

SEVENTH SUNDAY OF EASTER

May 21, 2023

HOLY TRINITY LUTHERAN CHURCH MINNEAPOLIS

WELCOME TO ALL

The people of Holy Trinity Lutheran Church wish to extend a special welcome to all visitors! Please leave your name and phone number on the visitor card found in the pew.

We are committed to the inclusion of all people, with no exception. Therefore, we practice **open communion**, welcoming all to the table to receive the sacrament of Holy Communion.

Children are full participants in this congregation's worship, educational, and community life! The Mary Martha Room is a quiet space for infants needing to nurse or to nap. For active toddlers, the Community Room has a Children's Corner with books and a table at which to play. Our ushers are ready to assist you in finding the place that best fits your family's needs.

Accessible and all-gender restrooms are located in the nursery on the 2nd floor and in the basement. Single-use, all gender restrooms are located on the 1st floor.

For over forty years, this congregation has advocated for the *full welcome, inclusion, and equity* of lesbian, gay, bisexual, transgender, queer, intersex, and asexual (LGBTQIA+) Lutherans in all aspects of the church and the community. We invite all people into lives of authenticity, integrity, and wholeness.

Hearing assist devices and large-print bulletins are available. Ask an usher if you are interested.

Our services are livestreamed on Vimeo and Facebook every week. The live shot includes the main floor of the sanctuary. Our members who watch from home love to see their friends at church! If for privacy reasons you prefer not to be on camera, the balcony is outside of the camera's range.

If you are seeking pastoral care, please speak to a pastor today.

+invites the congregation to stand

GATHER

Sighs Too Deep for Words

Today we are using a liturgy titled *Sighs Too Deep for Words*. It is a collaboration of pastors, musicians, and artists intended to engage us as whole persons. At its best, liturgy empowers us to worship. This liturgy is mindful that when we worship, all of our senses, our bodies, and our imaginations are engaged personally and communally.

Like all ELCA worship liturgies it has four movements: Gathering, Word, Meal, and Sending. It employs scripture-inspired words, images, and themes intentionally to include all of God's beloved and to enlarge our conception of the God we worship, the Holy One and Holy Three.

We hope that you will experience afresh the radical hospitality of Christ and find yourself worshiping with *Sighs Too Deep for Words*. It will be an adventure!

PRELUDE

+GATHERING HYMN

Lord, You Give the Great Commission



+GREETING

The grace of Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you.**

+KYRIE

The Canaanite Woman's Song

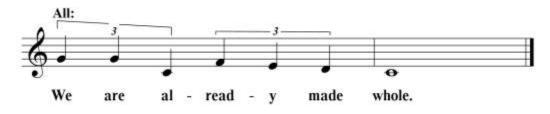


Let us kneel before God, praying: Show me mercy! Show me mercy! Hmm

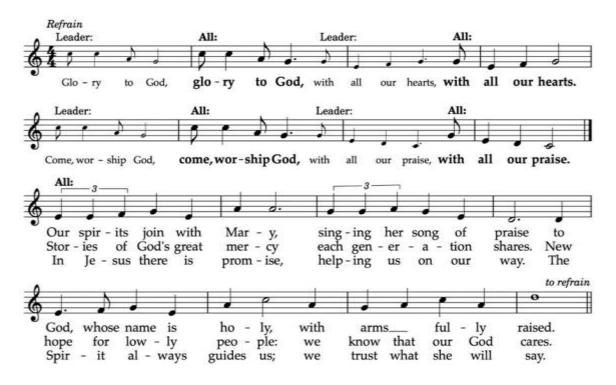
We shout for justice! Show me mercy! **Show me mercy! Hmm** We beg for healing! Show me mercy! **Show me mercy! Hmm** We cry for your help! Show me mercy! **Show me mercy! Hmm** We demand your presence! Show me mercy! **Show me mercy! Hmm**

Let us rise together.

Jesus says: Great is your faith! Let it be to you as you desire. You are already made whole. You are already made whole. (Matthew 15:21-28)



Mary's Song



+PRAYER OF THE DAY

Threefold One, relationship in unity, love given and received through all the ages long: give us that unity which is not enclosed but alive and accepting with the open heart of love; through Jesus Christ, the glory of God.

Amen.

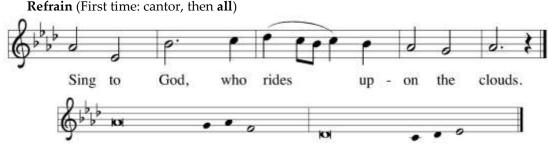
WELCOME

Word

FIRST READING

Acts 1:6-14

Blessed are they who seek wisdom; who treasure her ways and follow her paths.



Let God arise, and let God's ene- ¹ mies be scattered; let those who ¹ hate God flee.

²As smoke is driven away, so you should drive ¹ them away;

as the wax melts before the fire,

so let the wicked perish at the pres- | ence of God.

³But let the righteous be glad and rejoice ⁺ before God;

let them also be mer- ¹ ry and joyful.

⁴Sing to God, sing praises to God's name; exalt the one who ¹ rides the clouds;

"I AM" is that name, rejoice | before God! Refrain

⁵In your holy habita- ¹ tion, O God,

you are a father to orphans, defend- ¹ er of widows;

⁶you give the solitary a home and bring forth prisoners ¹ into freedom;

but the rebels shall live in ¹ desert places.

⁷O God, when you went forth be-¹ fore your people,

when you marched | through the wilderness,

⁸the earth quaked, and the skies poured down rain,

at the presence of God, the | God of Sinai,

at the presence of God, the | God of Israel.

⁹You sent a bountiful [|] rain, O God;

you restored your inheritance | when it languished.

¹⁰Your people found their ¹ home in it;

in your goodness, O God, you have made provision ¹ for the poor. Refrain ³²Sing to God, O kingdoms ¹ of the earth;

sing praises $^{\scriptscriptstyle |}$ to the Lord.

³³You ride in the heavens, O God, in the ¹ ancient heavens;

you send forth your voice, your ¹ mighty voice.

³⁴Ascribe pow- ¹ er to God,

whose majesty is over Israel; whose strength is ⁺ in the skies.

³⁵How wonderful you are in your holy places, O ¹ God of Israel, giving strength and power to your people! ¹ Blessed be God! Refrain

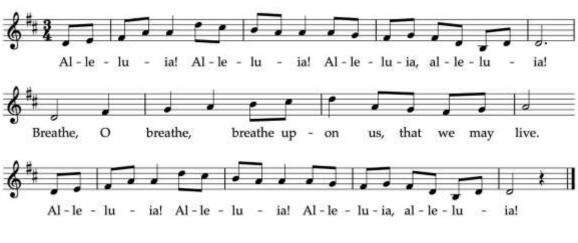
SECOND READING

1 Peter 4:12-14; 5:6-11

Blessed are they who seek wisdom; who treasure her ways and follow her paths.

+GOSPEL ACCLAMATION

Alleluia



+GOSPEL READING

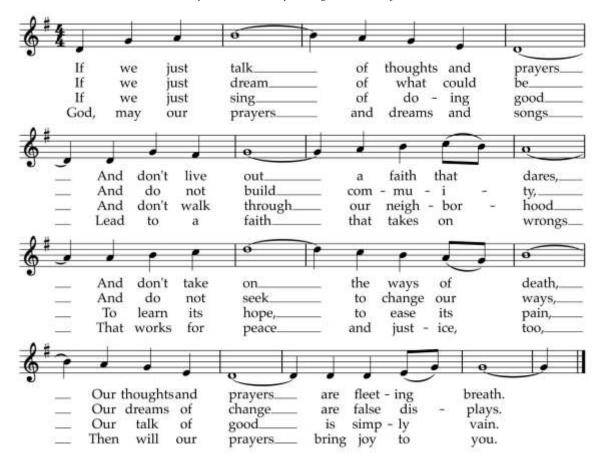
John 17:1-11

This is the Gospel of Jesus Christ. **Praise to you, Word of life!**

SERMON

+HYMN OF THE DAY

If We Just Talk of Thoughts and Prayers



+AFFIRMATION OF FAITH

Let us profess our faith:

We believe in you, O God, who spoke all life into being, author of heaven and earth, architect of time, quilter of the cosmos. You shape our bodies from the dust of the ground, and by your breath we are given life.

We believe in you, O God, who became incarnate in Christ Jesus, the Word made flesh, truly divine and truly human. You lived among us to reveal your justice, died among us to break the bonds of sin and death, and were raised among us to bring abundant life.

We believe in you, O God, who transforms us by the Holy Spirit, draws us into community, moves us to action, and inspires us to hope against hope. You breathe new life into a fallen world and equip us to proclaim the good news of resurrecting love.

All thanks and praise to you, O God, our beginning and our end. Amen.

+INTERCESSIONS

With the whole people of God in Christ Jesus, let us pray for the church, those in need, and all of God's creation.

(silence)

Holy God, you are the silence that quiets us; the light that illumines our selves and our world; the river of blessing, cleansing and refreshing; the banquet of life where all our hungers are fed; you are our song. Hear our prayer.

We thank you, O God, for all good gifts we know from you: for the greening of the earth and the exquisite beauty of all that flowers; for lawnmowers that start and kids to start them; for the fragrance that lingers after a spring rain; for the happy bustle of the farmer's market; for planting our gardens and dreaming of the sublime taste of vegetables we grow ourselves. We are thankful for the sweet anticipation of the coming end of school, for proms and spring programs and graduations, all the signs of completion and fulfillment. We are grateful for laughter that frees us, tears that heal us, conversations that deepen us, quiet that centers us. Good and gracious God,

Hear our prayer.

Even as we rejoice in the earth's spring awakening, O Lord, we are deeply troubled by so many signs of climate change – violent weather, rising seas, dangerous insects marching northward, vanishing species, plastic-filled waterways, dying coral reefs. We pray for the earth. Make us to cherish it, never to take it for granted, to do all in our power to be good stewards of the beautiful jewel you have given us. Fill us with the desire to leave a livable world for our children and grandchildren. Make us reduce our consumption. Empower us to pressure our decision makers to make hard and necessary choices. Make us willing to trade discomfort and sacrifice for a livable future. Creator God,

Hear our prayer.

We pray for the hungry and the homeless, the sick and the dying, the grieving and the lonely, the oppressed and addicted, the unemployed and imprisoned, and lift all to your compassion. God of mercy and justice,

Hear our prayer.

Grant us, O God, the courage to do what must be done, even when we don't feel like it – to speak out against injustice, to work towards healing in broken relationships, to listen more and talk less. Make us more eager to give than to take, to serve than to be served, more like the Christ whose name we bear. Heal our sick, comfort our bereaved, refresh our discouraged, grant hope to our despairing, quiet our anxious. Mindful of all in need, we lift before you this day Carol Kelly; Sharon Clappier; Rosie Stalsberg; Dorothy Kelly; Cori Gershon; Mark Symchych; and those we name now, either silently or aloud (*the congregation may name loved ones in need of God's care*). God of compassion,

Hear our prayer.

You are invited to offer spoken petitions.

At the conclusion of your petition, please close with "God of compassion," to which the congregation will respond, **"Hear our prayer."**

Receive our prayers and hopes, God of mercy and justice, as we pray in the name of Jesus the Christ. **Amen.**

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+PEACE

The peace of Christ be with you always! (John 20:19, 21) And also with you!

The people may greet one another with a sign of God's peace.

OFFERING

I Know that My Redeemer Lives (8:45) Trinity Singers, (11:00) Adult Choir Austin C. Lovelace

I know that my Redeemer lives. Glory, Hallelujah! What comfort this sweet sentence gives. Glory, Hallelujah! He lives to bless you with his love. Glory, Hallelujah! He lives to plead my cause above. Glory, Hallelujah!

He lives to crush the fiends of hell. Glory, Hallelujah! He lives and doth within me dwell. Glory, Hallelujah! He lives, all glory to his name. Glory, Hallelujah! He lives, my Jesus, still the same. Glory, Hallelujah!

I know that my Redeemer lives. Glory, Hallelujah! What comfort this sweet sentence gives. Glory, Hallelujah! Shout on, pray on we're gaining ground. Glory, Hallelujah! The dead's alive and lost is found. Glory, Hallelujah! +OFFERTORY HYMN

Good Christian Friends, Rejoice and Sing!

ELW 385



Communion servers are invited to come forward at this time.

+OFFERING PRAYER

Generous God, we give you praise! You freed the widow from her debt by transforming a small jar of oil into countless overflowing vessels. (2 Kings 4:1-7) You liberate us from sin and death by the abundance at this table. Multiply these gifts and fill us with your spirit, so that we may embody Christ and enflesh your radical freedom.

Amen.

+GREAT THANKSGIVING

God is here! The Spirit is with us!

Lift up your hearts! We lift them to our God!

Let us give thanks to the Holy One and Holy Three! It is right to give our thanks and praise!

And now we give you thanks because in the victory of Jesus Christ over the grave a new age has dawned, the long reign of sin is ended, a broken world is being renewed, and humanity is once again made whole.

With all heaven and earth, we shout with joy:



+WORDS OF INSTITUTION

In the night in which Jesus was betrayed.... Do this for the remembrance of me. Groaning in expectation with all of creation, we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again

Breath of God, in this bread and cup you bring new life to your church. Breathe on us, that we may live!

May your Spirit intercede for us with sighs too deep for words, so that we might be made one body in Christ.

Breathe on us, that we may live!

Revive our faith, infuse us with your peace, and reveal to us your justice, so that we might witness to the resurrection in all that we say and in all that we do.

Breathe on us, that we may live!

All thanks and praise to you, O God, Holy One and Holy Three. Amen!

+LORD'S PRAYER

We pray together:

Our Creator, Our Mother, Our Father in heaven, hallowed be your name,

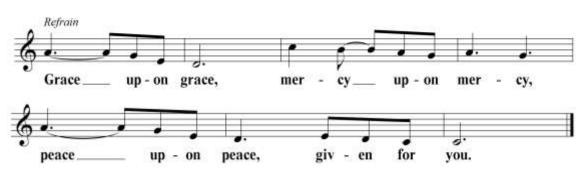
your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.



+GRACE UPON GRACE

The Word made flesh dwells among us, full of grace and truth. *Refrain*. Behold our Savior who frees us from the sin of the world. *Refrain*.

Please be seated.

COMMUNION INVITATION

All are welcome at the table. This is Christ's table where no one is a stranger. For those worshiping at home, hear these words spoken for you: The body of Christ given for you. The blood of Christ shed for you.

These are the gifts of God for the people of God. Thanks be to God.

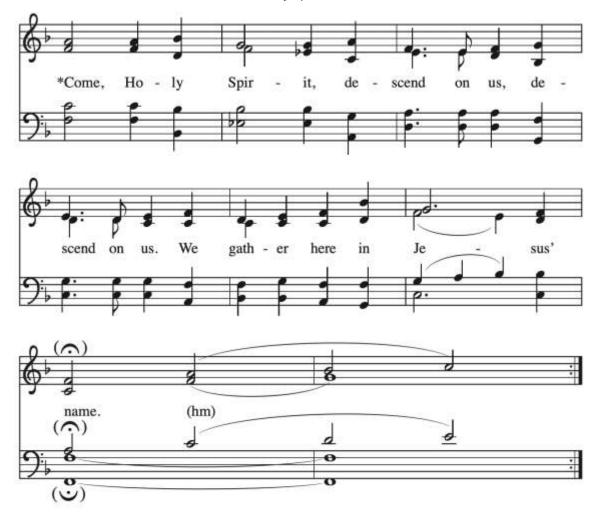
All are welcome at the table.

Grape juice and gluten-free wafers are available upon request to the server.

An usher will direct you down the center aisle, where you can pick up a communion cup. You are invited to stand or kneel in front of the table, beginning from the middle and moving toward the outside. After you have received the bread and the wine, please return to your seat by way of the side aisle, where an usher will receive your communion cup.

If you wish to receive communion from your pew, please let an usher know.

DISTRIBUTION HYMN



*Additional verses ad lib: Come, Breath of heaven, ... Come, Word of mercy, ... Come, Fire of judgment, ... Come, great Creator, ... Come to unite us, ... Come to disturb us, ... Come to inspire us, ...

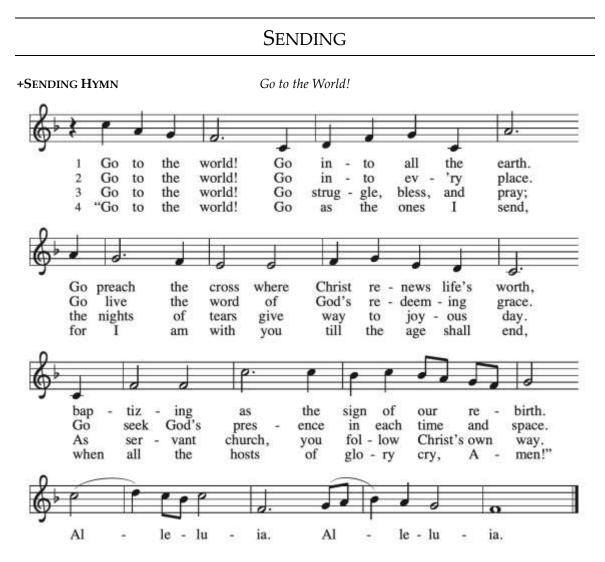
+BLESSING

May the deep breath of God revive you with joy, infuse you with peace, and fill you with hope. **Amen.**

+POST-COMMUNION PRAYER

Blessed Jesus, in this rich meal of grace, you have fed us with your body, the bread of life. Now send us forth to bear your life-giving hope to a world in need.

Amen.



+BENEDICTION

The God of all, who raised + Jesus from the dead, bless you by the power of the Holy Spirit to live in the new creation.

Amen.

+DISMISSAL

Go in peace! You are already made whole. Thanks be to God!

POSTLUDE

SINE NOMINE

arr. P. Radtke

You are invited to the Community Room (located at the rear of the worship area) for a time of conversation and refreshments.

Ascension, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN. https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=54351 [retrieved May 16, 2023]. Original source: http://www.flickr.com/photos/skip/111045024/. "Lord, You Give the Great Commission" Text: Jeffery Rowthorn, b. 1934. Music: ABBOT'S LEIGH, Cyril V. Taylor, 1907-1991 Text © 1978 Hope Publishing Company. Music © 1942, ren. 1970 Hope Publishing Company Psalm 68: Psalm refrain reproduced from 'Psalter for Worship Year A' © 2007 Augsburg Fortress Psalm tone reproduced from 'Psalter for Worship Year C' © 2006 Augsburg Fortress "If We Just Talk of Thoughts and Prayers" Text: Carolyn Winfrey Gillette, © 2017. Used with permission Tune: O WALY WALY, traditional English melody "Good Christian Friends, Rejoice and Sing!" Text: Cyril A. Alington, 1872-1955, alt. Music: GELOBT SEI GOTT, Melchior Vulpius, 1570-1615 Text © 1952, ren. 1980 'Hymns Ancient & Modern', admin. Hope Publishing Company "Come, Holy Spirit, Descend" Text: John L. Bell, b. 1949. Music: BREATH OF HEAVEN, John L. Bell Text and music © 1992, 1995 WGRG, Iona Community, admin. GIA Publications, Inc. "Go to the World!" Text: Sylvia G. Dunstan, 1955-1993. Music: SINE NOMINE, Ralph Vaughan Williams, 1872-1958 Text © 1991 GIA Publications, Inc. Music © Oxford University Press

HOLY TRINITY LUTHERAN CHURCH

2730 East 31st Street, Minneapolis, MN 55406 612-729-8358 htlcmpls.org

LITURGY SETTING TODAY: SIGHS TOO DEEP FOR WORDS

WORSHIP PARTICIPANTS

8:45 AM		11:00 AM
David Rojas Martinez	Preacher	David Rojas Martinez
Ingrid Rasmussen	Presiding Minister	Ingrid Rasmussen
	Crucifer	Wayne Vetter
Drew Lindorfer	Cantor	Drew Lindorfer
Carol Masters	Assisting Minister	Scott Cole
Andrea Martin, Linda Berglin, Joyce Peterson	Communion	Deb Anderson, Stephanie Cole, David Krig
Steve Murray, David Broberg, Sally and David Kohlstedt	Ushers	Helen and Bob Norheim, Chris Amundson, Jeff Olsen Biebighauser
Josh Becker, Anne Beschnett	Altar Guild	Kathryn Howe, Doris Gbala
	Coffee Servers	Katy Benson, Nicki Hines
Pam Blomgren, Joyce Peterson	Counters	Deb Helmel, Wayne Vetter
	Closer	Bob Hulteen

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STAFF

Ingrid Rasmussen, Lead Pastor Doug Mork, Part-time Associate Pastor Kathy Ekwall, Communications & Congregational Coordinator Nolan Gusdal, Building Maintenance David Rojas Martinez, Community Engagement and Education Coordinator Phil Radtke, Cantor Kaia Ellis, Financial Administrator

STAFF, CONTINUED

Sue Roberts, *Publications Coordinator* Erik Gerhardt, *Accompanist* Dennis Nordholm, *Custodian* Logan Olson, *Gloria Ringers Director*

LEADERSHIP

Allison Johnson Heist, *Council President* Gretchen Lund, *Council Vice President* Erin Henry, *Council Secretary* Katie Schroeder, *Council Treasurer*

PARISH INFORMATION

NEW SUMMER SCHEDULE BEGINS MAY 28

Between Memorial Day weekend and Labor Day weekend, the 8:45 and 11:00 a.m. worship services will join together for one service at 10:00 a.m. The summer season affords us the opportunity to see and to connect with members and friends from "the other service."

BOOK GROUP WITH PASTOR INGRID THROUGHOUT JUNE

As a progressive parish minister, Molly Baskette has been a companion during the most vulnerable, traumatized, and unsettled periods of many people's lives. She has also had a front row seat to remarkable human transformation, as many of the ruptures her people lived through turned out to be the way that God got in. But when she was diagnosed with an aggressive cancer at age thirty-nine, with two small children, her theology of and relationship to God was tested more profoundly than ever.

Instead of becoming despondent, though, she engaged with her faith more deeply–seizing the opportunity to test the seaworthiness of the faith she had been practicing and preaching. In *How to Begin When Your World is Ending*, Baskette shares the questions that confronted her along the way like: Is it true that prayer changes things? Does God care whether we live or die–and is there a damn thing God can do about it anyway? How can vulnerability, counter-intuitively, be a strength? And the million-dollar question: is there life after death, and just what might it be like?

Weaving together her own story and the stories of those she encountered in her life of faith, Baskette mines joy from all the hardest parts of being human. In doing so she reminds us that whatever you are going through, someone has been there before you and found meaning in the chaos.

Books are available in the Community Room for those interested in joining the discussion. Pastor Ingrid will send out a short reflection by email each Monday morning. The group is invited to gather for one in-person gathering on Arbeiter's patio on the evening of June 22. Further details will be sent to participants. Sign up in the Community Room by May 31.

BIKE TO CHURCH IN JUNE

Ride your bike to church. Don't forget our newest bike parking station on the lawn in front of the church!

SUMMER BOOK READ

Caring for Creation is sponsoring a summer book read–*Saving Us: A Climate Scientist's Case for Hope and Healing in a Divided World.* We'll meet for backyard discussion gatherings every other Wednesday at 7:00 p.m. from June 14 - July 12. Books have been ordered and will be available in the Community Room soon. A signup sheet and book synopsis are in the Community Room.

NOTES FROM THE MAY 16 COUNCIL MEETING

In the very busy May Council meeting, the group:

- Learned about Holy Trinity's new approach to sabbatical: as of 2022, Holy Trinity offers a regular sabbatical to both clergy and lay staff. Several staff members have upcoming sabbaticals, including Pastor Ingrid, Nolan Gusdal, and Dennis Nordholm.
- Approved spending an additional \$100,000 of the funds from Stepping Out in Faith Our Shared Home, to be used for completing sanctuary updates that are already underway: audio system, improved lighting, pew chairs to replace the first two pews, and "pray-ground" that will live where the children's table currently is.
- Discussed the next steps for the other recommendations from the Our Shared Home working group.
- Celebrated the contributions of Mike Nevergall, who will be leaving the Council due to his family's upcoming relocation. The Council will have only eleven members until January, when Mike's term was set to complete.

PARISH SCHEDULE

Tuesday, May 23	11:00 AM	Worship Readings Discussion
Friday, May 26	9:00 AM	Spiritual Companion Group
Sunday, May 28	10:00 AM	Worship Service of Holy Communion
	2:00 PM	Swahili Service

Adult Forum

10:00 a.m. each Sunday in the Bartsch Room

TODAY "Guns, God, and Prayer"

A conversation among the faithful moderated by Randy Nelson

May 28 Memorial Day Weekend–No Adult Forum

Adult Forum Summer Schedule begins June 4

We begin our summer schedule on Sunday, June 4, with one worship service each Sunday at 10:00 a.m. The Adult Forum will take place after the service beginning at 11:15 a.m. with coffee, etc., available in the Library. The forum for Sunday, June 4, will feature the film *Dawnland*. More information will be available next week.