



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, Angela T. Khabeb, and Doug Mork, Pastors

FROM THE COVID TEAM

While we are now enjoying relatively few restrictions related to COVID-19, it's important to remember that the virus is still with us. We have been monitoring two key indicators to guide decisions on how to keep people safer at church. These include the level of COVID virus particles that are in Twin Cities wastewater and the Centers for Disease Control and Prevention (CDC) "Community COVID-19 Level" for Hennepin County. We are happy to report that the amount of COVID virus in our wastewater has been fairly stable this summer, and is about 5 times lower than what we saw last January. However, there is still plenty of virus in our wastewater, which shows that COVID is still circulating in our area. And unfortunately, CDC's community risk level for Hennepin County has been raised to "medium." Half of Minnesota counties (including all in the Twin Cities area) are at the medium level and about 20% are "high" risk. (To look up any county in the US, click [here](#).)

Earlier this month, the CDC updated its recommendations about COVID-19. Here is a summary of what CDC now recommends we do to protect ourselves and others:

- Make sure you are vaccinated, including booster doses.
- Keep indoor areas as well ventilated as possible. Get together with other people outdoors when possible.
- Avoid close physical contact with people who have suspected or confirmed COVID-19.
- If you have COVID-19 or suspect that you do, follow [recommendations](#) for isolation.
- If you are exposed to someone with COVID-19, follow the [recommendations](#) for what to do.
- If you are at high risk of getting very sick, talk with a healthcare provider about other precautions you can take. COVID treatment may be recommended if you have the disease, but it must be started within 5 days after your symptoms start.

In addition, when the COVID-19 Community Level is Medium or High:

- If you are at high risk of getting very sick, wear a high-quality mask or respirator (e.g., N95) when indoors in public.
- If you have household or social contact with someone at high risk for getting very sick, consider self-testing to detect infection before contact, and consider wearing a high-quality mask when indoors with them.

(continued in next column)



TWELFTH SUNDAY AFTER PENTECOST

READINGS

*Proverbs 25:6-7; Psalm 112;
Hebrews 13:1-8, 15-16; Luke 14:1, 7-14*

ADULT FORUM

Holy Trinity Adult Forums feature in-person presentations in the Library beginning at 10:00 a.m. The presentations are also available via [Zoom](#) for those unable to attend in person. ID and password remain the same: ID 858 5687 1594; Password 317879.

AUGUST 28 The Surprisingly Conservative, Little Bit Radical, Minneapolis 2040 Plan: How it will Shape the City in the 2020s

A conversation with Keith Olstad and Evan Roberts. Evan Roberts is an Assistant Professor of Population Studies and Sociology at the University of Minnesota. From 2007-10 he was a Lecturer (equivalent to an Assistant Professor) in the History Programme at Victoria University of Wellington.

SEPTEMBER 4 No Adult Forum

There is no adult forum today, as we will have only one worship service at 10:00 a.m.

(continued from previous column)

When the COVID-19 Community Level is High:

- Wear a high-quality mask or respirator.
- If you are at high risk of getting very sick, consider avoiding non-essential indoor activities in public where you could be exposed.

In summary, we need to continue to be careful because COVID-19 is still here. There is some evidence that it is increasing in our area. The current CDC guidelines focus mostly on what you as an individual can do to protect yourself. But it's important to remember that we are also part of a community where others may need extra protection. It's always okay if you choose to wear a well-fitting mask at any time, especially indoors and in crowded places.

If you have any questions, please feel free to contact members of the COVID team: [Deb Sordt](#), [Carol Berg](#), [Josh Becker](#), or [Connie Lien Adams](#).

PARISH INFORMATION

YARN AND FABRIC NEEDED FOR WEAVING PROJECT

If you have any of the following to donate for an upcoming church art project related to the "weaving" theme, please bring it to the Community Room before September 10. Thank you!

- Yarn (can be a partial skein, not tangled, please. The thicker the better!)
- Fabric (colorful welcome, could be curtains or old sheets as fabrics will be cut into strips of about 2-3" thick and 12+" long.)

Contact Mariah (mariah.wika2@gmail.com) or Ryana (ryanadh93@gmail.com) with any questions.

HI-LAKE INTERSECTION REDESIGN

The Hi-Lake intersection redesign project will create a safer and simpler intersection for people walking, rolling, biking and using transit and in the process, potentially add public space underneath the bridge. Nearly 500 people living and working around the Hi-Lake intersection shared clear priorities for a space that is safe, welcoming, walkable, clean and connected. The public identified ideal features like improved lighting, public art, nature-based landscaping, mobility hubs, and space for local business.

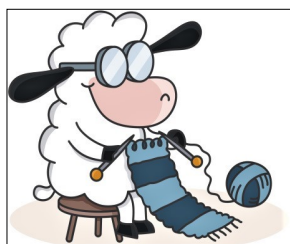
Hennepin County, in partnership with the City of Minneapolis, Minnesota Department of Transportation and MetroTransit, have contracted with a design company to create concepts to show how the public's priorities could look in action underneath the Hi-Lake bridge. To see designs and learn more, join us for the following events:

- Our Open House at the South Minneapolis Human Service Center from 6:00 to 8:00 p.m. on Tuesday, September 20. [Register here!](#)
- Open Streets Minnehaha (Oct. 1) Unable to join us in person? You can also see the results of the engagement process and the designs your input sparked, and even comment on your favorite features, by visiting the project [Story Map](#), or fill out a short survey [here](#) to leave feedback on the designs.

"RALLY SUNDAY" IS NOW "RENEWAL SUNDAY"
THIS YEAR IT WILL BE ON SEPTEMBER 11!

KNITTING GROUP STARTING UP AGAIN

Beginning on Wednesday, September 7, Knitters (and crocheters!) are invited to bring their knitting or crochet projects to Holy Trinity on the first Wednesday of each month at 2:00 p.m. All are welcome to join in for needlework and conversation. For more information, contact [Liz Blood](#).



ALL CONGREGATION PICNIC SUNDAY, AUGUST 28

As summer wanes, Holy Trinity families will gather for fun, food, and frolic at Hidden Falls Park-everyone is welcome! Join us at 4:30 p.m. Bring a dish to share and your own beverage. The Nurturing Committee will provide compostable plates, cups, utensils, paper towels, ice water, and lawn games. The park shelter has abundant covered seating, bathrooms, and electrical outlets. Hidden Falls Park, 1415 Mississippi River Blvd South, St Paul. Holy Trinity banner will be displayed at the park entrance.

WEAVING PROJECT BEGINS IN SEPTEMBER

We invite you to bring objects of **comfort** September 4-25. A worry stone, a piece of clothing from your youth, song lyrics or a prayer, a paintbrush, the recipe for your favorite soup... During these three weeks, we invite you to bring an object that brings you **comfort**. Bring objects to the box in the Sanctuary/Community Room.

We'll weave your objects into the community tapestries; your objects will not be returned to you. If there's a cherished item you want included, consider a photo, scan, drawing or other creative representation!

Objects should be light (lighter than a medium apple or 150 grams) and fit in a shoe box. Contact a weaver (ryanadh93@gmail.com or mariah.wika2@gmail.com) if you have questions-some objects may be outside our given bounds but still can work! (like a stick, for example).

JOIN THE 20s, 30s, 40 GROUP AT ARBEITER SEPT. 16

You're invited to come out to Arbeiter Brewing Company at 6:30 p.m. Friday, September 16, for a tasty brew and thoughtful conversation with the 20s, 30s, & 40s group. This is an all-ages event. We'll be using the Story Stitch conversation game to encourage story sharing and connection. Please [RSVP](#). We hope to see you there!

ADULT RETREAT AT ST. JOHN'S ABBEY, NOV. 18-19

Save the date and plan to join us in Collegetown for an overnight retreat for adults of all ages. This year's presenters are Scott & Melanie McRae. We'll have wonderful programming and opportunities to connect with one another. We'll also explore the campus, which includes the famous Breuer chapel, the pottery studio of Richard Bresnahan, and the illustrated St. John's Bible. There will be individual rooms for 25 participants.

CHILDREN'S CHOIR, CANTATE!, AND TRINITY SINGERS BEGIN WEDNESDAY, SEPTEMBER 7

For more information on choral and instrumental opportunities, contact [Phil Radtke](#).

September 7

- 5:00-6:00 p.m. Choir Families Supper
- 6:00-8:30 p.m. Open Gym Time
- 5:30-6:30 p.m. Children's Choir (grades 1-4)
- 6:30-7:30 p.m. Cantate! (grades 5-8)
- 7:30-8:30 p.m. Trinity Singers

PARISH INFORMATION

UPCOMING "LIFE TOGETHER" OPPORTUNITIES

Sign up in the Community Room for any of these sessions.

HARRY POTTER AND LOVE

THURSDAY, SEPTEMBER 22, 6:00 PM

Are you a Harry Potter fan? Would you like to be a Harry Potter fan? Join Larry Farris on the church's front lawn at 6:00 p.m. on Thursday, September 22, to discuss the difference between love of power and power of love. Participants will use Larry's chapter *On the Transmutation of Voldemort's Love of Power into Harry Potter's Power of Love* in the book *The Alchemical Harry Potter*, edited by Anne Mamary. Copies of the chapter will be available in the Community Room. Sign up in the Community Room by Sunday, September 18.

LADDER TO THE LIGHT

THURSDAY, OCTOBER 13, 6:00 PM

Join Randy Nelson on Thursday, October 13, at 6:00 p.m. to discuss the book *Ladder to the Light—an Indigenous Elder's Meditations on Hope and Courage* written by Steven Charleston. Copies of the book are available in the Community Room. Randy will host this conversation in the Holy Trinity Community Room. Sign up in the Community Room by Sunday, October 9.

CONSERVATION AND BIODIVERSITY

SUNDAY, NOVEMBER 20, 12:00 PM

Join Shaun Morrell in the church library on Sunday, November 20, at 12:00 p.m., to discuss a chapter from *A Life on Our Planet* by Sir David Attenborough. Lunch will be provided. Group participants will have the opportunity to talk about how Christian faith intersects with wildlife conservation and biodiversity. Copies of the chapter will be available in the Community Room. Sign up in the Community Room by Sunday, November 13.

SURVIVE AND EVEN THRIVE IN A MINNESOTA WINTER

THURSDAY, DECEMBER 15, 6:30 PM

Winter can be long in Minnesota. Advent and Christmas bring opportunities for gathering and celebration, but many of us experience some dread as we face the long nights and cold months. Kari Kleven will host a candlelight gathering in her home to share ideas and encourage each other. Sign up in the Comm. Rm. by Sunday, December 11.

MEALS ON WHEELS DELIVERY SEPTEMBER 12-16

Holy Trinity will be delivering meals for South Minneapolis Meals on Wheels the week of September 12-16. If you are able to volunteer for one day or more, let Mary Engen know (engenmary@yahoo.com or 612-716-6338). Meals are picked up at Nokomis Square Cooperatives (35th Ave. S. between 50th and 51st Ave. S.) at 11:15 a.m. Delivery takes about 1-1½ hours. If you have not delivered before, Mary will set you up to do a training with another volunteer for your first time. Volunteers are also asked to complete a Volunteer Registration Form which includes a free, quick background check.

MINNEAPOLIS VISION ZERO TRAFFIC SAFETY SURVEY

The City is working to get to zero traffic deaths and severe injuries on our streets, an effort called [Vision Zero](#). We are updating the City's [Vision Zero Action Plan](#) to reflect current traffic safety challenges and shape our future efforts to make our streets safe for everyone. To help inform the Vision Zero Action Plan update, Public Works is seeking feedback on potential safety measures on busier streets with [this 5-minute survey](#).

Public Works plans to release a draft of the Vision Zero Action Plan update for public comment this fall before it is finalized and adopted by the City Council and Mayor Frey. Thanks for sharing your feedback to help inform the plan update.

REGISTRATION LINKS FOR SUNDAY SCHOOL

Youth education will begin on Renewal Day Sunday, September 11. Every Sunday there will be a Godly Play classroom (pre-K), three different Trinity Village



classrooms (group 1 for K-1, group 2 for grades 2-3, group 3 for grades 4-5), and one confirmation classroom (grades 6-9). Sunday School will be in session from 10:00-10:50 a.m. Register your child for Youth Education [here](#), or look for hard copies of the registration forms in the Community Room.

HIRING NURSERY STAFF!

We're hiring nursery staff! We are looking for a few people to provide dependable, safe, and nurturing care to infants and children 6 years and younger on Sunday mornings and Wednesday evenings. A fully functioning preschool area, a gym, and a newly renovated playground will be available for use. Please follow [this link](#) for more information.

~ Concerning People ~

We pray mindfully for the needs of others, especially those who face illness or hard times, including **Bob Peschiutta**, Pastor Angela's father, **James Ruffin**; **Jeanne Salmon**; **Dorothy Kelly**; Anne Curtin's friend, **Gloria**; Mary Petersen's friend, **Joe**; **Cori Gershon**; **Marcea Mariani**; **DeWayne Townsend III**; **Marlene Peterson**; **Rob Englund**; **Mary Heltsley**; **Mark Symchych**; and Ann and Dawn's neighbor, **Brian**.

WORSHIP PARTICIPANTS FOR SUNDAY, AUGUST 28, 2022

8:45 AM		11:00 AM
David Rojas Martinez	Preacher	David Rojas Martinez
Doug Mork	Presiding Ministers	Angela Khabeb
Andrea Hansen	Assisting Minister	Karen Batdorf
	Altar Guild	Doris Gbala, Kathy Howe
Caren Hiatt	Cantor	Caren Hiatt
Steve Murray, Sean Gosiewski	Communion	Deb Anderson, Andrea Martin, Bryan Kuzel
Tom Cahoy	Crucifer	Wayne Vetter
Carol Masters, James Hartsoe	Coffee	Deb Anderson, Tracey Baubie
Annie Hines	Counters	Wayne Vetter
Sally and David Kohlstedt, Ginny and Chuck Jordan	Ushers	Jeff Olsen Biebighauser, Joshua Combs, Joy Nelson
	Closer	John Sulzbach

ONE SERVICE LABOR DAY WEEKEND

Reminder: the 8:45 and 11:00 a.m. worship services will gather together for one service at 10:00 a.m. on Labor Day weekend, Sunday, September 4. This is a great opportunity to see and connect with members and friends from "the other service."

PARISH EVENTS AUGUST 27-SEPTEMBER 3, 2022

Sunday, August 28	8:45 AM	Worship Service of Holy Communion
	10:00 AM	Adult Forum
	11:00 AM	Worship Service of Holy Communion
	2:00 PM	Swahili Service
	4:30 PM	All Congregation Picnic at Hidden Falls Park
Tuesday, August 30	11:00 AM	Worship Readings Discussion
Thursday, September 1	6:45 PM	Big Meeting Night

LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 11:00 a.m. Sunday service is available online at 10:55 a.m. You can access recordings of past worship services through this [link](#).

