



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, Doug Mork, and David Larson-Martínez, Pastors

ANTI-BLACKNESS ARTICLE FOR OCTOBER FROM JESS DANIEL HART

Anti-Blackness is, unfortunately, the water that many of us swim in, unless we are willing to make conscious efforts over time to decondition ourselves. It's propped up by our social segregation, by the media, and by our willingness and desire to maintain the status quo instead of questioning our own complicity.

Despite growing up in Southern California, which is diverse in aggregate, there were very few Black folks in my immediate hometown, including in most of my schools. My high school was nearly 50% Asian, mostly Chinese and Korean, 30% Latinx, mostly Mexican, 15% or so White, less than 2% Black and the remainder mixed race, Native Americans, and other groups.

My own anti-Blackness came mostly as a result of my early life exposure to media during and post Los Angeles riots of 1992 and around gang activity in the 1980s and 1990s. With no political lens, and very little personal experience, other than one or two close Black friends through childhood and one beloved Black teacher, I grew up feeling a vague sense of fear of Black folks.

My home, schools, church, and social circles did not directly question the media's distorted translation of many Black people as "angry and violent." Like so many kids, I went to schools where we were taught about Martin Luther King Jr. and the "end of slavery" in a perfunctory ways, without any conversation about the ongoing effects of slavery and systemic racism on Black Americans today. And while my family and religions taught "love and acceptance for all," this wasn't a strong or specific enough teaching to undo messages that I was getting from media and society as a whole. On top of this, while broader Asian American community has a long history of solidarity with the Black struggle, there has also been plenty of complex racial trauma and violence between the communities. The LA Riots demonstrated a particularly intense example, with the targeting of Koreatown by rioters, partly in response to the killing of 15-year-old Latasha Harlins by a Korean shop owner. My friends, who were majority Korean, were certainly receiving messages of fear from their own communities, which filtered on to me.

It wasn't until college that I began to realize the ways I'd been indoctrinated. I went to school in the Bay Area, and made a trip into San Francisco one day by train. As I walked

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REFORMATION SUNDAY



READINGS

*Jeremiah 31:31-34; Psalm 46;
Romans 3:19-28; John 8:31-36*

ADULT FORUM

Holy Trinity Adult Forums feature in-person presentations beginning at 10:00 a.m. on Sunday. The presentations are also available via Zoom for those unable to attend in person. ID 858 5687 1594; Password 317879.

October 29 "Creation Care" Russ Henry

Russ is a landscaper, naturalist, gardener, soil health expert, educator, and owner of Minnehaha Falls Landscaping. As a Certified Soil Life Consultant, he scientifically explores and supports soil health, the foundation for beauty and productivity in all landscapes. Russ has a passionate commitment to protecting God's creation and growing ecosystems across Minnesota. He is the founder of Bee Safe Minneapolis and a writer and presenter for the Minnesota State Horticultural Society. Russ presents annually on the Dirt Stage at the Minnesota State Fair and has been featured in the Minneapolis Star Tribune and other publications around the country.

November 5 "Honoring the Saints"

Today we remember those sinner-saints who have died before us. Too rarely are we given the opportunity to talk with one another about the loss of beloved friends and family members. This year, we invite you to bring pictures of the saints in your life and display them in the Community Room during the adult forum hour. During the hour, we'll have an opportunity to share stories about the photos we bring.

~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. We pray especially for **Carol Berg**; Noëlle Morell's father, **Steve Padgitt**; **Joyce Hanson**; **Joyce Peterson**; **Arnie Johanson**; Katie Schroeder's mom, **Diane**; **Cliff Brown**; **Mary Paavola**; **Dorothy Kelly**; and **Cori Gershon**.

PARISH INFORMATION

(Continued from previous page)

down a quiet industrial street toward my destination, I looked behind me and saw a young Black woman, not much older than me, headphones in, minding her own business. I felt a surge of adrenaline and sped up, eventually crossing the road to create some distance. Almost immediately, I started to think... "What was that about? Why did I feel afraid? Why didn't I feel that fear or cross the street for anyone else?" It was a somatic reaction that happened automatically, but I knew it was because she was Black, and I hated that. I could feel the unfairness in it and could just start to glimpse some of the implications of my fear. It kicked off a journey of personal work and deconditioning that's ongoing to this day.

Since then, especially while living in Detroit, which is approximately 80% Black, I have learned so much both about the pervasiveness of Anti-Blackness and its many insidious forms, as well as the incredible and inspiring resilience, power, and love of Black folks in the face of it. I'm grateful for my many teachers who owed me nothing, and still gave freely, and to whom I owe thanks for my much richer, truer, and more beautiful understanding of the world.

LOTS HAPPENING THIS WEEKEND

SATURDAY, OCTOBER 28— OUCH! THAT HURTS! MOVING FROM MICRO-AGGRESSIONS TO MICRO-INCLUSIONS

Join facilitators David Scherer and Joe Davis from 9:30 to 11:30 a.m. as we gather to work against anti-Blackness and white supremacy and build more skills in caring communications about race.

David and Joe will show us how to:

- Break down barriers when talking about race
- Recognize when we make micro-aggressive comments (intentionally or unintentionally) or act in ways that could feel like harm to others
- Practice micro-inclusive comments that keep us in relationship—even in the middle of conflict
- Improve our ability to communicate "gospel welcome" in our words and actions

David Scherer is a performer, teacher, author, and trained facilitator. He teaches intercultural competence at the graduate school level. Joe Davis is an artist, poet, educator, and trained facilitator. Joe was artist in residence at Luther Seminary and has a master's in theology. They are both outstanding presenters, empathic facilitators, and lots of fun (they rap!). Good coffee, tea, and tasty treats included!

COOKIE BAKING SATURDAY, OCTOBER 28, 2:00-4:30 P.M.

Youth not being confirmed will gather at the home of Zoe Martinez at 2:00 p.m. on Saturday, October 28, to make cookies that they will serve following the 11:00 a.m. confirmation service on Sunday. Come join the fun!

SATURDAY, OCTOBER 28—CONFIRMATION DINNER

Students to be confirmed on Sunday, October 29, will enjoy dinner and fellowship with one another, the pastors, and members of the confirmation teaching team from 5:00 to 7:00 p.m. This dinner will take place at the church building. More information will be shared, but you are invited and expected!

CONFIRMATION AND REFORMATION, SUNDAY, OCTOBER 29

Four young people from Holy Trinity—William Hansen, Benjamin Hanson, Noah Hines, and Bea Martin—will affirm their baptisms during the 11:00 a.m. service. Adult and youth choirs will help lead the celebration.

SUNDAY, OCTOBER 29—NEW MEMBER ORIENTATION

We at Holy Trinity believe that community is integral to faith, which is why we invite interested persons to consider membership in this congregation. A new member orientation will be held on Sunday, October 29, from 12:00 to 1:30 p.m. in the library. Over a simple meal, those interested in membership will have the opportunity to learn more about one another and about Holy Trinity's mission and ministry. There are no prerequisites; all are welcome.

HAPPENING THIS WEEK

PRESENTATION FROM BRIGHT STARS OF BETHLEHEM

Join us Wednesday, November 1, at Edina Community Lutheran Church, for *An Update on Palestine in the Midst of Crisis* from the executive director of our mission partner Bright Stars of Bethlehem. Tragic violence affects students and faculty at Bright Stars-supported Dar al-Kalima University campuses in Gaza and Bethlehem as well as elsewhere. Come for a Palestinian dinner at 6 p.m. followed by the 7 p.m. presentation. [Click here](#) for more information, including information on how to RSVP and to donate \$20 for the cost of dinner.

FRIDAY-SATURDAY, NOVEMBER 3-4—ADULT RETREAT AT ST. JOHN'S ABBEY

Plan to join us in Collegeville, Minnesota, for an overnight retreat for adults of all ages. We'll have wonderful programming and opportunities to connect with one another and with the Benedictine community at St. John's. We'll also explore the campus, which includes the famous Breuer chapel, the pottery studio of Richard Bresnahan, and the illustrated St. John's Bible. We have individual rooms for 25 participants. Sign up in the Community Room by October 29.

SATURDAY, NOVEMBER 4—DAYLIGHT SAVING TIME ENDS

Set your clocks back one hour when you go to bed so you're not too early to church in the morning!



VOLUNTEER OPPORTUNITIES

VOLUNTEERS NEEDED FOR WEDNESDAYS IN ADVENT

We are looking for volunteers to help with Advent Evening Soup Suppers (December 6, 13, and 20). Each Wednesday, 4 households would prepare and serve enough for 30 people. Volunteers are needed for set-up and clean-up all three Wednesdays. Sign up in the Community Room.

THANK YOU TO ALL WHO HELPED CLEAN UP OUR PROPERTY

It was a bit wet, a lot was accomplished! Thank you to everyone who helped rake leaves and clean the grounds today around Holy Trinity.



THANK YOU FROM KATHY EKWALL

Thank you to those that helped cover the office while I was on vacation the past couple of weeks. I appreciate you! Here are a couple of photos from my road trip adventures.



HOLY TRINITY NEWS

COMMITTEE/WORKING GROUP BUDGETS FOR 2024

It's time to start drafting your 2024 budgets! Given the ways that COVID has shifted programming, committees may need to do some discerning of what can be done during this time and what financial support is needed to do it. (In other words, simply saying "the same as last year" doesn't work this time around!) Please submit this information by December 1.

NOMINATE A LEADER TO SERVE ON THE CHURCH COUNCIL

This year's Nominating Committee (Meghan Olsen Biebighauser, Kevin Proescholdt, Arlene Helvig, Allison Johnson Heist, Erin Manlove, and Gretchen Lund) will soon start to discern a slate of new Council members. If you would like to nominate a great leader to serve on Holy Trinity's Church Council, please send their name and a brief description of their leadership to Erin Manlove.

STILL: ON LAND, PHOTOGRAPHY, AND MEANING-MAKING

On display in the Community Room is a series of artworks made by friend of Holy Trinity, Emilie Bouvier. Shaped by her time and experience at Holden Village, these pieces explore our complex relationships with land and place. Created through a variety of photographic processes, you're invited to explore these images and reflect on what storied landscapes have to teach us about ourselves, our history, and our relationships with God and one another.

Read Emilie's description on the south wall of the Community Room (near the children's table).

SPIRITUAL DIRECTION AND COMPANIONSHIP, NOVEMBER 8

Spiritual Direction and Companionship is a long standing practice and discipline. It is a helpful process for paying attention to our relationships—with self, with others, and with the Divine. A portion of Scripture is used—not as study—rather for mediation and contemplative prayer. This process can be regarded as praying with God's Word and paying attention to God's Presence in our lives.

In the small group one is encouraged to share one's own process with others. We are free to share but not required. All that is shared is confidential to the group. Holy Trinity will offer three separate and similar four week sessions with different dates and times for others to participate. After the initial sessions one may choose to continue but on a monthly (not weekly) basis.

The initial group will begin on Wednesday, November 8, at 9:00 a.m. in the Mary Martha Room. There will be a sign-up sheet in the Community Room. Two other initial groups will offered in January and February 2024. Questions are invited and can be directed to the facilitator, Joel Wiberg (612-508-4013).

OLIVE OIL FROM THE MOUNT OF OLIVES

Bottles of fresh olive oil are available in two sizes: 250mL bottles for \$15 and 750 mL bottles for \$35. Purchases support the work of the Lutheran World Federation vocational training program and reduce student fees. Brought to you by the Palestine-Israel Working group. Contact the [office](#) to purchase.

WORSHIP PARTICIPANTS FOR SUNDAY, OCTOBER 29, 2023

8:45 AM		11:00 AM
David Larson-Martínez	Preacher	David Larson-Martínez
Ingrid Rasmussen	Presiding Minister	Ingrid Rasmussen
Stephanie Sulzbach	Cantor	Stephanie Sulzbach
Tom Cahoy	Crucifer	
Mary Engen, , Ginny Jordan	Altar Guild	
Karen Batdorf	Assisting Minister	Kris Christians
Steve Murray, Libby and Keith Olstad	Communion	Kari and Tom Kleven, Sean Gosiewski
Sally and David Kohlstedt, Chris Engen	Ushers	David Broberg, Chris Amundson, Kathy Hollander, Rod Johnson
Sue Roberts, Sally Kohlstedt	Coffee Servers	Confirmation Youth
Annie Hines	Counters	
	Closer	Robertta Shaw
	Video Operator	Jan Mehlhoff

PARISH EVENTS OCTOBER 29-NOVEMBER 4, 2023

Sunday, October 29	8:45 AM 10:00 AM 10:00 AM 11:00 AM 12:00-1:30 PM 2:00 PM	Worship Service of Holy Communion Adult Forum Children and Youth Education Worship Service of Holy Communion/ Confirmation Sunday New Member Orientation Swahili Service
Monday, October 30	6:30-8:00 PM	Adult Choir Rehearsal
Tuesday, October 31	11:00 AM	Worship Readings Discussion
Wednesday, November 1	5:00-6:00 PM 5:45-6:45 PM 6:00-8:00 PM	Choir Family Meal Children's Choir Supervised Gym Time
Thursday, November 2	6:45 PM	Big Meeting Night
Friday-Saturday, November 3-4		Adult Retreat

LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 11:00 a.m. Sunday service is available online at 10:55 a.m. You can access recordings of previous worship services [here](#).

