



On 28th Avenue between Lake and 31st Streets Minneapolis, MN 55406 • 612-729-8358 • office@htlcmpls.org • www.htlcmpls.org
WORSHIP SERVICES: 8:45 and 11:00 am • CHURCH SCHOOL: 9:45 am • Jay Carlson and Ingrid Rasmussen, Pastors

WELCOME, LVC VOLUNTEERS

It's only one year, but I have heard from several Holy Trinity members that their participation in Lutheran Volunteer Corps (LVC) changed their lives for good. For one year, volunteers commit to living in intentional community, practicing a simple and sustainable lifestyle, and working for peace with justice. They engage in conversations about racism, oppression, and privilege and how these contribute to ongoing injustice in our society. They also explore the role that spirituality plays in inspiring and sustaining work in the quest for peace with justice. The year goes by quickly, but the learning and commitments remain with them for a lifetime.

Minneapolis is one of 13 cities in the United States where LVC operates and seeks to unite people to work for peace with justice. They place volunteers in full-time positions at social justice organizations for one year and provide opportunities for them to live and learn together. Volunteers receive a modest stipend which covers housing, food, transportation, health insurance, and personal expenses.

Holy Trinity serves as the sponsoring congregation for the LVC Wellstone House, located in the Powderhorn Park neighborhood. Six new volunteers just moved into the house, and it was a pleasure to welcome them in our worship service on Sunday.

Isabella Alsobrook is from Los Angeles and will be serving at Lutheran Social Service Refugee Services. Isabella is most excited to form relationships with refugee clients being resettled in Minneapolis. She also hopes to forge lifelong friendships with her housemates.

Maryl Fennie is from La Crosse, Wisconsin and will be serving at Immigrant Law Center of Minnesota, an agency that provides legal assistance to low-income immigrants and refugees in Minnesota. Maryl is most excited about working for justice and learning about Minneapolis.

Chase McAdams is from Santa Barbara, California and will be serving at Restorative Justice Community Action, an organization that focuses on the needs of the victims, the wrongdoers, and the involved community to identify solutions that promote repair, reconciliation, and relationships. Chase is most excited about being able to contribute full-time to a social justice non-profit without taking up as much of their resources.

Kasi Misseldine is from Decorah, Iowa and will be serving as the Outreach Coordinator at Trinity Lutheran Congregation in the Cedar-Riverside neighborhood of Minneapolis. Trinity says that after 140 years, they are really good at change. They seek to embrace radical hospitality in a multicultural faith community. Kasi is most excited about building community and navigating Minneapolis by bike.

Connor Phelan is from a suburb of Chicago and will be serving at Minneapolis Bicycle Coalition, an organization that inspires people to bicycle and advocates for a city where everyone feels comfortable riding. Connor is most excited to explore Minneapolis by bike.

Laura Proescholdt is from Cumberland, Wisconsin and will be serving at Minnesota Housing Partnership, which convenes, guides, and supports a diversity of partners working to improve conditions of home and community, especially for people at the lowest income levels. Laura is most excited about living in community and soaking up as much as she can from Powderhorn and greater Minneapolis.

I'm grateful for the opportunity to continue our partnership with LVC and with these six volunteers. If you would like to be part of the LVC support team that walks with these volunteers throughout the year and feeds them on occasion, talk to me or Pastor Ingrid. Watching them live out their spiritual commitments through LVC can be inspiring for all of us.

—Pastor Jay M. Carlson

FIFTEENTH SUNDAY AFTER PENTECOST

Invited and inviting—that is the nature of the church. By God's grace in holy baptism we have a place at the banquet table of the Lord. When, by the power of that same Spirit, humility and mutual love continue among us, the church can be more inviting still.



READINGS

Proverbs 25:6-7

Psalm 112

Hebrews 13:1-8, 15-16

Luke 14:1, 7-14

ADULT FORUM

10:00 am—in the Library

AUGUST 28 "Meditative Practices"
Shelley Grimes, Joel Wiberg

Join Shelley Grimes and Joel Wiberg for an introduction to meditative practices. For the last three years, Shelley has been studying heart rhythm meditation, a practice that seeks to connect us with our bodies by uniting the heartbeat and the breath. Joel is a new practitioner of qigong, a practice that involves moving meditation, coordinating slow flowing movement, deep rhythmic breathing, and a meditative state of mind. Neither Shelley nor Joel claim to be experts; they are simply going to share what they've come to know. Come and join our ongoing conversation about the body!

SEPTEMBER 4 "My Year in China"
Eliza Roberts

Eliza spent her junior year of high school studying in Beijing, China. In addition to her studies, her class traveled to other parts of China, including the Gansu Province (near Tibet), the Yunnan Province (Southern China), and the Shanxi Province (Central China). She will share pictures and stories of her experience.

RACIAL JUSTICE 1.0 SMALL GROUPS

Holy Trinity is once again offering one daytime and one evening discussion group on addressing racism. Groups will be small and will meet six times over the course of three months, beginning in October. The purpose of the groups is to provide an environment for exploring racism and the collaborative role we lay in maintaining it. Discussions will also attend to our faith and to how we can take action to promote racial justice. We will use Paul Kivel's book, "Uprooting Racism: How White People Can Work for Racial Justice," and other articles and films to explore our own identity, bias, and privilege. All groups will meet at Holy Trinity. Child care provided, as needed. Indicate your interest on a sheet in the Community Room by September 18. Once the groups are formed, the participants will choose dates that work for them.

PARISH INFORMATION

INVITATION TO JOIN HOLY TRINITY'S YOUTH CHOIRS

Youth choir rehearsals will begin Wednesday, September 7, this year. Children in grades 1 through 8 are invited to join us in sharing God's love through song! Children's Choir sings approximately every 6 weeks for worship and Cantate! every 4-6 weeks. Rehearsals are as follows:

- **Wednesday, 6:00-6:40 p.m. Children's Choir (Grades 1-4)**
- **Wednesday, 6:40-7:15 p.m. Cantate! (Grades 5-8)**

Please contact Director Ann Schrooten at 612-309-9583 or aschrooten@htlcmpls.org if you have a child who is ready to sing with us! Short one-on-one voice checks (10 minutes) are scheduled for **Wednesday, August 31, 5:30-7:30 p.m. in the Choir Room**, for both NEW and RETURNING singers. All singers are welcome!

SAVE THE DATE FOR THE JOHNSON SYMPOSIUM

Join us for the seventh annual Johnson Symposium on Faith & Society as we welcome Rev. Dr. Wil Gafney, Associate Professor of Hebrew Bible at Brite Divinity School in Forth Worth, Texas, on Friday, November 4, 7:00 p.m. and Saturday, November 5, 8:30. a.m. More details and registration information will be available soon.

CHOIRS START IN SEPTEMBER

Rehearsals for the Adult Choir and Trinity Singers will begin Wednesday, September 7. The Adult Choir typically sings for the 11:00 service each Sunday from September to May and rehearses on Wednesdays from 7:30-9:00 p.m.; The Trinity Singers provide music for the 8:45 service the second Sunday of the month and rehearses the two Wednesdays prior from 6:30-7:30 p.m. Anyone who is interested in singing is encouraged to join! Speak with Cantor David Sims (dsims@htlcmpls.org) for more information.

TIME TO REGISTER FOR CHILDREN'S AND YOUTH EDUCATION!

Rally Day is Sunday, September 11, and we are looking forward to welcoming back all ages to Sunday morning education opportunities. Please visit the Holy Trinity website, find the LEARNING tab and click on Sunday School to register your sons and daughters for the appropriate class. In addition to registering our primary aged children, we would also ask that all confirmation students AND high school students register online this year. We would like to have all rosters updated BEFORE Thursday, September 1, so that we can plan accordingly for space and materials. Contact Ann Schrooten at aschrooten@htlcmpls.org with further questions.

Office phone: 612-729-8358
Jay Carlson and Ingrid Rasmussen, Pastors

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Rasmussen

PARISH EVENTS August 28-September 3, 2016

| | | |
|-----------|--------------|-------------------------------------|
| Sunday | 8:45 am | Worship Service with Holy Communion |
| | 10:00 am | Adult Forum |
| Tuesday | 11:00 am | Worship Service with Holy Communion |
| | 2:00 pm | Swahili Service |
| Wednesday | 10:00 am | Mosaic Workshop on 4th floor |
| | 11:00 am | Worship Readings Discussion |
| Thursday | 5:30-7:30 pm | Voice Checks for Youth Choirs |
| Friday | 6:30-8:00 pm | Sunday School Teacher Training |

World Hunger by Nancy/Dave Moe, Freda Miller

WORSHIP PARTICIPANTS AUGUST 28, 2016

| 8:45 AM | | 11:00 AM | |
|---------------------------|--------------------|---------------------------|---------------------|
| Jade Masiee | Acolytes | Oskar Jensen, | Claudia Jensen |
| Jeff Weiss | Crucifer | Sam Kleven | |
| Sally Gregory Kohlstedt | Assisting Minister | Bob Hulteen | |
| Linda Berglin, Liz Rudrud | Communion | Cori Gershon, | Paul Chindvall |
| Dianne Mascher, | Altar Guild | Carol Lane, Josef Fortier | |
| Bob Peschiutta, | Ushers | Deb Anderson, Tracey | Baubie, Mark Hiner, |
| DeWayne Townsend, | | Lee Kampinen | |
| Marcea Mariani | Coffee Servers | Amy/Peter Johnson | |
| Bev/Bob Peschiutta | Counters | Vicki Mann, Deb Helmel | |
| Julie Cahoy, Donna Heyer | Closer | John Sulzbach | |

| | August 21 | Year to date |
|--------------------|-----------|--------------|
| Financial Report | | |
| Budget requirement | 14,432.69 | 490,711.54 |
| Budget Receipts | 20,861.78 | 464,546.99 |
| Opening Doors | 1,678.37 | 247,763.71 |
| World Hunger | 140.00 | 3,536.68 |