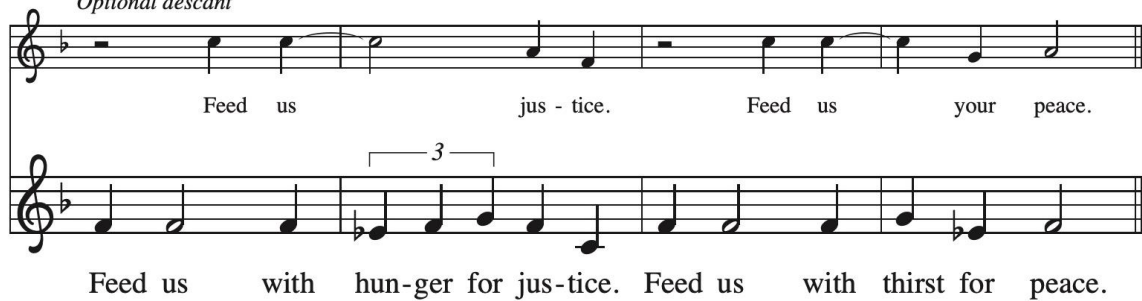

*Dios es - tá a - quí, tan*  
*God is here to - day; as*

*cier-to co-mo el ai - re que res - pi - ro, tan*  
*cer - tain as the air I breathe, as*

*cier-to co-mo la ma - ña - na se le - van - ta, tan*  
*cer - tain as the morn - ing sun that ris - es, as*

*cier-to co-mo que le can - to, y me pue - de o - ír.*  
*cer - tain when I sing you'll hear my song.*

## DISTRIBUTION HYMN

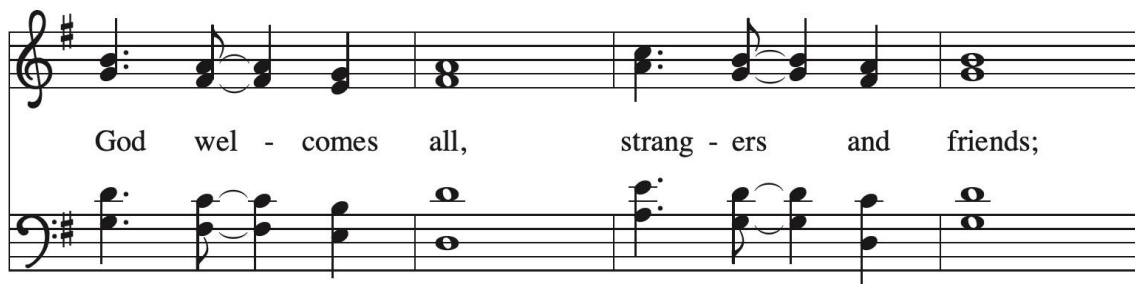
*Feed Us with Hunger for Justice**Optional descant*


Feed us jus - tice. Feed us your peace.

Feed us with hun - ger for jus - tice. Feed us with thirst for peace.

## DISTRIBUTION HYMN

## *God Welcomes All*



God wel - comes all, strang - ers and friends;

The first line of the hymn is written in G major (one sharp) and 4/4 time. It consists of two staves. The treble staff begins with a treble clef and a key signature of one sharp (F#). The melody starts on a whole note G4, followed by a half note A4, a quarter note B4, and a quarter note C5. The bass staff begins with a bass clef and a key signature of one sharp (F#). The bass line starts on a whole note G3, followed by a half note A3, a quarter note B3, and a quarter note C4. The lyrics 'God wel - comes all, strang - ers and friends;' are written below the staves.



God's love is strong and it nev - er ends.

The second line of the hymn continues the melody in G major and 4/4 time. The treble staff continues with a whole note D5, a half note E5, a quarter note F#5, and a quarter note G5. The bass staff continues with a whole note D3, a half note E3, a quarter note F#3, and a quarter note G3. The lyrics 'God's love is strong and it nev - er ends.' are written below the staves.

## +BLESSING

May the deep breath of God revive you with joy, infuse you with peace, and fill you with hope.  
**Amen.**

## +POST-COMMUNION PRAYER

Blessed Jesus, in this rich meal of grace, you have fed us with your body, the bread of life.  
Now send us forth to bear your life-giving hope to a world in need.  
**Amen.**

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## SENDING

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### +SENDING HYMN

*Rise, O Church, like Christ Arisen*

*Children and youth are invited to join the worship leaders as they recess  
and gather at the rear of the sanctuary to share the dismissal.*



Rise, O church, like Christ a - ris - en, from this meal of love and grace;  
Rise, trans-formed, and choose to fol - low af - ter Christ, though wound-ed, whole;  
Rise, re - mem - ber well the fu - ture God has called us to re - ceive;  
Ser - vice be our sure vo - ca - tion; cour - age be our dai - ly breath;



may we through such love en - vi - sion whose we are, and whose, our praise.  
bro - ken, shared, our lives are hal-lowed to re - lease and to con - sole.  
pres - ent by God's lov - ing nur - ture, Spir - it - ed then let us live.  
mer - cy be our des - ti - na - tion from this day and un - to death.



Al - le - lu - ia, al - le - lu - ia; God, the won - der of our days.  
Al - le - lu - ia, al - le - lu - ia; Christ, our pres - ent, past, and goal.  
Al - le - lu - ia, al - le - lu - ia; Spir - it, grace by whom we live.  
Al - le - lu - ia, al - le - lu - ia. Rise, O church, a liv - ing faith.



## **+BENEDICTION**

The God of all, who raised † Jesus from the dead, bless you by the power of the Holy Spirit to live in the new creation.

**Amen.**

## **+DISMISSAL**

Go in peace! You are already made whole.

**Thanks be to God!**

## **POSTLUDE**

*Vivace from Sonata in G Minor*  
Colton Baldus, Bass

Henri Eccles  
arr. Salmon/Crowell

*You are invited to the basement for lunch and our 120<sup>th</sup> annual meeting!*

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*“O Christ, Your Heart, Compassionate”* Text: Herman G. Stuempfle Jr., 1923-2007

Music: ELLACOMBE, Germany melody, 18th cent; adapt. X.L. Hartig, ‘Melodien zum Mainzer Gesangbuch, 1833

Text © 2000 GIA Publications, Inc.

*“Psalm 68” Refrain, verse text:* Michael Morgan, alt., © 1999 from ‘Psalter for Christian Worship’, Witherspoon Press

Music: THE ASH GROVE, trad. Welsh folk melody. Setting: Hal H. Hopson, © 2008 Birnamwood/MorningStar Music Publishers

*“God Is Here Today”* Text: Javier Garcías Mateo, b. 1956; tr; tr. C. Michael hawn, b. 1948

Music: DIOS ESTÁ AQUÍ, Javier Garcías Mateo. Text © 1999 Choristers Guild

*“Let Peace Fill the Earth”* Text: Ray Makeever. Music: LET PEACE FILL THE EARTH, Ray Makeever

Text and music © 1985 Ray Makeever, admin. Augsburg Fortress

*“Feed Us with Hunger for Justice”* Text: Anne Krentz Organ, b. 1960

Music: HUNGER FOR JUSTICE, Anne Krentz Organ. Text and music © 2020 Augsburg Fortress

Music: ADORE TE DEVOTE, plainsong mode V; Processionale, Paris, 1697

*“God Welcomes All”* Text: John L. Bell, b. 1949. Music: AMEN THEMBA, South African traditional; transc. and arr. John L. Bell

Text and transcription © 20087 GGRG, Iona Community, admin. GIA Publications, Inc.

*“Rise, O Church, like Christ Arisen”* Text: Susan Palo Cherwien, 1953-2021.

Music: SURGE ECCLESIA, Timothy J. Strand, b. 1958. Text © 1997 Susan Palo Cherwien, admin. Augsburg Fortress

Music © 1997 Augsburg Fortress

# HOLY TRINITY LUTHERAN CHURCH

2730 East 31st Street, Minneapolis, MN 55406

612-729-8358 ☒ [htlcmpls.org](http://htlcmpls.org)

LITURGY SETTING TODAY: *SIGHS TOO DEEP FOR WORDS*

## WORSHIP PARTICIPANTS

10:00 AM

<b>Preacher</b>	Ingrid Rasmusen
<b>Presiding Minister</b>	David Larson-Martínez
<b>Crucifer</b>	Wayne Vetter
<b>Cantor</b>	Andrea Hansen
<b>Assisting Minister</b>	Carol Masters
<b>Communion</b>	Matt Floding, Dennis O'Brien
<b>Ushers</b>	Rod Johnson, Chris Engen
<b>Altar Guild</b>	Roberta Shaw
<b>Counters</b>	John Sulzbach
<b>Closer</b>	Bob Hulteen

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### STAFF

Ingrid Rasmussen, *Lead Pastor*  
David Larson-Martínez, *Associate Pastor*  
Doug Mork, *Part-time Associate Pastor*  
Kathy Ekwall, *Communications & Congregational Coordinator*  
Nolan Gusdal, *Building Maintenance*  
Phil Radtke, *Cantor*  
Kaia Ellis, *Financial Administrator*

### STAFF, CONTINUED

Sue Roberts, *Publications Coordinator*  
Erik Gerhardt, *Accompanist*  
Dennis Nordholm, *Custodian*  
Dana Simms, *Custodian*  
Logan Olson, *Gloria Ringers Director*

### LEADERSHIP

Allison Johnson Heist, *Council President*  
Gretchen Lund, *Council Vice President*  
Erin Henry, *Council Secretary*  
Katie Schroeder, *Council Treasurer*

# P A R I S H   I N F O R M A T I O N

## **ANNUAL MEETING TODAY AT 11:00 A.M.**

All are invited to the gym following today's worship service as we celebrate the 120<sup>th</sup> year of God's ministry through Holy Trinity Lutheran Church. We will review committee goals, elect new council members, approve changes to the by-laws, and approve the 2024 budget. The annual meeting is also an opportunity for us to check on our progress made toward congregational goals.

## **SPECIAL CONGREGATIONAL MEETING TODAY FOLLOWING THE ANNUAL MEETING**

At the recommendation of the Personnel Committee, the Church Council voted to call a special Congregational meeting on Sunday, January 28, 2024, for the purpose of issuing a call as a Part-time Associate Pastor to Rev. Doug Mork. Please plan to attend this brief meeting which will take place in the gym immediately after the Annual Meeting. Because Pastor Doug is already a called pastor in this congregation, we do not need to create a call committee or conduct a multi-step process. We can fulfill this action with a relatively short meeting.

## **YOGA CLASSES AT HOLY TRINITY**

Join us weekly, Wednesdays at Noon or Thursdays at 7:30 p.m. beginning Wednesday, January 10, and Thursday, January 11. Sign up in the Community Room to be a host of one of these classes and offer a warm welcome to those who come.

## **THURSDAY, FEBRUARY 1—BOOK LAUNCH: "BREATHING IN MINNEAPOLIS"**

Join author Patrick Cabello Hansel at 7:00 p.m. at Holy Trinity for the launch of his new book of poetry, "Breathing in Minneapolis," which chronicles the challenging events of 2020-2022 in our fair city. He will be joined by poets Joyce Sutphen, Walter Cannon, Dralandra Larkins, and the Chilean musical group Ina Yukka. And cake! Books will be available for purchase.

## **SUNDAY, FEBRUARY 4—"HANDPRINTS" AT HISTORY THEATRE**

15 tickets available to attend "Handprints," a new vibrant autobiographical play written, performed, and sung by Greta Oglesby, At the History Theatre, on Sunday, February 4, 2:00 p.m. Tickets are \$20, payment due to Kathy Hollander; sign up in the Community Room.

## **PANCAKE BREAKFAST YOUTH FUNDRAISER SUNDAY, FEBRUARY 11**

Join us for the relaunched annual pancake breakfast from 8:30 a.m. to 1:00 p.m. on Sunday, February 11. Confirmation students and their families will host the event.

Suggested donation for tickets is \$10. Tickets will be on sale at the Annual Meeting today and on Sunday, February 4, as well as the day of the event.

We will have freshly made pancakes, and real maple syrup as well as sausage and orange juice! This is a fund-raising event for the youth in our congregation. Proceeds from the event will help youth attend the Youth Gathering in New Orleans in July.

## P A R I S H   S C H E D U L E

Monday, January 29	6:30-8:30 PM	Adult Choir Rehearsal
Tuesday, January 30	11:00 AM	Worship Readings Discussion
Wednesday, January 31	12:00 PM 5:00-6:00 PM 5:45-6:45 PM 6:00-8:00 PM 6:00-7:30 PM 7:00 PM	Yoga Choir Family Meal Children's Choir Rehearsal Supervised Play Time Gloria Ringers Rehearsal Spiritual Directions
Thursday, February 1	6:45 PM 7:30 PM	Big Meeting Night Yoga
Sunday, February 4	8:45 AM 10:00 AM 10:00 AM 11:00 AM 2:00 PM	Worship Service of Holy Communion Adult Forum Youth Education Worship Service of Holy Communion Swahili Service

### ADULT FORUM

*10:00 a.m. each Sunday in the Library*

**TODAY      Annual Meeting; No Adult Forum**

**February 4      "Community Planning"**  
**Andy Hestness from Redesign**

Redesign is a nonprofit community development corporation (CDC) established in 1969 dedicated to improving the five neighborhoods of Greater Longfellow: Seward, Longfellow, Cooper, Howe, and Hiawatha. Redesign has been a terrific partner in the Lake Street redevelopment work and is currently leading the work on both the Coliseum and the U.S. Bank Site.