



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen and Doug Mork, Pastors

## WELCOME KATHY EKWALL

The youngest of 6 kids, Kathy grew up in a small town in northeastern Wyoming with one sister (the oldest) and four brothers. She attended grade school in an (almost) one room schoolhouse in the middle of ranch land. She relocated to Minneapolis after high school to explore radio broadcasting. While taking a certificate program at Brown Institute (then on Lake St. and Hiawatha Ave.), Kathy discovered Brown had just begun a graphic design program. She was always creative and interested in art but didn't know about careers where one could do artistic work.

When she completed the broadcast program, Kathy returned to Wyoming to work as a radio announcer. She enjoyed the work, but really missed Minneapolis. After a year, she moved back to Minneapolis and returned to Brown Institute to earn a degree in graphic design. (As a huge Prince fan, she was meant to be in MN!) It was then that Holy Trinity was first introduced to Kathy. The church put a post in the Brown's break room for a part time custodian. Fortunately for us, Kathy got the job. Her intent was to stay until she finished school, but as she began to help with more tasks, like transforming the gym into a magical learning space for Vacation Church School, designing and painting theater sets with the Holy Trinity Theater Circle, and other "as needed" projects, Kathy decided it was a pretty good gig, so she decided to stay a while. Twenty-seven years later, we are delighted that she is accepting a promotion to become the Communications & Congregational Coordinator position.

Kathy worked at a couple of smaller printing companies at the beginning of her career before settling in at the Star Tribune, where she spent 20 years as a graphic designer, eventually becoming a project manager in the advertising department. She also returned to school for a degree in Digital Video Production—it was a direction the Star Tribune was exploring. During those 20 years, Kathy held various other part time jobs in addition to the Holy Trinity job. She DJ'd for weddings for several years, cleaned Orchestra Hall, cleaned the suites at the old Metrodome, managed the coat check at the Marriott downtown. All of those jobs came and went, but the church job remained a constant.

Along the way, Kathy ran her own freelance graphic design business. She worked with many different clients, designing logos, brochures, branding material, programs, etc. One of her points of focus was offering affordable design services to non-profit organizations.

*(Ekwall, cont. on next page)*

## THIRD SUNDAY AFTER EPIPHANY



### READINGS

Isaiah 9:1-4; Psalm 27:1, 4-9;  
1 Corinthians 1:10-18; Matthew 4:12-23

### ADULT FORUM

*Holy Trinity Adult Forums feature in-person presentations beginning at 10:00 a.m. on Sunday. The presentations are also available via [Zoom](#) for those unable to attend in person. ID and password remain the same: ID 858 5687 1594; Password 317879.*

#### JANUARY 22 "Annual Meeting Preview" *Pastors and Church Council*

There's a lot of business to cover during Holy Trinity's annual meeting, which will be held in the gym and via Zoom on Sunday, January 29, after the one 10:00 a.m. worship service. Join others during the adult forum hour to preview the meeting agenda with Pastor Ingrid and Council representatives. At the Annual Meeting, we will elect new council members and vote on the proposed 2013 budget. Bring your questions!

#### January 29 No Adult Forum Today

Join us in the gym for lunch and Holy Trinity's annual meeting!

### NOTES FROM JANUARY 17 COUNCIL MEETING

The Council prepared for the upcoming Annual Meeting to be held on 29 January and the Adult Forum preview on January 22 by:

- Reviewing the proposed 2023 Budget
- Reviewing the slate of candidates for the 2023 Council
- Electing the 2023 Council Officers, from the returning members, to be presented to the Congregation at the Annual Meeting.

Watch for signage on the east side of the church building celebrating Holy Trinity as a solar-powered facility.

### SOUP MAKERS NEEDED FOR WEDNESDAYS IN LENT

Looking for several households to help with soup suppers prior to Wednesday Evening Worship in Lent (March 1, 8, 15, 22, and 29). Each Wednesday 4 households would bring soup enough for 30 people and help to serve it. Sign up in the Community Room. Thank you!

# PARISH INFORMATION

*(Kathy Ekwall, cont. from front page)*

After 20 years at the Star Tribune, Kathy took a job at Contata Solutions (a marketing and data science company) as their Marketing Operations Manager, where she's spent the past four years. It was a great opportunity and as a division of a company is based in India, it introduced Kathy to a more global work community. She's had the opportunity to learn more about Indian culture and build meaningful relationships with that team.

Over the years she's always had a passion for giving back, volunteering, and helping others. Kathy delivered Meals on Wheels for almost 15 years! During her time at the Star Tribune, she worked for many years with Minnesota Food Share to organize a company-wide food drive at the Star Tribune. She's also worked with Habitat for Humanity, the Animal Humane Society, and many other organizations.

At the beginning of 2023, Kathy will start her next chapter as a full-time employee of Holy Trinity. Many important relationships, events, and adventures have been a part of her life are because of her job at Holy Trinity. So, when discussing this full-time opportunity with Pastor Ingrid, she decided it felt like the right fit. Seems like the reason that the church job has remained a constant is that this is the place she's supposed to be! She hopes to put the skills, passion, life lessons, and experiences she's learned over the years to use in a meaningful way at Holy Trinity, to support and contribute to the congregation and community.

## ONE MORE NOMINEE for 2023 CHURCH COUNCIL

Last week we ran short bios of three of the four 2023 nominees for Council. Our fourth nominee is Anne Beschnett. Anne and her husband, Josh Becker, have been members of Holy Trinity since 2011. They can often be found setting up communion for the 8:45 a.m. service with their two daughters, Addie and Sylvie.



In 2013, Anne served on the call committee when Pastor Ingrid came to join Holy Trinity. Although Anne and Josh moved from Longfellow to Southwest Minneapolis several years ago, they have always felt deeply connected to Holy Trinity and value continuing to be part of this community. Anne is a librarian at St. Catherine University, and on winter weekends you can usually find her on an ice rink helping coach her daughters' hockey teams!

## RETIREMENT CELEBRATION FOR PAM WETTERLUND SUNDAY, JANUARY 22, AFTER 11:00 AM SERVICE

Pam Wetterlund's last day as Holy Trinity's Communications and Congregational Coordinator is Friday, January 20, as she retires from her position at Holy Trinity this month. Pam is leaving full-time employment to free up more time for her new puppy and for self-care as she prepares for knee replacement surgeries. We're so grateful for Pam's service, most of it during the unprecedented time of COVID and the Uprising. Through it all, Pam was there ably anchoring the office.

**Please join us in the Community Room to celebrate Pam after the 11:00 service on Sunday!**

## KATHY EKWALL SOLOS IN HER NEW POSITION JAN. 23

Please be patient with Kathy as she goes solo in her new position as Communications & Congregational Coordinator beginning on Monday, January 23. Kathy can be reached at [kekwall@htlcmpls.org](mailto:kekwall@htlcmpls.org) or by calling the church office (612-729-8358).

## FAMILY-FRIENDLY AUGUST BOUNDARY WATERS TRIP

Attention campers, (and aspiring campers). It may be cold and snowy outside, but it's now time to start the planning for HTLC's annual BWCA canoe trip. This year, our camping adventure is scheduled for August 11-15. If you've always wanted to camp in the BWCA but didn't know where to begin, this trip is your opportunity to learn the ropes with experienced campers. To reserve your spot, sign up in the Community Room before May 15. The total cost is \$175. Scholarships are available. As always, this is a family-friendly trip. Call or email us with any questions or for more details. Please consider joining us this year. Contact Julie @ 612-618-3814 or Tom at 612-616-0507, or [jtcahoy@gmail.com](mailto:jtcahoy@gmail.com).



## STAFF LUNCH OUTING TO THE HOWE

Holy Trinity staff enjoyed a lunch outing at The Howe this past Tuesday. They gave Pam a great sendoff and formally welcomed Kathy Ekwall to the position of Communications & Congregational Coordinator. There was lots of laughter, camaraderie, cheese curds... and a little beer.

**MITTEN FEST**  
KNITTING SUPPLIES & DEMONSTRATIONS

**ARBEITER BREWING**  
02.11  
2-6PM

# PARISH INFORMATION

## CLIMATE LOBBY DAY

**WEDNESDAY, JANUARY 25, 9AM-1PM**

Join with Jeremy Schroeder, Sean Gosiewski and MNIPL and many other groups at the [100% Campaign](#) for a climate lobby day at the Minnesota State Capitol. Participants will receive a brief and intentional training on how to lobby their legislators in support of the 100% clean electricity bill. They'll then be organized into teams with fellow constituents to lead their lobby meetings with legislators. [Click here to register.](#)

## ONE SERVICE AT 10:00 A.M. ON SUNDAY, JANUARY 29

The 8:45 and 11:00 a.m. worship services will gather together for one service at 10:00 a.m. followed by the Annual Meeting in the gym. Today's texts remind us that the blessed are those who do justice, love kindness, and walk humbly with God. We are called into this counter-cultural way of living and serving. A perfect message for Annual Meeting Sunday! Gloria Ringers help to lead our worship at 10:00 a.m.

## HOLY TRINITY'S ANNUAL MEETING, SUNDAY, JAN. 29

Holy Trinity's 119<sup>th</sup> Annual Meeting will be held on Sunday, January 29, following the 10:00 a.m. worship service. The meeting will be in-person with a livestream option. There will be one worship service only that Sunday. We hope you'll make plans to join us!

## CHILDREN AND YOUTH TALENT SHOWCASE, SUNDAY, FEBRUARY 5 10:00 A.M.

We will celebrate the talents of Holy Trinity's young people during our annual talent showcase in the Sanctuary at 10:00 a.m. This will serve as our adult forum for the day. Music, dance, poetry, art. Sign up in the Community Room if you would like to participate.

## FIRST SUNDAY MUSINGS, FEBRUARY 5

Head to Turtle Bread at 4205 E. 34th St. at 12:15 p.m. with several other members for lunch and conversation. No sign up necessary. The group meets by the brightly colored sign in the Community Room.

## HOLY TRINITY DELIVERS MEALS ON WHEELS MONDAY-FRIDAY, FEBRUARY 6-10

Holy Trinity volunteers will deliver meals for South Minneapolis Meals on Wheels on Monday-Friday, Feb., 6-10. Volunteers pick up meals at 11:15 a.m. at Nokomis Square (50th St. and 35th Ave. S.) Meal Delivery take about one hour. Contact Mary Engen or sign up in the Community Room for part or all of the week.

## FIRST SUNDAY MUSINGS

Head to lunch with several other members after the 11:00 a.m. service for fellowship and conversation. The group meets by the brightly colored sign in the Community Room and heads over to Turtle Bread at 4205 E. 34th St. at 12:15 p.m. No sign up necessary.

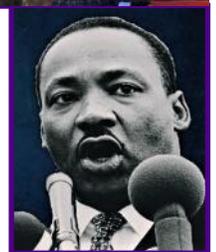
## MLK DAY BREAKFAST A BIG SUCCESS!

Big thanks to Kathy Hollander and all the volunteers who assisted with the breakfast event last Monday. A special shout out to Sandy Hoverson for creating the beautiful placements!



"Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that."

~ Dr. Martin Luther King, Jr.



## ~ Concerning People ~

We pray today for all those in need of God's tender care, especially those who face illness, sorrow, or hard times, including **Mike Miller; Lee Kampinen; Pastor Angela; Jack Hanson; Dorothy Kelly; Cori Gershon; Marcea Mariani; DeWayne Townsend III; Marlene Peterson; Mary Heltsley;** Deacon David's mother, **Margarita; Mark Symchyk;** Mary Petersen's friends, **Anna Marie and Dolores.**

## WORSHIP PARTICIPANTS FOR SUNDAY, JANUARY 22, 2023

8:45 AM		11:00 AM
David Rojas Martinez	Preacher	David Rojas Martinez
Ingrid Rasmussen	Presiding Minister	Ingrid Rasmussen
	Crucifer	Wayne Vetter
Ann Schrooten	Cantor	Ann Schrooten
Andrea Hansen	Assisting Minister	Tom Skold
David Broberg, Amy Froiland-Parada	Communion	Stephanie and Scott Cole, David Krig
Sally and David Kohlstedt, Chris Engen	Ushers	Kathy Hollander, Rod Johnson, Joy Nelson, Jeff O. Biebighauser
Carol and David Berg	Altar Guild	Kathryn Howe, Doris Gbala
Amy Froiland-Parada, David Broberg	Coffee Servers	Retirement Celebration for Pam Wetterlund
Annie Hines, Jennifer Frenzel	Counters	John Sulzbach, Deb Helmel
	Closer	Bob Hulteen

## PARISH EVENTS JANUARY 23-28, 2023

Sunday, January 22	8:45 AM 10:00 AM 10:00 AM 11:00 AM 2:00 PM	Worship Service of Holy Communion Adult Forum Youth Education Worship <u>Service</u> of Holy Communion Swahili Service
Tuesday, January 24	11:00 AM	Worship Readings <u>Discussion</u>
Wednesday, January 25	5:00-8:00 PM 5:30-6:30 PM 6:00-8:00 PM 6:00-7:30 PM 7:30-8:30 PM	Choir Family Meal Children's Choir Rehearsal Supervised Play Time Gloria Ringers Rehearsal Trinity Singers Rehearsal

### LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 11:00 a.m. Sunday service is available online at 10:55 a.m. You can access recordings of previous worship services [here](#).

