



THIRD SUNDAY IN LENT

MARCH 12, 2023

HOLY TRINITY LUTHERAN CHURCH
MINNEAPOLIS

WELCOME TO ALL

*The people of Holy Trinity Lutheran Church wish to extend a special welcome to all visitors!
Please leave your name and phone number on the visitor card found in the pew.*

*We are committed to the inclusion of all people, with no exception. Therefore, we practice **open communion**, welcoming all to the table to receive the sacrament of Holy Communion.*

Children are full participants in this congregation's worship, educational, and community life! The Mary Martha Room is a quiet space for infants needing to nurse or to nap. For active toddlers, the Community Room has a Children's Corner with books and a table at which to play. Our ushers are ready to assist you in finding the place that best fits your family's needs.

***Accessible and all-gender restrooms** are located in the nursery on the 2nd floor and in the basement.
Single-use, all gender restrooms are located on the 1st floor.*

*For over forty years, this congregation has advocated for the **full welcome, inclusion, and equity** of lesbian, gay, bisexual, transgender, queer, intersex, and asexual (LGBTQIA+) Lutherans in all aspects of the church and the community. We invite all people into lives of authenticity, integrity, and wholeness.*

***Hearing assist devices and large-print bulletins** are available. Ask an usher if you are interested.*

*Our **services are livestreamed** on Vimeo and Facebook every week. The live shot includes the main floor of the sanctuary. Our members who watch from home love to see their friends at church! If for privacy reasons you prefer not to be on camera, the balcony is outside of the camera's range.*

*If you are seeking **pastoral care**, please speak to a pastor today.*

GATHER

+invites the congregation to stand

PRELUDE

Adagio

Arcangelo Corelli

+THANKSGIVING FOR BAPTISM

We join Jesus in the waters of baptism,
and we are raised to life anew.
Together let us give thanks for this gracious gift.

Mothering God, Our hearts are full of gratitude
for you formed us in your divine image.
Your living water joins our very beings together.
You meet us in our despair and embrace us with grace and love.
When Hagar felt abandoned
you gave her strength to live for generations to come.
When the Samaritan woman went to the well alone
you gave her good news to share.
We have joy in our hearts for your liberating waters.
You free us to see one another in this isolating world
and nourish our spirits when we feel unseen.
Fill us, renew us, and call us by our name.
We honor you, and we give you our praise,
through Jesus your anointed one
with the unifying breath of the Holy Spirit.

Amen.

+GATHERING HYMN

As Your Spirit in the Desert

Choir, stanza 1



1 As your Spir - it in the des - ert led the Christ to
2 As your fire and cloud - y pil - lar Is - rael's tribes to
3 Though wild beasts may lurk in shad - ow, and dire thirst may
4 Through the nar - row gate now draw us, past all em - pire's
5 God of des - ert, God of prom - ise, you have bid us



dust and stone, so in - still our hearts with cour - age now to
Ca - naan led, may your pres - ence be our com - fort, may your
sear and sting, you have prom - ised liv - ing wa - ters wait - ing
pull and strife, where be - yond our fear and cling - ing stands the
jour - ney on through the days of dust and dark - ness to the



cross where Christ has gone. Let us cross in - to the
man - na be our bread. Let us cross in - to the
for us at the spring. Let us cross out of the
thresh - old of new life. Let us cross out of the
ris - ing of the dawn. Let us cross out of the



wil - der - ness so to walk where Christ has gone.
wil - der - ness with God's man - na as our bread.
wil - der - ness to the wa - ters of the spring.
wil - der - ness to the thresh - old of new life.
wil - der - ness to the ris - ing of the dawn.

+GREETING

The grace of Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you.**

+PRAYER OF THE DAY

O God, we come to you thirsty. Our bodies thirst for wholeness. Our hearts thirst for justice. Our communities thirst for liberation. We shout out, "Give us water to drink!" while we look around and wonder "Is God even among us?" In the deepest wells of our longings, Loving One, satisfy our thirst and fill us with your living water. May our hope not disappoint us!

Amen.

Please be seated.

WELCOME

MIGIZI YOUTH REFLECTION (11:00)

WORD

FIRST READING

Exodus 17:1-7

Old Testament Page 65

Word of God; word of life. **Thanks be to God.**

PSALM 95

Michel Guimont

Refrain (First time: cantor, then all)



Come, ring out our joy to the LORD; hail the rock who saves us.
Let us come before God, giving thanks, with songs let us hail the LORD.
Come in; let us bow and bend low; let us kneel before the God who made us
for this is our God and we the people who belong to his pasture,
the flock that is led by his hand. **Refrain**

O that today you would listen to God's voice! "Harden not your hearts as at Meribah, as on that day at Massah in the desert when your ancestors put me to the test; when they tried me, though they saw my work." **Refrain**

SECOND READING

Romans 5:1-11

New Testament Pages 147-148

Word of God; word of life. **Thanks be to God.**

+GOSPEL ACCLAMATION



Ho-ly Spir - it, Ho-ly Spir - it, we are dust, by your breath we live.

Breathe, O breathe, breathe up - on us that we may live.

Ho-ly Spir - it, Ho-ly Spir - it, we are dust, by your breath we live.

GOSPEL READING

John 4:3-42

New Testament Pages 89-90

Given the length of today's gospel reading, the congregation is invited to be seated.

Word of God; word of life. **Thanks be to God.**

SERMON



1 Let us build a house where love can dwell and all can safe - ly
 2 Let us build a house where proph-ets speak, and words are strong and
 3 Let us build a house where love is found in wa - ter, wine and
 4 Let us build a house where hands will reach be - yond the wood and
 5 Let us build a house where all are named, their songs and vi - sions



live, a place where saints and chil - dren tell how
 true, where all God's chil - dren dare to seek to
 wheat: a ban - quet hall on ho - ly ground where
 stone to heal and strength - en, serve and teach, and
 heard and loved and trea - sured, taught and claimed as



hearts learn to for - give. Built of hopes and dreams and
 dream God's reign a - new. Here the cross shall stand as
 peace and jus - tice meet. Here the love of God, through
 live the Word they've known. Here the out - cast and the
 words with - in the Word. Built of tears and cries and



vi - sions, rock of faith and vault of grace; here the love of
 wit - ness and as sym - bol of God's grace; here as one we
 Je - sus, is re - vealed in time and space; as we share in
 strang-er bear the im - age of God's face; let us bring an
 laugh-ter, prayers of faith and songs of grace, let this house pro -



Christ shall end di - vi - sions:
 claim the faith of Je - sus:
 Christ the feast that frees us: All are wel - come,
 end to fear and dan - ger:
 claim from floor to raf - ter:



all are wel - come, all are wel - come in this place.

+INTERCESSIONS

Libby and Keith Olstad

With the whole people of God in Christ Jesus, let us pray for the church, those in need, and all of God's creation.

(silence)

God of abundance, thank you for so lavishly blessing your creation. Yet we whine about not having enough and thirst for more. In our privilege we fail to adequately share what we have. We question your care. Help us listen like Moses for your reassuring voice. In our day may soothing waters of Massah and Meribah give life to your whole creation. Generous God,

Hear our prayer.

God of persistence, you dwell in the caverns of the earth, the heights of the hills, the seas and the dry land. You call us to be respectful and caring of mountains, glaciers, deserts, creeping things, and the lives around us. Provoke our awareness that we too are denizens of your pastures and sheep of your land. We pray today especially for those who experience loss from natural disaster, racial injustice, illness, or disability. Persistent God,

Hear our prayer.

God of courage, in the Samaritan woman you show us courage and hope even though Jesus' disciples are astonished and disapproving. Defying convention, Jesus acts on conviction. Empower us to honor those among us who stand up for their beliefs and values such as Jimmy Carter, Rosa Parks, Greta Thunberg, and John Lewis. When we lose touch with values of equity, fairness, and inclusion, lead us back to your promises. Bold God,

Hear our prayer.

God of grace, we hope for the joy of salvation. We sing praises for your care and for families, friends, neighbors and even strangers. Yet some days, we are not so sure of care coming our way. Keep close, we pray, those who face daily racial injustice, destruction from natural disasters, disappointment in relationships, and food insecurity. Accept our doubts and love us through and through. Faithful God,

Hear our prayer.

God of compassion, help us to understand the suffering in our lives and across the world. For too many, the straps of our boots are too heavy. We need help. Some days suffering to build character seems better served by just relief and hope. As we reach out to you and those around us, give us hopeful vision. Be with those who suffer loss, face illness, and struggle with life's demands. We remember Kathy Ohler, recovering from a fall; Pam Kildahl; Reidun Harris; Lee Kampinen; Cori Gershon; Mary Heltsley; Mark Symchych; Mary Petersen's friend, Anna Marie; and those we name now, either silently or aloud (*the congregation may name loved ones in need of God's care*). Instill in our hearts confidence that we can call on others for help; that we are not alone; always you are with us. Compassionate God,

Hear our prayer.

You are invited to offer spoken petitions.

*At the conclusion of your petition, please close with "Compassionate God,"
to which the congregation will respond, "Hear our prayer."*

Receive our prayers and hopes, God of mercy and justice, as we pray in the name of Jesus the Christ. **Amen.**

Please be seated.

MEAL

OFFERING

Christ Calls to Me

Anthony Giamanco

Trinity Singers (8:45), Adult Choir (11:00)

Christ calls to me, but not because I seek, and not because of any words I pray,
or times that I confess that I am weak; Christ calls to me because I often stray.

Christ welcomes me, but not because I trust, and not because of merit, work, or deed,
or any claims that I am good and just; Christ welcomes me because he knows my need.

Christ blesses me, but not because I serve, and not because I share all I possess,
and seek no more than what I might deserve; Christ blesses me because he wants to bless.

I seek, I trust, I serve, because of grace, a grace that tunes my heart to holy ways,
to live and love within Christ's broad embrace, and to become an instrument of praise.

+OFFERTORY HYMN

Now Is the Time of Grace

Communion servers are invited to come forward at this time.

Now is the time of grace, now is the day of sal - va-tion.
Turn now, and seek God's face, now be-hold God's in-vi - ta-tion.

This is the fast that God would choose:
to loose the bond of injustice,
to let the captives go free,
and to break the yoke of oppression. **Refrain**

Sharing your bread with the hungry
and welcoming homeless in,
offering hope and offering help,
this is what God requires. **Refrain**

Then shall your light break forth as dawn,
and healing shall come to you quickly;
then you shall call and God shall answer,
God's love shall go before you. **Refrain**

+OFFERING PRAYER

God of good gifts, receive these and all our offerings as we present them in faithful service for the sake of your gospel. Prepare our hearts to receive you in this meal as you pour out your very presence through Christ Jesus, the wellspring of eternal life.

Amen.

+GREAT THANKSGIVING

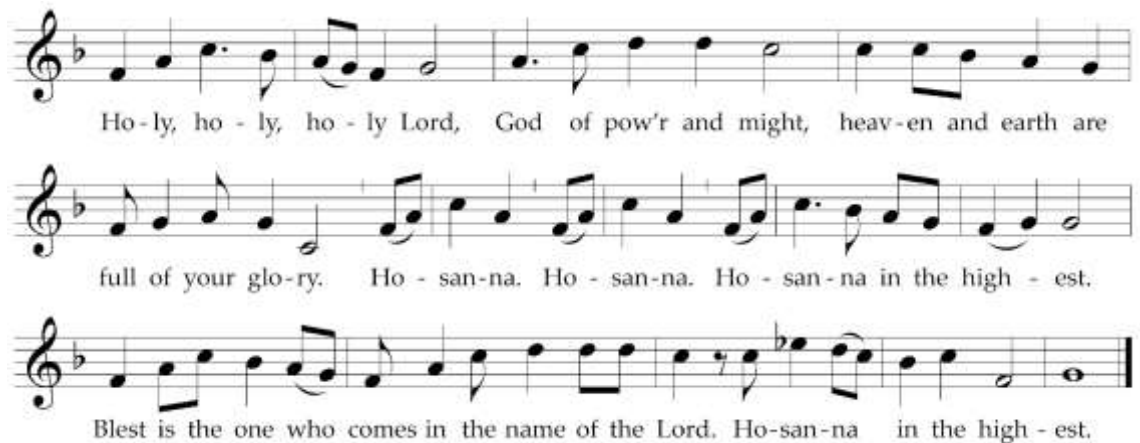
The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

It is indeed right to give you our thanks and praise, O God, for you made heaven and earth and all that is in them. You raised up prophets among your people and through them spoke your word of life and truth. In your compassion, Jesus came among us lifting up those who were bowed down, feeding the hungry, and setting free those held captive by society's chains. Through his living, dying, and rising, we, too, are raised and made new. And so, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

+SANCTUS



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might, heav-en and earth are
full of your glo-ry. Ho - san-na. Ho - san-na. Ho - san-na in the high - est.
Blest is the one who comes in the name of the Lord. Ho-san-na in the high - est.

+WORDS OF INSTITUTION

+LORD'S PRAYER

We pray together,

**Our Creator, Our Mother, Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

+LAMB OF GOD



Lamb of God, you take a-way the sin of the world; have mer-cy on us.



Lamb of God, you take a-way the sin of the world; have mer-cy on us.



Lamb of God you take a-way the sin of the world; grant us peace.

Please be seated.

COMMUNION INVITATION

All are welcome at the table. For those worshiping at home and those who prefer to commune with individual packets in your pews, hear these words spoken for you: The body of Christ given for you. The blood of Christ shed for you.

These are the gifts of God for the people of God. **Thanks be to God.**

Grape juice and gluten-free wafers are available upon request to the server.

An usher will direct you down the center aisle, where you can pick up a communion cup. You are invited to stand or kneel in front of the table, beginning from the middle and moving toward the outside. After you have received the bread and the wine, please return to your seat by way of the side aisle, where an usher will receive your communion cup.

If you wish to receive communion from a pastor in your pew, please let an usher know.

HEALING

Today you are also invited to receive a blessing for healing during the communion distribution time. Come if you wish to seek prayer for yourself, on behalf of someone else, or for a place in the world.

DISTRIBUTION HYMN

Surely God Is My Salvation



1 Sure - ly God is my sal - va - tion,
 2 Thus with joy you shall draw wa - ter
 3 Tell the na - tions of God's glo - ry,



I will trust and shall not fear. God the Lord is
 from sal - va - tion's wells and springs. Sing your thanks to
 make this known in all the earth. Praise the Lord, the



strong and might - y, my sal - va - tion true.
 God Al - might - y for these won - drous deeds.
 God of Is - rael, call up - on God's name.

Refrain



Shout a-loud and sing for joy, O daugh-ter Zi - on!



Great in your midst is the Lord, the Ho - ly One!

Sing ho-san - na!



Shout a-loud and sing for joy, O daugh-ter Zi - on!



Great in your midst is the Lord, the Ho - ly One!

DISTRIBUTION HYMN

This Is Christ's Body

This is Christ's bod - y, bro - ken and blest. Feed us with

The first system of musical notation consists of a treble and bass staff in B-flat major (two flats). The treble staff contains the melody with lyrics underneath. The bass staff provides a harmonic accompaniment with chords and single notes.

mer-cy and love. We are Christ's bod - y,
with mer - cy and love.

The second system continues the melody and accompaniment. It features a long note in the treble staff with a slur over it, corresponding to the lyrics 'mer-cy and love.' and 'mer - cy and love.'.

bro - ken and blest. Heal us and make us one.

The third system concludes the hymn. The treble staff ends with a final cadence, and the bass staff provides a concluding accompaniment.

+BLESSING

The body and blood of Jesus Christ strengthen you and keep you in God's grace.
Amen.

+POST-COMMUNION PRAYER

Embodied God, at your table, we have tasted the goodness of Jesus. With the eyes of our hearts open to your promise, empower us to hear the needs of our neighbors and touch the world with your love.
Amen.

MIGIZI YOUTH REFLECTION (8:45)

SENDING

+SENDING HYMN

O Blessed Spring



1 O bless - ed spring, where word and sign em - brace us
2 Through sum - mer heat of youth - ful years, un - cer - tain
3 When au - tumn cools and youth is cold, when limbs their
4 As win - ter comes, as win - ters must, we breathe our
5 Christ, ho - ly Vine, Christ, liv - ing Tree, be praised for



in - to Christ the Vine: here Christ en - joins each one to
faith, re - bel - lious tears, sus - tained by Christ's in - fus - ing
heav - y har - vest hold, then through us, warm, the Christ will
last, re - turn to dust; still held in Christ, our souls take
this blest mys - ter - y: that word and wa - ter thus re -



be a branch of this life - giv - ing Tree.
rain, the boughs will shout for joy a - gain.
move with gifts of beau - ty, wis - dom, love.
wing and trust the prom - ise of the spring.
vive and join us to your Tree of Life.

+BENEDICTION

God, the giver of love, † Christ, the resurrection and the life, and the Holy Spirit of rebirth
bless you in this Lenten journey.

Amen.

+DISMISSAL

The peace of Christ be with you always.

And also with you.

Please share a sign of peace with others as you leave the worship space.

You are invited to the Community Room

(located at the rear of the worship area) for a time of conversation and refreshments.

*Prayer of the day written by Sister Michelle Walka as part of the Holy Trinity Lutheran Church (Minneapolis, MN)
expansive prayer project. Used by permission*

“As Your Spirit in the Desert” Text: Susan Palo Cherwien, 1953-2022, Music: ROSEVILLE, Michael De. Costello, b. 1979

Text © 2012 Susan Palo Cherwien, admin. Augsburg Fortress. Music © 2015 Augsburg Fortress

*“All Are Welcome” Text: Marty Haugen, b. 1950, Music: TWO OAKS, Marty Haugen
Text and music © 1994 GIA Publications, Inc.*

“Now Is the Time of Grace” Text: Marty Haugen, b. 1950, based on 2 Corinthians 6:2 and Isaiah 58 6-9

Music: TIME OF GRACE, Marty Haugen. Text and music © 2009 Augsburg Fortress

*“Surely God Is My Salvation” Text: Zebulon M. Highben, b. 1979, based on Isaiah 12:2-6
Music: YISREAL V'ORAITA, Hasidic melody. Text © 2009 Augsburg Fortress*

*“This Is Christ’s Body” Text: Anne Krentz Organ, b. 1960. Music: BROKEN AND BLESSED, Anne Krentz Organ
Text and music © 2020 Augsburg Fortress*

*“O Blessed Spring” Text: Susan Palo Cherwien, 1953-2022. Music: BERGLUND, Robert Buckley Farlee, b. 1950
Text © 1993 Susan Palo Cherwien, admin. Augsburg Fortress. Music © 1993 Robert Buckley Farlee, admin Augsburg Fortress*

HOLY TRINITY LUTHERAN CHURCH

2730 East 31st Street, Minneapolis, MN 55406

612-729-8358 ☒ htlcmpls.org

LITURGY SETTING TODAY: *ELW SETTING THREE*

WORSHIP PARTICIPANTS

| 8:45 AM | | 11:00 AM |
|--|---------------------------|--|
| Ingrid Rasmussen | Preacher | Ingrid Rasmussen |
| Ingrid Rasmussen | Presiding Minister | Ingrid Rasmussen |
| Jody Liedholm | Cantor | Jody Liedholm |
| Rick Liedholm | Assisting Minister | Liz Conway |
| Chris Engen, Sally and David Kohlstedt | Communion | Libby and Keith Olstad, Kathy Hollander |
| Carol Masters, Pam Blomgren | Coffee Servers | Stephanie and Scott Cole |
| Ginny and Chuck Jordan, Julie and Tom Cahoy | Ushers | Joy Nelson, Chris Amundson, Jeff Olsen Biebighauser |
| Mary Engen, Ginny Jordan | Altar Guild | Libby and Keith Olstad |
| Jennifer Frenzel | Counters | Deb Helmel, Wayne Vetter |
| | Closer | Rod Johnson |

Copyright permission is granted under annual copyright license A-704054 with OneLicense, Chicago IL.

STAFF

Ingrid Rasmussen, *Lead Pastor*
Doug Mork, *Part-time Associate Pastor*
Kathy Ekwall, *Communications & Congregational
Coordinator*
Nolan Gusdal, *Building Maintenance*
David Rojas Martinez, *Community Engagement
and Education Coordinator*
Phil Radtke, *Cantor*
Kaia Ellis, *Financial Administrator*

STAFF, CONTINUED

Sue Roberts, *Publications Coordinator*
Erik Gerhardt, *Accompanist*
Dennis Nordholm, *Custodian*
Logan Olson, *Gloria Ringers Director*

LEADERSHIP

Allison Johnson Heist, *Council President*
Gretchen Lund, *Council Vice President*
Erin Henry, *Council Secretary*
Katie Schroeder, *Council Treasurer*

P A R I S H I N F O R M A T I O N

WEDNESDAYS, MARCH 15, 22, 29—LENT SOUP SUPPERS & EVENING PRAYER SERVICES

Please join us on Wednesday evenings during Lent for the following opportunities:

- All are invited to partake in the Lenten suppers on Wednesdays from 5:30-6:45 p.m. in the Community Room.
- Open play time with adult supervision from 5:30-6:30 p.m. in the gymnasium will be available to all, especially young children. Come have some fun before worship!
- The community then moves downstairs at 7:00 p.m. for the Service of Evening Prayer in the Bartsch Room, where we hear God's story read aloud. Throughout the season, we will reflect on the theme of "Fire."

NEW MEMBER CLASS TODAY, 12:00-1:30 P.M. IN THE LIBRARY

We invite interested persons to consider membership in this congregation. The orientation will be held from 12:00 to 1:30 p.m. in the library. Lunch will be served. There are no prerequisites; all are welcome.

OLIVE OIL FROM THE MOUNT OF OLIVES AVAILABLE

Bottles of fresh olive oil are available in two sizes: 250mL bottles for \$15 and 750 mL bottles for \$35. These bottles make excellent gifts! Purchases support the work of the Lutheran World Federation vocational training program and reduce student fees. Brought to you by the Palestine-Israel Working group.

HOLY TRINITY DELIVERS MEALS ON WHEELS MARCH 27-31

Meals on Wheels Delivery: Holy Trinity will be delivering meals for South Minneapolis Meals on Wheels the week of March 27-31. Meals are picked up at Nokomis Squares Cooperatives delivery dock on 35th Ave. S. (between 50th and 51st St) at 11:15 a.m. Meal delivery takes about an hour and a half. Volunteers are needed. If you haven't volunteered previously, we would do a training with you the first time. If you are interested, contact Mary Engen at engenmary@yahoo.com.

P A R I S H S C H E D U L E

| | | |
|---------------------|--|---|
| Monday, March 13 | 6:30-8:00 PM | Adult Choir Rehearsal |
| Tuesday, March 14 | 11:00 AM 6:45 PM | Worship Readings Discussion Big Meeting Night |
| Wednesday, March 15 | 5:30 PM 5:30-6:30 PM 5:30-6:30 PM 7:00 PM 7:30-8:30 PM | Soup Supper Children's Choir Rehearsal Supervised Play Time Lent Service of Evening Prayer Trinity Singers Rehearsal |
| Thursday, March 16 | 8:00 AM | Encore! at Turtle Bread |
| Sunday, March 19 | 8:45 AM 10:00 AM 10:00 AM 10:50 AM 11:00 AM 2:00 PM | Worship Service of Holy Communion Adult Forum Youth Education Confirmand Bowling with Sponsors Worship Service of Holy Communion Swahili Service |

ADULT FORUM

10:00 a.m. each Sunday in the Library

TODAY “MIGIZI Summer Programs and Wilderness Canoe Base (2022 Summer Canoe Trip Report and 2023 Plans)”

Holy Trinity has included MIGIZI Summer Programs in its 2023 Special Appeal Funds. Hear Kelly Drummer, MIGIZI CEO, provide an update on their 2023 Summer Water Sovereignty Program. Dan Ahrendt, Program Manager, Wilderness Canoe Base, will highlight both 2022 MIGIZI canoe trips and 2023 canoe trip plans. Solomon Drummer will share his summer 2022 canoe trip experience.

March 19 “Welcome New Members”

The congregation is invited to come and boldly welcome new members at 10:00 a.m. in the Community Room. We'll hear from current members who will offer reflections on what it means to be a part of this community of faith. We'll also be introduced to the many people joining this congregation.