



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen and Doug Mork, Pastors; David Rojas Martinez, Deacon

## DEACON DAVID'S PIN

It was a chilly, snowy morning when I needed to make my way to Milkweed Coffee Shop on Lake Street for a visit with a parishioner. As I left my apartment, I did my usual leaving-for-the-day-macarena dance: a rosary in my right pant pocket, a lens cleaning cloth in my left pant pocket, house and car keys in the left coat pocket, and my deacon pin on the right over my heart ... hey macarena ay-ay!

Once in the coffee shop, I had a lovely visit during which the parishioner asked me questions about the pin I was wearing, noting that she had seen me wearing it often. I imagine my eyes lit up as I chatted about its significance. Afterwards, she mentioned to me that maybe others have wondered about the pin, and maybe I would like to share more about it. I thought that was a great idea, so this piece is to explain the significance of the diaconal pin I wear almost always.

On Sunday January 22, 2023, I preached a [sermon](#) which mentioned my journey into the diaconate of the Lutheran Diaconal Association (the LDA <https://thelda.org/>). In the sermon I explained the significance of why deacons wear our stoles diagonally as opposed to draped on both shoulders like pastors. I did not mention, however, that many diaconal groups (including the LDA) also have a pin as part of our 'uniform.' This is the pin that I wear.

Decades ago, Lutheran deacons and deaconesses would wear habits similar to what nuns and monks wear in the Roman Catholic tradition. There are some Lutheran diaconates around the world that still wear habits (you can find examples in Western Africa and East Asia). However, in the United States, the diaconates moved away from requiring a specific dress code for its members in the big liturgical changes that happened throughout Western Christianity after the 1960s. It was agreed that, outside of the liturgical church settings wherein stoles are appropriate, diaconal folks would perhaps not be visible without a habit. This is one of the reasons that we now wear pins so that all who see them know that we are set apart for service in Jesus' name.



(cont. in next column)



## SIXTH SUNDAY AFTER EPIPHANY

### READINGS

*Deuteronomy 30:15-20; Psalm 119:1-8;  
1 Corinthians 3:1-9; Matthew 5:21-37*

### ADULT FORUM

*Holy Trinity Adult Forums feature in-person presentations beginning at 10:00 a.m. on Sunday. The presentations are also available via [Zoom](#) for those unable to attend in person. ID 858 5687 1594; Password 317879.*

#### February 12 "National Center for Youth Development" Bruce Martens

Holy Trinity member Bruce Martens will tell us about his work with National Center for Youth Development. NCYD helps youth build community, identity, and purpose through bicycling-specific activities.

#### February 19 "Forest Bathing As a Form of Therapy" Ann Schrooten

Ann Schrooten, winter outdoor enthusiast in training to become certified as a Forest Therapy Guide.

### SACRED SPACE FOR CONVERSATION AT 10:00 A.M. AND NOON SUNDAY, FEBRUARY 12

Elected leaders and/or staff will be available today after worship at 10:00 a.m. and 12:00 p.m. in the Bartsch Room for any members who might want to talk more about the resignation of Pastor Angela.

The LDA pin includes the Christian image of the Chi-Rho which are superimposed Greek letters long used by believers to signify the name of Christ. The pin also features a washing bowl since we are called to wash the weary feet of a hurting world, in Jesus' name—literally and figuratively! I hope that this little blurb piques your interest in the symbols of the diaconate, specifically my own, or at least helps you to dance the macarena while you find your car keys!

—Deacon David Rojas Martinez

## ASH WEDNESDAY, FEBRUARY 22

As the days slowly lengthen, we begin the holy season of Lent. The ashes we receive on our foreheads remind us that we, along with all of creation, are dependent on God's grace. Services with the imposition of ashes will be held in the sanctuary at 12:00 p.m. and 7:00 p.m. Join us for a soup supper beginning at 5:30 p.m.



## TWO UPCOMING BOOK DISCUSSIONS

**Monday, February 27**—Discussion of Richard Rohr's [Falling Upward](#) with Sandra Hisakuni and Caren Hiatt. Copies will soon be available in the Community Room. Please bring your phone to the discussion for a game.

**Wednesdays in Lent (Beginning March 1)**—Discussion of Pastor Melissa Florer-Bixler's [Fire By Night](#). Copies are available in the Community Room.

## VOLUNTEER OPPORTUNITIES

### SAVE THE DATE: WEDNESDAY, MARCH 1 INDOOR PROPERTY WORK DAY

Our building is used a lot! Come and help us with some tidying, sorting, purging, dusting, and other indoor work. There will be something for everyone. Let's make it shine! We'll work from 9:00 a.m. to 12:00 p.m. and from 1:00 to 3:00 p.m. Lunch will be provided at noon! Sign up in the Community Room by Sunday, February 26.

### WORSHIP ASSISTANT MINISTRY CALENDARS NOW OPEN

The Worship Assistant Ministry calendars for March and April are now *live*. This schedule includes extra services for Holy Week. Volunteers can log into the Rotunda app for the next few weeks and block off any worship dates/times that you cannot serve or that you want to serve. Thanks for serving!

### SOUP MAKERS NEEDED FOR WEDNESDAYS IN LENT

Looking for several households to help with soup suppers prior to Wednesday Evening Worship in Lent (March 1, 8, 15, 22, and 29). Each Wednesday four households would bring soup enough for 30 people and help to serve it. Sign up in the Community Room or email Kathy Ekwall ([kekwall@htlcmpls.org](mailto:kekwall@htlcmpls.org)). Thank you!

## HAPPENING THIS WEEK

### SIXTH SUNDAY AFTER EPIPHANY AND HEALING STATION AT BOTH SERVICES SUNDAY, FEBRUARY 12

Much of Sunday's gospel reading echoes portions of the Ten Commandments. Jesus' instructions to the crowd in his Sermon on the Mount reveal a pattern of behavior that honors both God and the neighbor, resulting in life and health for the whole community. This Sunday, during worship, you are invited to receive a blessing for healing during the communion distribution time. Come if you wish to seek prayer for yourself, on behalf of someone else, or for a place in the world. Join us for worship at 8:45 or 11:00 a.m. Children's Choir will sing at the 8:45 a.m. worship.

### RETIRED CLERGY GATHERING MONDAY, FEBRUARY 13

So, along with reading, napping, and doing Wordle, what else is there for us retired clergy to do? What are we now "called" to be doing or not doing? Let's have a few "brown bag" lunches and just talk with each other. How about Monday, February 13, 12:00 p.m. at Holy Trinity. This is an idea of member John Buzza with support and encouragement from Pastor Ingrid.

### ENCORE! AT TURTLE BREAD THURSDAY, FEBRUARY 16

Encore! (the group for members 50 years of age and older) meets monthly at 8:00 a.m. at Turtle Bread (4205 E. 34th St.). There is no agenda. Breakfast goes simply get to know one another. No sign up necessary.

### RISE & REPAIR: RALLY FOR INDIGENOUS RIGHTS AND CLIMATE JUSTICE, WEDNESDAY, FEBRUARY 15

Training and lunch at 11:00 a.m. at Christ Lutheran (105 University Ave. W., St. Paul, MN); rally from 1:00 to 6:00 p.m. at the Minnesota State Capitol Rotunda. For more information, go to [Riseandrepair.org](http://Riseandrepair.org) or contact Donna Goodlaxson ([40acreslcs@gmail.com](mailto:40acreslcs@gmail.com)).

### REMINDER: WINTER PARKING RESTRICTIONS

Winter Parking Restrictions begin this week, parking will be banned on the EVEN numbered side (Holy Trinity side) of non-Snow-Emergency routes until April 1, unless conditions allow the City to lift the ban earlier. Parking is allowed on Snow Emergency routes, parkways, and the ODD numbered side of non-Snow Emergency routes, unless otherwise posted. Drivers parking in Minneapolis must follow these Winter Parking Restrictions, or they could be ticketed and towed.

# PARISH INFORMATION

## AARP TAX AIDE AT HOLY TRINITY

AARP Tax Aide will again be available at Holy Trinity to provide assistance with 2022 tax preparation for seniors and low-income taxpayers. Tax assistance will run from February 6 until April 19. You need an appointment to have your tax documents scanned. Returns are completed off-site.

- **Mondays, Wednesdays, and Thursdays**  
call 612-757-2622
- **Tuesdays** call 612-468-3431

When you call, please have your 2021 tax return available.

## SUNDAY, MARCH 12—BLUES FOR AN ALABAMA SKY AT THE GUTHRIE THEATER

We have four tickets available for this play. Please email Kathy Ekwall ([kekwall@htlcmpls.org](mailto:kekwall@htlcmpls.org)) if interested.

## LIBRARY NOTES



February is Black History Month. On the cart in the Community Room you will find a display of related titles. There are, of course, more in the library. Borrow away!

## YOUTH TALENT SHOWCASE

Thank you to Cantor Phil Radtke and all the youth who participated in last week's Youth Talent Showcase. The program was recorded; click [here](#) to watch.



## 2022 THRIVENT CHOICE® DOLLARS EXPIRE MARCH 31

Since 2010, over \$370 million has been distributed to thousands of churches, schools, and other nonprofits through Thrivent Choice®. Through this program, eligible members can recommend where Thrivent donates millions of charitable outreach dollars each year. Please consider recommending Holy Trinity for your Thrivent Choice Dollars. If you need help with Thrivent's website, click [here](#) for a step-by-step tutorial that Pam Blomgren has put together.

## AMMPARO UPDATE

From December 9–18, the ELCA AMMPARO team and Executive Committee traveled approximately 1,000 miles along the southern border of the U.S. from El Paso, Texas, to San Diego, California, together with more than 50 other pilgrims as part of the *Journey for Justice*, organized by a group called Witness at the Border. Read about their experience as well as other Ammparo news in their [newsletter](#).

## FAMILY-FRIENDLY AUGUST BOUNDARY WATERS TRIP

Attention campers, (and aspiring campers). It may be cold and snowy outside, but it's now time to start the planning for HTLC's annual BWCA canoe trip. This year, our camping adventure is scheduled for August 11-15. If you've always wanted to camp in the BWCA but didn't know where to begin, this trip is your opportunity to learn the ropes with experienced campers. To reserve your spot, sign up in the Community Room before May 15. The total cost is \$175. Scholarships are available. As always, this is a family-friendly trip. Call or email us with any questions or for more details. Please consider joining us this year. Contact Julie (612-618-3814) or Tom (612-616-0507 / [jtcahoy@gmail.com](mailto:jtcahoy@gmail.com)).

## ~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times, including **Pam Kildahl**, recovering from surgery; **Reidun Harris**, daughter of Gerry and Linda Berglin, who is hospitalized; **Lee Kampinen**; Deacon David's mother, **Margarita**; **Pastor Angela and her family**; **Dorothy Kelly**; **Cori Gershon**; **Marcea Mariani**; **DeWayne Townsend III**; **Marlene Peterson**; **Mary Heltsley**; **Mark Symchych**; Mary Petersen's friends, **Anna Marie** and **Dolores**.

## WORSHIP PARTICIPANTS FOR SUNDAY, FEBRUARY 12, 2023

8:45 AM		11:00 AM
Ingrid Rasmussen	Preacher	Ingrid Rasmussen
Doug Mork	Presiding Minister	Doug Mork
Tom Cahoy	Crucifer	Wayne Vetter
Stephanie Sulzbach	Cantor	Stephanie Sulzbach
Margaret Kelly	Assisting Minister	Carol Masters
Kris Christians, Andrea Hansen, Mike Nevergall	Communion	Roberta Shaw, Katy Benson, Melanie Townsend
Ginny and Chuck Jordan, David Broberg	Ushers	Kathy Hollander, Rod Johnson, Joy Nelson, Jeff Olsen Biebighauser
Mary Engen, Ginny Jordan	Altar Guild	Roberta Shaw, Kathryn Howe
Joyce Peterson, Carol Masters	Coffee Servers	Liz Conway, Matt Kane
Chris Engen, Annie Hines	Counters	John Sulzbach
	Closer	Bob Hulteen

### PARISH EVENTS FEBRUARY 12-18, 2023

Sunday, February 12	8:45 AM 10:00 AM 10:00 AM 11:00 AM 2:00 PM	Worship Service of Holy Communion Adult Forum Youth Education Worship <u>Service</u> of Holy Communion Swahili Service
Monday, February 13	6:30 AM	Adult Choir Rehearsal
Tuesday, February 14	11:00 AM 6:45 PM	Worship Readings <u>Discussion</u> Big Meeting Night
Wednesday, February 15	5:00 PM 5:30-6:30 PM 6:00-8:00 PM 6:00-7:30 PM	Choir Family Meal Children's Choir Rehearsal Supervised Play Time Gloria Ringers Rehearsal
Thursday, February 16	8:00 AM	Encore! at Turtle Bread

#### LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 11:00 a.m. Sunday service is available online at 10:55 a.m. You can access recordings of previous worship services [here](#).

