



WE ACKNOWLEDGE THAT WE GATHER ON THE DAKOTA HOMELAND

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Ingrid C. A. Rasmussen, Angela T. Khabeb, and Doug Mork, Pastors

## LOOKING FOR OUR PRAYER PARTNER

Parker Palmer calls himself a “contemplative by catastrophe,” writing “I’m most likely to go deep only when I slam into a wall or fall off a cliff.” I might speak about myself in a similar way. You might as well.

For me, the practices of prayer and meditation have received uneven attention throughout my life. I’ve worked with spiritual directors, practiced Lectio Divina and daily journaling, participated in weekly prayer groups. In part, that variety reflects a hope that a brand new prayer practice will help me become more disciplined. It hasn’t always worked.

Roberta Bondi, a devoted student of the monastic mothers and fathers, encourages beginners to include three things as they learn to pray: scripture (the psalms especially), conversation with God where “you really speak your mind,” and silence (simply sitting in God’s presence). Start with ten minutes a day – no more. Nothing, she writes, “derails prayer faster than starting with some ... noble idea of what it ought to be. ... [A] lot of prayer is just a matter of showing up.”

And yet, sometimes even “showing up” is a challenge. We feel guilty that we pray only when “catastrophe strikes,” so we wonder why God would listen to us at other times. We enter prayer feeling a deep sense of duty, seeing prayer as another “should” on our “to do” list. Flourishing relationships are rarely formed by duty alone. Or, we struggle deeply with doubt and despair, and wonder if God will show up when we do.

Where do you find yourself in your life of prayer? How has COVID-19 affected you? Do you have spaces for support (or accountability) when it comes to spiritual practices?

Each year the rostered leaders are expected/encouraged to attend a three-day collegial gathering to enhance their spiritual and intellectual lives, called the Bishop’s Theological Conference. The theme of this year’s conference is “Faithful Resilience.” One of our foci will be spiritual resilience—exploring the practices of prayer that strengthen our relationship with God and sustain our resiliency. (Ask your rostered leader about it when they return on September 28!)

With gratitude for a grant awarded by the Lilly Endowment, the Minneapolis Area Synod will be starting with three cohorts of members of synod churches that will delve into “faith practices” and “neighboring practices” that can ground congregations and members in their baptismal vocation. The 15 participating churches in this first two-year cohort will be able to experiment with practices at home and in their neighborhood and learn together from their experiences. Participation in these cohorts is a real opportunity for renewal and imagination, personally and communally. (The second set of cohorts will begin in the summer of 2023; is your congregation interested?)

*(Continued in next column)*

## TWELFTH SUNDAY AFTER PENTECOST



### READINGS

Proverbs 9:1-6; Psalm 34:9-14;  
Ephesians 5:15-20; John 6:51-58

## ADULT FORUM

**10:00 A.M. IN THE BARTSCH ROOM**

View the Adult Forum from August 8 [here](#).

*Holy Trinity Adult Forums now feature in-person presentations in the Bartsch Room, beginning at 10:00 a.m. The presentation will also be available on Zoom for those unable to be attend. ID and password remain the same: ID 858 5687 1594; Password 317879.*

### AUGUST 15 “Rebuilding with Dignity and Respect” Pastor Doug Mork

Pastor Doug Mork and a member of the CTUL construction organizing team will present an update on the campaign to build a Worker-driven Social Responsibility (WSR) model for non-union construction in the Twin Cities. They will talk about the growing problems of wage theft, misclassification, safety violations and even labor trafficking in construction and the creative solutions being pursued by workers in Minneapolis, both through CTUL and the Building Dignity and Respect Standards Council (BDC) and by other allies and partners.

### AUGUST 22 Information Coming Next Week

**View the worship service from Sunday, August 8, [here](#).**

*(Prayer Partner, continued from previous column)*

A good friend begins her prayer time by first placing herself in the picture of Jesus talking with the woman at the well.



Perhaps, one might imagine themselves in the picture of the prodigal son returning home. Both are pictures of radical grace. And, maybe that’s the most important thing of all about prayer: No matter how often, how well, or how disciplined we are in prayer, it is the God of grace who meets us there.

*By Bishop Ann Svennungsen*

## SAVE THE DATE FOR FALL RETREAT, SEPTEMBER 24-25

The Nurturing Committee presents Holy Trinity's Fall Retreat at St. John's Guesthouse in Collegeville with [Rev. Dr. Ron Bell](#). Dr. Bell is the senior pastor of Camphor Memorial UMC. We will engage his newest book, *The Four Promises: A Journey of Healing Past and Present Trauma*. We all have experienced varying degrees of trauma this past year. This will be a time of renewal and enlightenment. (Each participant will receive a copy of the book). More details coming soon. Single and double rooms available.

## FILM SHOWING AND DISCUSSION WEDNESDAY, AUG. 11

The Palestine/Israel Working group will be showing the 45-minute film "The Occupation of the American Mind" on Wednesday, August 11, at 7:00 p.m. in the Bartsch Room at Holy Trinity. There will be a discussion following the film. Participants need to wear masks.

## SUNDAY SCHOOL & CONFIRMATION BEGIN IN-PERSON

We will kick off on-site activities for children and youth on Sunday, September 12. In preparation, we are hoping to gather some information from everyone. All families hoping to have young ones join faith formation activities are encouraged to fill out both the [Student Information Form](#) and the [Adult Information Form](#). Every person, even those without participating children/youth, are invited to consider filling out the [Adult Information Form](#). Contact Deacon David (612-729-8358 ext. 19 or [drojasmartinez@htlcmpls.org](mailto:drojasmartinez@htlcmpls.org)) with questions.

## SUPPORT THE TREATY RIGHTS WALK

[The RISE Coalition has launched a 2 week Treaty Awareness walk](#) from the Mississippi headwaters down to the Minnesota State Capitol. It is being led by a group of Anishinaabe women, but open to all. The route will follow the river crossings of the Line 3 pipeline construction. Donna Goodlaxson from Holy Trinity is one of the walkers. Could we form a team from Holy Trinity to travel with or support them one day? We all have responsibilities to honor the treaties of the United States on the ancestral homeland of the Anishinaabe, Dakota and Ho-Chuck nations. More information on joining the walk in some capacity is listed [here](#). Contact Kathy Hollander ([Kath77holl77@gmail.com](mailto:Kath77holl77@gmail.com)) if you'd be willing to travel north one day (perhaps a day between August 15-20) and join them for part of the day.



## MEALS ON WHEELS DELIVERY AUGUST 16-20

Holy Trinity will deliver meals for South Minneapolis Meals on Wheels August 16-20. Volunteers are needed to deliver meals for 1-5 days that week. Meals are picked up at Nokomis Square Cooperatives (35th Ave. S. and 50th St. E.) at 11:15 a.m. Delivery takes about 1 ½ hours. If you have not delivered before, you can follow an experienced driver for one day and then take a solo route another day. To volunteer, contact Mary Engen ([engenmary@yahoo.com](mailto:engenmary@yahoo.com) or 612-716-6338).

## YOUTH CHOIRS BEGIN REHEARSALS SEPTEMBER 15

Children's Choir (grades 1-4) will rehearse outdoors (weather permitting on Wednesdays from 6:00 to 6:45 p.m. *Cantate!* Youth Ensemble (grades 5-8) will rehearse on Wednesdays from 6:45 to 7:30 p.m. (mostly outdoors, weather permitting). To provide a safe singing experience, face masks are required for singing activities. If you're interested in joining the choir for the first time, contact Ann Schrooten (612-309-9583 or [aschrooten@htlcmpls.org](mailto:aschrooten@htlcmpls.org)).

## WORSHIP PARTICIPANTS NEEDED FOR SERVICES

Have you longed to be an usher? Are you envious of members who get to close up the building after worship on Sundays? Or maybe you've dreamed of being a crucifer or serving on the altar guild. Holy Trinity has a number of opportunities for volunteers who would like to take on roles as worship assistants. Please contact Pam or Sue in the office for further information or to volunteer.

## ADULT CHOIRS BEGIN REHEARSALS SEPTEMBER 8

Rehearsals begin Wednesday, September 8, from 7:30 to 8:30 p.m. in the sanctuary. Trinity Singers and Adult Choir will be combined. To provide a safe singing experience, face masks are required for singing activities.

## ELCA'S AMMPARO MINISTRY

Join with faith partners from around the country for a half hour—from 11:00 to 11:30 p.m. on Mondays during August Recess—to share in prayers for pathways to citizenship, hear testimonies from DACA and TPS recipients, farmworkers, and essential workers, and receive resources for actions that you and your faith community can use each week to urge long-awaited opportunities for citizenship to be offered to our immigrant friends, neighbors, and congregation members! Dates include three consecutive Mondays: August 16, 23, and 30. You may RSVP to an actual *online* meeting [here](#).

## CONCERNING PEOPLE

We remember those who need God's tenderness, especially Ann and Dawn's neighbor, **Brian; Mark Symchych; Mark Seerup; Cori Gershon; Joyce Besser** upon the death of her sister-in-law, **Dorothy Tamminen**; Karleigh Crepin's mom, **Kille; Marlene Peterson**, recovering from a stroke; **Gerry Berglin** diagnosed with lung cancer; and **Rob Englund**, recovering from surgery for a bone tumor.

**PARISH EVENTS AUGUST 15-21**

Sunday	8:45 am	Worship Service of Holy Communion
	10:00 am	Adult Forum (Bartsch Room)
	11:00 am	Worship Service of Holy Communion
	2:00 pm	Swahili Service
Monday	6:00 pm	Executive Committee
	7:00 pm	Church Council
Tuesday	11:00 am	Worship Readings Discussion
	7:00 pm	Gloria Ringers Rehearsal
Thursday	7:00 pm	<i>Leading Lives</i> discussion group

**WORSHIP PARTICIPANTS FOR AUGUST 15, 2021**

<u>8:45 AM</u>		<u>11:00 AM</u>
Doug Mork	Preacher	Doug Mork
	Presiding Minister	
	Crucifer	Wayne Vetter
Carol Masters	Assisting Minister	
Chris Engen, Needed	Ushers	Joy Nelson
Chris Engen, Needed	Counters	Deb Helmel
	Closer	