



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, Angela T. Khabeb, and Doug Mork, Pastors

“EYES ON RENEWAL SUNDAY”

At the beginning of this calendar year, we were informed that we could now find a collection box in the coat room where we could donate old or unused eyeglasses. The box will sit there always because for 80 years the Lions Clubs have collected unwanted eyeglasses for redistribution to folks living in adverse situations, and Holy Trinity members were encouraged to help. At that same time, I had just gotten a new pair of my own so I made sure to place my old pair on the table near my door so that I could bring them to the church building. I promptly forgot that they were there, and they sat collecting dust these past few months. I finally brought them with me this morning after writing these thoughts for the newsletter.

When I was a seven-year-old child, my nine-year-old sister and I sought safety in this country after family members had been kidnapped and murdered. My world was upended from March to December of that fateful year, and my sister and I simply survived. During that time, an adult noticed that we were straining our eyes, and the local Lions Club was contacted. Soon after, we had our first ever pair of glasses! The Lions Club, an old organization, they were founded in 1917, which I'd never known and I'd had no previous connection to them, but they helped add some stabilization into my very confusing life at that time.

Today, we find ourselves on the cusp of a new programming year. However, our individual and collective lives were upended in March of 2020. Since then, we have experienced the trauma of the Uprising, a public-school strike, and waves upon waves of covid variants. Perhaps some of us had lovingly placed our return to the church building on a table by our front doors imagining that we would remember. However, as pandemic time continues, maybe we've found that we've simply forgotten to return and our intentions to do so have been gathering dust by the doorway. If that is you, I invite you to consider dusting those intentions off and making your way back into the church building, if you're able, or join us online if you're not ready for in-person worship.

For some, it may be that the Church is now an old organization that feels very distant. That's okay! I do hope, however, that we can come alongside you and gift you the tools of grace, love, and forgiveness to add pieces of stabilization to our very confusing lives at this time.

(continued in next column)



FOURTEENTH SUNDAY AFTER PENTECOST

READINGS

*Exodus 32:7014; Psalm 51:1-10;
1 Timothy 1:12-17; Luke 15:1-10*

ADULT FORUM

Holy Trinity Adult Forums feature in-person presentations in the Library beginning at 10:00 a.m. The presentations are also available via [Zoom](#) for those unable to attend in person. ID and password remain the same: ID 858 5687 1594; Password 317879.

SEPTEMBER 11 Meghan Olsen Biebighauser and Anne Leland Clark

Meghan Olsen Biebighauser, Holy Trinity member and economic justice organizer and Anne Leland Clark, the new E.D. of Exodus Lending, will present on the latest e: Minnesotans for Fair Lending and the campaign to reform payday predatory lending in MN. Exodus Lending is a nonprofit started here at Holy Trinity.

SEPTEMBER 18 Dr. Padmini Udupa

Dr. Padmini Udupa is principal Longfellow Alternative High School (LAHS), an alternative high school for pregnant and parenting young women. Dr. Udupa will provide a presentation on what's happening at LAHS in this new school year.

(continued from previous column)

If you are ready to re-engage in life together, I encourage you to make your way to the church building this upcoming weekend for Renewal Sunday. We will bless backpacks and briefcases at both services so that you can go into new school and workspaces with words of love. In between services we will gather with Sunday School and Confirmation teachers for check-ins, activities, and a start to our new journey together. We will gift Bibles at the services so that our youngest can be wrapped into God's unfolding story of redemption. We will gather for pizza and music in the garden after the second service, to proclaim that God is weaving us into the life of this community. So, dust off your old glasses and make your way over to the church building!

~Deacon David Rojas Martinez

PARISH INFORMATION

WEAVING PROJECT, SEPTEMBER 4-25

We invite you to bring in objects of comfort between **September 4-25**.

A worry stone, a piece of clothing from your youth, song lyrics or a prayer, a paintbrush, the recipe for your favorite soup. During this time, we invite you to submit an object that brings you comfort.

- Leave your objects in the box marked for such in the Community Room.
- Your objects will be woven into the community tapestries; unfortunately, your objects will not be returned to you, so if there's a cherished item you want included, consider a photo, scan, drawing, or other creative representation!
- Objects should be light (lighter than a medium apple/150 grams) and no larger than the size of a shoe box.
- Contact a weaver, [Ryana Holt](#) or [Mariah Wika](#), if you have questions. Some objects might be outside our given boundaries, but they may still work! (like a stick, for example).



LOTS GOING ON AT HTLC THIS MONTH!

- ⇒ Sunday, September 11: Renewal Sunday! Backpacks, briefcases, students, and teachers will be recognized and blessed, especially those who volunteer at Holy Trinity;
- ⇒ Youth Education returns September 11! Bibles will be distributed to youth who need them;
- ⇒ Music in the Garden follows the second service on September 11. Vicki Dischler will perform. All are welcome and we hope you'll bring a friend!
- ⇒ Choirs return! Youth and Adult Choirs, Trinity Singers, Cantate!, and Gloria Ringers are all coming back! The Weaving Project is ON!

ATTENTION ADULT CHOIR—REHEARSE 10 AM SUNDAY

Phil asks that members of the Adult Choir meet at 10:00 a.m. in the choir room this coming Sunday, September 11 to rehearse an anthem to be sung at the 11:00 a.m. worship that day.

NEW OMICRON COVID-19 BOOSTER VACCINES WILL BECOME AVAILABLE THIS FALL

As of September 1, the CDC and FDA have recommended a new COVID-19 booster vaccine that covers the currently circulating omicron variants (BA.4/BA.5) as well as the original virus. These vaccines are intended as boosters to anyone who had the initial series of COVID vaccines with their last vaccine and or booster given at least 2 months ago. You should also consider waiting at least 2 months after your last COVID infection before boosting as well, as COVID infections provide some immunity in that time.

The Pfizer vaccine is available to those age 12 and up and the Moderna Vaccine is available to those age 18 and up. Both vaccine platforms have worked well at preventing severe cases of COVID and you can boost with whichever version is most accessible to you. Most clinics and pharmacies will carry the updated booster vaccine as it arrives in the next few weeks. Check the Minnesota Vaccine Finder tool from the MN Dept of Health at <https://mn.gov/covid19/vaccine/> to find a location near you to schedule an appointment.

FROM MICRO-AGGRESSIONS TO MICRO-INCLUSIONS

Join us for this event on Saturday, October 15, from 9:30-11:30 a.m. in the Community Room. Facilitated by David Scherer and Joe Davis ([Just Move](#)), the event will help build our skills in caring communications about race. We'll look at:

- Breaking down barriers when talking about race.
- Recognizing when we intentionally or unintentionally use micro-aggressive comments or actions (that could feel like harm to others) AND micro-inclusive comments that keep us in relationship even in the middle of conflict.
- Improving our ability to communicate "gospel welcome" in our words and actions.

There's more information and a sign up sheet in the Community Room or email [Erin Henry](#).

OFFERINGS FROM LONGFELLOW/SEWARD HEALTHY SENIORS:

BINGO BLAST FUNDRAISER SUNDAY, SEPTEMBER 11

Fundraiser this Sunday, 2-6:00 p.m. at the Hook and Ladder Theater, 3010 Minnehaha Ave. rain or shine. Bingo, prizes, raffles, food trucks, ice cream, live music from Sawyers Dream, and more! Click [here](#) for more information and to buy tickets! Head over after Music in the Garden and help support services for local elders!

SELF-DEFENSE CLASS FOR OLDER ADULTS

Once a week for four weeks: Wednesdays, September 14, 21, 28 and October 5, from 1:00-2:00 p.m. at Holy Trinity. Gail Boxrud from Krav Maga MN will lead a four-session self-defense class for elders. Krav Maga is a simple, intuitive, self-defense system that teaches you how to recognize danger, avoid it, and fight as a last resort. This system is adaptable to our environments and abilities. Classes are appropriate for all fitness levels. \$3 per class/\$10 for all four classes. Register [here](#), or call Longfellow/Seward Healthy Seniors (612-729-5799).

UNDERSTANDING AGEISM

Tuesday, September 20, 10:30-11:30 a.m. at Holy Trinity. Rajean P. Moore, Associate Director of Education at the Center for Healthy Aging and Innovation at the University of Minnesota, will explain why identifying ageism matters and how we can combat it in our daily lives.

PARISH INFORMATION

UPCOMING "LIFE TOGETHER" OPPORTUNITIES

Sign up in the Community Room for any of these sessions.

HARRY POTTER AND LOVE

THURSDAY, SEPTEMBER 22, 6:00 PM

Are you a Harry Potter fan? Would you like to be a Harry Potter fan? Join Larry Farris on the church's front lawn at 6:00 p.m. on Thursday, September 22, to discuss the difference between love of power and power of love. Participants will use Larry's chapter *On the Transmutation of Voldemort's Love of Power into Harry Potter's Power of Love* in the book *The Alchemical Harry Potter*, edited by Anne Mamary. Copies of the chapter will be available in the Community Room. [Sign up in the Community Room by Sunday, September 18.](#)

LADDER TO THE LIGHT

THURSDAY, OCTOBER 13, 6:00 PM

Join Randy Nelson on Thursday, October 13, at 6:00 p.m. to discuss the book *Ladder to the Light—an Indigenous Elder's Meditations on Hope and Courage* written by Steven Charleston. Copies of the book are available in the Community Room. Randy will host this conversation in the Holy Trinity Community Room. Sign up in the Community Room by Sunday, October 9.

CONSERVATION AND BIODIVERSITY

SUNDAY, NOVEMBER 20, 12:00 PM

Join Shaun Morrell in the church library on Sunday, November 20, at 12:00 p.m., to discuss a chapter from *A Life on Our Planet* by Sir David Attenborough. Lunch will be provided. Group participants will have the opportunity to talk about how Christian faith intersects with wildlife conservation and biodiversity. Copies of the chapter will be available in the Community Room. Sign up in the Community Room by Sunday, November 13.

SURVIVE AND EVEN THRIVE IN A MINNESOTA WINTER

THURSDAY, DECEMBER 15, 6:30 PM

Winter can be long in Minnesota. Advent and Christmas bring opportunities for gathering and celebration, but many of us experience some dread as we face the long nights and cold months. Kari Kleven will host a candlelight gathering in her home to share ideas and encourage each other. Sign up in the Comm. Rm. by Sunday, December 11.

STILL SEEKING NURSERY STAFF!

We are still looking for nursery staff! We need a few people to provide dependable, safe, and nurturing care to infants and children 6 years and younger on Sunday mornings and Wednesday evenings. A fully functioning preschool area, a gym, and a newly renovated playground will be available for use. This is a part-time, hourly paid position open to adults and teens 14 and over. Follow [this link](#) for more information.



JOIN THE 20s, 30s, 40 GROUP AT ARBEITER SEPT. 16

You're invited to come out to Arbeiter Brewing Company at 6:30 p.m. Friday, September 16, for a tasty brew and thoughtful conversation with the 20s, 30s, & 40s group. This is an all-ages event. We'll be using the Story Stitch conversation game to encourage story sharing and connection. Please [RSVP](#). We hope to see you there!

SAYING FAREWELL TO WELLSTONE HOUSE

In response to declining enrollment, Lutheran Volunteer Corps has made the difficult decision to discontinue the volunteer corps program here, and Wellstone House will no longer be housing volunteers. Since 2009, Holy Trinity has been a supporting congregation of LVC's volunteers who resided at the Wellstone House during their year of service. Please join past LVC volunteers, Holy Trinity, and other community members to celebrate and reminisce.

Saturday September 17, 2-5:00 p.m.

3245 17th Ave S Minneapolis MN

Light Snacks and beverages provided. Please bring a story or memory to share! Reach out to Stephanie Oyen (612-978-1667) with any questions.

LAY COMMUNION LUNCHEON SUNDAY, SEPTEMBER 25

Lay Communion Ministry Luncheon Sunday, Sept. 25. Lay Communion Ministers bring communion to members who are homebound. Training is provided. Each Fall, we gather to share stories and re-charge ourselves. If you are a Lay Communion Minister *or are interested in becoming one*, please join us for a light lunch at 12:15 pm (after the second service). Sign up in the Community Room or call the church office by September 18 (612-729-8358).

ADULT RETREAT AT ST. JOHN'S ABBEY, NOV. 18-19

Save the date and plan to join us in Collegeville for an overnight retreat. This year's presenters are Scott & Melanie McRae. We'll have wonderful programming and opportunities to connect with one another. We'll also explore the campus, which includes the famous Breuer chapel, the pottery studio of Richard Bresnahan, and the illustrated St. John's Bible. There will be individual rooms for 25 participants. Cost: \$125 pp. Scholarships available.

~ Concerning People ~

We pray mindfully for the needs of others, especially those who face illness or hard times, including Pastor **Doug Mork** and his family upon the death of his mother; **Mary Ann Sheets & Jack Hanson**; **Bob Peschiutta**, Pastor Angela's father; **James Ruffin**; **Jeanne Salmon**; **Dorothy Kelly**; Mary Petersen's friend, **Joe**; **Cori Gershon**; **Marcea Mariani**; **DeWayne Townsend III**; **Marlene Peterson**; **Rob Englund**; **Mary Heltsley**; **Mark Symchych**; and Ann and Dawn's neighbor, **Brian**.

WORSHIP PARTICIPANTS FOR SUNDAY, SEPTEMBER 11, 2022

8:45 AM		11:00 AM
Ingrid Rasmussen	Preacher	Ingrid Rasmussen
Angela Khabeb	Presiding Ministers	Angela Khabeb
Richard Liedholm	Assisting Minister	Nicki Hines
Anne Beschnett, Josh Becker	Altar Guild	Doris Gbala, Kathryn Howe
Cathy Alpizar	Cantor	Cathy Alpizar
Linda Berglin, Kris Christians, Amy Froiland-Parada,	Communion	Katy Benson, David Krig, Bryan Kuzel
	Crucifer	Wayne Vetter
Gerry Berglin, David Broberg	Coffee	Josef Fortier
Annie Hines, Chris Engen	Counters	John Sulzbach, Wayne Vetter
David & Sally Kohlstedt, David Broberg, Chris Engen	Ushers	Kathy Hollander, Rod Johnson
	Closer	John Sulzbach

PARISH EVENTS SEPTEMBER 11-17, 2022

Sunday, September 11 <i>Renewal Sunday!</i>	8:45 AM	Worship Service of Holy Communion
	10:00 AM	Adult Choir - Meet in the choir room this Sunday, to rehearse an anthem we will sing in 11am worship.
	10:00 AM	Adult Forum
	10:00 AM	Youth Education
	11:00 AM	Worship Service of Holy Communion
	2:00 PM	Swahili Service
Monday, September 12	7:00 PM	Adult Choir Rehearsal
Tuesday, September 13	11:00 AM	Worship Readings Discussion
	6:45 PM	Big Meeting Night (via Zoom)
Wednesday, September 14	5:00 PM	Choir Families Supper
	5:30 PM	Children's Choir Rehearsal
	6:00 PM	Gloria Ringers
	6:00-8:00 PM	Supervised Play Time
	6:30 PM	Cantate!
Thursday, September 15	8:00 AM	Encore! (Turtle Bread)

LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 11:00 a.m. Sunday, September 11, service is available online at 10:55 a.m.

You can access recordings of past worship services through this [link](#).

