



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, Angela T. Khabeb, and Doug Mork, Pastors

COVID Team Update

As COVID-19 appears to be leveling off in our area, Holy Trinity recently returned to a “masks optional” policy (masks will continue to be available for anyone who chooses to wear one). Going forward, we will be keeping an eye on two key indicators to guide decisions on how to keep people safer at church. The first thing we are watching is the level of COVID virus particles in Twin Cities wastewater. This is reported by the Metropolitan Council and it’s an “early indicator” of how much COVID virus is circulating in our area (because so many people are using home tests, looking at the number of officially reported cases is less helpful than it used to be.) The levels of virus in our wastewater have been stable or decreasing for the couple of months and are a lot lower than they were in December and January. The other factor we check is CDC’s “Community COVID-19 Level” for Hennepin County. This takes into account information about hospitalizations and the number of reported COVID cases in our area. Hennepin County has been fluctuating between “low” and “medium” since February and is now “low.”

While we are now enjoying relatively few restrictions, it’s important to remember that COVID-19 is still with us and that there are things you can do to protect others and yourself:

- Stay up-to-date with vaccines, including boosters.
- Get tested if you have symptoms.
- Wear a well-fitting mask if you have symptoms, a positive test, or are exposed to someone with COVID.
- Wear a well-fitting mask on public transportation.
- You may choose to wear a mask at any time, but especially when in crowded places.
- Wash your hands frequently.
- If you are at high risk for severe illness, talk to your health care provider about whether to wear a mask or take other precautions.
- If you have been exposed to someone with COVID, follow the instructions on CDC’s COVID-19 calculator: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html#>

If you have any questions, please feel free to contact members of the COVID team: Deb Sodt, Carol Berg, Josh Becker or Connie Lien Adams.



FIFTH SUNDAY AFTER PENTECOST READINGS

*Genesis 18:1-10a; Psalm 15;
Colossians 1:15-28; Luke 10:38-42*

ADULT FORUM

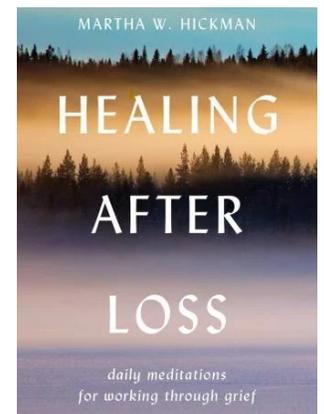
Holy Trinity Adult Forums feature in-person presentations in the Library beginning at 10:00 a.m. The presentations are also available via [Zoom](#) for those unable to attend in person. ID and password remain the same: ID 858 5687 1594; Password 317879.

JULY 17 Ben Whalen from ISAIAH

Ben Whalen, the Metro Congregational Organizer for ISAIAH will present their current work and opportunities for Holy Trinity members’ participation. Ben was formerly on staff in community engagement at House of Prayer Lutheran Church in Richfield. ISAIAH is a multi-racial, state-wide, nonpartisan coalition of faith communities, Black barbershops, childcare centers, and other community-based constituencies fighting for racial and economic justice in Minnesota.

JULY 24 Author Sarah Jane Barton

Sarah Jane Barton will join us on Zoom from Duke University where she is an Assistant Professor of Occupational Therapy and Theological Ethics with a joint appointment in the University School of Medicine. Her forthcoming book is entitled [Becoming the Baptized Body: Disability and the Practice of Christian Community](#). The book illustrates Barton’s concern for how the church engages persons with disabilities. Baptism offers the distinctive practice of Christian initiation, rooted in Jesus’ own baptism, ministry, death, and resurrection. Too often, people with intellectual disabilities are excluded from this core Christian practice and so barred from full inclusion in the life of discipleship.



PARISH INFORMATION

JULY 15 PARENTS' NIGHT OUT — CANCELLED

The Parent's Night Out that appeared in the Seasonal Calendar for Friday, July 15 has been cancelled. Apologies if this caused anyone an inconvenience.

MUSIC IN THE GARDEN SUNDAY, JULY 17

Join us for food and music after the 11:00 a.m. service this coming Sunday. To hear a sample of the band that will appear, [Mother Banjo](#) click [here](#). If you can volunteer to help on July 17, please contact [Jeff](#) Olsen Biebighauer (612.708.6587).

FAMILY FUN NIGHT, TUESDAY, JULY 19, 5:30 PM

We'll take advantage of the lingering sunny days of summer and come together from 5:30-7:00 p.m. for a night of food, fun, and friendly connections. We'll provide everything just bring your family! Hosted by the Children and Family Team.

MEALS ON WHEELS JULY 25-29

Holy Trinity volunteers are needed to deliver meals for South Minneapolis Meals on Wheels, July 25 through July 29. Meals that are picked up at 11:15 a.m. at Nokomis Square Cooperatives on 35th Ave. S. between 50th and 51st St. Delivery takes about 1-1½ hours. New volunteers need to complete a Volunteer Registration Form (which includes a background check), and train with an experienced volunteer. Contact [Mary Engen](#) (612-716-6338) if you can help.

LUTHERAN NIGHT AT THE TWINS — CANCELLED

Due to an insufficient number of sign-ups, we are cancelling Holy Trinity's participation in Lutheran Day at the Twins. Unfortunately, it was scheduled for the same evening as National Night Out. If you already paid for tickets, contact [Pam](#) in the office to request a reimbursement.

CLOSE TO OUR HEARTS FOUNDATION

Longfellow Alternative High School has a new foundation, *Close to Our Hearts*, begun with funds from our Stepping Out in Faith/Our shared Community, it's a 501(c)(3) nonprofit dedicated to helping low-income pregnant and parenting students overcome barriers by offering support for higher education, individually tailored mentoring, educational materials for financial literacy, and housing security assistance. We encourage you to visit the [website](#)!

ONE MORE NEW MEMBER INTRODUCTION

Hi, I'm Solveig Nessel! I was born in Mauston, Wisconsin, but currently reside in the Highland Park neighborhood in Saint Paul. I lost my husband in 2020, but I have a son in Brazil, Peter, a son in Phoenix, Matt, a son in St Paul, Joel, and a daughter in Lakeville, Sara. My nephew, Peder Kjeseth, his wife, Karla Elmsberg, and their son, Tor-Ole, are also new members at Holy Trinity.



I was drawn to Holy Trinity because of the worship service (particularly the emphasis on liturgy and prayer), the music, and the congregation's active concern for issues of social justice. I look forward to getting to know more of you!

SUMMARY OF JUNE 2022 CHURCH COUNCIL MEETING

We continue to pray for and hold up Pr. Angela and her family while her medical leave continues. Pr. Ingrid will be on Sabbatical July 14-September 6, 2022.

Gratitude for new members and an increased in worship attendance and offerings. Over 50% of annual pledges have been received in the first five months of the year.

Stepping Out in Faith:

- Our Shared Community: Significant funds were shared with three community individuals in May helping them become homeowners. Support was both financial and as a church community.
- Our Shared Home: To help ensure all have an opportunity to learn and be heard, focus groups to discuss our stained-glass windows will include those who were underrepresented in the forums earlier this year.
- Thanks to all who participated in the Miller-Dunwiddie listening sessions on the use of our building spaces.

New Business:

- Full-time clergy performance reviews underway.
- Beginning work on a Community Covenant for HTLC.
- Nominations work beginning for next year's council.
- Synod request for gift to support racial justice organizer tabled while more information is gathered.

DECOLONIZE GARDENING SATURDAY JULY 23, 9-11 AM

The Multicultural Youth Justice Experience ("MYJ22") invites you to "Decolonize Gardening." We face choices in and with our gardens every day —windowsill gardens, front yard gardens, community gardens. What a difference a garden and gardeners can make. As children of God, humans are an integral part of Creation, living in connection with the air, water, land, and living things.

Saturday, July 23 from 9-11 am Holy Trinity will host MYJ22 Youth will be giving away FREE Native seedlings and bringing the healing resources of God's plants to Twin Cities communities. Each plant carries history and tradition to the land we reside upon. Bringing back meaning and story is part of the whole identity of this beautiful land we live on. Stop by and collect your free plants and learn about them as our MYJ Youth excite and empower our communities to Decolonize their gardens and bring back some natural history to the land.

If you can volunteer to help set-up or give away plants, please contact the [office](#) (612-729-8358).

PARISH INFORMATION

UPCOMING "LIFE TOGETHER" OPPORTUNITIES

Sign up in the community room for any of these sessions.

LET'S TALK ABOUT ANTI-RACISM THURSDAY, JULY 21, 7:00 PM

Join Jeremy Schroeder on Thursday, July 21, at 7:00 p.m. on the patio at Arbeiter Brewing (3038 Minnehaha Ave) for a conversation about the book *Nice Racism: How Progressive White People Perpetuate Racism*. Copies of the book are available in the Community Room. Sign up in the Community Room by Sunday, July 17.

THE GIFT OF POETRY WEDNESDAY, AUGUST 17, 6:30 PM

Join Joyce Besser and friends at Holy Trinity for an evening of poetry on Wednesday, August 17, at 6:30 p.m. Participants are welcome to bring a favorite poem and share with the group how the poem or poet speaks to you. Can't decide on one poet/poem? It's okay to share more, including any you may have written yourself! If you're new to poetry, simply come for the companionship. Sign up in the Community Room by Sunday, August 14.

HARRY POTTER AND LOVE THURSDAY, SEPTEMBER 22, 6:00 PM

Are you a Harry Potter fan? Would you like to be a Harry Potter fan? Join Larry Farris on the church's front lawn at 6:00 p.m. on Thursday, September 22, to discuss the difference between love of power and power of love. Participants will use Larry's chapter *On the Transmutation of Voldemort's Love of Power into Harry Potter's Power of Love* in the book *The Alchemical Harry Potter*, edited by Anne Mamary. Copies of the chapter will be available in the Community Room. Sign up in the Community Room by Sunday, September 18.

CONSERVATION AND BIODIVERSITY SUNDAY, NOVEMBER 20, 12:00 PM

Join Shaun Morrell in the church library on Sunday, November 20, at 12:00 p.m. to discuss a chapter from *A Life on Our Planet* by Sir David Attenborough. Lunch will be provided. Group participants will have the opportunity to talk about how Christian faith intersects with wildlife conservation and biodiversity. Copies of the chapter will be available in the Community Room. Sign up in the Community Room by Sunday, November 13.

LIFE TOGETHER: LADDER TO THE LIGHT THURSDAY, OCTOBER 13, 6:00 PM

Join Randy Nelson on Thursday, October 13, at 6:00 p.m. to discuss the book, *Ladder to the Light - an Indigenous Elder's Meditations on Hope and Courage* written by Steven Charleston. Copies of the book are available in the Community Room. Randy will host this conversation in the Holy Trinity Community Room. Sign up in the Community Room by Sunday, October 9.

GET YOUR OLIVE OIL FROM THE MOUNT OF OLIVES!



Once again, Mount of Olives has shipped olive oil to us! We are offering 250mL bottles for \$15 and 750 mL bottles for \$35. Purchases support the work of the Lutheran World Federation vocational training program and reduce student fees. Brought to you by the Palestine-Israel working group. Contact the [office](#) for to purchase: (612-729-8358).

WEAVING OUR LIVES TOGETHER

We are working with the theme of "Weaving" for the fall at Holy Trinity. As the community reemerges from a time when so many experiences were had in isolation, we'd like to collect short, personal stories (300-500 words) to be shared with the wider congregation in a booklet that will be given to each household. This is one way to weave our lives together again.

There are three ways to participate:

1. Write and submit your own story from COVID-time (e.g., my mom died, I had a baby, I didn't leave the house for one year, I read so many good books, I did junior year at home, I walked a lot, I lost my job).
2. Have a fellow congregant write your story. We have a team of caring writers (Matt, Carol, Rachel, Kari, Joyce, and Larry) assembled, who will listen to your story and then write it for you. If you're willing to tell your story, please contact [Sue Roberts](#) in the church office.
3. Draw a picture. Our youngest members have had powerful experiences during this time. Children/youth of the congregation are invited to draw a picture of something they did during COVID-time. Please include a name on the drawing.

Submissions should be [emailed](#) to or dropped off at church by August 12. We can't wait to hear and see your stories!

~ Concerning People ~

We pray mindfully for the needs of others, especially those who face illness or hard times. We pray especially for Jeanne Salmon; Dorothy Kelly; Anne Curtin's friend, Gloria; Mary Petersen's friend, Joe; Cori Gershon; Marcea Mariani; DeWayne Townsend III; Marlene Peterson; Rob Englund; Mary Heltsley; Mark Symchych; Ann and Dawn's neighbor, Brian.

We thank you for the return of Pastor Angela to this congregation and we pray that you will be with Pastor Ingrid and her family as she begins a time of renewal and reflection to tend the fires deep within on her sabbatical leave.

WORSHIP PARTICIPANTS FOR SUNDAY, JULY 17, 2022

8:45 AM		11:00 AM
David Rojas Martinez	Preacher	David Rojas Martinez
Angela Khabeb	Presiding Minister	Angela Khabeb
	Cantor	
Margaret Kelly	Assisting Minister	Debra Anderson
Kari & Tom Kleven	Communion	Stephanie & Scott Cole, Amy Froiland-Parada
	Crucifer	Wayne Vetter
Ginny Jordan, Mary Engen	Altar Guild	Kathy Howe, Doris Gbala
Linda & Gerry Berglin	Coffee	Sue Roberts & Sarah Wieben
Chuck Jordan, Jennifer Frenzel	Counters	Deb Helmel
David Broberg, Chris Engen, Sally and David Kohlstedt	Ushers	Kathy Hollander, Rod Johnson, Joshua Combs, Kathy Ohler
	Video Operator	Bob Hulteen
	Closer	Rod Johnson

PARISH EVENTS JULY 17-23, 2022

Sunday, July 17	8:45 AM 11:00 AM 12:00 PM 2:00 PM	Worship Service of Holy Communion Worship Service of Holy Communion Music in the Garden Swahili Service
Tuesday, July 19	11:00 AM 5:30-7:00 PM	Worship Readings Discussion Family Fun Night!
Thursday, July 21	8:00 AM 7:00 PM	Encore! (Turtle Bread) Life Together: Let's Talk about Anti-Racism (Arbeiter Brewing)
Saturday, July 23	11:00 AM	Celebration of Life for Nathalie Johnson

LIVESTREAM LINKS FOR WORSHIP SERVICES

A [live-stream](#) of the 11:00 a.m. Sunday service is available online at 10:55 a.m. You can access recordings of past worship services through this [link](#).

