



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen and Doug Mork, Pastors; David Rojas Martinez, Deacon

## Sermon Excerpt from February 12, 2023

I took our two-year-old out for a breakfast treat on Friday morning, and we ran into one of Holy Trinity's former seminary interns, Karleigh. The sun was out, so she suggested that we head over to the Como Zoo and Conservatory, which was a brilliant idea, so we did. As my toddler pulled me around from building to building, animal to animal, I saw on a wall a quote from environmentalist John Muir that read: "When one tugs on a single thing in nature, he finds it connected to the rest of the world."

We are living through a tug. And it will shape us and change us. That's what tugs do—they reveal the power of connection and show us what needs tending and healing. All of this because we live in an interconnected world, where our lives and our hopes and our love and our wellbeing and our faith are deeply tied to that of our neighbors and to all of creation. If our lives were lived independent of one another, tugs wouldn't have any strength. But the world that God cultivates is deeply interwoven, and so the tugs can hurt—even when we trust they are leading us toward greater understanding and wholeness.

When Paul and I lived in Atlanta during graduate school, I got to be friends with our car mechanic. I'd drop my '98 Corolla in the shop on Zonolite Road [that specialized in servicing Porsches] and the mechanic would kindly drive me back to the seminary. On the way, he'd remind me that oil was the life of the vehicle. And then, without fail, he'd offer this two-sentence sermon: "Just remember that car ain't yours, Ingrid. You're just borrowing it from the Lord." And then we'd bid goodbye—until the next time my four-cylinder car started running on two.

I'm often tempted in this life to think that it's up to me to hold it all—the emotions, the tugging, the learning, the justice-seeking, the healing, the wholeness. Maybe you find yourself at times trying to do the same. But rather than holding everything, we might be better served by taking a collective breath. And as we let go of whatever can be released, we honor that this world and everything in it belong to God. That's a promise that can feel like the law before it feels like the gospel. Sure, we are called to plant ideas and water faithfulness around here, but dear ones it is God who gives the growth.

And we know enough about God to know what she's growing. She's growing love that sustains, joy that encourages, and peace—not the kind that masquerades as the absence of conflict but the peace that passes all understanding. Even now, we know that God is seeding patience, kindness, and generosity. Day by day, she's cultivating in us gentleness and self-control. These are the fruits of the Spirit that, in turn, give us the strength to be co-workers in the radically abundant life into which we are called.

(cont. in next column)

## TRANSFIGURATION OF OUR LORD



### READINGS

Exodus 24:12-18; Psalm 2;  
2 Peter 1:16-21; Matthew 17:1-9

### ADULT FORUM

Holy Trinity Adult Forums feature in-person presentations beginning at 10:00 a.m. on Sunday. The presentations are also available via [Zoom](#) for those unable to attend in person. ID 858 5687 1594; Password 317879.

#### February 19 "Forest Bathing As a Form of Therapy"

Ann Schrooten

Ann Schrooten, winter outdoor enthusiast in training to become certified as a Forest Therapy Guide.

#### February 26 "Minneapolis Climate & Equity Action Plan"

City Council Member Jason Chavez

Hear an update and learn how you can get involved with supporting our City Council to pass, fully fund and launch implementation of our city's updated climate and equity action plan. Together we can grow green jobs, home weatherization, heat pumps, biking, walking, E.V.s and tree planting to meet U.N. climate goals on time with our city.

All week, I've been reciting a hymn I learned as a child:

Lord, let my heart be good soil,  
Open to the seed of your Word.  
Lord, let my heart be good soil,  
Where love can grow and peace is understood.  
When my heart is hard,  
Break the stone away,  
When my heart is cold,  
Warm it with the day.  
When my heart is lost,  
Lead me on your way.  
Lord, let my heart,  
Lord, let my heart,  
Lord, let my heart be good soil.  
May it be so with us, dear ones.

~Pastor Ingrid



## HAPPENING THIS WEEK

### ASH WEDNESDAY, FEBRUARY 22

As the days slowly lengthen, we begin the holy season of Lent. The ashes we receive on our foreheads remind us that we, along with all of creation, are dependent on God's grace. Services with the imposition of ashes will be held in the sanctuary at 12:00 p.m. and 7:00 p.m. Join us for a soup supper beginning at 5:30 p.m. The 7:00 p.m. service will be live streamed: [Click here](#)



## VOLUNTEER OPPORTUNITIES

### SAVE THE DATE: WEDNESDAY, MARCH 1 INDOOR PROPERTY WORK DAY

Our building is used a lot! Come and help us with some tidying, sorting, purging, dusting, and other indoor work. There will be something for everyone, from filing, sorting through boxes, organizing, heavy lifting, light duty things, you name it. If you have time to spare, we have a job for you. Let's make it shine! We'll work from 9:00 a.m. to 12:00 p.m. and from 1:00 to 3:00 p.m. Lunch will be provided at noon! Sign up in the Community Room by Sunday, February 26. Please contact Kathy Ekwall ([kekwall@htlcmpls.org](mailto:kekwall@htlcmpls.org) or call the church office) if you have any questions.



### WORSHIP ASSISTANT MINISTRY CALENDARS NOW OPEN

The Worship Assistant Ministry calendars for March and April are now *live*. This schedule includes extra services for Holy Week. Volunteers can log into the Rotunda app for the next few weeks and block off any worship dates/times that you cannot serve or that you want to serve. Thanks for serving!

### SOUP MAKERS NEEDED FOR WEDNESDAYS IN LENT

Looking for several households to help with soup suppers prior to Wednesday Evening Worship in Lent (February 22 - Ash Wednesday, March 1, 8, 15, 22, and 29). Each Wednesday four households would bring soup enough for 30 people and help to serve it. Sign up in the Community Room or email Kathy Ekwall ([kekwall@htlcmpls.org](mailto:kekwall@htlcmpls.org)). Thank you!



## SAVE THE DATE

### WORSHIP LEADERS TRAINING, FEBRUARY 26

If you would like to serve as a leader in worship, this training is for you. From 10:00-11:00 a.m. we'll offer training for ushers, crucifers, assisting ministers, communion servers, altar guild, and coffee servers. Veterans and novices are welcome! Sign up in the Community Room so we know to look for you.

### LIFE TOGETHER: THE ART OF GATHERING, FEBRUARY 26

After decades of faithful service, funeral coordinator Sandy Hoverson has indicated her interest in passing the baton. Sandy has understood the art of gathering; it is simply who she is! As we seek to widen our network of those who can provide hospitality for funerals and other community meals, we would like to gather members of this community who love food, compassion, and community gatherings. If that's you, please come and brainstorm with us! Many hands make light and loving work. Sign up in the Community Room. Light lunch provided.

### FILM SHOWING, MARCH 9, 6:00 P.M.

The Palestine/Israel group will be showing the documentary film, "Boycott" on March 9 (Thursday) at 6:00 p.m. This 2021 film is about three Americans' lawsuits against their state government in response to anti-BDS (Boycott, Divestment, Sanctions) which cause the governments to cancel business contracts when the Americans refused to pledge that they would not engage in a boycott of products of the state of Israel. The film is 70 minutes long and we will have a discussion following the movie. Some Palestinian refreshments will be served.

### NEW MEMBER CLASS, MARCH 12, 12:00 P.M.—2:00 P.M.

We invite interested persons to consider membership in this congregation. The orientation will be held from 12:00 to 2:00 p.m. in the library. Lunch will be served. There are no prerequisites; all are welcome. Please sign up in the Community Room if you intend to come.

### UPCOMING BOOK DISCUSSIONS

**Monday, February 27**—Discussion of Richard Rohr's *Falling Upward* with Sandra Hisakuni and Caren Hiatt. Copies will soon be available in the Community Room. Please bring your phone to the discussion for a game.

### THIS BOOK STUDY IS BEING POSTPONED UNTIL SUMMER

Discussion of Pastor Melissa Florer-Bixler's *Fire By Night*. Copies are available in the Community Room.

### SACRED SPACE FOR CONVERSATION AT 10:00 A.M. AND NOON SUNDAY, FEBRUARY 19

Elected leaders and/or staff will be available today after worship at 10:00 a.m. and 12:00 p.m. in the Bartsch Room for any members who might want to talk more about the resignation of Pastor Angela.

## AARP TAX AIDE AT HOLY TRINITY

AARP Tax Aide will again be available at Holy Trinity to provide assistance with 2022 tax preparation for seniors and low-income taxpayers. Tax assistance will run from February 6 until April 19. You need an appointment to have your tax documents scanned. Returns are completed off-site.

- **Mondays, Wednesdays, and Thursdays**  
call 612-757-2622
- **Tuesdays** call 612-468-3431

## 2022 THRIVENT CHOICE® DOLLARS EXPIRE MARCH 31

Since 2010, over \$370 million has been distributed to thousands of churches, schools, and other nonprofits through Thrivent Choice®. Through this program, eligible members can recommend where Thrivent donates millions of charitable outreach dollars each year. Please consider recommending Holy Trinity for your Thrivent Choice Dollars. If you need help with Thrivent's website, click [here](#) for a step-by-step tutorial that Pam Blomgren has put together.

## LIBRARY NOTES



February is Black History Month. On the cart in the Community Room you will find a display of related titles. There are, of course, more in the library. Borrow away!

## ~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times. May your blessings rest on those suffering in the wake of the earthquake that rocked Turkey and Syria, especially our own **Aysel Yumusak**, whose siblings **Ali** and **Fidan** were killed, and whose children are recovering from physical and emotional injuries; the family of **Mimi Titzler** (Libby Olstad's sister) upon her death; **Keith Olstad**, recovering from surgery; **Pam Kildahl**, recovering from surgery; **Reidun Harris**, daughter of Gerry and Linda Berglin, who is hospitalized; **Lee Kampinen**; **Dorothy Kelly**; **Cori Gershon**; **Marcea Mariani**; **DeWayne Townsend III**; **Marlene Peterson**; **Mary Heltsley**; **Mark Symchych**; Mary Petersen's friends, **Anna Marie** and **Dolores**.

## GRATITUDE

### MINNESOTA LIONS VISION FOUNDATION

I bring thanks, on behalf of the Minnesota Lions Vision Foundation, to all who have donated used glasses and hearing aids. The opportunity to contribute is ongoing and the collection box will remain in the coat room. Thank you!  
Connie Lien Adams

### THE LIFT GARAGE

Thank you so much for making affordable car repair a reality through your generous gift of \$10,925, which was received on 2/3/23! Your support makes it possible for us to fulfill our goal of providing quality, affordable auto repair for low-income Minnesotans. We thank you for your partnership and support and are so grateful for all the good you do in the community. Together, we are changing the world, one car at a time.  
Cathy Heying, Executive Director

## GROUP TRIPS

### CIVIL RIGHTS MOVEMENT TRIP, APRIL 17-23

Slavery and the Civil Rights Movement are the focus of this upcoming trip available to members and friends of Holy Trinity. The trip will be centered in Montgomery, Selma, and Birmingham, Alabama, with an additional stop in Atlanta, Georgia, or Memphis, Tennessee. Cost is \$2,000 per person, which includes transportation, lodging, program fees, and some meals. There is room for a few more participants. Commitments and a deposit are needed by March 1, 2023. More information will be shared as details are finalized. Call Randy Nelson (612-729-2952) if you are interested or if you would like more information.

### FAMILY-FRIENDLY AUGUST BOUNDARY WATERS TRIP

Attention campers, (and aspiring campers). It may be cold and snowy outside, but it's now time to start the planning for HTLC's annual BWCA canoe trip. This year, our camping adventure is scheduled for August 11-15. If you've always wanted to camp in the BWCA but didn't know where to begin, this trip is your opportunity to learn the ropes with experienced campers. To reserve your spot, sign up in the Community Room before May 15. The total cost is \$175. Scholarships are available. As always, this is a family-friendly trip. Call or email us with any questions or for more details. Please consider joining us this year. Contact Julie (612-618-3814) or Tom (612-616-0507 / [jtcahoy@gmail.com](mailto:jtcahoy@gmail.com)).

## WORSHIP PARTICIPANTS FOR SUNDAY, FEBRUARY 19, 2023

8:45 AM		11:00 AM
Ingrid Rasmussen	Preacher	Ingrid Rasmussen
Ingrid Rasmussen	Presiding Minister	Ingrid Rasmussen
	Crucifer	Jeff Olsen Biebighauser
Caren Hiatt	Cantor	Caren Hiatt
Karen Batdorf	Assisting Minister	Scott Cole
Rick Liedholm, Nicki Hines, Amy Froiland-Parada	Communion	Kari and Tom Kleven
Sally and David Kohlstedt, Chris Engen	Ushers	Helen and Bob Norheim, Joy Nelson, Chris Amundson
Anne Beschnett, Josh Becker	Altar Guild	Kathryn Howe, Doris Gbala
Ginny and Chuck Jordan	Coffee Servers	Helen and Bob Norheim
Pam Blomgren	Counters	
	Closer	John Sulzbach

## PARISH EVENTS FEBRUARY 19-25, 2023

Sunday, February 19	8:45 AM 10:00 AM 10:00 AM 11:00 AM 2:00 PM	Worship Service of Holy Communion Adult Forum Youth Education Worship <u>Service</u> of Holy Communion Swahili Service
Monday, February 20	6:30 AM	Adult Choir Rehearsal
Tuesday, February 21	11:00 AM	Worship Readings <u>Discussion</u>
Wednesday, February 22	12:00PM 5:30 PM 5:30-6:30 PM 6:00-8:00 PM 6:00-7:30 PM 7:00 PM	Ash Wednesday Service Soup Supper Children's Choir Rehearsal Supervised Play Time Gloria Ringers Rehearsal Ash Wednesday Service

### LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 11:00 a.m. Sunday service is available online at 10:55 a.m. You can access recordings of previous worship services [here](#).

